

Monthly Newsletter

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



June 2025 Issue



A letter from our Newsletter Editor

This month, we are making an effort to reduce the “generic” quality of some of the format. Instead of the generic signatures, we are providing REAL signatures. And, we are using photographs of REAL SFCP members, REAL SFCP spaces, and REAL San Francisco scenes. We would love for you to share a photo to include. Send it to Nicole at nicole.lee@SFCP.org.

In the CONVERSATION ROOM, **Elizabeth Biggart**, has written an important and powerful essay which I urge all clinicians and interns to read and take seriously. There is also an intriguing quotation offered by **Maureen Kurpinsky**.

In the ADMINISTRATION ROOM, **Ruth Simon**, this month's Volunteer of the month, gives us a window into her challenging work. With **Mary-Stone Bowers**, you have an opportunity to respond to an important survey. With **Cindy May**, we discover why she doesn't, and why she does, donate to SFCP. And you can read inspiring stories from graduates of the psychotherapy programs.

In the OPPORTUNITIES ROOM, for your information, we have flyers from *Critica* and NCSPP again.

Happy reading!

Mary

mtmcmillan@me.com

WHAT'S IN THIS ISSUE

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CONVERSATION ROOM

The CONVERSATION ROOM is the beginning of what we hope will become a room of lively conversation among members. As you can see in the invitation from Nicole, we are hoping that you will use this room to share who you are. We also want responses to what you have read, as well as letters, stories, editorials, reviews of movies, books, etc., poems, articles—or photographs!.

To submit your own work, send it in an email to Mary McMillan, editor at mtmcmillan@me.com



ADMINISTRATION ROOM

In the ADMINISTRATION ROOM, we hear from the volunteers who turn the wheels and shift the gears as this organization moves through time. In this room also, we will hear from the **Volunteer of the Month**—one of the volunteers who provide the fuel that makes SFCP a living vehicle: who teach and push paper and make phone calls and write letters and do the work to help the wheel-turners get things done. And we also keep track of how close we are to raising the funds we need to keep SFCP alive and functioning.



OPPORTUNITIES ROOM

And in the OPPORTUNITIES ROOM, we learn about ways members can participate in programs and events.

Conversation Room



Letters, stories,
editorials,
reviews of
movies, books,
etc., poems,
and articles—
anything
written by
members



AN INVITATION TO MEMBERS FROM THE NEWSLETTER COMMITTEE:

Do you have a passion or hobby you love? A story or life experience that shaped who you are? We want to hear from you!

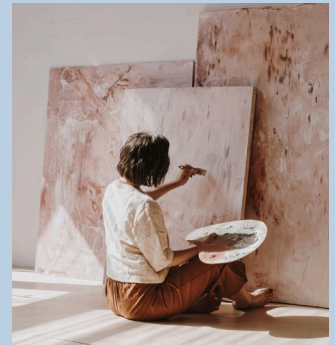


The newsletter committee wants to promote the idea that we are each a whole person, with a history, a family, and relationships—with people, animals, plants, and with institutions, cultures, societies, etc. Both inside and outside the Center, we are involved in projects, occupations, interests, passions, and concerns .

To this end, we are inviting members to participate in the newsletter by giving our readers an opportunity to experience the variety, complexity and diversity in the current lives and histories of our members.

We want to know who you are, how you have come to where you are, what occupies and compels you—within and without the field of psychoanalysis.

Are you producing, creating or building something? Are you generating or participating in an interesting project? Maybe you are passionate about a concern, and want to express it. Or you would like to express something simple, short, or lighthearted.



We welcome each and every one of you to take this opportunity to share a piece of your life with other members.

When you are ready , please reply to this email with an indication of what you might be interested in sharing, and how you would like to share it-- whether you would like someone to interview you, or you would like to write something yourself—maybe a short story or essay.Or maybe you would like to show the result of something you have produced or created.

To stimulate your imagination, here are some possible topics to explore:

A person, incident or idea that influenced me

A problem I am solving or have solved

Something I love doing

What drew me to psychoanalysis

Something I have achieved

Been there, Done that

Something I think about a lot

Something I would like to do

Something I wish I had done.



Now is the Time

Elizabeth Biggart

Right before locking my office door and leaving for a long weekend in San Diego, I organized a "to do" list for the next week and left it on my desk. I was looking forward to laughing, cooking and swimming with our sons and their partners, but also was excited to return to work the following week. I had just made space in my practice to begin two new psychoanalytic cases and one was to begin the following Monday. I loved my work.

San Diego was glorious. We flew home on Sunday afternoon totally satisfied. I remember feeling so lucky that this was my life.

At 2am Monday I woke up to sharp intense pain on my right side, which jettisoned me out of bed. I screamed and fell back on the bed, my entire right side numb, alarming my husband and shouting that I was having a stroke. He called 911. Five paramedics were in our bedroom in minutes, rushing me to the hospital in a blaring ambulance. CT, Pet Scan, lumbar puncture revealed no evidence of stroke. I remained alert talking with the residents, attendings and my husband for over an hour trying to diagnose what was happening. I remember lying on the ED gurney and turning to my husband stating, "I think I have a brain tumor" and then immediately having a grand mal seizure and losing consciousness. I awoke hours later hemiparetic, aphasic and quite confused, and was told I had a malignant brain tumor. Three and a half weeks later I was discharged to home and six weeks of daily in-home physical therapy.

It has been an intense road to recovery and has required all of my attention to learn to walk and speak again. My husband and family were equally preoccupied. It was all consuming. Our lives changed dramatically in an instant.

My husband had to make only one phone call from the hospital to take care of my practice. He contacted the two colleagues, identified in my professional will, and they took it from there. They contacted all of my patients, including the one sitting in my waiting room awaiting her Monday 8am appointment. The professional will included all necessary information, such as patients' contact details and the updated patient schedule. They took care of everything, including informing each patient of my sudden absence, providing periodic updates, supportive sessions as requested, providing referrals to new therapists and eventually scheduling each of them for a final session with me, as I had decided to close my practice. Besides the final session with each of them, I had no contact with any of my patients, allowing me to focus on my own recovery. My professional will executors were invaluable, both to me and my family. I could rest assured that my patients were well taken care of during this most difficult and abrupt ending.

Now almost a full year later, having completed standard treatment, symptom free and feeling well, I look forward to possibly opening a part-time consultation practice. I feel unbelievably grateful to my colleagues, and to those who encouraged me to write a professional will.

Now is the time.

<https://www.sfcg.org/eic/>

Elizabeth Biggart, PhD
SFCG Member and Training Analyst

Elizabeth Biggart



Beautiful

Maureen Kurpinsky

Shared by Mary McMillan, Newsletter Editor

I was surprised and pleased in early May to find, in the SFCP listserv, this entry from Maureen Kurpinsky—and I thought immediately that I wanted to pass it on to you, the readers.

When I asked Maureen to say something about it, this is what she wrote back:

As far as the quote, you may use of course. Personally I use Nicola Abel-Hirsch's Bion 365 Quotes as something like a meditation prompt. She has selected some very useful quotes with comments from other authors as well as her own.

Quote {316} from Abel-Hirsch's *Bion 365 Quotes*:

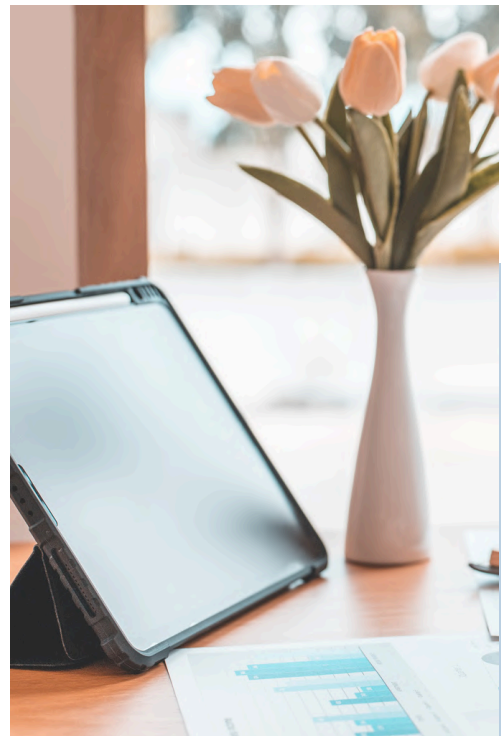
*"Beautiful"

It is very important to be aware that you may never be satisfied with your analytic career if you feel that you are restricted to what is narrowly called a "scientific" approach. You will have to be able to have a chance of feeling that the interpretation you give is a beautiful one, or that you get a beautiful response from the patient. This aesthetic element of beauty makes a very difficult situation tolerable."

Administration Room



Hear from the
volunteers who
turn the wheels
and shift the
gears as this
organization
moves through
time

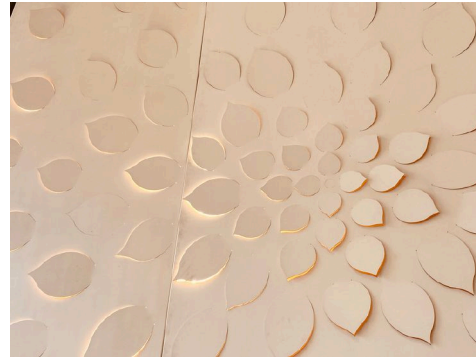


President's Message

Maria Longuemare, MD, PhD
SFCP President

Congratulations and many thanks to all of you for your contributions to SFCP this year! At a personal level, the ending of the 2024-25 academic year is particularly meaningful, as my term as SFCP President is ending in October. My term began just as SFCP was beginning to emerge from the pandemic, which was a time of great uncertainty when many of our programs had ground to a halt. It also was a time of high conflict within the organization, which I know impacted all of us deeply. I want to acknowledge and appreciate each of you for not only hanging in there through those tough times, but also for the ways in which you responded...by getting involved and taking on positions of responsibility within the Center.

As a result of the work by so many of you, SFCP is now in a strong position, both financially and programmatically. The PED recently celebrated 7 graduates, and we continue to have full classes of very-involved candidates, the majority of whom are already teaching, consulting, and serving on multiple committees within the Center. We have an outstanding group of faculty committed to teach, and a well-functioning PED Committee which has conducted a community-driven review and revision of nearly all aspects of the analytic training program, in order to better meet the community's needs. The psychotherapy training programs are also going strong, with a PPED graduation ceremony on Sunday, June 1st honoring 19 graduates from CAPPTP, PAPPTP, and SF-PPTP! CCSW and the Extension Division continue to offer creative programs which extend the breadth and depth of our membership, and the Faculty Committee, the Committee on Groups and the DEI Steering Committee have made important contributions to our group life and our organizational practices. The Board has been diligently implementing the Strategic Plan, including organizing the member-driven creation of a new SFCP Vision and Mission statement to guide our future directions. At a wider level, there are now so many exciting programs



going on at the Center each weekend that it is nearly impossible to find a date on the calendar to schedule anything new!

It is very moving to reflect on all of this renewal, change, and growth - and to have come to know so many of you in this process. I would say that the main thing I have learned over the past 3 years is that SFCP really is the sum-total of the collective work, and creativity, and energy of each of the individuals involved. We are all SFCP, and SFCP is us. And when the community is involved, we have the best version of what our Center can be - a multicultural, multigenerational group of people who come together around our passion for the study, practice, and application of psychoanalytic thinking, both in the clinical setting and to the world around us. When people are dialed in, even the tensions - painful as they are - can be opportunities for self-reflection, creativity, and growth as we learn how to bridge our differences.

It is in that spirit that I want to thank all of you for the multiple ways in which your voices and your efforts have already begun to renew and enrich our community and our field. As we approach the summer and the upcoming transition in leadership at SFCP, I invite you to reflect on the role of psychoanalysis in your life, what is important to you about that, and to consider deepening your engagement with our community to support those values. I look forward to continuing this work with all of you and I am very happy to talk with anyone who is interested in getting more involved.

Many thanks,
Maria

Maria Longuemare



Volunteer of the Month - Ruth Simon

Mary McMillan

SFCP Newsletter Editor

Ruth Simon says that as a teacher, she has always been very interested in how students learn: how to make the curriculum accessible, understandable and, especially, useful. She says that in order to do this, she has become aware of the “intense vulnerability involved in being open enough to learn.”

She has been teaching and training for a long time. She was born into “a long line of teachers,” and as soon as she graduated from college, she began teaching high school, and became very interested in pedagogy: “how to teach students so that they learn what they need in order to feel confident, and to get what they need from their programs.” Before she started teaching at SFCP, she was involved in many clinical training programs, until she became the Director of Training at Access Institute for Psychological Services, a non-profit low-fee clinic and training program., where she worked for ten years.

When she left Access and worked full time in her private practice, she soon realized that she sorely missed the support of a community, and so she became involved in SFCP. Here, she began teaching again, and soon became chair of the curriculum committee at San Francisco PPTP—SF-Psychoanalytic Psychotherapy Training Program—roles that she maintains today—although, she adds, smiling, “here I am not getting paid.” She is doing this work while also maintaining a full private practice. “I spend the bulk of my hours for PPTP developing a curriculum that is developmentally appropriate, and also culturally sensitive and contemporary.” She says, “These students are adult learners—each is an expert at something, and they know something about how to learn.”

She finds this work challenging and very interesting. She says, “The Curriculum Committee is responsible for the academic portion of the program.” As chair, she determines the subjects and the sequence of classes—what students learn and when. And she helps instructors develop their syllabi. “I help them to find some non-traditional assignments—readings that are not only Eurocentric, white, male oriented material—and to not assign more than twenty pages a week of reading material. These students are working full time and many have families in addition to choosing to participate in this training program.” She also recruits instructors. She says, “Our committee has to find about thirty-five instructors each year who volunteer their time to teach at PPTP after their own work days are over,” although, she adds, “thankfully, most of them return each year.” She says that since she arrived as chair, she has made changes to the curriculum for the first year of the program, but the second year is still pretty much the same as it has been when she started.

She explains that SF-PPTP is a two-year post-graduate program consisting of two 1.5-hour classes each Tuesday night. One of these classes is didactic and the other is a case conference. In each year, there are two cohorts of twenty-four students each. The program offers an optional third year—and longer if students want to continue—of case conference, and there are six or eight students in this cohort. So, she says, “there are a total of fifty-five students in PPTP at any given time.”



Volunteer of the Month - Ruth Simon cont.

Students at SF-PPTP are licensed clinicians who come to the program because they want exposure to psychoanalysis but aren't ready for, or don't want full psychoanalytic training. Some are working as therapists in clinics or private practice, and some are resident medical doctors. This mix of therapists and MDs means that instructors in the program have to be sensitive to how groups function. Ruth says that she worked to create "a developmental model of what the students need as they progress through the program, so that they are exposed to psychoanalytic theory in an iterative and ever- more-complex way."

She also says that the mix of MDs and therapists in each class means that there is sometimes a tension of power and privilege in the classroom—a back and forth: therapists may have more clinical experience, and MDs might be accustomed to having professional privilege. Each instructor has to negotiate this tension in their own way. Because power and privilege are central to the issue of a culturally sensitive and contemporary psychoanalytic theory, she says this mix of students has an inherent advantage: they can learn from each other in real time. She says "we are learning how to integrate what the DEI Committee has to offer."



Mary McMillan

Diversity Equity and Inclusion Steering Committee

Clara Kwun

DEI Steering Committee

The members of the DEI SC are: David Luna (consultant), Mayumi Pierce, June Lin-Arlow, Debora Fletcher, Jen Merovick, Marcia Hodges, Beth Steinberg, Chuck Fisher, and myself, Clara Kwun. We meet twice a month, and will continue to do so during the summer.

We recently had a request from the PPTP Curriculum Chair, Ruth Simon, to consult with faculty about DEI issues in the curriculum and classroom. The DEI SC has a curriculum subcommittee: Chuck Fisher, Jen Merovick and Beth Steinberg. They will be available to work with Ruth to decide on ways that the DEI SC can be of help to the PPTP faculty.

Psychoanalytic Training Corner

Messages and Updates



Beth Steinberg, PhD
Psychoanalytic Education Division Chair

I am delighted to share that on May 10 the PED celebrated the graduation of six Adult Candidates and one Child Candidate from our Analytic Training program. It was a joyful and moving occasion, and we're proud of each graduate's dedication and growth throughout their journey.

Looking ahead to the fall, while we don't have all the final details just yet, we're anticipating a robust group of first-year candidates joining us. We're excited to welcome these new faces and begin a new chapter together.

This fall will also mark a strong continuation of our classes, with all four years meeting in person. This is a wonderful reflection of the vitality and consistency of our community.

Thank you for your continued support and presence in this work. We look forward to sharing more updates in the new academic year!

A handwritten signature in black ink, reading "Beth Steinberg". The script is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.



[Click here to apply](#) to any of our Psychoanalytic Training Programs!



PED GRADUATION
MAY
2025



Psychoanalytic Psychotherapy Training Program Corner

Messages and Updates



Palo Alto PPTP

Catherine Phillips, LCSW

Palo Alto Psychoanalytic Psychotherapy Program Co-Chair

PAPPTP Admissions Deadline is fast approaching!

Applications due by June 30th.



San Francisco PPTP

No update.



[Click here to apply](#) to any of our Psychoanalytic Psychotherapy Training Programs!

Psychoanalytic Psychotherapy Training Program Corner CONT.

Messages and Updates



Child/Adolescent PPTP

Mary-Stone Bowers, LMFT

Child/Adolescent Psychoanalytic Psychotherapy Program
Co-Chair

As the current CAPPTP (Child and Adolescent Psychoanalytic Psychotherapy Program) committee, we invite you to become familiar with our program. We strive to support the growth of our students in working with children and adolescents (and their parents), and we also work to share our unique program with the local community and areas throughout the US and even internationally. Our team, who work collaboratively in an engaging and fun way, would welcome others (including prior students) to help participate in, support, and grow this unique and valuable program.

We would greatly appreciate your responding to the attached Survey Monkey, to let us hear what you may know (or do not know) about our CAPPTP program, and if you might have some interest in learning more. It is a very quick survey, and our team thanks you for taking the time to participate.

<https://www.surveymonkey.com/r/DM5TZPP>

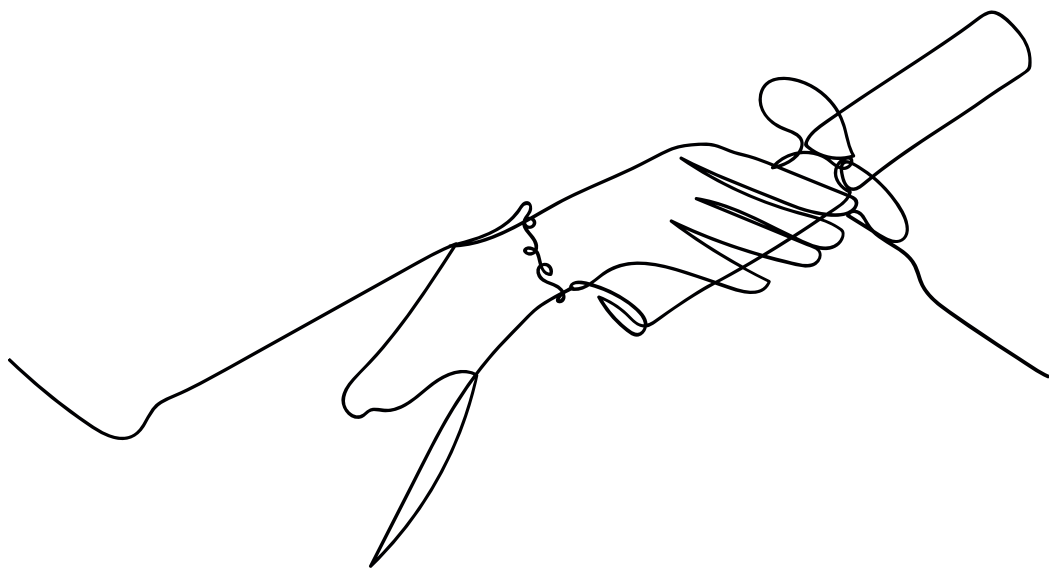
Thank you,
Mary-Stone

A handwritten signature in black ink that reads "Mary-Stone Bowers".



[Click here to apply](#) to any of our Psychoanalytic Psychotherapy Training Programs!

CONGRATULATIONS TO OUR
GRADUATING
2024-2025
SFPPTP TRAINEES



YAĞMUR AKAY, LMFT



Yağmur Akay, a Licensed Marriage and Family Therapist (LMFT), offers psychotherapy services to adolescents, adults, and couples in private practice at Berkeley. She holds a Bachelor of Arts in Psychology and a Bachelor of Music from the University of California, Santa Cruz, as well as a Master of Arts in Counseling Psychology from the California Institute of Integral Studies. Yağmur is passionate about culture, psychoanalysis, and the psychological impact of immigration. She had the privilege of studying with Dr. Terrence Owens and Dr. Erin Mullin and is deeply grateful for the opportunity to learn from them through the PPTP program. She eagerly anticipates her graduation.

CONNOR DEARING, LCSW

I am filled with gratitude as I reflect upon my two years in the PPTP program. I completed the program in an unconventional way, beginning in fall 2022, then pausing for a year and restarting in the fall of 2024. I'm so thankful to Adam Goldyne and the PPTP committee for allowing this flexibility. Through my time at PPTP, my private practice has blossomed and my clinical work with both my long-term private practice patients and short-term Kaiser patients has deepened. I attribute these changes to many aspects of the program: a firmer grounding in psychoanalytic theory, sharing and learning from my classmates, the commitment and knowledge of my teachers, and the tireless way my consultants, Adam Blum and Inti Flores, stayed with me and my experiences with patients. Thank you all.



JASON GANDELMAN, MD



I was a recent UCSF Psychiatry Resident, and the PPTP program that I completed after hours was actually one of the most enriching experiences I had as a resident! Since graduating from Psychiatry Residency at UCSF in 2023, I moved to New York to be closer to family and completed my Geriatric Psychiatry Fellowship at Columbia and now am an Assistant Professor of Psychiatry at Columbia. In my position, I am focused on teaching residents and medical students Adult and Geriatric Psychiatry on the inpatient psychiatric unit at Columbia University Medical Center. I really enjoy introducing these young learners in psychiatry to psychoanalytic concepts when it applies to our patients who are more typically seen only through a biological lens. I hope to expand my psychoanalytic training and experience with psychoanalytic psychotherapy in the coming years in New York.

DANI GOLOMB, MD

I am deeply grateful to my PPTP cohort for teaching me, inspiring me, and encouraging me over the past two years. I am profoundly thankful to my supervisors Kirsten Beuthin and Peter Silen for their generosity, wisdom, compassion, and kindness as they have guided me through the beginnings of my analytic practice and my own personal growth. Training at SFCP has been the highlight of my time in residency. What I have taken with me has profoundly deepened my work with my patients.

I am graduating from my residency at CPMC at the end of June. I will begin my own private psychotherapy and medication-management practice in August. I particularly enjoy working with members of countercultural movements, creatives, and individuals with disabilities. I look forward to pursuing further psychoanalytic studies and continuing to build community within SFCP.



SALLY HUANG, MD



PPTP was my anchor in psychoanalytic ways of knowing and being during psychiatry residency. Through it, I gained community, mentors, and friendships that will continue far beyond these two years. My time in the program reinforced my conviction that we cannot do this work alone. I am so grateful to the PPTP supervisors, cohort, and teachers who have supported my growth as a psychodynamic therapist, and to the

leadership and administrators for making the program possible. This year, I was lucky to be a part of the OPPC cohort, where I continued to connect with others in the SFCP community and develop as a psychoanalytic therapist. I am currently practicing in a group private practice that offers outpatient, IOP, and PHP levels of care in San Francisco and Marin County; I provide medication management, psychodynamic psychotherapy, and ketamine-assisted psychotherapy. I also maintain an Adjunct Clinical Faculty position at Stanford, where I graduated residency last year, and where I co-teach an Introduction to Psychotherapy course for first-year residents.

JUNE LIN-ARLOW, LMFT

I'm a therapist in private practice in Hayes Valley, working with teens, adults, and couples. My work centers around immigrants, children of immigrants, and cross-cultural families. PPTP has been a steady and supportive foundation as I launched my private practice after becoming licensed and navigating new parenthood. I'm deeply grateful to my supervisors, Kirsten Beuthin and Beth Steinberg, for their wise guidance, to the program instructors for their insight and openness to feedback, to my cohort for the trust we built in sharing our case material and personal reflections, and to everyone who worked to make this program possible. I'm excited to continue my involvement with SFCP through the DEI Steering Committee and the Learning & Reconciliation Committee. A special thank you to my husband, Daniel Lin-ArLOW, for caring for our toddler so I could attend class—and for listening to me before I learned how to listen to others.



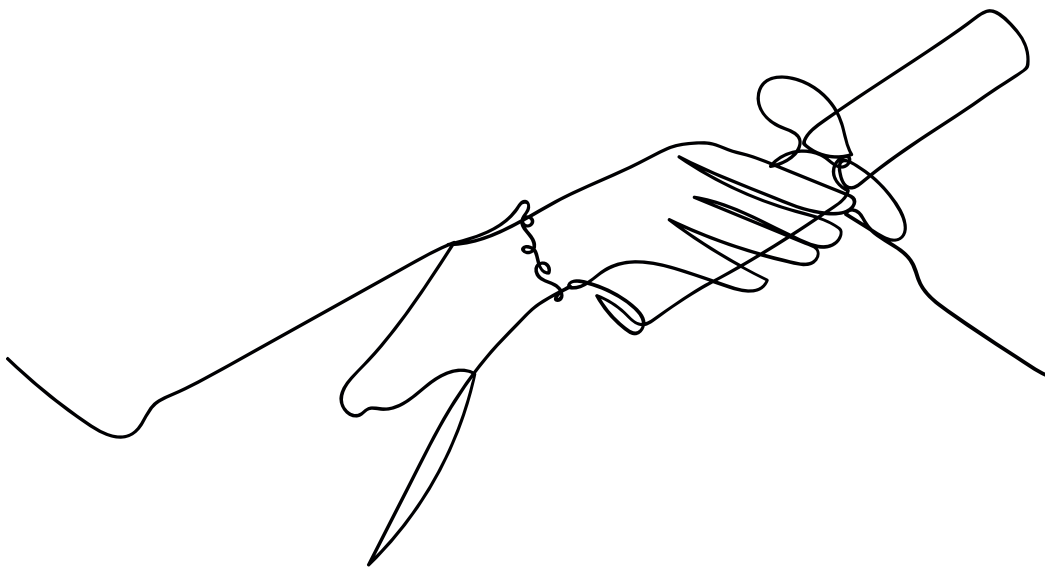
CHRISTINE OH, MD, MS

Cristine Oh, MD MS is a fourth year resident in the Adult General Psychiatry Residency Program at Stanford and will be graduating at the end of June 2025. She will be working in a private group practice in the Bay Area which accepts all major insurances, Medicare, and MediCal while also continuing to work at Santa Clara Valley, where she moonlit during residency, in the Emergency Psychiatric Services and on the Consult-Liaison Service. She received the Enrico Jones Fund for Equity and Equality Award from SFCP in 2023-2024 and 2024-2025; she is incredibly grateful for the financial assistance that made it possible to obtain the training in the SF-PPTP program. SF-PPTP was a highlight of her training years and she deeply appreciated the learning, discussions, and community that she experienced. Cristine previously graduated from Yale double majoring in literature and psychology, with a concentration in Women and Gender studies. She completed a post-baccalaureate program at Bryn Mawr before obtaining her MD and an MS in clinical research from the University of Pittsburgh. Before medical school, she engaged in community, public, and volunteer service in various fields.





CONGRATULATIONS TO OUR
GRADUATING
2024-2025
CAPPTP TRAINEES



SAM GIVEN-DENNIS, MFT



Sam has a private practice in Oakland where she sees children, adolescents, and adults. Prior to starting her private practice, she worked in community-based settings with children, youth, and families. Sam uses theoretical frameworks of contemporary psychoanalysis to guide her thinking and interventions. She is particularly interested in how her patient's psyches are shaped by their

experiences in the familial, social, political, cultural, and economic environments that surround them across the lifespan. She uses a relational and trauma-informed approach to support symptom reduction and promote psychological development in her patients. Her practice is driven by fascination and love for the process of psychotherapy.

ADRIENNE MAGUIRE, MD



I am so grateful for the experience I've had throughout CAPPTP. It has deepened my passion for not only working with children and adolescents, but even more so for working within family systems towards a goal of transgenerational healing. It has been a gift to meet a spectrum of teachers with different backgrounds, clinical pearls, and special interests throughout the two years. Some of my greatest teachers were my cohort members and I hope to only deepen the connections made as we move forward in our

respective career journeys. I also want to thank my mentors, Dr. Chris Larsen, Dr. Robert Blanco, and Dr. Soe Thein, for their supervision and support throughout my training. I am graduating from a fellowship in child and adolescent psychiatry at UC Davis in June 2025 as well and am eager to carry all I've learned with me as I embark on my next chapter in Santa Cruz, CA.

LAZULLY MELLO, LMFT



Lazzuly Mello, an LA native, has been thinking, cycling and healing alongside her community in the SF Bay Area since 2011 where she started her healing work in community as a farm educator in East Oakland. Her multiple interests include psychoanalysis, community mental health, community organizing, Palestine, the ocean and solo traveling around the world.

JULIET SMALL ERNST, LPCC

Juliet Small Ernst, LPCC is an early-career therapist based in the East Bay, CA. She divides her time between a [mixed clientele private practice](#) in Oakland and 0-5 kids + caregivers at a [nonprofit in Albany](#). She is humbled and delighted by her patients of all ages, and the young ones in particular, whose tender wildness inspires her daily. Outside of work, Juliet enjoys her partner, her cats, cooking, books, and rest. CAPPTP was a good experience for her. Her work with children and adolescents is better for it. She thanks her stellar cohort mates, consultant Holly Gordon, and all the seminar teachers for enriching her life these past two years.

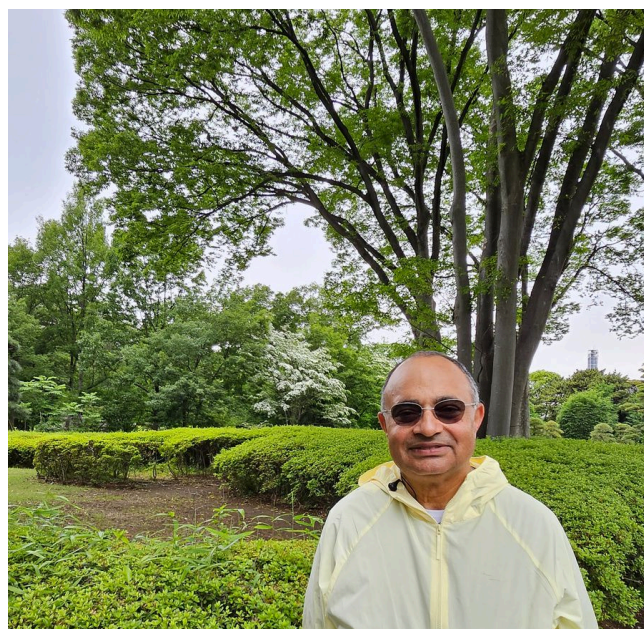


SUSHIL RAO PUSKUR, MD, MS, DFAPA, DFAACAP



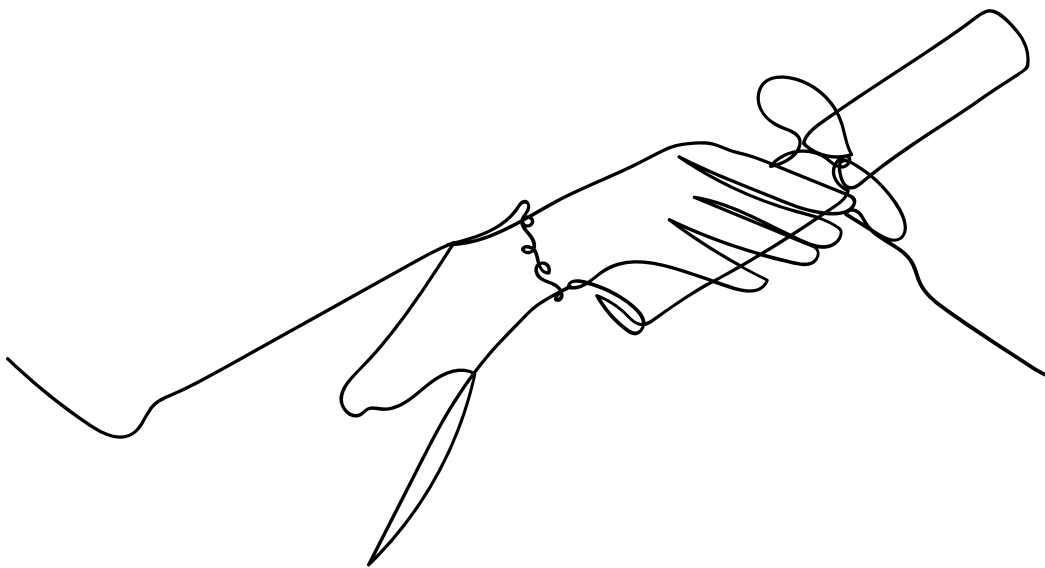
Sushil Puskur MD, MS is a child psychiatrist in Ocala, FL since 2008. He has found this course very useful in understanding and treating his child and adolescent patients and recommends this course to others.

He is thankful to all the wonderful lecturers at SFCP.





CONGRATULATIONS TO OUR
GRADUATING
2024-2025
PAPPTP TRAINEES



TRISHNA NARULA, MD, MPH

I am honored to be one of the PAPPTP graduates this year, as I also graduate from Stanford's Adult Psychiatry Residency program this fall. I am very grateful to the PAPPTP and greater SFCP community for welcoming me into their world with open arms and have particularly appreciated this PAPPTP cohort's novel focus on exploring psychoanalytic psychotherapy via a sociocultural lens. Having two children of my own during residency and PAPPTP, who have both made an appearance on a few Zoom sessions as well, has really helped provide me hands on experience to accompany our wonderful training. Moreover, I deeply appreciate this community for the gift of the Enrico Jones Award for Equality & Excellence for 2024-2025 which has reinforced my dedication to engaging in psychoanalytic work with more diverse communities.



After graduating, I plan to stay on in the Bay Area and continue as a professor at Stanford as well as open my own private practice. I intend to focus on providing both med management and psychodynamic therapy treatment, especially to patients of South Asian American and other immigrant and minority backgrounds in a culturally humble manner, and also to women and female identifying persons. I hope to continue to be involved in the local psychoanalytic community and to keep advocating for more diversity and socioculturally attuned perspectives and discussions in the field.

It is a bittersweet ending to the PAPPTP program; I will truly miss Friday mornings with my fellow participants and facilitators, but I hope this is just the beginning of building both personal and professional lifetime connections and continuing to learn and explore in our work and lives together. Thank you once again to all of you for an incredible beginning to this journey!

KELSEY PRIEST, MD, PHD, MPH



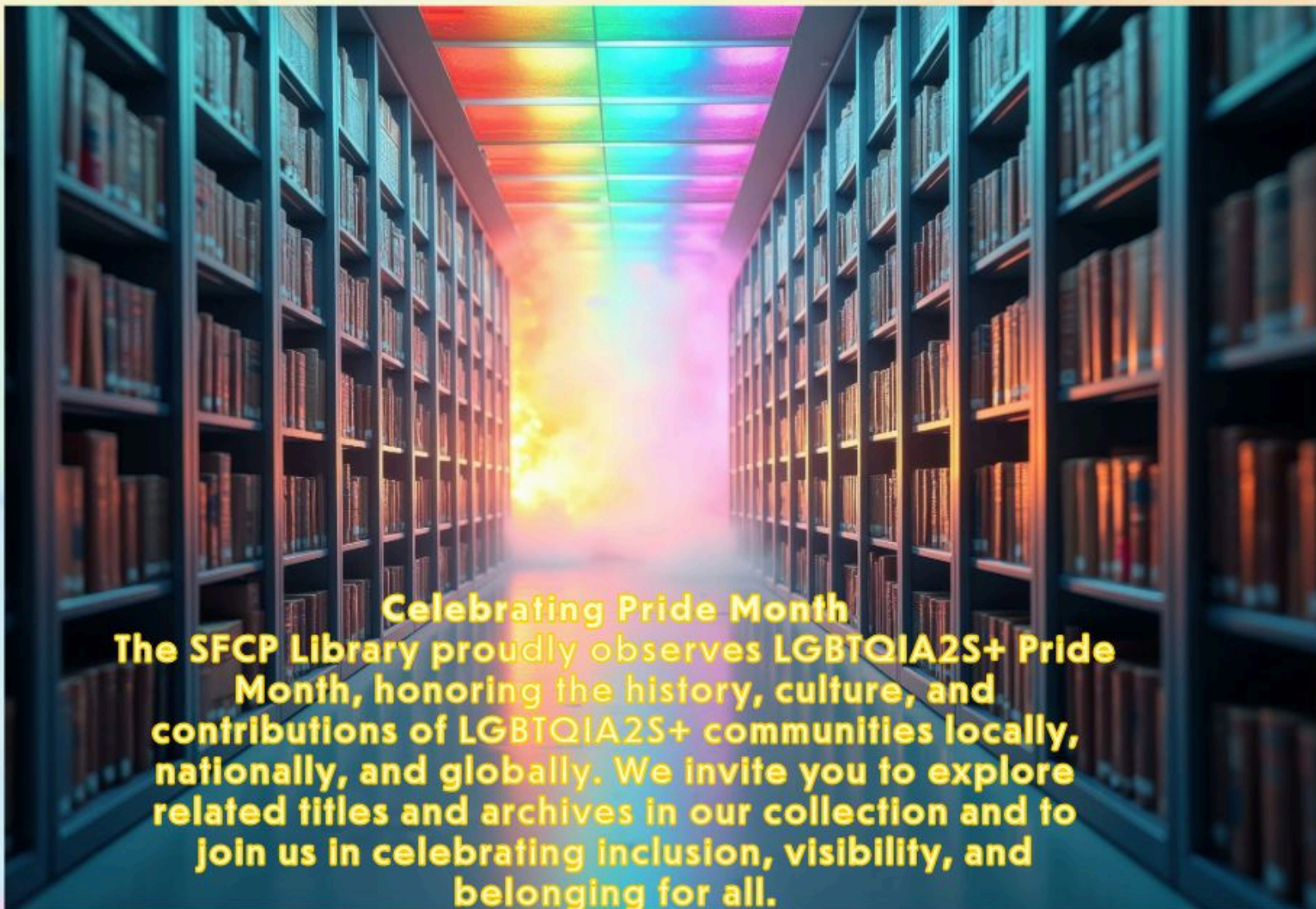
I am a fourth-year psychiatry resident at Stanford, currently participating in the Social Medicine & Humanities Research Track, and I am a former American College of Psychiatrists Laughlin Fellow. I completed my PhD in Health Systems & Policy from the Oregon Health & Science University-Portland State University School of Public Health. Upon graduation, I will be joining the Stanford University faculty as a Clinical Assistant Professor, where I will care for patients with functional disorders and somatic preoccupation, attend in the emergency department, and continue my efforts in health

services research. PAPPTP has been a critically enriching part of my development as both a psychotherapist and psychiatrist. Thanks to my training in PAPPTP, my approach with patients in all contexts will be analytically informed. I am grateful for the support of my dedicated and expert clinical supervisors, Catherine Phillips and Dr. Cheryl Goodrich. I also appreciate the learning community cultivated by our PAPPTP cohort. A special shout-out to Dr. Neil Brast for all his efforts with the Lavender Team. Thank you!

SFCP Library

Do You Have Library Materials to Return?

If you have any outstanding or overdue items checked out from the SFCP Library, please return them at your earliest convenience. Your cooperation helps us keep resources available for everyone in our community.



Celebrating Pride Month

The SFCP Library proudly observes LGBTQIA2S+ Pride Month, honoring the history, culture, and contributions of LGBTQIA2S+ communities locally, nationally, and globally. We invite you to explore related titles and archives in our collection and to join us in celebrating inclusion, visibility, and belonging for all.

Need Assistance?

For any inquiries, you can contact the librarian, Rashmita Sriram, at rashmita.sriram@sfcg.org. She will be happy to assist you with any questions.



Annual Giving Campaign Update!

Our 2024-2025 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF MEMBERS WHO PARTICIPATE IN OUR IN-PERSON COMMUNITY BUILDING EVENTS

June Update



WE HAVE RAISED **\$88,017.49!**
THAT IS 67.7% OF OUR GOAL.

ALSO, 19.3% OF OUR MEMBERS
HAVE PARTICIPATED.

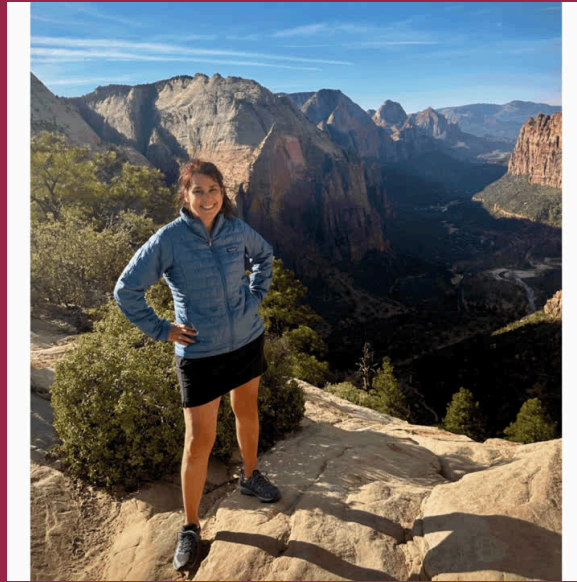
WE HAVE 1 MORE MONTH TO GO!

[CLICK HERE TO CONTRIBUTE!](#)

Cindy's Story: Reasons I Don't Donate—and Do

Cindy May

2nd Year Candidate, Psychoanalytic Training Program



I was asked to write about why I donate—but what first came to mind were all the reasons I don't donate.

I don't donate because I've seen the measurable, life-altering impact of my individual contribution to SFCP. I don't donate because I'm especially generous or selfless by nature.

As psychoanalysis teaches us, our motivations are rarely simple or entirely knowable. Perhaps I give because I feel guilt more than I feel gratitude. Perhaps giving is a way to make peace with that tension.

But I do know that I donate to SFCP because I believe in psychoanalysis. I believe in the depth of its inquiry, its commitment to the unconscious, and what it has done for me.

So, while I can't give a neat answer to why I donate, I can say with clarity that I choose to donate because I believe in this work, and in the continued efforts to build and maintain a psychoanalytic community, and even more importantly our SFCP community.

*IF YOU WOULD LIKE TO CONTRIBUTE TOO, [PLEASE CLICK HERE!](#)

If you would like to share your story, please contact Mary McMillan at mtmcmillan@me.com



This fund was established in memory of Enrico E. Jones, PhD, an African American Psychologist and Professor of Psychology at UC Berkeley. Enrico (Rico) completed his analytic training at San Francisco Psychoanalytic Institute in 1992 and served on the faculty until 2000. Rico died in 2003, after a 3-year battle with multiple myeloma.

WAYS TO DONATE

ONLINE:

sfcp.my.site.com/s/donation?campaign=EnricoJonesFund

BY MAIL:

Payee: SFCP

ATTN: Enrico Jones Fund
444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

94 people of color have received
tuition credits since 2021!

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 27 students received tuition credits in 2023
- 27 students received tuition credits in 2024

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Join Us!

The EJ Fund has received significant support from the SFCP community, with 119+ members contributing since inception. As the number of recipients has increased each year since the Fund's inception, the diversity of SFCP's students has grown and we anticipate an increase of applicants going forward. To continue providing meaningful tuition support to persons of color, it is essential that contributions continue yearly. Please consider making the EJ Fund an annual recipient of your charitable giving.

Opportunities Room



Ways members
can participate
in programs
and events



Dialogues In Contemporary Psychoanalysis presents

Listening Into Being: An Actor's Invitation

Saturday, June 14
10:00am-12:00pm PT

What do therapists and actors have in common? Both are always listening for something to emerge — a character coming to life, a story taking shape, a feeling taking form. What happens when we direct this form of listening toward one another? Following the recent publication of her essay, "Listening Into Being" (in *Psychoanalytic Inquiry*, 2023), Emmy-nominated film and television actress **Robin Weigert** (*Deadwood*, *Big Little Lies*) will join us at SFCP to discuss profound resonances between the actor's and the analyst's practices of listening. Showcasing moments from some of her most compelling performances, we will form a dialogue between our kindred disciplines about the deeply responsive art of *listening into being* — listening to one another, and finding out who we become.

Educational Objectives Upon completion of this activity the learners will be able to:

1. Describe parallels between an actor's character work and a psychoanalyst's listening stance.
2. Identify how co-creation in acting informs psychoanalytic views of identity.
3. Analyze receptive, immersive listening in acting and clinical practice.
4. Apply an actor's approach to presence to clinical technique.

Special Guest

Robin Weigert

in Dialogue with
Kristin Fiorella, Psy.D.

Hosted by
Adam Blum, Psy.D.

in person & on zoom

\$40 General Admission
\$20 SFCP Members
Free for Students
2 CME/CE credits

Register at sfcp.org



SCIENTIFIC MEETINGS 2025-2026

Mark your calendars for this wide
range of programs in '25-'26!

	<p>Sat October 4 10:30am - 12pm</p> <p>THE RADICAL OTHERNESS OF MASUD KHAN <i>Presenter: Ilene Philipson, PhD, PhD; San Francisco Center for Psychoanalysis (SFCP)</i> <i>Moderator: Chuck Fisher, MD; SFCP</i></p>
	<p>Sat November 1 10:30am - 12pm</p> <p>LEADERSHIP IN THE PSYCHOANALYTIC MOVEMENT <i>Presenter: Harriet Wolfe, MD; SFCP; President, International Psychoanalytic Association</i> <i>In conversation with Brett Penfil, LMFT, MPH; Chair, SFCP Board of Trustees</i></p>
	<p>Sat January 10 10:30am - 12:30pm</p> <p>PSYCHEDELIC PSYCHOANALYSIS: TRANSFORMATIONS OF THE SELF <i>Presenter: Megan Rundel, PhD; Psychoanalytic Institute of Northern California</i> <i>Moderator: Ilene Philipson, PhD, PhD</i></p>
	<p>Sat March 7 10:30am - 12pm</p> <p>ENDINGS IN ANALYSIS <i>Presenter: Stephen Purcell, MD; SFCP and Alice Jones, MD; SFCP</i> <i>Interviewer: Steven Goldberg, MD; SFCP</i></p>
	<p>Sat April 4 10:30am - 12pm</p> <p>OUTCOME STUDY OF PSYCHOANALYSES OF CHRONICALLY DEPRESSED PATIENTS WITH EARLY TRAUMA, AN UPDATE OF MODE <i>Presenter: Marianne Leuzinger-Bohleber, PhD; Senior Scientist of the University Medicine Mainz, Department of Psychosomatics and Psychiatry</i> <i>Interviewer: Cheryl Goodrich, PhD; SFCP</i></p>



For more details and updates about these events, please
visit our website www.sfcpsf.org/scientific-meetings/

CME/CE credits pending



2025-2026

Child Colloquia Series

The Child Colloquium Series are offered free of charge through a generous support of the **SFCP** and the **Sophia Mirviss Fund**.

Sat, Oct 25

10:00AM – 12:00PM

LEARNING TO SURF: ANALYZING ADOLESCENTS

PRESENTER: MARY BRADY, PHD

DISCUSSANT: JILL SALLBERG, PHD, ABPP

MODERATOR: DAVID FRANKEL, PHD

Sat, Nov 8

10:00AM – 12:00PM

THE PLAY OF EROS: THE STORY OF AN ADOLESCENT BOY, HIS BODY AND HIS ANALYST'S BODY

PRESENTER: BRUCE REIS, PHD, FIPA, BCPSA

DISCUSSANT: TERRENCE OWENS, PHD

MODERATOR: DAVID FRANKEL, PHD

Sat, Jan 31

10:00AM – 12:00PM

SUPPORTING THE HEALTH OF TRANS, NONBINARY, AND GENDER-EXPLORING YOUTH BY SUPPORTING THEIR PARENTS

PRESENTER: MELISSA HOLUB, PHD

Sat, Feb 21

5:00PM - 9:00PM

FILM SCREENING AND DISCUSSION

DISCUSSANT: REYNA COWAN, PSYD, LCSW

Sat, Mar 21

10:00AM – 12:00PM

MOURNING THE BODY AS BEDROCK: DEVELOPMENTAL CONSIDERATIONS IN TREATING TRANSEXUAL PATIENTS ANALYTICALLY

PRESENTER: AVGI SAKETOPOULOU, PSYD

Sat, Apr 18

10:00AM – 12:00PM

TREATING ADOLESCENT EATING DISORDERS THROUGH FAMILY THERAPY

PRESENTERS: JENNIFER VERA, MFT AND LYNN TRACY, PHD

FOR MORE INFO VISIT:

www.sfcpsf.org/child-colloquium-series/



ALL EVENTS ARE IN PERSON AT SFCP
444 NATOMA STREET
SAN FRANCISCO, CA 94103





PSYCHOANALYTIC STUDENT SEMINARS

2025-2026

Wednesdays, 7:00pm - 8:30pm
Online via Zoom



These seminars are offered as a community service intended to supplement local training with psychoanalytic clinical instruction. The courses are offered free of charge to pre-and post-doctoral psychology interns, psychiatry residents, and pre-licensed MFT and social work interns currently in clinical placements.

**JANUARY
7-28**

**Becoming a Couple: An Introduction to
Psychoanalytic Couple Psychotherapy**

Dana Iscoff, MFT

**FEBRUARY
4-25**

**Exploring the Unconscious – An
Introduction to Jungian Dreamwork**

Betty Tharpe, MFT

**MARCH
4-25**

**Psychoanalytic Psychotherapy, Psychoanalytic
Theory, and Trans Experience(s)**

Loic Pritchard, MFT

FOR MORE INFO VISIT:
WWW.SFCP.ORG/PSYCHOANALYTIC-STUDENT-SEMINARS/



NCSPP

NORTHERN
CALIFORNIA
SOCIETY FOR
PSYCHOANALYTIC
PSYCHOLOGY



WE ARE A DYNAMIC COMMUNITY OF INDIVIDUALS DEVOTED TO THE STUDY AND PRACTICE OF PSYCHOANALYTIC PSYCHOLOGY.

NCSPP has an enduring reputation of providing varied and enriching educational opportunities for its members, and is open to mental health professionals of all disciplines interested in Psychoanalysis. Our upcoming semester is no exception and will be filled with a variety of creative programming. Our educational programs include continuing education credit for Psychologists, Marriage and Family Therapists, and Licensed Clinical Social Workers.

Becoming a member is easy. Visit the [Membership Page](#) on our website to choose your membership level and create an account. Just like that, you become a part of our diverse and supportive group of mental health professionals. Membership dues are: \$120 for Full Members, \$90 for Community Mental Health Members, \$60 for Associate Members, and \$30 for Student Members, and remain active for one year from the time you join. In May 2025, we will be running a membership drive where new members can sign up with a 20% discount by using code **SPRING2025** at checkout.

All members have access to the following benefits (and more!):

- Discounted tuition for all NCSPP lectures, courses, and workshops.
- The biannual editions of our highly regarded psychoanalytic journal, *fort da*.
- A subscription to our email newsletter, *Impulse*.
- Discounted subscription rates to *International Journal of Psychoanalysis*, as well as *Psychoanalytic Dialogues*.

Interested in getting involved? Check out our [Committees Page](#) to see all the different ways we strive to serve our membership.

We encourage you to take full advantage of all NCSPP has to offer, and look forward to your participation in our vibrant community!

VISIT OUR
WEBSITE

WWW.NCSPP.ORG

QUESTIONS:

CONTACT US [VIA OUR WEBSITE](#) OR BY EMAIL AT INFO@NCSPP.ORG.

CRITICA

Critica is an inclusive and transdisciplinary publishing platform that focuses on offering a reflective and aesthetic space to consider complex social and cultural issues through psychoanalytic and creative lens. We invite dialogue while offering the possibility of expression and creative expansion of our understanding of contemporary cultural and collective issues in the hopes of promoting social change.

Learn more:
www.critica.press

Critica is published online twice a year, in the Fall and Spring. Previous issues can be found in our archives, and printed on demand. The publication receives submission of essays, literary and artistic pieces, and book/film reviews in response or in conversation with contemporary collective/social experiences.