

Monthly Newsletter

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



September 2025 Issue



A letter from our Newsletter Editor

Mary McMillan

We are starting the new academic year with so much material in this newsletter, you may want to take it to an easy chair and plan to spend some time enjoying it. We have some exciting essays, the description of an essential new tool, —and a change that may seem baffling at first.

The change is a new column in the ADMINISTRATION ROOM called **Bylaws Corner**. Bylaws? Yes, and when you get there, you can read about how important and actually crucial this document is—because, like the Constitution of the United States, our Bylaws spell out SFCP's rules and values. It is the Constitution of SFCP. And you will discover that, as members of SFCP, we will all have the opportunity to consider and make decisions about those rules—that determine who can do what in this organization. Also, in the ADMINISTRATION ROOM, Neil Brast will tell us about an essential new tool for members who want to participate in the organization: The Opportunities Database. After this introduction to the tool, we will begin publishing a bi-monthly column: HELP WANTED.

In the CONVERSATION ROOM, we have a notice from Mary Brady, a note from Dara Sheik, and two essays by members. The first is an uplifting story by Ken Roberson. And Luba Palter,

while she was editor of NCSPP's newsletter, *Impulse*, wrote a thoughtful essay, and has given us permission to reprint it. To see the original version, you can go to : [NCSPP Impulse - June Edition](#)

And be sure to take time to read the bios of all the Incoming Candidates and trainees in the ADMINISTRATION ROOM.

Like I said, I hope you can take some time to really enjoy this newsletter.

Mary
mtmcmillan@me.com





CONVERSATION ROOM

The CONVERSATION ROOM is the beginning of what we hope will become a room of lively conversation among members. As you can see in the invitation from Nicole, we are hoping that you will use this room to share who you are. We also want responses to what you have read, as well as letters, stories, editorials, reviews of movies, books, etc., poems, articles—or photographs!.

To submit your own work, send it in an email to Mary McMillan, editor at mtmcmillan@me.com



ADMINISTRATION ROOM

In the ADMINISTRATION ROOM, we hear from the volunteers who turn the wheels and shift the gears as this organization moves through time. In this room also, we will hear from the **Volunteer of the Month**—one of the volunteers who provide the fuel that makes SFCP a living vehicle: who teach and push paper and make phone calls and write letters and do the work to help the wheel-turners get things done. And we also keep track of how close we are to raising the funds we need to keep SFCP alive and functioning.



OPPORTUNITIES ROOM

And in the OPPORTUNITIES ROOM, we learn about ways members can participate in programs and events.

WHAT'S IN THIS ISSUE

Click the links below to get to the desired room.

CONVERSATION ROOM

- [An Invitation to Members - p5](#)
- ["50 Years Later: Answering the Call Again" - p6](#)
- [Dara's Story - p7](#)
- [Member Accomplishments - p8](#)
- [Reflections of an Immigrant Therapist - p9](#)

ADMINISTRATION ROOM

- [Board Chair Report - p11](#)
- [President's Message - p12](#)
- [Volunteer of the Month - p13](#)
- [DEI Steering Committee Message - p14](#)
- [Bylaws Corner - p15](#)
- [Ethics and Impairment Committee - p16](#)
- [SFCP's Opportunities Database - p18](#)
- [Learning and Reconciliation Committee - p19](#)
- [Community Mentoring Program - p20](#)
- [Psychoanalytic Training Corner - p21](#)
- [Incoming PED Candidates - p23](#)
- [Psychoanalytic Psychotherapy Corner - p30](#)
- [Incoming PPED Trainees - p32](#)
- [SFCP Library - p56](#)
- [Enrico Jones Fund - p57](#)

OPPORTUNITIES ROOM

- [Dialogues Events 2025-2026 - p59](#)
- [SFCP's Annual Meeting - 9/20/25 - p61](#)
- [CCSW Clinical Evening - 9/24/25 - p62](#)
- [Inter-Institute Event - p63](#)
- [Scientific Meetings 2025-2026 - p64](#)
- [Visiting Professor Revisited - 10/5/25 - p66](#)
- [PED Informational Evening - 10/9/25 - p67](#)
- [Child Colloquia Series 2025-2026 - p68](#)
- [Student Seminars 2025-2026 - p70](#)
- [Critica Press - p71](#)
- [A Note from Psychoanalysis Now - p72](#)
- [NCSP's Intensive Study Group - p74](#)
- [Collected Works of Freud for Sale - p75](#)



Welcome
Back

WE ARE SO GLAD
YOU'RE HERE!



Conversation Room



Letters, stories,
editorials,
reviews of
movies, books,
etc., poems,
and articles—
anything
written by
members



AN INVITATION TO MEMBERS FROM THE NEWSLETTER COMMITTEE:

Do you have a passion or hobby you love? A story or life experience that shaped who you are? We want to hear from you!

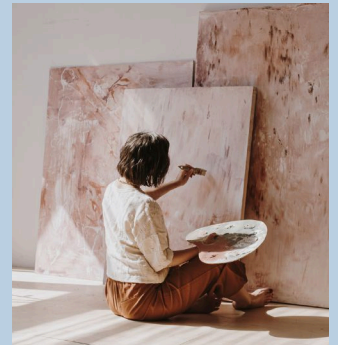


The newsletter committee wants to promote the idea that we are each a whole person, with a history, a family, and relationships—with people, animals, plants, and with institutions, cultures, societies, etc. Both inside and outside the Center, we are involved in projects, occupations, interests, passions, and concerns .

To this end, we are inviting members to participate in the newsletter by giving our readers an opportunity to experience the variety, complexity and diversity in the current lives and histories of our members.

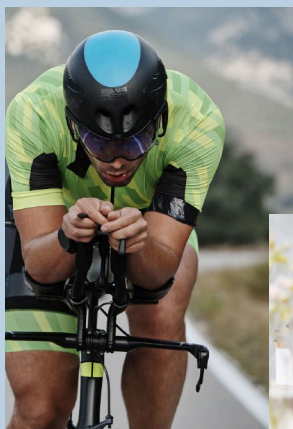
We want to know who you are, how you have come to where you are, what occupies and compels you—within and without the field of psychoanalysis.

Are you producing, creating or building something? Are you generating or participating in an interesting project? Maybe you are passionate about a concern, and want to express it. Or you would like to express something simple, short, or lighthearted.



We welcome each and every one of you to take this opportunity to share a piece of your life with other members.

When you are ready , please reply to this email with an indication of what you might be interested in sharing, and how you would like to share it-- whether you would like someone to interview you, or you would like to write something yourself—maybe a short story or essay.Or maybe you would like to show the result of something you have produced or created.



To stimulate your imagination, here are some possible topics to explore:

A person, incident or idea that influenced me

A problem I am solving or have solved

Something I love doing

What drew me to psychoanalysis

Something I have achieved

Been there, Done that

Something I think about a lot

Something I would like to do

Something I wish I had done.

Fifty Years Later: Answering the Call Again

Ken Roberson

SFCP has invited members to share experiences that are meaningful—those that occupy and compel us, that we are passionate about, and that bring purpose and value to our lives. Here is mine.

As a Peace Corps Volunteer in the early 1970s, I lived and worked in a small town in rural Jamaica. My assignment was to develop programs in the town's elementary school and surrounding schools that would support students' social-emotional development. That experience profoundly shaped my values and lifelong commitment to education and emotional well-being.

Two years ago, I returned to that school for the first time in fifty years. I found that the library had very few books, teaching materials were sparse, and none of the six computers for the 650 students were functioning. And yet, I was deeply impressed by the dedication of the principal and staff, and moved by the students, so welcoming and eager to learn.

Inspired by what I saw and hoping to help, I reached out to several organizations and eventually formed a connection with Lions Club International. The response has been amazing. We are now close to filling a 20-foot shipping container with over 1,000 books, learning toys, and other educational materials, 24 computers, eight flat screen TVs, and a growing number of iPads, tablets, projectors, and other audio-visual equipment. We've also received monetary donations to help sustain and care for these resources well into the future. And we have six more months of accumulating resources before I return to the school, with a small delegation, and hand over the resources we have collected.

This initiative has given me a profound sense of renewal. It is not just the school that is being enriched; I, too, have been deeply affected by the power of collaboration, the spirit of generosity, and the possibility of creating lasting change. As in my work as a psychologist and psychoanalyst, this project reminds me that growth, healing, and transformation are grounded in relationships and shared humanity. I continue to learn that in lifting each other, we all rise.

"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world."

Desmond Tutu.

"If you want to go fast, go alone. If you want to go far, go together."

African proverb

Ken Roberson



Dara's Story: An effort, I suppose, to protect this valuable 'endangered species.'

Dara Sheik, Community Member

I came to SFCP several years ago seeking fellowship, further training in psychodynamic psychotherapy and support for my practice. Thankfully, I have found all of that here at SFCP.

My attraction towards practicing psychotherapy psychodynamically became apparent when I was a graduate student at the NYU School of Social Work. Approaches to psychotherapy that lacked intellectual, emotional, and spiritual depth did not hold my attention much; nor did approaches

that seemed to ignore links to root causes and conditions. I was naturally drawn into the realms that are interested in the nature of one's condition, psychology, and life.

At the time (not so consciously) I was seeking more of the truth of my own life and wanted to continue moving beyond the surface to experience the deeper water. Thankfully, I met an old-school lady named Judy Adler who began to teach me how to practice psychodynamically with patients one step at a time in my field placement at an analytic institute in New York.

Judy had intellect, heart and was an artist. The more superficial aspect of me loved her Greenwich Village home office (it was a vibe) and the more intimate part of me appreciated her wit, wisdom, and warmth. I put what I learned into practice with my first patients and the work commenced and grew.

As my career opened later on the Central Coast of California, I realized that I needed practitioners in the field to continuously learn from, be guided by and to be encouraged by. At SFCP I have found others with similar interests, practices, and desires. I have also found people who have knowledge, clinical skills, and abilities that I seek to develop. Thankfully, many members are willing to teach, support and share of themselves.

Along the way I have come to learn that a lot of arduous work occurs by many SFCP members to support events, educational opportunities, and programs at the Center. I have also learned that much of what is offered comes with financial cost and the use of resources that are limited.

My awareness that psychoanalysis is currently out of the mainstream of our society (unfortunately) adds to my motivation to donate to the Center. An effort I suppose to protect this valuable 'endangered species.'

I have consistently found people I have met through SFCP to be conscientious, and I appreciate the effort this takes. Given all that I have received, I seek ways to contribute, and donating has been one of those ways.



*IF YOU WOULD LIKE TO CONTRIBUTE TO SFCP TOO, [PLEASE CLICK HERE!](#)

If you would like to share your story, please contact Mary McMillan at mtmcmillan@me.com

Congratulations to our Analyst Member, Mary Brady!

Presentations

August 1, 2025	Chair, International Psychoanalytic Association Congress, Lisbon <i>An Anti-War Entreaty: Forbidden Games with Adriana Prengler, Monica Cardenal and Ana Belchior Melicias</i>
August 1, 2025	Presenter, International Psychoanalytic Association Congress, Lisbon <i>Wrapping the Adolescent Skin Ego for Panel on Catastrophes in the Skin Ego Across Development with Christine Anzieu-Premmereur</i>
July 30, 2025	Presenter, International Psychoanalytic Association Congress, Lisbon <i>'Psychic Effects on Adolescents of Cultural Over-valuation of Success,' Discussant: Virginia Ungar</i>
June 28, 2025	Presenter, International Conference of the Child and Adolescent Department of the Psychoanalytic Association of Buenos Aires (APdeBA) <i>Psychoanalytic Clinical Scenarios with Adolescents: 'Learning to Surf' Discussant: Virginia Ungar</i>
June 7, 2025	Presenter, Canadian Psychoanalytic Society <i>'How Contemporary Experiences of Gender are Changing How Analysts Think and Theorize,' Paper and Conversation with Oren Gozlan</i>
May 24, 2025	Presenter, Los Angeles Institute and Society for Psychoanalytic Studies <i>Braving the Erotic Field in the Treatment of Adolescents</i> Discussant: Anne Alvarez
February 23, 2025	Presenter, Hans W. Loewald Center <i>High Up on Bar Stools: Manic Defenses and an Oblivious Object</i>
February 5, 2025	Discussant, American Psychoanalytic Association Meetings, San Francisco <i>Enriching Adult Analytic Work by Child Analytic Training and Practice</i>

Chapter

Brady, M.T., Prengler, A., Belchior-Melicias, A. and Ungar, V. (2025). Totalitarian regimes and a child's mind: *Cria Cuervos*. In K. Fiorella (ed.) *Child and Adolescent Psychoanalysis in Times of Crisis: War, Pandemic and Climate Change*. Chapter 8, Routledge.

Reflections of an Immigrant Therapist

Luba Palter

(Originally published in June 2025 *Impulse*)

I find myself once again unable to write. It feels frivolous and tone-deaf to discuss my reflections on the new Joan Didion book of her analysis or the latest Thomas Ogden book without addressing the politics of our country. I notice thinking that I am supposed to have something thoughtful and sensitive to say as the Editor-in-Chief of *Impulse* and a Board member of NCSPP. However, whatever sensitive and thoughtful thing I might say feels like virtue signaling and therefore insincere.

Because the truth is, I do not know how to process that the United States is becoming an authoritarian nation. I immigrated from Russia to the United States in 1992 as a child. Let me remind you of the totalitarian country I left behind. The government told its citizens what to think, where and how to work, how to proceed in daily life, and if somebody publicly disobeyed, they were arrested and often never seen again. Access to any information was under strict governmental control. During the August Coup in 1991, the government broadcasted Tchaikovsky's *Swan Lake* on television on loop for three days straight. My childish fantasy of America was that anything was possible in the land of the free, that the streets were paved with gold, potato chips, and delicious, juicy Bubble Yum. When I arrived in the United States, I was placed in English as a Second Language classes (ESL) with other immigrants, where our stratifying soon emerged. Those who spoke English better were transferred to "regular classes" so that we could be less like immigrants or acceptable immigrants.

After I was advanced to "regular" classes, I rapidly established a goal to assimilate, to pass, to fit in, to lose my Russianness and, God-forbid, my accent. I made friends

with native speakers. What I often saw and heard, even though my friends were born in this country, was that their experiences of feeling unsafe, not belonging, were profound. Their problem was that they were not White. The America I fantasized did not exist. As I write this in May, public programming is under threat of getting defunded. Institutions are fighting constant assaults on their financial support unless they change their policies according to the ideologies of the current political regime. This is becoming eerily familiar...

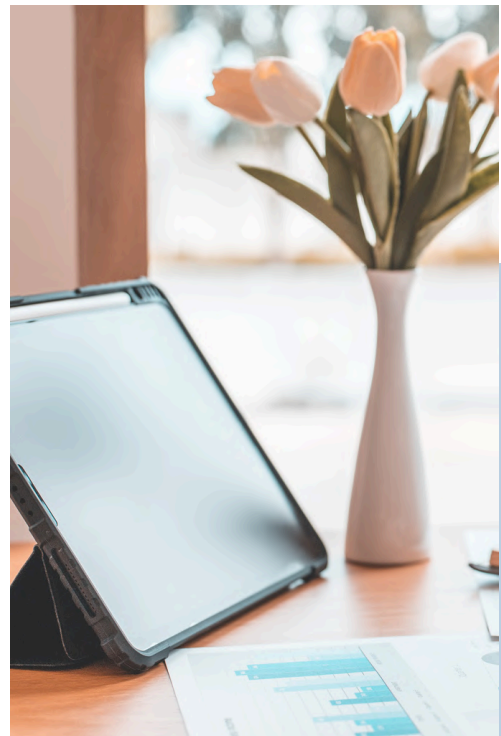
Before the arrests, a client asked if I was worried that I might get deported. I told them no because I am White and a citizen. I wonder now, who was I reassuring? My client? Myself? Both of us? The choice to disclose can foreclose exploration, but to inquire about meaning can feel so removed from the dangers outside the consulting room. It can also run the risk of hiding behind the therapist's façade. What is the role of a psychoanalytical therapist in the time of a national crisis? When the external world interferes with our abilities to think, feel, and engage freely, how do we proceed with our work?



Administration Room



Hear from the
volunteers who
turn the wheels
and shift the
gears as this
organization
moves through
time



Board Chair Report

Brett Penfil

SFCP Board of Trustees Chair

Welcome to the 2025-26 academic year at SFCP! I hope you were able to enjoy your summer and are returning rested and ready to engage with our shared organization.

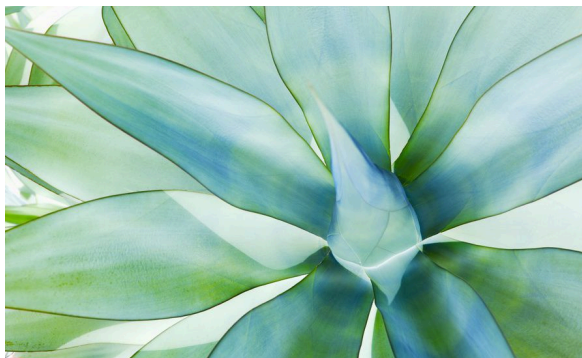
The Board of Trustees will host this year's **Annual Meeting on Saturday, September 20 at SFCP (and online) from 2:00 – 4:00, which will be followed by a reception from 4:00 – 5:00.** During the meeting, Board Committee Chairs as well as our President, Maria Longuemare, will share updates from the 2024-25 year and highlight plans for the 2025-26 year. Distinguished Service Awards will also be given. Please join us to celebrate the award recipients, hear about the organization, and connect with your colleagues.

The first Board meeting of 2025-26 will be held on Monday, September 29th from 7:00-9:00pm online. I will be back next month to share summaries from the Annual Meeting and September's Board Meeting.

As always, please contact me with any questions, concerns, or input.

Thank you to everyone for continuing to create the Center. Enjoy the year!

Brett Penfil



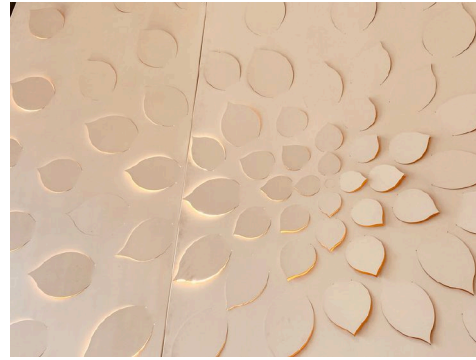
President's Message

Maria Longuemare
SFCP President

It is with a wide array of emotions that I anticipate the start of the 2025-26 academic year and the winding down of my term as President at the end of October. I am very grateful to all of you who have stepped up over the past year to offer your time and effort toward revitalizing our work as a Center. In particular, I would like to honor the 2024-25 recipients of the SFCP Distinguished Service Award: **Walt Beckman, Meryl Botkin, Megan Goodwin, Holly Gordon, Mary Margaret McClure, Mary McMillan, Cindy May, Jennie Merovick, Dara Sheik, and Harriet Wolfe.** We are very grateful for their dedicated work on behalf of SFCP. Please join us in appreciating all of the recipients at the SFCP Annual Meeting:

SFCP Annual Meeting
Saturday, September 20, 2025
In-person at SFCP (Zoom option available)
2:00 - 4:00pm followed by reception

Looking ahead, I want to introduce the members of the **2025-26 SFCP Management Team**: Administrative Director **Marcia Hodges**; Chair of the Applied & Academic Psychoanalysis Division **Christopher Scott**; Co-Chair of the Coalition for Clinical Social Work (CCSW) Division **Julia St. George**; Chair of the Committee on Groups **Sydney Tan**; Representative from the Diversity, Equity, and Inclusion Steering Committee (DEI-SC) **Jennie Merovick**; Chair of the Extension Education Division **Loïc Pritchard**; Co-Chair of the Faculty Committee **Maureen Kurpinsky**; Chair of Membership Division **Maria Longuemare**; Representative from the Psychoanalytic Psychotherapy Education Division (PPED) Council **Adam Goldyne**; Chair of the Psychoanalytic Education Division **Beth Steinberg**. In particular, I want to highlight the two new additions to the Management Team (MT) this year: the **Diversity, Equity, and Inclusion Steering Committee (DEI-**



SC) representative, and the Chair of the **Academic and Applied Psychoanalysis Division**. The DEI-SC is a new role on MT and is intended to support all programs and divisions in our efforts to raise awareness around systemic racism and how it operates unconsciously in our institutional practices. The long-dormant Division of Academic and Applied Psychoanalysis will be reactivated in the upcoming year with the goal of fostering collaborative interdisciplinary endeavors in research, academic, and community settings. We are grateful to Jen Merovick and Christopher Scott for stepping in to shape these new roles. The Management Team as a whole will be working to implement the [SFCP Vision and Mission](#), developed last year by our community. Please reach out to any of the MT representatives with your questions, your ideas, and if you'd like to get more involved!

Finally, as we approach the upcoming transition in leadership at SFCP, I once again invite you to reflect on the role of psychoanalysis in your life, what is important to you about that, and to consider deepening your engagement with our community to support those values. I look forward to continuing this work with all of you and I am very happy to talk with anyone who is interested in the President role.

Many thanks,

Maria Longuemare



Volunteer of the Month - Kira Steifman

Mary McMillan

SFCP Newsletter Editor

Kira Steifman is a New Yorker who trained and worked as a corporate lawyer until 2000, when she and her husband moved to California. She attended college at Dartmouth and then studied law at Northwestern Law School in Chicago. She says that working in law was “exciting but its main reward was monetary.”

In California, as it happened, she discovered she lived across the street from the office of Toni Heineman, the founder of A Home Within. Seeing the important and valuable work being done with foster children there, she soon became involved and sat on the board for fifteen years. Increasingly she herself wanted to be someone who could help vulnerable people.

She says that, because she had been in therapy and analysis as a young woman, she saw the value of psychoanalysis as “a unique lens through which we can see ourselves, our relationships and the world.” She decided to become a psychologist. In 2014, she enrolled at the Wright Institute where, she says, she was “a very motivated student—it was so different from my other educational experiences.” In 2015, she joined SFCP.

After a few years at SFCP, Kira was helping to run the Community Outreach and Service Division, which oversaw programs such as Opera on the Couch and various seminars. When this division was dissolved, in 2023, she joined Cheryl Goodrich as co-chair of the Enrico Jones fund, where she helps to review applications and raise funds for students who identify as people of color and who want to study psychoanalysis. At one point, she joined Deb Weisinger in a Child Colloquium for CCSW.



Recently Kira joined the task force for revising the SFCP bylaws (see more about the bylaws in the ADMINISTRATION ROOM). In this group, her experience as a lawyer is particularly valuable, since the bylaws are a legal document. She says that seeing things through the lawyer lens is very different from seeing things through a psychoanalytic lens: it is more practical, concrete and restricted.

Along with the volunteer work she does for SFCP, Kira has a private practice in Hayes Valley in San Francisco, where she works four days a week. She says of being a volunteer at SFCP: “So many people have helped and influenced me here, and volunteering is a way to give back. And giving back feels good.” She adds that volunteering at SFCP also “opened up a way to meet people involved in psychoanalysis in the Bay Area.” Finally, she said that when you get involved in an organization, “you know what is really going on. And it’s a wonderful way to learn.”

Diversity Equity and Inclusion Steering Committee

DEI Steering Committee



Our DEI Steering Committee meets twice a month. The organizational goals are:

1. Curriculum and Teaching– Authors of color, and their points of view, will be represented in curricula in all SFCP training programs. The goal is beyond simply having articles in a syllabus, but rather calls for meaningful integration of diverse perspectives, and providing faculty with the support they need to do this.
2. DEI Learning – Significant steps will be taken to advance learning about the essential prerequisites for diversity, equity, and inclusion among all participants and faculty in programs at SFCP.
3. Learning and Reconciliation – A process for learning and reconciliation has mostly been developed. Next, it will be socialized and launched, with the idea that improvements will be made based on experience gathered as the process is used.
4. Conversations – The people of SFCP will get better at talking about DEI issues (including increased awareness of the role of the unconscious in DEI work).
5. Learners and Faculty Experiences – Candidates, students and faculty from all backgrounds will experience SFCP as a safe and hospitable place for learning and growth.
6. Holmes Commission Report – Review and consider the Holmes Commission Report and develop a review and implementation process for SFCP.

Quick updates toward these goals:

The Curriculum Subcommittee has two new members. There is discussion regarding faculty development. A Scientific Meeting is planned for May 2026 focused on the Holmes Commission Report. Discussion is occurring on whether to provide a course focused on Anti-Semitism and Islamophobia.

DEI Steering Committee:

Debora Fletcher

Marcia Hodges

Clara Kwun

June Lin-Arlow

David Luna, Consultant

Jennie Merovick

Mayumi Pierce

Beth Steinberg

BYLAWS CORNER

What are our Bylaws? Get involved with revising it!

by Mary McMillan and Brett Penfil

This year, the bylaws of our organization will be revised. What are these bylaws? The Bylaws of San Francisco Center for Psychoanalysis is a legal document outlining of rules guidelines and procedures. Like the Constitution of the United States, it is the Constitution of SFCP—the it consists of rules that define about how our organization operates. The document is posted on our website under About SFCP. Here is a link to it: <https://www.sfcps.org/wp-content/uploads/2023/11/Bylaws-Adopted-2021-06-18.pdf>.

This document was first created in 2016, and then amended by voting members in 2017 and again in 2021. The 2021 amendment created the membership classification of Associate Member. On the heels of SFCP's 2022 strategic plan, But this year, because the world and SFCP have changed a lot since 2016, rather than simply amending the document, the Board of Trustees has assigned a task force of people to create a process for thoroughly revising the bylaws it—identifying a few substantive changes, clarifying areas of confusion, confusing parts and bringing it up to date. The members of this task force are Cheryl Goodrich, Marcia Hodges, Mary McMillan, Brett Penfil and Kira Steifman.

The Board of Trustees is responsible for overseeing and abiding by the bylaws, which is a legal document, and the task force began the revision process earlier this year. They started by identifying and categorizing areas that need revision. Some of these areas are minor, some are just simply confusing and need to be clarified, and some, more substantive, need input from SFCP stakeholders and members.

The full revision process will include many steps. The task force will be talking through the issues to gain understanding, getting input from the Board, outlining pros and cons of the substantive issues, and sharing pros and cons with the full membership. They will also be consulting with our lawyer.



Obtaining member input is a crucial element in this process, because the bylaws guide some of the most important elements of how our organization operates. Some of the substantive issues include covered in the bylaws are:

- Membership classification: who is an Analyst Member, an Associate Member and a Community member—what the qualifications are for each classification, and what are the rights and privileges for each classification
- Nominating and Electing processes: including which members are allowed to vote
- Trustees: how many members are on the Board, how the Board votes, when the Board meets, the qualifications for who can be President of SFCP, the Board Chair, the Treasurer, the Secretary and a Board Trustee.
- Legal issues such as conflict of interest, insurance, keeping records, and indemnifying members.

The BYLAWS CORNER will be a monthly column, where readers can begin the process of understanding how this document came to be what it is, and what our options are, now, for revising it.

SFCP is in a time when members are in a position to consider seriously how we want our organization to operate, and the Board of Trustees wants the document to finally be a product that all members have created together. Members will be asked to complete surveys and participate in a town hall—so that everyone can express their opinion and clarify their needs. The voting membership will ultimately vote on the final version.

Mary McMillan *Brett Penfil*

Important Changes to the Ethics & Impairment Committee – please review!

Dear SFCP Colleagues,

We are writing to let you know of important changes to the **Ethics & Impairment Committee (EIC)** guidelines and function as of the 2025-26 academic year. These changes were developed by the Ethics & Impairment Task Force and have been approved by the Board and Management Team, with opportunity for input from all program chairs and stakeholder committees.

The primary change is that the EIC will no longer serve an adjudicative/disciplinary function regarding ethics complaints, but rather will serve in a consultative role. Consultation with the EIC is available to SFCP members, staff, instructors, program participants, patients of SFCP members, and other members of the public who are seeking consultation to clarify ethical concerns or dilemmas arising in the context of SFCP members, instructors, or consultants acting in their professional capacity or in their role as a representative of SFCP.

Please see the following link for a full description of the new guidelines and procedures for contacting the EIC: [Ethics & Impairment Committee Guidelines & Procedures](#)

These changes have been implemented for multiple reasons, including:

— The previous EIC guidelines were originally developed for analysts in the context of the analytic training program (i.e. prior to the formation of the Center) and technically did not cover the scope of the Center's current activities which includes Community members, Associate Members, staff, and participants in SFCP programs (faculty and students) who are not necessarily SFCP members. Thus there was a need to create Center-wide guidelines that apply to all SFCP-related activities.

— The previous EIC guidelines outlined an adjudicative process regarding ethics 'complaints' with the goal of the EIC deciding whether disciplinary action should or should not be taken against a given individual. Because of this adjudicative/disciplinary structure, the proceedings were kept confidential which limited the learning that can occur as a Center around various ethical dilemmas (for example, program chairs were not necessarily informed of an incident that occurred in their programs that would benefit others to be aware of). By contrast, the new consultative process allows individuals to grant permission for the concern/dilemma to be shared with discretion, for the purpose of having a more constructive and wider-ranging intervention rather than simply disciplining an individual. Examples of wider-ranging constructive interventions include revising program & Center policies, and implementing faculty development initiatives aimed at mitigating these kinds of situations in the future.

— The previous adjudicative model inherently placed the 'accused' person in a defensive position and created an adversarial relationship between the 'complainant' and the 'accused'. The new consultative approach allows greater possibility for a collaborative, open-minded approach for all parties to work through the often complex and nuanced situations that arise, and increases the chances of arriving at a point of understanding and repair.

Important Changes to the Ethics & Impairment Committee cont.

— The previous EIC guidelines likely inhibited various concerns/dilemmas from being brought to attention at all, as individuals may have been intimidated at the thought of raising a ‘complaint’ which would result in disciplinary action. The new consultative model allows for the possibility of more support for individuals to access all available resources, to get questions answered, and to receive assistance in thinking through various options. The hope is that it will be more useful and accessible to all SFCP members, staff, and program participants [Of note when the California Psychological Association moved from an adjudicative process to a consultative process regarding ethical dilemmas, their average number of inquiries increased from approximately 30 adjudications per year to *several hundred* consultations per year].

Please reach out to the **EIC co-chairs Michael Donner** mbds@sbcglobal.net and **Julie Stahl** jstahlmd@gmail.com with any questions.

Sincerely,

The Ethics & Impairment Task Force (Michael Donner, Maria Longuemare, Julie Stahl)

Michael Donner

Maria Longuemare

J. Stahl MD

SFCP Opportunities Database

Neil Brast

Dear colleagues,

SFCP has well over two hundred non-teaching volunteer roles, which are essential to the functioning of the Center. We are persistently challenged to keep track of these roles, to ensure that they are filled when they become vacant, and to inform our community which roles cry out for your participation.

To meet this challenge, Neil Brast, Aaron Chow, and the Invigorating the Membership team, have created the SFCP Opportunities database, which is now up and running. If you are currently a volunteer, we invite you to add your role to the database. And if you would like to participate more in the organization, please use it to find available roles that you might want to fill.

Implementation:

1. Available opportunities will now be published in the SFCP Newsletter under "HELP WANTED" and on the SFCP Website in the Membership area as "Help Wanted - Opportunities to Participate" ([Help Wanted – San Francisco Center for Psychoanalysis](#)).
2. For current volunteers, we are inviting you to add your roles to the SFCP Opportunities Database, especially if you expect to be leaving a role in the foreseeable future and are looking for successors. ([SFCP Roles Questionnaire](#))
3. We are also inviting you to add to the database any new role for which you want to recruit participants.

The roles questionnaire is accessible at [SFCP Roles Questionnaire](#). It usually takes 10 – 20 minutes to fill out. Your responses will flow directly into the SFCP Roles Database.

We really appreciate your contributions to the Center's culture of volunteer participation.

/signed/ The Strategic Initiatives Team I (Invigorating the Membership):
Meryl Botkin, Neil Brast, Susan Hamlin, Marcia Hodges, and Mary McMillan.



Learning And Reconciliation (L&R) Committee

Ari Bachrach, -& Cindy May



We're pleased to announce the official launch of the Learning & Reconciliation (L&R) Process at SFCP. This voluntary initiative reflects our collective commitment to fostering an inclusive, reflective, and accountable community. The L&R process offers a structured, confidential, and collaborative way to address and learn from racial enactments and injuries within our institution.

Grounded in psychoanalytic values of curiosity, relational responsibility, and ongoing learning, the process centers dialogue, insight, and repair—both at the individual and organizational levels.

If you believe you have experienced a racial enactment or would like to consult about a concern, please feel welcome to reach out to the L&R Committee by emailing one of the co-chairs, Ari Bachrach (ari.bachrach@gmail.com) or Cindy May (cindymaypsyd@gmail.com). A committee member will follow up to learn more and discuss possible next steps.

For more information about the Principles of L&R and the current committee, please visit [the SFCP website](#). Let us continue working together toward the vibrant, equitable, and inclusive community we aspire to be.

Ari May 3rd *Cindy May*

SFCP Community Members – Mentoring Program!

Holly Gordon

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is [the link to become a Community Member](#).

And here is [the link to the Mentoring Program](#).

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise."

Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon

hollygordon4@gmail.com

COST: FREE to SFCP Community Members.

[LINK TO APPLICATION](#)

QUESTIONS: If you have questions about the program, please contact:

Holly Gordon hollygordon4@gmail.com

Psychoanalytic Training Corner

Messages and Updates



Beth Steinberg
Psychoanalytic Education Division Chair

Dear SFCP Community-

Welcome Back!

It is hard to believe that September is already here and that we are starting a new academic year at SFCP!

On behalf of the PED, I am thrilled to welcome our new first year candidates: **Danielle Alexander, Humera Chaudhary, Emily Horowitz, Kelly Nguyen, Peter Sherlock, Kelsey Stager, Elizabeth Sullivan, Karn Tsai**, and I also want to welcome back our continuing candidates!

We are beginning the year with the Psychoanalytic Training Program in a strong position, with approximately 35 candidates in seminars and an outstanding group of faculty teaching. This also promises to be an exciting year as classes for the incoming cohort in 2025-26 and beyond will be held almost entirely in-person for candidates, and instructors will also be encouraged to participate in person to the greatest extent possible.

I am also pleased to announce our current roster of Chairs on the PED Committee: Chair: Beth Steinberg; Vice-Chair: Bill Glover; Dean: Leora Benioff; Secretary: Catherine Mallouh; Admissions Co-Chairs: Maureen Ruffell & Dena Sorbo; Child/Adolescent Analytic Program Co-Chair: Marsha Silverstein; Curriculum Committee: Maria Longuemare, Chair & Adam Goldyne, Associate Chair; Training & Consulting Analyst Committee Chair: Holly Gordon; Advisor/Mentorship Committee Chair: Alexandra Farber; Candidate Representatives: Lauren Cardillo-Geller & Tua Mulligan; Interim CDP Chair: Beth Steinberg; & Outreach Committee: Adam Goldyne.



[Click here to apply](#) to any of our Psychoanalytic Training Programs!

Psychoanalytic Training Corner cont.

Other PED News

The new Candidate Development & Progressions Process. As I announced in March 2025, the PED Committee voted unanimously to approve implementing the **Candidate Development and Progressions (CDP)** process in its February meeting to replace the existing PGC. The PED Committee has begun implementing the CDP, and we are poised to use this process for the 2025-2026 year.

I want to convey enormous gratitude to the people who have stepped up to serve in the role of Progressions Advisor (PA).

Nancy Beckman
Walt Beckman
Daniela Carollo
Christel Parker Chase
Michael Donner
Alex Farber
Paige Friedlander
Beate Klein
Suzanne Klein
Deborah Kohloss

Bronwen Lemmon
Kiera Levine
Erin Mullin
Marty Mulkey
Michal Ramon
Jake Sacks
Rebecca Schwartz
Sydney Tan
Greg Villalba
Deb Weisinger

Please note I will be meeting with the candidate group in their Candidate Association Meeting on September 19 and with Consulting Analysts on September 13 to answer questions you have about the CDP process.

The Candidate Training Grant program. Established by SFCP in 2023 to make psychoanalytic training more affordable and accessible to individuals affected by systemic inequities which have previously served as barriers to pursuing psychoanalytic training (e.g. race-based or class-based inequities), the Candidate Training Grant program is going strong! This year we held a wonderful fundraising event, AN AFTERNOON OF POETRY & ART, MUSING ON LISTENING with Forrest Hamer and Alice Jones on Saturday, April 5, 2025 that featured poetry as well as art donated from SFCP members and relatives. **We were able to raise \$12,500 from this, and with our other fundraising efforts, our total for the year was \$34,000 through voluntary contributions from SFCP Members. With these funds, we were able to make grants of \$2,348.49 to all of our 15 applicants!** We are extremely grateful to Alice Jones and Forrest Hamer for all of their work for this event and to all of our members who have made such generous contributions to this important initiative.

I want to wholeheartedly thank the people who have served on the Candidate Training Grant Committee this past year for all of their work getting us up and running, developing fundraising efforts and implementing the distribution of grants! They are: Leora Benioff, Renu Capelli, Lauren Cardillo-Geller, Jan Chess, Rebecca Gitenstein, Maria Longumare, Miriam Lundy, Dina Wang-Kraus and Yolanda Young. A fuller description of the CTG program can be found at this link: [Candidate Training Grants for Equity and Diversity-FAQ](#).

Thank you and I look forward to a great year together!

Beth Steinberg
besteinberg@comcast.net
PED Chair



PLEASE WELCOME OUR
INCOMING
2025-2026
PED CANDIDATES

Danielle Alexander, MD

I am a psychoanalytically oriented psychiatrist. I live and work in Sacramento, CA. I was born and raised in the foothills of Northern, CA. I lived seven years on the east coast (DC, NY).

I teach and practice in an academic medical center in Sacramento since 2018. I also started a private practice in 2024, that is primarily psychotherapy focused. This work setting transition is something I hope to process and grow-in through psychoanalytic training. I completed the SF-PPTP program 2020.

In addition to Psychiatry, I am board certified Family Physician which means I have additional expertise in physical health across the life span. This is an interesting and sometimes complicated vantage point to approach psychoanalysis.

I'm interested in group work, and have trained in Balint method through the American Balint Society. I've participated in an international professionals process group that is psychoanalytically oriented for the last four years, which also deepened my interest and appreciation for groups.

I'm a mother of two daughters, ages 6 and 8. My husband and I met in medical school in New York. I love dancing and recently got back into adult tap and ballet classes.



Humera Chaudhary, MD

I'm a child, adolescent, and adult psychiatrist in private practice in San Francisco. I earned my medical degree and completed my adult psychiatry residency at the Medical University of South Carolina in Charleston, SC. Following that, I completed my child and adolescent psychiatry fellowship at Mount Sinai Hospital in New York City. After several years working in a group practice in the Bay Area, my interest in psychoanalysis deepened through my involvement with SF-PPTP. This experience inspired me to take the leap into private practice. I look forward to further expanding my understanding of psychoanalytic principles and learning alongside a community of like-minded mental health professionals.

Emily Horowitz, PsyD

I'm thrilled to be joining this year's incoming cohort and eager to begin the next chapter of my training. I grew up in Connecticut and studied psychology as an undergraduate at Washington University in St. Louis. I completed my graduate training at the Illinois School of Professional Psychology in 2010, where I had the opportunity to train with several analyst supervisors and instructors whose clinical thought and presence left a lasting impact on me. It was through those experiences that I first began to imagine pursuing analytic work more fully.



Psychoanalytic training feels like a natural next step in my development and ongoing effort to better understand and support my patients. I'm grateful to be beginning this path at SFCP and look forward to growing within a thoughtful community of clinicians and mentors. I currently work in a group practice in Mountain View, where I see adults and adolescents.

NO PHOTO

Kelly Nguyen, LMFT

No Bio.

Peter Sherlock, PsyD

I grew up in New York City but have been living in the Bay Area since the 90s. I completed my doctorate at the Wright Institute, where my interest in analytic training first began. My practice is currently in downtown San Francisco on Market Street. Outside of work, I enjoy jogging, searching for vintage cardigans, experimenting with vegetarian cooking, and listening to Italo disco playlists. I'm looking forward to becoming more rooted in the SFCP community and to getting to know everyone along the way.



Kelsey Stager, MFT

I'm honored to be joining this fall's analytic training cohort at SFCP. I'm a licensed marriage and family therapist with a private practice in Midtown Sacramento, where I work with adults, adolescents, and couples. I began my clinical work fourteen years ago treating self-defeating behaviors such as disordered eating, substance use, and self-harm. Over time, my focus has broadened to include a range of psychological symptoms and relational challenges rooted in complex trauma and early disruptions in care. My personal analysis has been a tether through the discovery and depth of my clinical experience, and where I've developed most of my analytic knowledge. I'm excited to immerse myself in the curriculum to challenge and refine my thinking — especially in the company of colleagues who are equally curious and deeply engaged in this work. When I'm not seeing patients or reading, I love getting outdoors with my family: camping, hiking, stand-up paddleboarding, cycling, cross-country skiing, and swimming in cold waters. A decade ago, I graduated from PPTP and continued on for the third year of Integrations. I'm so looking forward to being in the SFCP community again and growing alongside you all.

Elizabeth Sullivan, LMFT

Elizabeth Sullivan has been in private practice seeing adults since 2010. She has completed the PPTP and several other programs at SFCP, as well as trainings at Spirit Rock in Buddhist Psychology. She received her masters in Integral Counseling from CIIS. Before becoming a therapist she was the Executive Director and Founder of City CarShare. She lives in San Francisco with her husband and two sons.



Karen Tsai, LCSW

I was born and raised in the Bay Area, with family roots in China and Vietnam. I obtained my MSW from Smith College's School for Social Work and completed a post-graduate fellowship at UC Berkeley's university counseling center. I was also a participant of the Psychoanalytic Psychotherapy Training Program at SFCP. I currently live in San Francisco and work with adult individuals in private practice. I'm interested in the social unconscious, and thinking about race, gender, class, and culture in psychoanalytic theory and practice. I'm excited to be joining the psychoanalytic training program this year. In my spare time, I can often be found with my husband and two daughters (ages 7 and 4), baking sourdough, and collecting Lego.

PLEASE WELCOME OUR
INCOMING
2025-2026
CHILD AND
ADOLESCENT
PED CANDIDATES

Bronwen Lemmon, LMFT

It's true. I'm returning to training, this time to explore the world of the child in as much analytic depth as I can. I've joined the Child-Adolescent Analytic program, and I'm already feeling the impact on my work and thinking –thank you, Marsha, Phyllis, and Tina. Since 2015, when I graduated from adult training I've been on the journey that Bion so wonderfully describes, as 'becoming' a psychoanalyst. It's been a process that also has meant my 'becoming' more human than I was before. So, without going into details, I'll simply say its been interesting, wild, and painful at times. I have always known –had an appreciation which resided mostly in my head–that the earliest periods of life are the heart of clinical practice and psychoanalytic theory. This relates to the way the past is in the present, and that it's transference that carries it here. But, my newfound conviction is that the child is it, that its in charge, and its centrality looms large. There's a quote by Louise Glück that captures what I'm getting at:

"We look at the world once in childhood; the rest is memory."
Glück's words highlight for me how children can't help being present to life. Whereas, adults can and mostly do help it. And when the going gets rough, the adults come for help; although now it might be more true that it's the child in the adult who brings them. In sum, there have been two things that have guided me to this place in my 'becoming': my ongoing analytic work with the child in my adult patients, together with my own ongoing analysis. But it was adult training that gave me a taste of the joys and challenges of child analytic work, and now I'm back for the full meal.



Psychoanalytic Psychotherapy Training Program Corner

Messages and Updates



Palo Alto PPTP

Neil Brast, MD

Palo Alto Psychoanalytic Psychotherapy Program Co-Chair

1. PAPPTP held a welcome picnic on August 23 for its new Two-Year Program Class. They are described in the attached class roster. We are excited to have these bright, personable, motivated, and psychologically astute new students.
2. PAPPTP will resume its Fellowship Year Program in the 2026-27 academic year (none this year).
3. PAPPTP is now on a more secure administrative footing in that we have transitioned to a team structure and have five new, younger members on our team.

Neil Brast



San Francisco PPTP

No update.



[Click here to apply](#) to any of our Psychoanalytic Psychotherapy Training Programs!

Psychoanalytic Psychotherapy Training Program Corner CONT.

Messages and Updates



Child/Adolescent PPTP

Mary-Stone Bowers, LMFT

Child/Adolescent Psychoanalytic Psychotherapy Program
Co-Chair

CAPPTP is celebrating the start of our next two-year program, which begins in early September. We have 11 new students with whom we feel we will work deeply and have time to get together, socialize, and enjoy a fun gathering! We are also very excited that we have four new members in our growing CAPPTP committee.

Our program, which has been in place for many years, is focused on helping LMFTs, LCSWs, PhDs, and MDs to grow their comfort and knowledge in ways of working with children and adolescents in a psychoanalytic psychotherapy focus. We have wonderful teachers who join us from the Bay Area as well as up and down the West Coast. You might understand that to have students and faculty from across wider areas, we are conducting our CAPPTP training via Zoom, to allow more access to students/faculty across the US who desire to be a part of this unique learning opportunity.

If you are interested in helping us continue to grow this program and increase the accessibility of this type of work to students, please join us on the CAPPTP committee or as a member of our CAPPTP faculty!

Mary-Stone Bowers



[Click here to apply](#) to any of our Psychoanalytic Psychotherapy Training Programs!

PLEASE WELCOME OUR
INCOMING
2025-2026
PAPPTP TRAINEES

Connor Adams, PsyD

I am currently a Clinical Assistant Professor at Stanford University. I completed my PsyD at George Washington University and my clinical internship at Harvard Medical School/Cambridge Health Alliance. My clinical interests center on therapeutic interventions that support recovery for individuals living with serious mental illness. I primarily integrate psychodynamic and dialectical behavior therapy approaches. Additionally, I have specialized training in psychological assessment. Outside of work, I enjoy reading, art, and nature.



Jinit Sanjiv Desai, MPH, MD

After studying neuroscience, philosophy, Spanish, and public health, I worked as a Fulbright English Teaching Assistant in Colombia. Then, medical school at the University of Illinois in Rockford, adult psychiatry residency training at UCLA's Semel Institute, and now community track child and adolescent psychiatry fellowship at Stanford. I'm hopeful that PAPPTP will help me serve as a therapist when prescribing medicine and when not.

Daniel “DJ” Handelman, LCSW

DJ has been in individual private practice since June 2023 following three years in a group private practice. He sees adults and late adolescents.

Undergraduate: Yeshiva University, B.S. in accounting

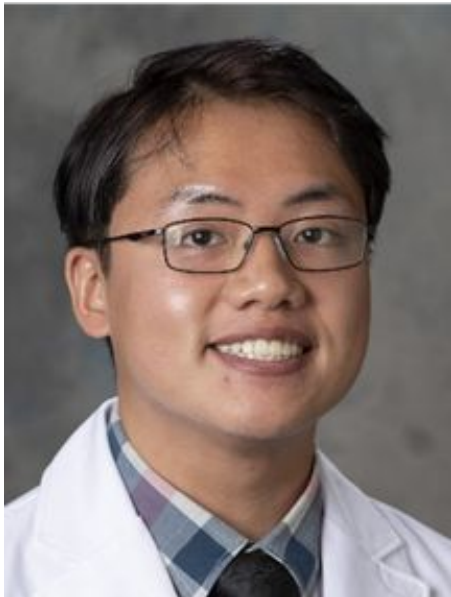
Graduate: Arizona State University, Master of Social Work

Internships: NAMI (New Orleans), Fisher College Counseling Center (Boston)

Continuing education: one year fellowships at Massachusetts Institute of Psychoanalysis and PAPPTP's Fellowship Year.

"Having started in accounting, I made a career change following a recognition that I must pursue a career in something I could see myself doing for the rest of my life.

"It's an honor to join my fellow PAPPTP trainees on this journey in growing together as more attuned therapists, deeper listeners, and better companions to the people we serve as they navigate their own paths through life."



Feng Hsaio, MD

I am currently a PGY3 psychiatry resident at Kaiser San Jose. I grew up in Taiwan and moved to the U.S. during my early teens, spending the rest of my adolescence in Sacramento. I completed my undergraduate studies at UC Berkeley and attended medical school at SUNY Upstate Medical University in Syracuse, NY. My interest in psychoanalytic psychotherapy began during medical school while working with a psychiatrist who is also a psychoanalyst. I've found that approaching patients through a psychodynamic lens helps me better understand them as individuals and offer more personalized, thoughtful care. In addition, I have an interest in integrative psychiatry, particularly in combining Eastern and Western philosophies to support more holistic healing.

Courtney Maloney, MD

Courtney begins PAPPTP 4th year resident at Kaiser San Jose Psychiatry. She attended undergrad at The University of California, Berkeley, and then medical school at The University of California, San Diego. Courtney has an interest in women's mental health and transitional age youth. Her interests include bicycling, hiking, reading, and weightlifting.



Josh Taylor, MD



Josh Taylor is a third-year psychiatry resident at Stanford University, where he also earned his medical degree in 2023. Originally from a small town in Wisconsin (so much so that it does not even have a stoplight!), he studied biochemistry at the University of Wisconsin–Madison before serving with AmeriCorps and at the Ronald McDonald House. These roles sparked his deep interest in how trauma shapes identity and perception, and inspired his commitment to helping others build insight and resilience. Outside of his clinical work, Josh enjoys spending time with his golden retriever, Archie. He is an avid sports fan and stays active through running, yoga, and weightlifting—balanced by his love of exploring the diverse culinary offerings of the Bay Area.

Carla Turturici, LMFT

Carla has been in private practice in San Jose since 2022. She provides psychotherapy to teens and adults. While training to become a therapist, Carla worked as a marketing professional for high tech corporations. She received her MA in Counseling Psychology from Santa Clara University in 2017. Carla also holds a BA in Communications Studies from UC Santa Barbara, and a BFA and MFA in Fine Art from San Jose State University.



PLEASE WELCOME OUR
INCOMING
2025-2026
SFPPTP TRAINEES

Peggy Anderson, MA

I am an Associate Marriage and Family Therapist. I completed my master's at the Wright Institute and am currently an associate at the Felton Institute, where I work with older adults navigating severe mental illness. I'm especially drawn to explorations surrounding death, dying, aging, and grief, and feel honored to support clients through these profound life transitions.

Outside of work, I enjoy listening to audiobooks, basking in the sun, crafting, and long phone calls with loved ones.

I love learning in group settings and getting the chance to hear from others who approach the work in a similar way. I'm so excited to be included in this community and look forward to growing alongside everyone at SF-PPTP.



Jayabhargav Annam, MD



Jay Annam is a psychiatry resident on the research track at Kaiser - Oakland Medical Center's Adult Psychiatry Residency Program. Originally from Cupertino, California, he spent much of the past decade away from home. He majored in Biology at Emory University where he first discovered a passion for teaching as a TA in a few undergraduate courses. He later taught 8th grade Science in the South Bronx where he ultimately stayed for medical school at Albert Einstein College of Medicine.

Jay's interest in psychiatry was shaped by clinical experiences that highlighted the importance of providing holistic care addressing both mental and medical illness and research on the role of inflammation in depression at Columbia University. Other research work since has ranged from conducting focus groups with veterans living with HIV on their perspectives of contingency management for smoking cessation to measuring mitochondrial activity in individuals with depression and a history of COVID-19 infection. Now, as a psychiatry resident working with a diverse and underserved patient population, he is frequently reminded that psychotropic medications are only a part of the solution. To broaden his therapeutic toolbox, he completed an intensive TMS training course at Harvard and looks forward to incorporating psychoanalytic approaches into his work.

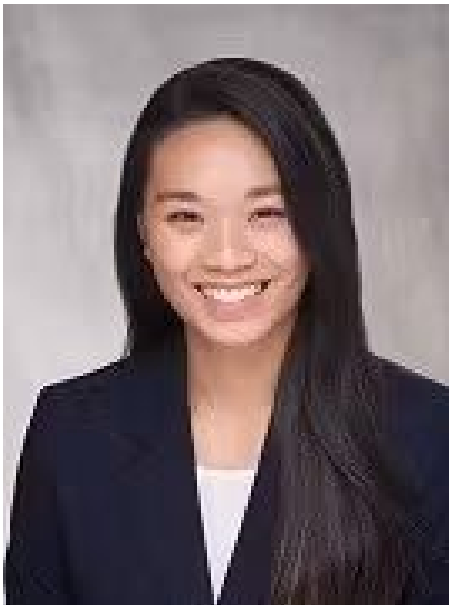
In his free time, Jay enjoys spending time with his wife and dog, playing volleyball, cooking, and playing the saxophone (he started two weeks ago, but hopefully it lasts).

A Lee Brock, MA

I am an Associate Marriage and Family Therapist and a graduate of the Wright Institute. I am currently completing a private practice associateship in San Francisco and Mill Valley, where I focus on working with relational trauma and with queer and trans clients. My passion for relational work grew out of my time supporting high school and college students in Episcopal campus ministries in the midwest.

I grew up in Santa Cruz and now live in Marin with my wife. My non-professional interests include Buffy the Vampire Slayer, reading nonfiction, and hanging out with my siblings and my 2-year-old niece.

I am delighted to join the SF-PPTP community — to immerse myself in psychodynamic formation, learn as much as I can, and get to know other clinicians!



Melissa Chan, BS, MD

I am a fifth year Family Medicine-Psychiatry combined resident at UC Davis with an interest in perinatal psychiatry, addiction, and lifestyle medicine. I am so excited to join the SFPPTP program; I aspire to learn psychoanalysis, incorporate into my practice, and make it more accessible as it continues to add an additional level of depth and sustainability to my practice of the art of medicine.

I grew up in Sunnyvale, went to UC Davis for undergrad, worked at Lucile Packard Children's Hospital doing performance improvement, went to the University of Iowa for medical school, and returned to UC Davis for residency. When I'm not working, I enjoy traveling locally and globally, exploring new foods, hiking/camping/backpacking, and exploring color and form through art (ceramics, painting).

Charlie Dickey, MD, PhD

Charlie Dickey is a research track psychiatry resident at Stanford. He grew up in the Seattle area and attended the University of Washington as an undergraduate, where he completed a double major in Neurobiology and Digital Arts & Experimental Media. After college, he spent a year conducting neuroscience research in Paris, France at the Brain & Spine Institute before matriculating into the MD–PhD program at the University of California, San Diego. His research has focused on using intracranial recordings from patients with epilepsy to study the mechanisms of sleep, memory, and plasticity in the human brain. He is currently applying this background toward the development of novel brain stimulation treatments for psychiatric disorders. Charlie is thrilled to be joining SF-PPTP and looks forward to integrating psychoanalytic training into his practice.



Greg Dyer, MSW

By the time you read this, I hope to be a newly-licensed clinical social worker *knock on wood*. For the last few years, I have been working with seniors in San Francisco doing a combination of therapy and case management, but I am looking forward to expanding my practice while focusing on therapy and incorporating a psychoanalytic perspective.

I was born and raised in Minnesota, but I've lived in San Francisco since 2013 and continue to love living here. Prior to starting my social work career, I worked in politics and technology as a data scientist. I love to hang out with friends outside, see live music, and spend time with my dog Wayne.

Brooke Ferragamo, PhD

I'm a clinical psychologist in private practice in San Francisco, where I provide psychodynamically-oriented psychotherapy to adolescents and adults. I grew up in Davis, CA and received my BS in Psychology from UC Davis, along with a minor in Women's Studies. I fell in love with San Francisco when I moved here about 10 years ago to pursue my PhD in clinical psychology at Alliant International University. My practice is geared towards assisting members of the LGBTQ+ community, with a special emphasis on serving trans and gender-diverse individuals. I also currently serve as a half-time institute faculty member at the Wright Institute's PsyD program, where I teach Research Methods and Statistics and chair dissertations. I am enthusiastic about helping my students develop their questions about the human experience into focused, feasible research questions; I'm similarly passionate about helping my patients explore their inner worlds and ways of relating to others. Outside of the office I enjoy cooking, spending time with my husband and cats, knitting, and practicing Aikido (a nonviolent traditional Japanese martial art).



Colin Fyfe, MS

Colin Fyfe is a Licensed Marriage and Family Therapist in private practice based in San Francisco's Castro District. He specializes in sex and relationship therapy, LGBTQIA+ mental health, men's mental wellness, and couples counseling.

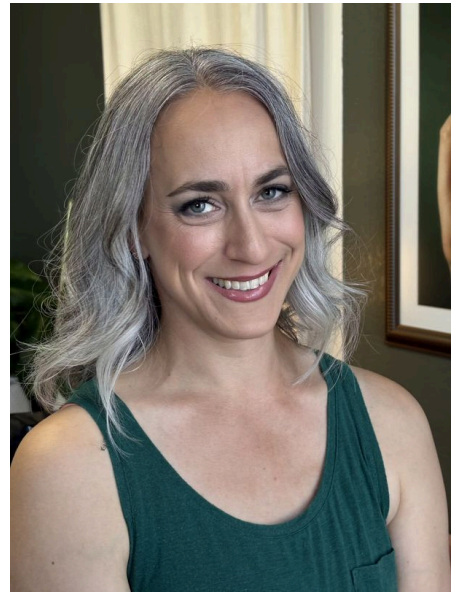
Colin began his work in the mental health field in 2014 as a substance use counselor and researcher before transitioning into psychotherapy. He holds a B.A. in Psychology from UC Berkeley and an M.S. in Clinical Psychology from San Francisco State University. He recently completed training in Ketamine-Assisted Psychotherapy (KAP), further expanding his integrative approach to mental health care.

Outside of the therapy room, Colin enjoys exploring the outdoors, beekeeping, and staying active. He is excited to join the SF-PPTP community to deepen his understanding of psychoanalytic principles and connect with like-minded mental health professionals.

Kira Goldenberg, MSW, ACSW

Kira Goldenberg is an ASW at a private practice in San Mateo. She works with teens and adults using a DBT-informed relational approach. She is excited about the prospect of diving into deeper client work through the PPTP program's offerings.

Kira earned her MSW from the Silberman School of Social Work at Hunter College in 2022 and, long before that, a BA at Barnard College. She had a career in journalism and progressive communications before pursuing clinical work and continues to do some freelance writing. She lives with her wife and her dog, Teddy, in San Francisco, where she enjoys practicing ashtanga yoga and exploring all the foods and views the Bay Area has to offer.



Walker Hansen, AMFT



Originally from Santa Cruz California, I come from a large extended family and I feel my best when I am in a connected community. I am very excited to join SFCP to learn and grow alongside you all!

I received my Master's in Counseling Psychology from the Wright Institute in 2023 and am currently an Associate Marriage and Family Therapist working with adolescents in SFUSD as I complete my hours toward licensure. My training and personal therapy have deepened my interest in psychoanalytic thinking, and I'm drawn to the depth, nuance, and honesty it invites into the therapeutic process. I'm now looking to transition to a practice working with adults, where I can continue developing as a clinician.

I currently live in Oakland with my partner Jess and our dog Molly. In my free time, I enjoy playing golf, reading fantasy, and cooking.

Kaitlin Hanss, MD

Hi everyone! I'm a psychiatry resident at UCSF and part of the Research in Residency Training Program. I'm interested in how large language models like ChatGPT are starting to show up in mental health care—both in clinical work and in how patients are engaging with them on their own. Before medicine, I worked in tech as a product manager and software engineer, which still shapes how I think about systems and care delivery. I live in San Francisco with my husband Nick and our dog Io. Outside of work, I enjoy running with West Valley Track Club, exploring new restaurants, and playing the occasional game of very competitive VR ping-pong. I'm really glad to be here and excited to learn alongside you all.



Sherod Haynes, MD, PhD

Originally from Chicago, I am currently in the Adult Psychiatry Residency Program at Stanford on the research track. I completed a dual MD-PhD in Neuroscience at Georgetown School of Medicine and Emory's Laney Graduate School, where my work focused on brain circuits involved in emotion and behavior. Before my journey into psychiatry, I was a professional dancer — an experience that continues to shape how I think about the unconscious antecedents of identity, rooted in the connection between movement, expression, and the mind. I'm passionate about bridging psychodynamic therapy and neuroscience, especially exploring how sociocultural and biopsychosocial forces shape the unconscious in ways psychoanalysis hasn't always fully embraced. I'm excited to learn from my patients and keep finding my own voice as a therapist.

Murtaza Khan, MD

Murtaza is currently a fourth-year psychiatry resident at UC Davis, where he also completed his undergraduate and medical degrees. His interest in psychoanalytic psychotherapy began during residency, when he recognized the limitations of a medication-forward approach to mental health and the profound benefits that a deeper, shared exploration of human experience can offer. He is interested in general adult psychiatry and plans to practice in the Sacramento–Davis area after graduating from residency.



Jar-Yee Liu, MD

Jar-Yee grew up in Orange County and attended UCLA for college. Before medical school, he worked as an HIV test counselor and in palliative oncology. He went on to complete his medical training at UCSF and is currently a second-year psychiatry resident at San Mateo County, serving patients in Daly City. His clinical interests include LGBTQ+ and AAPI mental health, intergenerational and immigrant trauma, and cross-cultural approaches to healing. Prior to joining PPTP, Jar-Yee received training in systems and couples therapy. Through psychodynamic training, he hopes to deepen his capacity to foster meaningful connection in a culture of increasing isolation. He lives in San Francisco with two snakes, a dog, and a thriving collection of plants. In his free time, he enjoys reading, writing, brewing tea, and engaging in community activism within San Francisco's queer and transgender communities.

Luisa Mancera, LCSW

I grew up between Cincinnati and Mexico City and studied at DePaul University in Chicago. Before becoming a therapist, I spent several years living and working abroad as a designer—experiences that deepened my understanding of cultural context, power, and belonging.

I went on to earn my master's in clinical psychology at CIIS, where I was drawn to psychoanalytic work through both my own therapy and my clinical training. I continue to be moved by the depth and nuance it offers in understanding what shapes us.

I've called the Bay Area home for over a decade and now have a private practice where I work with adults and couples navigating questions around identity, intimacy, trauma, and anxiety. Outside of work, I love reading, being active, spending time with family and friends, and hiking with my dog. I'm excited to be in training and look forward to growing within this thoughtful and curious community.



Chimno Nnadi, MD, PhD



Hi everyone! My name is Chimno and I was born in Owerri, Nigeria. I immigrated to the United States with my family when I was 5 years old and grew up in northern New Jersey. I graduated with a B.A. in Chemistry at Columbia University and then received my MD and PhD in Chemical Biology from UCSF. While a medical student here, I fell in love with psychiatry and knew it was the perfect speciality for me to interact with patients in such a profound way and to study the human condition. I grew interested in psychoanalysis and would attend seminars and supervision that involved psychoanalytic and psychodynamic principles in my first two years of residency. For my hobbies, I love to write poetry, go salsa dancing, and go on long bike rides along the beach and through Golden Gate Park. I am excited to begin my training here as a part of PPTP and I cannot wait to meet you all!

Tanishq Rajan, MSW

No Bio.

NO PHOTO



Christopher Ryskiewicz, MA

Originally from Chicago, I've also lived in New York and London before settling in the East Bay with my wife and our three children. My path into the mental health field has been nontraditional. After nearly two decades in the corporate world, I began to feel drawn toward clinical work. I trained as a clinical mental health counselor at The Family Institute at Northwestern University, where I found a strong personal connection to the program's psychodynamic approach and earned my MA with academic distinction. That experience deepened my interest in the patterns that often run beneath the surface, shaping how we relate to ourselves, to others, and to the struggles we find ourselves repeating. I'm now an APCC working with individuals from diverse backgrounds who are navigating a wide range of issues. I'm particularly interested in depth-oriented and relational approaches that create space for long-term growth, self-awareness, and transformation. I'm grateful to do work that challenges me to keep learning—not only about theory, but also about myself and the people I have the privilege to work alongside.

Karthik Sarma, MD, PhD

Karthik V. Sarma, MD, PhD, is a third-year research track psychiatry resident at the University of California, San Francisco (UCSF). His academic and research endeavors are centered on the innovative application of artificial intelligence and digital technologies to transform mental health care. Specifically, Dr. Sarma is interested in developing novel AI techniques, including the use of large language models, to interpret patient and clinical text, enhance psychiatric reasoning, and assist in the delivery of clinical care. He is also very interested in the concepts of psychiatric diagnosis, how dynamic and analytic concepts could enable the development of a better understanding and characterization of mental illness, and how improving our understanding of the psyche could enable us to deliver more effective treatments, especially in communities that have limited access to care. Outside of his research, he is heavily involved in healthcare policy and advocacy and in technology entrepreneurship. He is very much looking forward to joining the SF-PPTP and the SFCP community.



Nahzaneen Sedehe, MD

Nazin Sedehe is an adult, child, and adolescent psychiatrist. She graduated from the University of California, Irvine medical school, completed residency at the University of Washington, and recently finished the child and adolescent psychiatry fellowship at Stanford University. She works in both private practice and county mental health settings. She is looking forward to the opportunity to further her psychoanalytic training through this program.

Lisa Thompson, LCSW, CST

Lisa Thompson is a licensed clinical social worker and certified sex therapist who sees adults and couples in private practice in Berkeley, California. She particularly enjoys working with parents, people in consensually non-monogamous relationships, LGBTQ+ folks, and patients who experience internal conflict around sexual interests, fantasies, and practices. Lisa has a background in community mental health, where she worked for several years as a bilingual (Spanish/English) child, adult, and family therapist in East Oakland. She focused on early childhood dyadic work at Brighter Beginnings and worked in the Ann Martin Center's school-based program. She's a recent empty nester whose daughter is about to enter her second year in college. Lisa completed a Masters of Fine Arts degree in Creative Writing at St. Mary's College and is an undisciplined poet. She lived in a yurt for five years in the Santa Cruz Mountains at a Vajrayana Buddhist retreat center and still finds her way to a retreat from time to time.



Calvin Tran, MD



Hello! I was born and raised in Orange County, spending time between the cities of Fullerton, Westminster, and Garden Grove immersed in the Vietnamese diaspora community. I completed college in San Diego, a gap year in Seattle, and medical school in Iowa. I am now finishing my final year of psychiatry residency training in Sacramento before I fulfill my latent aspiration of becoming a Bay Area resident. My interests in mental health stem from my lived experiences navigating my Asian American, gay, and cisgender male identities (and their intersections). I gravitate towards psychoanalytic thinking because of the richness it offers in deepening self-understanding and emotional meaning. Outside of my professional interests, I enjoy sampling confections across different bakeries, cake decorating, long runs, or polishing up my Japanese/Mandarin/Vietnamese language skills.

Rachael Watkins, PsyD

Rachel is a licensed clinical psychologist who earned her doctoral degree from the California School of Professional Psychology, along with a certificate in LGBTQ+ mental health. She maintains a private practice in Berkeley and provides supervision at several community mental health agencies throughout the Bay Area.

Rachel's clinical experience spans diverse settings, including residential facilities, community clinics, and schools, where she has worked with both youth and adult populations. While initially trained in multiple modalities, she discovered her passion for psychodynamic and psychoanalytic approaches late in graduate training and has continued deepening her expertise in these frameworks ever since.

Her clinical interests center on supporting individuals navigating sexual and gender identity exploration, queer family building, prenatal and postpartum mental health, grief, and life transitions. Rachel brings both clinical expertise and lived experience to her work with LGBTQ+ clients and families.

Outside of work, Rachel can be found behind her camera lens, nurturing her extensive houseplant collection, or enjoying time with loved ones. She lives in Oakland with her partner, toddler, and their dog Joni Mitchell, and is delighted to be joining SF-PPTP this year.



Nealy Wooldridge, MD

I am currently a fifth-year family medicine and psychiatry resident at UC Davis. I grew up in Iowa and attended The University of Iowa for undergraduate and medical school prior to moving to Sacramento for residency. I enjoy working with patients who are medically and psychiatrically complex in the outpatient primary care setting, particularly those who come from underserved backgrounds. My specific interests include working with individuals who have experienced trauma, those with substance use disorders, young adults, and the areas of perinatal psychiatry and gender affirming care. I am looking forward to delving deeper into psychodynamic work with like-minded, passionate individuals in SF-PPTP. Outside of work, I enjoy hiking, visiting National Parks, spending time with my two cats, cooking, and anything music related.

Zhimin Xu, ASW

I am a licensed clinical social worker, currently working in a community mental health clinic, seeing TAY, adults, and older adult clients who experience moderate to severe mental illness. The majority of my clients are monolingual Chinese speakers. I provide therapy in Mandarin and Cantonese. As a Chinese immigrant, I am passionate about working with clients who face the challenges of acculturation. I am looking forward to learn to practice psychoanalytic psychotherapy.



PLEASE WELCOME OUR
INCOMING
2025-2026
CAPPTP TRAINEES

Jaime M. Bardacke, LCSW

I am a Licensed Clinical Social Worker, and have been in private practice in San Francisco for over a decade. I see both children and adults, using an integrated approach of psychodynamic, somatic, and play therapies. Prior to private practice, I worked in community mental health and as a child welfare worker in San Francisco.

I have been in analytically informed consultation for the duration of my time in private practice, and have been involved in the Coalition for Clinical Social Work at SFCP. I have also completed the adult PPTP program. Outside of work, I take dance classes, read fiction, and root for the Valkyries.



Eleanor Broh, LCSW

I like to go by my nickname, Lea, and use she/her as my pronouns. I am an LCSW working as a clinical supervisor at WestCoast Children's Clinic, a community mental health agency in Oakland, CA that works with kids, teens, and families, many with foster care or other system involvement. In addition to my agency work, I also have a small private therapy practice with adults. I got my MSW from Smith School for Social Work in 2016. Outside of being a therapist, I am also a fiber artist (I sew, knit, spin yarn, weave, embroider, quilt, and more!) and love taking my dog for hikes in the East Bay regional parks. I live in Oakland.

Kathryn Brown, MD

No bio.

NO PHOTO



Sarai Engel, LCSW, ATR-BC

My name is Sarai (rhymes with Mary), and I am looking forward to being a part of this CAPTPP cohort! I am a dual-licensed Clinical Social Worker and Art Therapist. Most of my career has been spent in community mental health and schools, and through those experiences, I have developed a deep passion for exploring how creativity, playfulness, and relationships foster healing. I am especially interested in deepening my clinical skills and expanding ways to connect psychoanalytic thinking to systems and community-based work, particularly with BIPOC and queer youth. Currently, I am in private practice, where I see children, youth, and families, and provide clinical supervision/consultation. I also serve as a practicum faculty adviser and adjunct professor at Smith College SSW, where I earned my M.S.W.

Yujin Lee, MD, MS

I am a board-certified psychiatrist based in San Jose, California. I have completed two separate psychiatry residency programs and two different fellowship programs in the US and South Korea. This has led to board certifications in general psychiatry, geriatric psychiatry, and hospice and palliative medicine. As a first-generation immigrant in the US, my goal is to foster a healthier community that values diversity. I have been caring for families, particularly those who have immigrated from their home countries and recently settled in the Bay Area, since opening my private clinic in Los Gatos. As a mother, wife, sister, and daughter, prioritizing and keeping my family safe is the meaning of my life.



Elizabeth Yu Li, MD, MHS

No bio.

NO PHOTO

Kimberly A McKenna, MD, MAT

I have been a child, adolescent, and adult psychiatrist and psychotherapist in private practice in Portland, Oregon since 2022. I was first exposed to psychoanalytic ideas when I was completing my undergraduate degree in art and I am quite excited to return to this mode of thinking albeit in much greater depth. I am drawn to this way of working due to its inherently creative and open ended qualities. I maintain an active, exploratory studio art practice which I see as an analog to my clinical work.



Cristine Oh, MD, MS

Recently graduated from Adult General Psychiatry Residency Program at Stanford in June 2025. She is a staff psychiatrist in a private group practice in the Bay Area. Cristine previously graduated from Yale double majoring in literature and psychology, with a concentration in Women and Gender studies. She completed a post-baccalaureate program at Bryn Mawr before obtaining her MD and MS in clinical research from the University of Pittsburgh. Before medical school, she engaged in community, public, and volunteer service in various fields.

Simone Phillips, MD

No bio.

NO PHOTO



Monique S Waltman, MD

I am a Child and Adolescent Psychiatry Fellow at UC Davis, where I also completed my general psychiatry residency. My clinical interests include developmental trauma, foster care systems, and psychodynamic psychotherapy. I am also passionate about diversity leadership in psychiatry and have growing interests in medical education and training. I have a deep love of painting and art, which I view as both a personal outlet and a way of connecting with others' experiences. I am excited to be part of the 2025–2027 CAPPTP cohort and look forward to learning and growing alongside you.

Welcome to the

SFCP

Library

The librarian will be available to assist you every Friday from 9AM to 1 PM. Whether you need help with research, finding the right materials, or just a quiet place to study, we are here to support your learning journey.

For any inquiries, contact:

Rashmita Sriram

rashmita.sriram@sfcps.org

The SFCP library is excited to welcome you to the new academic year!





This fund was established in memory of Enrico E. Jones, PhD, an African American Psychologist and Professor of Psychology at UC Berkeley. Enrico (Rico) completed his analytic training at San Francisco Psychoanalytic Institute in 1992 and served on the faculty until 2000. Rico died in 2003, after a 3-year battle with multiple myeloma.

WAYS TO DONATE

ONLINE:

sfcp.my.site.com/s/donation?campaign=EnricoJonesFund

BY MAIL:

Payee: SFCP

ATTN: Enrico Jones Fund
444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

THE ENRICO JONES FUND FOR EQUALITY AND EXCELLENCE

124 grants have been given to
people of color since 2021!

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 27 students received tuition credits in 2023
- 27 students received tuition credits in 2024
- 30 students estimated to receive tuition credits in 2025

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Join Us!

The EJ Fund has received significant support from the SFCP community, with 123+ members contributing since inception. As the number of recipients has increased each year since the Fund's inception, the diversity of SFCP's students has grown and we anticipate an increase of applicants going forward. To continue providing meaningful tuition support to persons of color, it is essential that contributions continue yearly. Please consider making the EJ Fund an annual recipient of your charitable giving.

Opportunities Room

.....➤



Ways members
can participate
in programs
and events



DIALOGUES IN CONTEMPORARY PSYCHOANALYSIS 2025-26

MOTHER MEDIA : SEEING MOMS *and* BEING MOMS
in the AGES of TECHNOLOGY

Saturday, **SEPTEMBER 6, 2025**

**HANNAH
ZEAVIN,
PHD**

*in conversation
with*

**ELIZABETH
BRADSHAW,
PSYD**

**FREUD *in the*
PRESENT TENSE :**
on the ROLE of
THEORY *in* PSYCHOANALYSIS

Saturday, **FEBRUARY 7, 2026**

Presenter: DOMINIQUE SCARFONE, MD
Discussant: ADAM BLUM, PSYD
Moderator: JULIE RUSKIN, PHD

**MALIGNANT
NOSTALGIA :**
FANTASIES of WHOLENESS
and the VIOLENCE
of EXCLUSION

Saturday,
**DECEMBER 6,
2025**

Presenter:
**DONALD
MOSS,
MD**

Discussant:
**MITCHELL
WILSON,
MD**

Moderator:
**JOHN DiMARTINI,
PHD**

SPRING PROGRAM
to be announced

All programs
9:30am-12:30pm
AT SFCP *and* ON ZOOM

JOIN THE DIALOGUES AT
SFCP.ORG

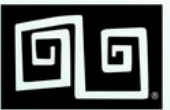


SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



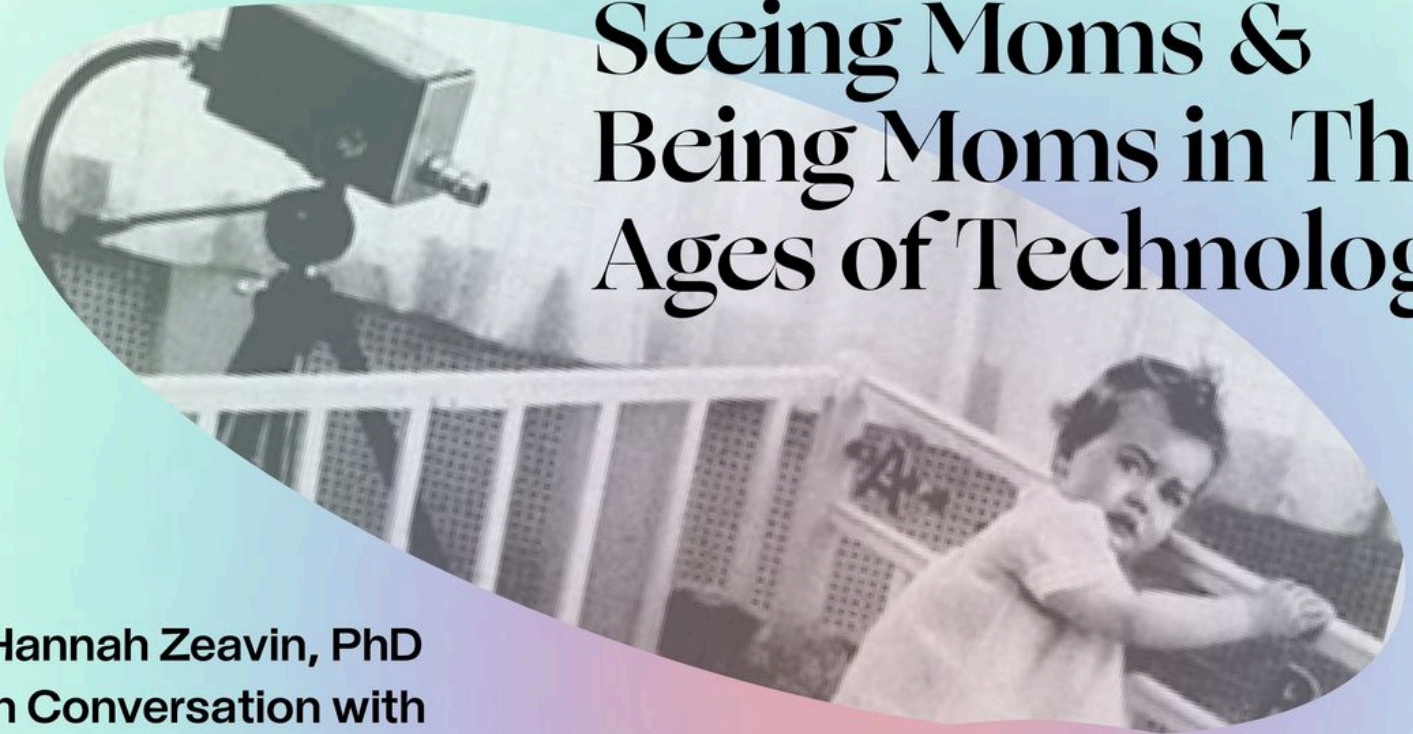
\$40 for non-SFCP members
\$20 for SFCP members
Free for Students
2 CME/CE Credits
In Person and on Zoom

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



Dialogues in Contemporary Psychoanalysis Presents:

Mother Media Seeing Moms & Being Moms in The Ages of Technology



Hannah Zeavin, PhD
In Conversation with
Elizabeth Bradshaw, PsyD

Saturday
September 6, 2025
10:00am – 12:00pm



Register at
[www.sfcps.org/
2025-09-06-dialogues/](http://www.sfcps.org/2025-09-06-dialogues/)

What does it mean to be a “good” mother in a world shaped by screens, surveillance, and constant connection? Renowned scholar and cultural historian Hannah Zeavin, PhD, author of **Mother Media: Hot and Cold Parenting in the 20th Century**, joins psychoanalyst Elizabeth Bradshaw, PsyD, for a conversation about how technology and culture have shaped our construction of motherhood and ultimately, how we parent. Drawing on media theory and cultural studies, the dialogue will reflect on care, labor, intimacy and identity, and explore the fantasies, anxieties, and double binds that define and confine the modern parent.



SFCP'S ANNUAL MEETING

*Join us to learn how the Center is doing and connect with friends.
Plus, enjoy a reception after!*

Meeting: 2-4pm

Reception: 4-5pm



Come join us for our Annual Meeting! You'll hear summaries from the 2024-25 year, learn about our plans for 2025-26, participate in discussion, and welcome each other to the start of the new academic year. We look forward to seeing you!

444 Natoma Street, San Francisco, CA 94103

SEPT | 20th | 2025
2PM - 5PM

Remote option available.

To register, visit: www.sfcpsf.org/2025-09-20-annual-meeting/





A Psychoanalytic Perspective on Dehumanization

Wednesday, September 24, 2025

6:45pm - Greetings and Socializing

7:00pm – 09:00pm - Program

Location:

Remote on Zoom

Program Fee:

This program is free

Panelists:

Paul Williams, PhD

Private Practice

Member, PINC

Jyoti Rao, LMFT

Private Practice

Member and Faculty, SFCP

To Register:

www.sfcps.org/2025-09-24-ccsw

Questions?

Clara Kwun, LCSW

claraandjon@comcast.net

Moderator:

Laura Farha, LCSW

Private Practice

Daniel Yu, LCSW

d.yu.lcsw@gmail.com





SFCP in conjunction with the C.G. Jung Institute of San Francisco and RBS present:

Transformation, Creativity, and the Aesthetic Experience:

Jungian and Contemporary Object Relations Comparative Perspectives

Saturday, September 27, 2025 | October 18, 2025 | November 15, 2025

9:30AM - 12:30PM Pacific Time

In-Person at SFCP (444 Natoma Street, San Francisco) and via Zoom

The historic divide between Freud and Jung has often limited cross-disciplinary learning between the Freudian/Object Relations psychoanalytic tradition and Jungian clinical approaches. This collaboration between SFCP, the C.G. Jung Institute of San Francisco, and The Regional Bion Symposium aims to bridge that gap, fostering dialogue and deeper understanding between these schools of thought.

This series offers a unique opportunity to explore the intersection of Jungian and Contemporary Object Relationalist notions of psychoanalytic therapeutic action, with specific attention to the role of transformation, creativity, and aesthetic experience in the clinical setting and beyond.

Part 1: September 27, 2025

9:30AM - 12:30PM Pacific Time
3 CE/CME Credits

Notions of Psychoanalytic Transformation in the Clinical Setting:

Case Presentations from a Jungian and British Object Relations Perspective
Presenters/Discussants: Henry Markman, MD & Sandy Pepper, MD

Part 2: October 18, 2025

9:30AM - 12:30PM Pacific Time
3 CE/CME Credits

Notions of Creativity in the Clinical Setting: Case Discussions from Jungian and Contemporary Object Relations Perspectives

Presenter: Jan Ole Luuk, LLM
Discussants: Robert Grossmark, PhD, ABPP and Paul Watsky, PhD, ABPP

Part 3: November 15, 2025

9:30AM - 12:30PM Pacific Time
3 CE/CME Credits

Transformation, Creativity, and the Aesthetic Experience:

Comparative Psychoanalytic Perspectives within the Jungian and Contemporary Object Relations Traditions
Presenters and Panel Discussion: John Beebe, PhD, ABPP; Dianne Elise, PhD; Henry Markman, MD; and Paul Watsky, PhD, ABPP

Participants are encouraged to register for the full 3-part series for maximum immersion; however single lecture tickets are also available.

Pre-registration is required.

	Full Series	Single Ticket
General Admission	\$270	\$105
Members of SFCP or CG Jung SF	\$215	\$85
Candidates, Students, and SFCP PPTP Trainees	Free	Free

Optional CME/CE Credits available for \$15 per credit. (Free for SFCP Members)

TO REGISTER AND LEARN MORE, VISIT:



www.sfcp.org/tca-experience/





SCIENTIFIC MEETINGS 2025-2026

Mark your calendars for this wide
range of programs in '25-'26!

	<p>Sat October 4 10:30am - 12pm</p> <p>THE RADICAL OTHERNESS OF MASUD KHAN <i>Presenter: Ilene Philipson, PhD, PhD; San Francisco Center for Psychoanalysis (SFCP)</i> <i>Moderator: Chuck Fisher, MD; SFCP</i></p>
	<p>Sat November 1 10:30am - 12pm</p> <p>LEADERSHIP IN THE PSYCHOANALYTIC MOVEMENT <i>Presenter: Harriet Wolfe, MD; SFCP; President, International Psychoanalytic Association</i> <i>In conversation with Brett Penfil, LMFT, MPH; Chair, SFCP Board of Trustees</i></p>
	<p>Sat January 10 10:30am - 12:30pm</p> <p>PSYCHEDELIC PSYCHOANALYSIS: TRANSFORMATIONS OF THE SELF <i>Presenter: Megan Rundel, PhD; Psychoanalytic Institute of Northern California</i> <i>Moderator: Ilene Philipson, PhD, PhD</i></p>
	<p>Sat March 7 10:30am - 12pm</p> <p>ENDINGS IN ANALYSIS <i>Presenter: Stephen Purcell, MD; SFCP and Alice Jones, MD; SFCP</i> <i>Interviewer: Steven Goldberg, MD; SFCP</i></p>
	<p>Sat April 4 10:30am - 12pm</p> <p>OUTCOME STUDY OF PSYCHOANALYSES OF CHRONICALLY DEPRESSED PATIENTS WITH EARLY TRAUMA, AN UPDATE OF MODE <i>Presenter: Marianne Leuzinger-Bohleber, PhD; Senior Scientist of the University Medicine Mainz, Department of Psychosomatics and Psychiatry</i> <i>Interviewer: Cheryl Goodrich, PhD; SFCP</i></p>
	<p>For more details and updates about these events, please visit our website www.sfcps.org/scientific-meetings/</p> <p><i>*CME/CE credits pending*</i></p>

SCIENTIFIC MEETING

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



THE RADICAL OTHERNESS OF MASUD KHAN

Masud Khan was one of the most brilliant psychoanalysts of the Twentieth Century. He was Winnicott's "principal disciple," and analysand. He was also one of the most troubled, dying in madness, despair, and alone. How could such a talented and celebrated psychoanalyst fall so dramatically and publicly? In response to this question, his analysis with Donald Winnicott remains a focus of theorizing and controversy. This paper argues that it was Khan's radical otherness, his identification as a "feudalist," standing outside of a Western, democratic worldview, that served as a significant reason for the failure of his analysis. In defying the confines of his analytic community's social unconscious, Khan's descent allows us to question the ways in which we think about difference and otherness today.

Presenter:

Ilene Philipson, PhD, PhD
San Francisco Center for Psychoanalysis (SFCP)

Ilene Philipson holds doctorates in sociology, clinical psychology, and psychoanalysis. She is a Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis in Los Angeles, a Supervising Analyst at the San Francisco Center for Psychoanalysis, and is in the private practice of psychotherapy and psychoanalysis in the San Francisco Bay Area, California. Her books include *On the Shoulders of Women: The Feminization of Psychotherapy*; *Married to the Job: Why We Live to Work and What We Can Do About It*, and *Ethel Rosenberg: Beyond the Myths*.

**Saturday,
October 4, 2025**

10:30am - 12:00pm



In Person at
**San Francisco Center for
Psychoanalysis**
444 Natoma Street
San Francisco, CA 94103

Remote option available

1.5 CME/CE Credits Available

*This program is free
of charge!*

FOR CME AND PROGRAM INFO:
**[WWW.SFCP.ORG/2025-10-04-
SCIENTIFIC-MEETING/](http://WWW.SFCP.ORG/2025-10-04-SCIENTIFIC-MEETING/)**





Please join us for

VISITING PROFESSOR REVISITED

On Arrogance



SUNDAY, OCTOBER 5, 2025

10:00AM - 12:00PM

ONLINE VIA ZOOM

Presenter: Peter Goldberg, PhD

Moderator: Renu Maria Cappelli, PhD, MFT

Nicola Abel-Hirsch, our Visiting Professor last May, engaged us in discussion about the work of W.R. Bion. We would like to continue that discussion with a focus on Bion's 1958 paper "On Arrogance". Peter Goldberg has written "On Bion's 'On Arrogance'". We will discuss the strikingly original ideas introduced by Bion in his very brief but highly consequential paper, ideas that remain challenging and relevant to our current practice. In identifying a post-catastrophic type of psychotic structure underlying otherwise well-adapted personalities, Bion suggests the clinical importance of repositioning ourselves to receive the patient's "primitive" modes of communication, and warns that in our unchecked curiosity and insistence on finding meaning we risk becoming the very incarnation of an "obstructive object", recapitulating the patient's experience of being disastrously imposed-upon and misunderstood. Along the way, Bion suggests that Oedipus' downfall stems not from breaking the incest taboo but from the arrogance and hubris of having to know at any cost.

SFCP Candidate Renu Cappelli will interview Peter Goldberg, followed by audience participation.

We hope you will join us.

\$ 50 — General Admission

\$ 25 — SFCP Members

Free — SFCP and non-SFCP

Candidates, SFCP PPTP Trainees,
and University Level Students

FOR MORE INFORMATION:

WWW.SFCP.ORG/2025-10-05-VISITING-PROFESSOR-REVISITED



Psychoanalytic Training Informational Evening

*PLEASE JOIN FACULTY AND CANDIDATES TO EAT,
DRINK, AND LEARN ABOUT PSYCHOANALYTIC
TRAINING AT SFCP.*

Thursday, October 9, 2025

7:30pm - 9:30pm

Where?

444 Natoma Street

San Francisco, CA 94103

Anyone interested is invited for dinner, drinks and a discussion of training to become a psychoanalyst at the San Francisco Center for Psychoanalysis.

SFCP faculty and current psychoanalytic training candidates will be there to answer the most common questions people have about psychoanalytic training:

- whether and when to apply
- the application process
- course work
- clinical consultation
- personal analysis
- financial costs and advantages
- making your schedule work

Please RSVP at
[this link.](#)

Questions? Please contact Adam Goldyne, MD at adamgoldynemd@gmail.com or (415) 826-9639 for a personal conversation.

Or RSVP using this
QR code:





2025-2026

Child Colloquia Series

The Child Colloquium Series are offered free of charge through a generous support of the **SFCP** and the **Sophia Mirviss Fund**.

Sat, Oct 25

10:00AM – 12:00PM

LEARNING TO SURF: ANALYZING ADOLESCENTS

PRESENTER: MARY BRADY, PHD

DISCUSSANT: JILL SALLBERG, PHD, ABPP

MODERATOR: DAVID FRANKEL, PHD

Sat, Nov 8

10:00AM – 12:00PM

THE PLAY OF EROS: THE STORY OF AN ADOLESCENT BOY, HIS BODY AND HIS ANALYST'S BODY

PRESENTER: BRUCE REIS, PHD, FIPA, BCPSA

DISCUSSANT: TERRENCE OWENS, PHD

MODERATOR: DAVID FRANKEL, PHD

Sat, Jan 31

10:00AM – 12:00PM

SUPPORTING THE HEALTH OF TRANS, NONBINARY, AND GENDER-EXPLORING YOUTH BY SUPPORTING THEIR PARENTS

PRESENTER: MELISSA HOLUB, PHD

Sat, Feb 21

5:00PM - 9:00PM

FILM SCREENING AND DISCUSSION

DISCUSSANT: REYNA COWAN, PSYD, LCSW

Sat, Mar 21

10:00AM – 12:00PM

MOURNING THE BODY AS BEDROCK: DEVELOPMENTAL CONSIDERATIONS IN TREATING TRANSEXUAL PATIENTS ANALYTICALLY

PRESENTER: AVGI SAKETOPOULOU, PSYD

Sat, Apr 18

10:00AM – 12:00PM

TREATING ADOLESCENT EATING DISORDERS THROUGH FAMILY THERAPY

PRESENTERS: JENNIFER VERA, MFT AND LYNN TRACY, PHD

FOR MORE INFO VISIT:

www.sfcp.org/child-colloquium-series/



ALL EVENTS ARE IN PERSON AT SFCP
444 NATOMA STREET
SAN FRANCISCO, CA 94103





CHILD COLLOQUIA SERIES

SEASON OPENING EVENT

Learning to Surf: Analyzing Adolescents

Mary Brady describes her career-long proclivity for the treatment of adolescents and reflects on the elements that attract her toward work with adolescents. Over time the author came to understand her protectiveness of the adolescent process emanated from having been in some danger of missing the adolescent process herself. Adolescents act in and act out in order to get to know themselves. The author uses the metaphor of surfing to describe the adolescent (or herself in their wake) potentially upended, injured or even killed by waves too tumultuous to manage. Yet, surfing also captures the sensual beauty of finding a balance, of the thrill of the ride, of a moment of being fully, sparkingly alive.

**SATURDAY, OCTOBER 25, 2025
10AM – 12PM**

IN PERSON EVENT at
SFCP
444 Natoma Street
San Francisco, CA 94103

PRESENTER: MARY BRADY, PHD

DISCUSSANT: JILL SALLBERG, PHD,
ABPP

MODERATOR: DAVID FRANKEL, PHD

FREE EVENT!

**Lunch, Drinks and Social Hour
to follow the presentation**

For more information and to register, visit:
www.sfcpsf.org/2025-10-25-child-colloquia/





PSYCHOANALYTIC STUDENT SEMINARS

2025-2026

Wednesdays, 7:00pm - 8:30pm
Online via Zoom



These seminars are offered as a community service intended to supplement local training with psychoanalytic clinical instruction. The courses are offered free of charge to pre-and post-doctoral psychology interns, psychiatry residents, and pre-licensed MFT and social work interns currently in clinical placements.

**JANUARY
7-28**

**Becoming a Couple: An Introduction to
Psychoanalytic Couple Psychotherapy**

Dana Iscoff, MFT

**FEBRUARY
4-25**

**Exploring the Unconscious – An
Introduction to Jungian Dreamwork**

Betty Tharpe, MFT

**MARCH
4-25**

**Psychoanalytic Psychotherapy, Psychoanalytic
Theory, and Trans Experience(s)**

Loic Pritchard, MFT

FOR MORE INFO VISIT:
WWW.SFCP.ORG/PSYCHOANALYTIC-STUDENT-SEMINARS/



CRITICA

Critica is an inclusive and transdisciplinary publishing platform that focuses on offering a reflective and aesthetic space to consider complex social and cultural issues through psychoanalytic and creative lens. We invite dialogue while offering the possibility of expression and creative expansion of our understanding of contemporary cultural and collective issues in the hopes of promoting social change.

Learn more:
www.critica.press

Critica is published online twice a year, in the Fall and Spring. Previous issues can be found in our archives, and printed on demand. The publication receives submission of essays, literary and artistic pieces, and book/film reviews in response or in conversation with contemporary collective/social experiences.

A Note from Psychoanalysis Now



I am writing to you, our fellow psychoanalytic professionals, to talk to you about an important professional organization, Psychoanalysis Now, and to urge you to join us as a member. This is a good time to learn about Psychoanalysis Now. Right now, we are running an informative, internet-based, three-month long publicity campaign to promote psychoanalysis - in San Francisco.

Psychoanalysis Now is a 501c3 nonprofit corporation founded by a national group of psychoanalysts and psychodynamic psychotherapists to educate the public about the work we do and how it can help. We represent our whole profession – psychoanalysts and psychoanalytic therapists – without regard to professional affiliation or specialized schools of thought.

I joined Psychoanalysis Now because I am worried about the future of our profession. The world is increasingly driven by powerful commercial interests that are shaping our culture and our institutions, interests that do not value the depth and lasting nature of the help we can provide. We encounter the influence of these commercial interests every day in the “managed care” policies of insurance companies, in the aggressive marketing campaigns of pharmaceutical companies, and even in the educational curricula of university-based mental health training programs.

We need to take steps to counter this view, and we need to take them now.

We need **MARKETING**.

Psychoanalysis Now was founded to take this on. We have one mission - to educate the public about psychoanalytic treatment and how it can help. You can see how we are pursuing this mission by taking a look at our unique, public-friendly website (psychoanalysisnow.com).

Beyond our website, we have promoted our message to the public by purchasing space (“ads”) on social media that explain psychoanalytic treatment, using both static images and videos we have created, always referring readers to our website for more information – and referral options. This kind of active public outreach, explaining and defending our field, has never been done before. And the public response is promising.

People are interested in what we have to say. We have successfully completed major campaigns in seven of the largest metropolitan areas in the country, resulting in over a million viewers. Our response rate (called the “clickthrough rate”) is roughly 4 times the internet average.

There is much more to do. Social media posts cost money. To succeed in our mission, we all need to join together to promote it. Dues from members, along with two grants from the American Psychoanalytic Foundation, are funding everything we do. We are grateful to our members for their support and optimistic that our membership will grow.

A Note from Psychoanalysis Now (cont)



We hope you will join us in our mission. By joining Psychoanalysis Now, you will be making an important contribution to our profession. As a member of Psychoanalysis Now, you can also promote your own practice by joining the network of therapists listed on our website and by connecting with other psychoanalytic professionals on our members-only listserv.

Membership in Psychoanalysis Now is 100 dollars per year and is fully tax-deductible. Students in psychoanalytic training or in any area related to psychoanalysis can join for only 25 dollars per year.

**To join, visit our website at
www.psychoanalysisnow.com/join.**

Thank you.
Fredric T. Perlman
For the Board of Psychoanalysis Now

P.S. If you are on the board of a psychoanalytic organization that is working to promote psychoanalysis to the public, please consider teaming up with us. Just let us know how we can collaborate with your group's efforts to increase awareness, counter misinformation, and attract more of the public to engage with psychoanalysis. If you or anyone in your professional group has any questions about Psychoanalysis Now please feel free to contact any of us on the Board – we will be happy to answer any questions you may have about our organization or about our expanding range of activities. The members of the Board and their email addresses are listed below.

Board of Directors, Psychoanalysis Now

Lance Dodes (President)
lance.dodes@gmail.com
Kerry Kelly Novick (Vice President)
kerrynovick@gmail.com
Michael Feinberg (Treasure) mf@dca.net
Fredric Perlman (Secretary)
ftperlman@ftperlman.net
Andrew Lagomasino (Board Member)
ajlagomasino@aol.com

NCSPP's 2025-2026 Intensive Study Group *On Perversion*



[**Full course details here**](#)
[**Register now!**](#)

September 5, 2025- April 17, 2026
Friday's, 10AM-12PM @ Access Institute
110 Gough Street, Suite 301, San Francisco, CA

Faculty:

Janie Riley, LMFT; Daniel Butler, PhD, LMFT; Michael Levin, PsyD; Sydney Tan, PsyD

In this year-long course, we will explore the provocative and "polymorphous" psychoanalytic topic of perversion and its manifestations and intersections in the clinic and beyond. As we face an urgent time in our contemporary moment in which perversity is increasingly visible in sociopolitical discourse and practice, we will aim to study perversion with the depth and focus it requires, as both an intrapsychic and sociocultural phenomenon. The course will survey the shifting definitions and uses of the concept of perversion, from Freud's foundational metapsychological formulations to its reworkings by figures such as Bollas, Stein, and Grunberger. The course will consider how psychoanalysis has historically pathologized or marginalized certain forms of desire, and how recent interdisciplinary scholarship opens space for more nuanced and liberatory understandings.

Clinically, perversion's creative-destructive potential will be investigated, drawing from diverse psychoanalytic schools, which includes French psychoanalysis, Lacanian theory, the British Independent tradition, and American Intersubjectivism, as well as philosophical and political texts by writers such as Foucault, Bataille, Bersani, and Sharpe.

[**Register Now**](#), or [**learn more about the course**](#) and [**individual course segments**](#) at NCSPP's website.

24-Volume Standardized Edition Collected Works of Freud



Excellent condition with dust covers. \$650.00 or best offer.

Please contact me with any questions or to purchase.

Pick up in San Francisco.

Devora Depper Ph.D.

415-751-1470 or drddepper@yahoo.com

Please note: *This offer has been received by SFCP from a non-member.
While this seems like a legitimate offer, we encourage anyone
interested to use due diligence.*
