

Monthly Newsletter

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



May 2025 Issue



A letter from our Newsletter Editor

This month we have some exciting and interesting news.

In the CONVERSATION ROOM, we have a poignant essay by **Luba Palter**. This essay was first published in the Northern California Society for Psychoanalytic Psychology (NCSPP) newsletter, *Impulse*, and NCSPP has generously allowed us to reprint it. In addition, in the OPPORTUNITIES ROOM, you can find a flyer from NCSPP that explains what NCSPP has to offer—and an invitation to take advantage of their **new member discount** this month.

You can also read an abstract of an interesting article by **Henry Massie**, recently published in the *Journal of Infant, Child and Adolescent Psychotherapy*.

In the ADMINISTRATION ROOM, we hear about **Catherine Phillips**, this month's Volunteer of the month. And, from **Meryl Botkin**, we have an update from the Membership Division, announcing two new tools for members, developed by the **Invigorating the Membership team**.

Happy reading!

Mary McMillan

WHAT'S IN THIS ISSUE

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CONVERSATION ROOM

The CONVERSATION ROOM is the beginning of what we hope will become a room of lively conversation among members. As you can see in the invitation from Nicole, we are hoping that you will use this room to share who you are. We want responses to what you have read, as well as letters, stories, editorials, reviews of movies, books, etc., poems, articles—anything written by members.

To submit your own work, send it in an email to Mary McMillan, editor at mtmcmillan@me.com



ADMINISTRATION ROOM

In the ADMINISTRATION ROOM, we hear from the volunteers who turn the wheels and shift the gears as this organization moves through time. In this room also, we will hear from the **Volunteer of the Month**—one of the volunteers who provide the fuel that makes SFCP a living vehicle: who teach and push paper and make phone calls and write letters and do the work to help the wheel-turners get things done.



OPPORTUNITIES ROOM

And in the OPPORTUNITIES ROOM, we can learn about ways members can participate in programs and events.

Conversation Room



Letters, stories,
editorials,
reviews of
movies, books,
etc., poems,
and articles—
anything
written by
members



AN INVITATION TO MEMBERS FROM THE NEWSLETTER COMMITTEE:

Do you have a passion or hobby you love? A story or life experience that shaped who you are? We want to hear from you!

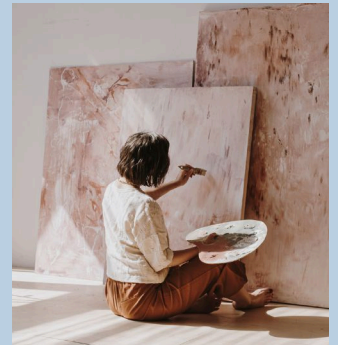


The newsletter committee wants to promote the idea that we are each a whole person, with a history, a family, and relationships—with people, animals, plants, and with institutions, cultures, societies, etc. Both inside and outside the Center, we are involved in projects, occupations, interests, passions, and concerns .

To this end, we are inviting members to participate in the newsletter by giving our readers an opportunity to experience the variety, complexity and diversity in the current lives and histories of our members.

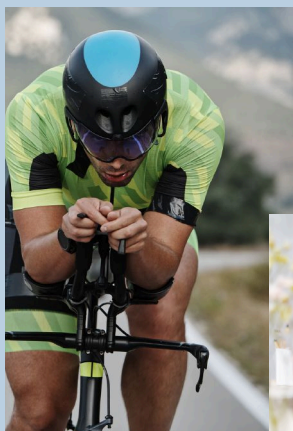
We want to know who you are, how you have come to where you are, what occupies and compels you—within and without the field of psychoanalysis.

Are you producing, creating or building something? Are you generating or participating in an interesting project? Maybe you are passionate about a concern, and want to express it. Or you would like to express something simple, short, or lighthearted.



We welcome each and every one of you to take this opportunity to share a piece of your life with other members.

When you are ready , please reply to this email with an indication of what you might be interested in sharing, and how you would like to share it-- whether you would like someone to interview you, or you would like to write something yourself—maybe a short story or essay.Or maybe you would like to show the result of something you have produced or created.



To stimulate your imagination, here are some possible topics to explore:

A person, incident or idea that influenced me

A problem I am solving or have solved

Something I love doing

What drew me to psychoanalysis

Something I have achieved

Been there, Done that

Something I think about a lot

Something I would like to do

Something I wish I had done.

A Therapist Reflects

Luba Palter

Editor in Chief, Northern California Society for
Psychoanalytic Psychology *Impulse*
(Originally published in April 2025 *Impulse*)

My first job out of grad school was as a therapist at a long-term residential facility for dually-diagnosed adolescents. Teens and their families were court-mandated to receive multi-faceted family and individual counseling therapy services. The program was based on the philosophy of behavior-modification. The goal was to break down kids' defenses to build them back up. While I did not always agree with the methods or the intensity of constant confrontations, the work felt like political activism. Our clients were coming to us because they were exposed to violence, abuse, traumas (including intergenerational), abandonment, poverty, and institutional racism early on in their development, before a full self was formed, before one could make wise choices, or even know they had choices. Or maybe another way to think about it is that they dared to have options despite the unjust horrors of this world.

Initially, I applied for this job because I needed the coveted adolescent/child/family therapy hours to complete the necessary requirements of my Masters in Counseling program. My goals quickly widened upon my submersion in the world of the residential. To say that I was terrified is an understatement. Not only did I not have any idea of what I was doing, adolescents were often seen as a polarizing population to work with: you either hated them or loved them. The boys – I was assigned to work solely on the boys' unit – had nothing to lose. Whole systems had failed them. This residential was just one stop on the rollercoaster of their lives. They did not come to this program because they wanted to face their pain and trauma, or to detangle their complicated family



dynamics; they came because they wanted to leave juvenile hall, to eat tastier meals, and eventually have more privileges than they would if they remained incarcerated.

One particular day, when I was feeling rather despondent about the usefulness of what we were doing, a fellow therapist advised me, "We are planting seeds. We may not see the results of those plantings. But it is our job to plant these seedlings nonetheless." These words remain with me still while I sit with patients with chronic mental illnesses or debilitating traumas. To have hope feels like a revolutionary act when all else has failed. To dream of possibilities feels naïve and foolish when at 15 years old, your only stable parent is your grandmother who cannot protect you from the everyday violence you experience when you walk out your front door. When bodily safety is in danger, who has the luxury to think about their emotional safety? Who has the spaciousness or the observing ego to identify the feelings that triggered the most current marijuana binge that consists of 40-50 blunts a day?

I still wrestle with my privileged position of hope when the kids were the ones who had to defy, to live fuller lives. And yet, I hold them foolishly, naively, tenderly, relentlessly in my heart while praying they are still alive with gardens of possibilities inside them.

Journal of Infant, Child, and Adolescent Psychotherapy

Henry Massie, MD

SFCP Member

ISSN: (Print) (Online) Journal homepage: www.tandfonline.com/journals/hicp20

A Psychoanalytic Prospective Study of Emotional Deprivation from Infancy to Middle Age

ABSTRACT

How children internalize emotional neglect has been largely understood from reconstructions during psychoanalytic treatment. This paper describes the psychic internalization of maltreatment on the basis of data from a prospective study of emotional development begun in 1964 with 125 infants and followed to age 30. In 2023, two subjects at age 58 – who came from two of the most dysfunctional families – contacted the project asking for copies of their mother-child films in order to understand themselves better. We sent them film clips, which showed extremely troubled mother-infant interaction, as well as the 30-year report summarizing their parents' as well as their own interviews, school observations, psychodiagnostic testing, and the Adult Attachment Interview. In contemporary follow-up interviews they brought their lives up to date and described how the movies comfortingly validated their memories. For comparison, the project enlisted two subjects whose mother-infant interactions rated amongst the highest in mutual responsiveness and pleasure. The stories of the two from troubled families show their process of adapting internally and in life to their early trauma and psychically transforming it over decades. Nonetheless their deprivation persisted unconsciously and consciously as dysphoria and affect hunger. This report includes the subjects' experience with personal psychotherapy and its implications for treatment of patients with similar histories.

JOURNAL OF INFANT, CHILD, AND ADOLESCENT PSYCHOTHERAPY

2025, VOL. 24, NO. 1, 7–33

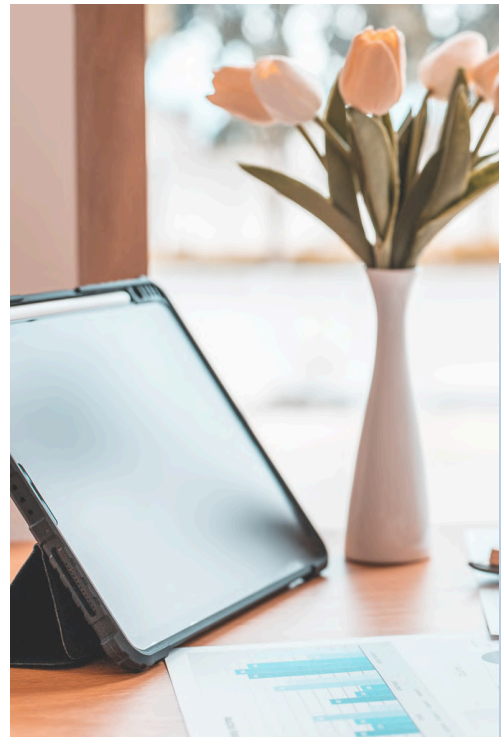
<https://doi.org/10.1080/15289168.2025.2473859>



Administration Room



Hear from the
volunteers who
turn the wheels
and shift the
gears as this
organization
moves through
time



Board Chair Report

Brett Penfil, MFT, MPH

SFCP Board Chair

This month I have an important update followed by an equally important call to action.

Maria Longuemare's three-year term as SFCP President will end on October 31 of this year. Maria graciously and selflessly stepped into the President role when there was a great need for leadership because SFCP had been without a President for many months and we had recently solidified a strategic plan. Throughout her tenure Maria brought her acute mind and tireless work ethic to every element of the role. Maria's ability to hold countless pieces of information from across the organization in mind and skillfully integrate them has benefited SFCP tremendously over the past two and a half years.

We will honor her dedication and achievements more fully at the end of her term. For now I want to highlight several key pieces of work that Maria championed. She led a team that synthesized input from over 80 members to write SFCP's new vision and mission statements. She led a team to revise the Ethics and Impairment Committee policy and procedures. She furthered relationships with external organizations – including the The Regional Bion Symposium and the C. G. Jung Institute – which has led to new programming. She led all of these projects and more while also attending thoroughly to the foundational work of the President, including leading the Management Team and participating in the Board of Trustees. I look forward to celebrating Maria's incredible contributions to SFCP in the Fall. In the meantime I offer the members' and my own heartfelt appreciation for your Presidency, Maria.

As you might imagine this announcement is followed by a **call for the next President of SFCP**. The President's role is synonymous with that of a CEO at any other organization. The President is an officer of the organization



with legal and fiduciary responsibility for SFCP. The President oversees the Division Chairs and leads the Management Team. Among other duties, the President is the subject matter expert to the Leadership Team (Board Chair, President, and Administrative Director) and to the Board on all matters related to the programs. The President is also the point of contact for member concerns and controversies. Though the role of President is indeed a large role, the Leadership Team has been working to identify responsibilities that can be moved to staff or other areas of the organization as well as exploring other strategies to make the role more manageable.

Being President is a great opportunity to contribute to and give back to your professional home, to meet and work with a large number of members, to understand the organization in depth, to hone your leadership skills, to support and develop other members and leaders, and to be part of the group life of a psychoanalytic center. I hope all analyst members (our bylaws currently require the President to be an analyst member of SFCP) will consider this opportunity. You would not be alone in the role. Not only will Maria help onboard you, but Marcia Hodges (Administrative Director), the Management Team, the Board Chair, the Board of Trustees, and the staff would be working by your side and supporting you along the way.

Please reach out to Maria, Robin Deutch (temporary Chair of the Nominating and Governance Committee of the Board), or myself to ask questions or talk further about this role. We invite all inquiries.

Warmly,

Brett Penfil



Volunteer of the Month - Catherine Phillips

Mary McMillan

SFCP Newsletter Editor

Catherine is the kind of volunteer who is eager to learn and to share her experience. She says she volunteers because, "I have learned so much—taken so many resources—while being in training, I want to give back." She continues, "Both professionally and personally, psychoanalysis has enriched me. It offers a depth of thought and richness of life." She became involved in SFCP when she and her family moved to Palo Alto from Seattle in 2014, after her spouse, who had been a newspaper journalist all her professional life, took a job teaching journalism at Stanford.

She soon discovered that living in Palo Alto had its benefits. As the home of the Palo Alto Psychoanalytic Psychotherapy Training Program (PAPPTP), it's a place where Catherine found a deep wealth of psychoanalysts. She was soon asked to join PAPPTP's Guidance Committee and, "I was thrilled to join them," she says. "And also," she says, "at PAPPTP, I like the people, and of course in my business I need referrals, and I also need to know people I can refer patients to, people I can trust."

She spends a great deal of time working in her PAPPTP roles. She has become a co-chair of the training program (along with Neil Brast and Tina St. Lorant.) These leaders meet regularly and also occasionally meet in a long retreat to work on a big project or discuss large issues. It is also important for her to recruit new students and faculty and support instructors. As a co-chair, she does administrative work—planning and making decisions about the program as a whole. She says, "I'm thinking about this all the time."

Additionally, she is stepping into leadership in the Child Analytic Training Program, a role she says she is both honored and daunted by. But the experience of working

in PAPPTP is valuable and Catherine says she hopes to be of use in the Child Analytic program. She also has been serving on the Curriculum Committee and learning quite a bit.

She also teaches—both in PAPPTP and in the analytic program at SFCP. She says, "I love teaching—I learn so much! And it's a challenge—the younger people are very curious and they bring a different perspective. It's an opportunity for me to grow my thinking—a vital engagement."

She adds, "I enjoy being part of the Center. I have a passion for psychoanalysis—it has a lot to offer. It really does help people. And it's a big tent, there's lots of parts to it. I want to be involved in working to grow psychoanalysis." When I ask what she thinks about the transition the Center is going through, she says, "These are useful discussions. We are learning and growing, which needs to happen if psychoanalysis going to thrive. I think the Center will continue to evolve as a diverse and vibrant community."



Membership Division News

Meryl Botkin

Chair, Membership Division

It has been quite some time since I have written about what is going on in the Membership Division. The pandemic brought a lot of disruption and chaos to our lives, our practices, and our Center as we grappled with how to interact with our patients and each other during the shutdown. At first, we were in survival mode, but soon we moved into a mode of supporting each other, as we began to more comfortably use online methods—for teaching and supervision and our practices.

I am writing now to bring everyone up to date on some of the changes at the Center that have affected our membership.

As you know we had a Center wide consultation that started in September 2022. The Strategic Consultation Committee engaged many of our members to discuss how we, as a membership organization, could reorganize to address issues that are vital for SFCP. For instance, we learned that many members don't feel as if they belong—they don't feel welcome—and they often don't know how to engage, in the center. We discovered that the Center's hierarchical structure with committees and Chairs could make it intimidating to try to find a place to be.

The Strategic Planning Process identified four areas in our organizational life for members to address. The first was to “Energize the Membership to co-create the life of the organization.” The second was to “promote an inclusive and reflective organization (group process, DEI)”; the third was “re-envisioning and building a sustainable organizational structure to support prioritized programming (reviewing possible changes in our organizational structures)”; and the fourth was “developing and supporting leaders (training members to occupy leadership positions).”

I'm writing now about the first area, which has been addressed by what became the Invigorating the Membership team. The members of this team are **Neil Brast, Mary McMillan, Susan Hamlin, and myself**. We meet monthly to develop new approaches for accomplishing our goals. The team's goals are to find new ways to help members feel welcome and become engaged in the Center—in particular, to join a committee or team.



We understand that often members ask, "How do I find and join a committee?" To address this question, the team developed **a database of all the committees in the Center, the roles of committee members, and the kinds of work they do**. This database will allow members to peruse the committees they may be interested in, to see what the responsibilities are, and to discover how to connect, to get more information.

To address the issue of helping new members feel comfortable navigating the Center's operation, the team developed **a Welcome Letter** that contains information about the how the Center is organized, the benefits of membership, and ways to find more information.

As we were developing these tools, our team developed a unique structure for itself. We don't have a fixed chair, or a fixed secretary. Rather, we have rotating chairs and note-takers so that everyone has an opportunity to organize and lead the meeting. It is a move toward a new egalitarianism in the operation of the Center and a shift from how we have operated in the past. We are looking forward to implementing these new ways of “being” more widely in our Center and hope you will join in.

So, we have created two new tools for the Center's members: our Welcome letter, and our Committee Database. We want to introduce them one at a time, since it can be a lot to take in. This article presents our Welcome Letter, which you can see below. We would like to know what you think, so please feel free to comment.

Happy Spring.

Meryl Botkin



Welcome Letter

The Invigorating the Membership Team:

Welcome to the SFCP community. We're delighted that you chose to become a member of SFCP. We are a non-profit, diverse community of people who support psychoanalytic scholarship, education, and practice. Our members include both lay people and practitioners from many disciplines and at all levels of professional development. We provide education, services, resources, and financial support for both our members and the larger community. We are managed by members who belong to the Center's Board of Trustees and the Management Team, and to various teams and committees, and who are supported by a small paid staff.

OPPORTUNITIES TO GET INVOLVED: The people participating in the committees and teams at the Center count on you and the other members to contribute to the Center's work, to create new projects and to find new ways to work. You may be interested in teaching one or more classes. Maybe you would like to be on the Board of Trustees. Would you like to create a whole new function and committee?

You may just want to be part of a warm, collegial group of people who are interested in psychoanalysis. People who get involved in committees enjoy the stimulating process of getting to know each other, working together, and making a difference.

Members who participate in the Center's committees and teams are the life blood that sustains this organization.

RESOURCES: Many members depend on our modern comprehensive library, which has both hard copy and electronic books, journals, and

and other documents. For members who want support in their clinical work, we offer a mentoring program. For the larger community, we provide referrals for analysis and psychotherapy. All SFCP members are also invited to join the SFCP listserv which is used for referrals and for program announcements of interest to our membership. Please complete this form <https://forms.gle/dfg3wmZrrGxXjzZX8> if you are interested in being added to the group.

EDUCATION: To support members of SFCP and the larger community who want to increase their knowledge and understanding of psychoanalysis, we offer many educational opportunities throughout the academic year. For members who want to become analysts and psychoanalytic psychotherapists, we provide training programs; and for both members and the larger community, we provide classes, lectures, and seminars, many of which offer continuing education credit.

TRAININGS: We offer five different kinds of psychoanalytic training programs: 1) two fully accredited training programs for members who want to become Adult and Child/Adolescent psychoanalysts, 2) both one- and two-year training programs for members who want to develop as psychoanalytic psychotherapists—located in both San Francisco and on the Peninsula, 3) a two-year psychotherapy training program focused on working with Children and Adolescents, and 4) a two-year program for Clinical Social Workers.

FINANCIAL SUPPORT: We have two programs providing financial support to our trainees. 1) For psychoanalytic training, a new program

lowers the costs for individuals affected by systemic race-based or class-based inequities. 2) The Enrico Jones fund gives a tuition credit for any of SFCP's tuition-based programs to therapists who self-identify as a Person of Color.

MANAGEMENT: Our members work together as a collaborative community to do the vital jobs of creating and managing programs. We do our work in committees, teams, and other work groups.

ORGANIZATION: As you can see in the Organization Chart on our website <https://www.sfc.org/organizational-chart/>, the Center is led by two groups: the Board of Trustees, (responsible for protecting and maintaining the Center's mission and making sure the Center is financially stable), and the Management Team, (consisting of our elected President, the leaders of each Division, and the paid Administrative Director).

Each Division is headed by a chair or leadership group and consists of committees of people who create programs. These Divisions are responsible for providing: 1) membership services, 2) the two kinds of psychoanalytic training, 3) classes for members and the community at large, 4) psychoanalytic research and advocacy, and 5) programs for Clinical Social Workers.

Once a year, you are given the opportunity to be listed in the Center's Roster, both digital and hard copy. There you can find contact information for other members, and names of people to contact in each division and committee. Here is the link to the digital version. You will need to sign in, first.

<https://www.sfc.org/membership-directory/>
Please use this Roster (the hard copy is available for the asking from anyone on the staff) and the Organization Chart, to help you find ways to become involved.

Also, our administrative staff is here to help you. They are incredibly knowledgeable and can always direct you to the right place.

Signed: The Invigorating the Membership Team:

Mary McMillan, Meryl Botkin, Neil Brast, Susan Hamlin, Marcia Hodges

Mary McMillan
Meryl Botkin
Susan Hamlin
Neil Brast
Marcia Hodges

Psychoanalytic Training Corner

Messages and Updates



Beth Steinberg, PhD
Psychoanalytic Education Division Chair

I am very pleased to announce our 2025 PED Graduates!

Graduates from the Adult Psychoanalytic Training Program:

Joseph Campi, MA, LMFT
Daniela Carollo, PhD
Graeme Daniels, MFT
Alexandra Farber, PhD
Juliette Kelley, LCSW, MPH
Kiera Levine, MD

Graduates from the Child and Adolescent Psychoanalytic Training Program:

Celeste Schneider, PhD

Please join us for the 2025 PED Graduation Ceremony, to be held at SFCP on Saturday, May 10 from 3:00 to 4:30. Following the ceremony, we invite you to join us for a lively reception from 4:30 to 6:15, featuring drinks, music, and delicious appetizers (free of charge)!

[CLICK HERE TO RSVP](#) TO THE GRADUATION CEREMONY AND THE RECEPTION

We hope you will join us to celebrate our graduates.



[Click here to apply](#) to any of our Psychoanalytic Training Programs!

Psychoanalytic Training Corner CONT.

Messages and Updates

I also want to express my deep gratitude to the SFCP Community for your generous support of the **SFCP Candidate Training Grant Equity and Diversity Fundraiser, An Afternoon of Poetry & Art with Forrest Hamer & Alice Jones**. The Candidate Training Grant (CTG) offers grants to candidates who identify as a person of color and/or as having financial need.

As a result of your extremely generous support of this fundraiser, we raised over \$11,378.70 towards the Candidate Training Grants! Additionally, through your separate donations to the CTG, in the first few months of 2025 we have raised \$14,409.62, thus raising our current total to \$25,788.32.

Also, the event was really wonderful! The art that was donated to the auction was absolutely beautiful, and Alice Jones and Forrest Hamer led participants in a deep and thought provoking poetry-reading experience that felt meaningful to all who attended.

Last year the CTG was able to offer 9 candidates approximately \$1000 each in the form of a tuition credit, and we hope to offer significantly more support this year, setting our fundraising goal for 2025-26 at \$30,000. We are extremely pleased to have nearly met that goal, and to therefore be able to increase substantially the support we can offer to candidates this year.

Your contribution is extremely meaningful to our current and future candidates. They would not be able to afford training without these grants, and the grant will help SFCP to become stronger as an organization and ensure its vitality and viability.

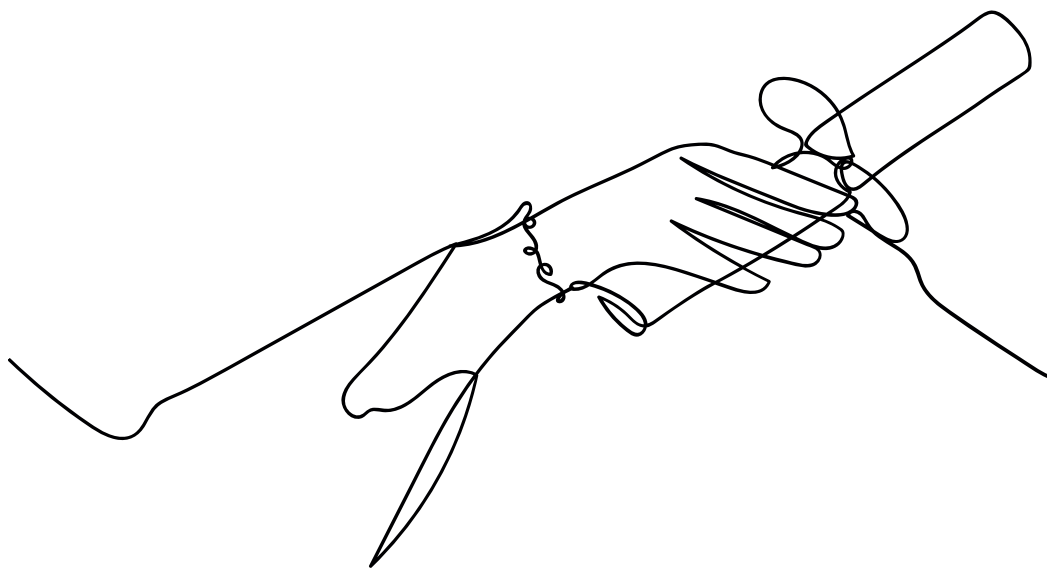
I also want to thank the members of the Candidate Training Grant for Equity & Diversity Committee for all their hard work organizing this event: **Leora Benioff, Renu Cappelli, Lauren Cardillo-Geller, Stephanie Chiao, Jan Chess, Maria Longuemare, Miriam Lundy & Dina Wang-Kraus**. Special thanks to Leora Benioff & Lauren Cardillo-Geller, who organized the art auction.

Beth Steinberg



[Click here to apply](#) to any of our Psychoanalytic Training Programs!

CONGRATULATIONS TO OUR
GRADUATING
2024-2025
PED CANDIDATES



JOSEPH CAMPI, LMFT

Joseph Campi is a Licensed Marriage & Family Therapist. He is in private practice with adults in San Francisco. He also holds a Master's Degree in Library and Information Science, having previously provided library services at University of San Francisco.

Joseph's avid interest in psychoanalysis began in a summer grad course. That led to a yearlong analytical internship at St. Mary's Hospital, McAuley Institute, where he provided adolescent milieu treatment. He continued his analytical education by completing the PPTP Program and

Integrations. In fall of 2020, he entered the SFCP Adult Psychoanalytic Training Program.

He appreciates the intersection of art, creativity and psychology. They inspired his paper, *An Analyst Prepares: Dramaturgical Dimensions in Psychoanalytic Training*. He enjoys travel, film, live jazz, and the San Francisco Opera, with spouse, pianist, Daniel Glover.

Joseph is deeply grateful for the support and encouragement provided by his family, classmates, supervisors and analyst. He looks forward to more relaxation and future involvement in the SFCP Community.



DANIELA CAROLLO, PHD

Daniela Carollo, Ph.D., is a clinical psychologist with a private practice in San Francisco, and she teaches in the San Francisco Psychoanalytic Psychotherapy Training Program. She has a deep passion for exploring psychoanalysis across cultures. As a child of immigrants, questions of identity, culture, and belonging have always been at the heart of how she thinks and works.

Daniela began her analytic journey in Brooklyn, where she grew up, and first immersed herself in multicultural and psychoanalytic studies during her master's program. After moving to the Bay Area to pursue her doctorate, she trained in community mental health settings before completing the two-year PPTP program and beginning her analytic training.

Throughout this journey, she has grown both personally and professionally, and continues to be shaped by patients, colleagues, cohort members, teachers, and analyst. Reaching this point in training feels both meaningful and humbling, and she looks forward to deepening her work within the analytic community.



GRAEME DANIELS, MFT



Graeme Daniels was born in England, emigrating to the United States as a ten-year-old, the younger of two children. He has lived in California for most of his life. Graeme was originally an engineering student before fastening upon two ambitions. The first was to be a writer. The second, somewhat more distantly, was to be a psychologist.

Halfway through his undergraduate college years, Graeme began cutting his teeth as a mental health worker in the mid-nineties. Graeme was a counselor in crisis centers, group homes and hospital-based programs for several years before he became licensed as a marriage and family psychotherapist. While completing hours towards licensure and taking licensing exams, Graeme was also a manager of a group home for adolescent boys struggling with substance abuse problems. As Graeme transitioned to private practice psychotherapy, he retained an interest in working with a troubled substance abusing population, both adolescent and adult. He integrated group therapy into his practice, providing services to those who struggled with secondary addictions such as sexual compulsivity, as well as deeply-rooted personal and social trauma. Graeme developed an interest in psychoanalytically-oriented treatment models, first gravitating to the disorder of self-model of ego psychologist James Masterson. Graeme eventually began full analytic training in 2019 and is proud to be graduating today alongside fellow candidates and before members of SFCP faculty and its community.

Graeme did not shelve his writing ambitions. Over the years, he has written and self-published six novels, three non-fiction books, and penned several academic papers. He lead-authored his first professionally-published book during his first year of seminar: *Getting Real About Sex Addiction*, published in 2022 by Rowman & Littlefield. Last fall, he presented his graduation paper, “Born Small, Addicted to Guilt”, an advocacy for psychoanalytic treatment of addiction, to a scientific meeting audience at SFCP. Recently, Graeme has also been a faculty teacher within an SFCP extension program, the East Bay Year Long, introducing psychoanalytic concepts to early-to-mid-career professionals, and has also completed a personalized manuscript about analytic training itself, to be published later this year.

ALEXANDRA FARBER, PHD



Alexandra Farber is a psychologist in private practice in San Francisco, working with adults and couples. She is currently living in London with her family for eight months, where she has been seeing patients remotely and finishing up her graduation paper. She is looking forward to being back in the community this summer and re-engaging with SFCP on the other side of training.

JULIETTE KELLY, LCSW, MPH



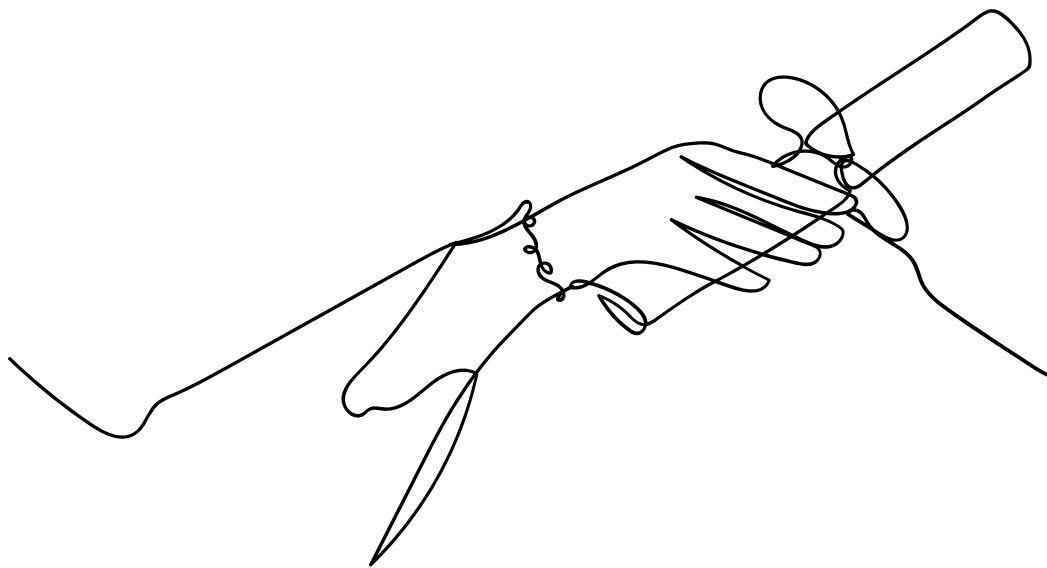
Juliette Kelley entered psychoanalytic training after a decades-long career in public health. Upon her retirement from that career, she committed herself to providing care not typically available to low-income individuals or those on Medicaid and Medicare including psychoanalytic treatment. In addition, Juliette writes creative nonfiction, Her work has been published in The Sun Magazine, Slate, and Travelers Tales.

KIERA LEVINE, MD

I grew up in the Washington DC area and went to college at Yale, where I studied philosophy. I spent a year traveling through South America, working for different local non-profit medical clinics. Returning to the US, I worked for several different non-profits related to health and human rights. Then, I returned to Yale for medical school, and moved to the Bay Area for my residency in psychiatry at UCSF. There, I was lucky enough to meet Adam Goldyne, who led the residency, teaching in psychoanalytic psychotherapy. With his encouragement, I discovered SFCP. I enrolled, first, in SFCP's program in Foundations of Psychoanalytic Psychotherapy, and then in the Adult Psychoanalytic Training Program. During my 9 years of training, I also worked as a full-time psychiatrist. My current practice is located in Berkeley.



CONGRATULATIONS TO OUR
GRADUATING
2024-2025
CHILD PED
CANDIDATES



CELESTE SCHNEIDER, PHD



I came to psychoanalysis through my early work with children, and it feels deeply meaningful to now come full circle—graduating as a child analyst. My work as a psychoanalyst, educator, and supervising and training analyst with adults has always been profoundly shaped by my experiences with infants, children, and their families. I’ve learned so much from those I’ve had the privilege to work with—in my clinical practice, as a supervising and training analyst at SFCP, a faculty member at PINC, and an educator in various psychoanalytic and medical settings. It is an honor to be part of this community, committed to the lifelong endeavor of psychoanalytic learning and growth.

Psychoanalytic Psychotherapy Training Program

Corner

Messages and Updates



Palo Alto PPTP

Catherine Phillips, LCSW

Palo Alto Psychoanalytic Psychotherapy Program Co-Chair

1. We have filled seven of ten openings for new students in our 2025-27 Two-Year Program. If you know of anyone considering applying, please encourage them to do so sooner rather than later, since we process applications in the order received.
2. Our current Two-Year Program class is concluding its two years of course work as two students, Kelsey Priest and Trishna Narula, will be graduating on June 1. Congratulations to both! Others will follow at next year's PPED graduation.
3. PAPPTP is well on its way to transitioning from a committee structure to a team structure for its work groups. This means that leadership and responsibility are shared, and new members learn the ropes from seasoned members, thus helping us ensure PAPPTP can continue and evolve.



San Francisco PPTP

No update.



[Click here to apply](#) to any of our Psychoanalytic Psychotherapy Training Programs!

Psychoanalytic Psychotherapy Training Program

Corner CONT.

Messages and Updates



Child/Adolescent PPTP

MaryStone Bowers, LMFT

Child/Adolescent Psychoanalytic Psychotherapy Program
Co-Chair

Our CAPPTP team is excited to have a variety of talented, interested applicants for our next two-year program, which starts in September 2025. If you, too, are interested, please begin the application process and feel free to reach out to us if you have questions and would like to discuss how we help our group of students learn more about working with children, adolescents, and their parents!

We would also be thrilled to have other community members join our interesting, talented, experienced committee/team as we continue to plan, structure, and grow this unique program. Our current program, which meets virtually, allows for students from outside the Bay Area or state and even the country to join us. Because we are a virtual program, we can include faculty from more distant Psychoanalytic Communities, bringing an enjoyable and stimulating variety to the group.

Please join us as students or team members! We look forward to continuing to grow our CAPPTP community!

Reach out to Tina at tina.phu@sfcps.org to make contact with us if you have questions or would like to speak!



[Click here to apply](#) to any of our Psychoanalytic Psychotherapy Training Programs!

May is Mental Health Awareness Month

**Whether you are exploring
our services or researching
through our archives, we are
here to support you.**

**Visit the SFCP Library; a
quiet space for curious
minds.**

Fridays 9 AM – 1 PM

**Contact: Rashmita Sriram
Librarian**

rashmita.sriram@sfcpc.org



Annual Giving Campaign Update!

Our 2024-2025 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF MEMBERS WHO PARTICIPATE IN OUR IN-PERSON COMMUNITY BUILDING EVENTS

May Update

WE HAVE ALREADY RAISED
\$84,599! THAT IS 65.1% OF OUR
GOAL.

ALSO, 18.7% OF OUR MEMBERS
HAVE PARTICIPATED SINCE OUR
LAUNCH 6 MONTHS AGO!

[CLICK HERE TO CONTRIBUTE!](#)



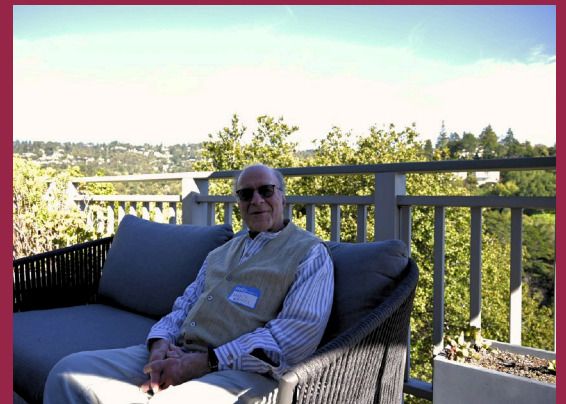
Last Wine and Cheese Event of 2024-2025



In March, Amy Wallerstein Friedman graciously opened her home to host a wine, cheese, and chocolate party for community building, sponsored by the Annual Giving Campaign. Thank you to our hosts Amy Wallerstein Friedman, Michael Donner, and Robin Deutsch, and to everyone who came!

We had a great turn out. Please consider contributing to the Annual Giving Campaign!

[CLICK HERE TO CONTRIBUTE!](#)





THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

94 people of color have received
tuition credits since 2021!

This fund was established in memory of Enrico E. Jones, PhD, an African American Psychologist and Professor of Psychology at UC Berkeley. Enrico (Rico) completed his analytic training at San Francisco Psychoanalytic Institute in 1992 and served on the faculty until 2000. Rico died in 2003, after a 3-year battle with multiple myeloma.

WAYS TO DONATE

ONLINE:

[sfcp.my.site.com/s/donation?
campaign=EnricoJonesFund](https://sfcp.my.site.com/s/donation?campaign=EnricoJonesFund)

BY MAIL:

Payee: SFCP
ATTN: Enrico Jones Fund
444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 27 students received tuition credits in 2023
- 27 students received tuition credits in 2024

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Join Us!

The EJ Fund has received significant support from the SFCP community, with 119+ members contributing since inception. As the number of recipients has increased each year since the Fund's inception, the diversity of SFCP's students has grown and we anticipate an increase of applicants going forward. To continue providing meaningful tuition support to persons of color, it is essential that contributions continue yearly. Please consider making the EJ Fund an annual recipient of your charitable giving.

Opportunities Room



Ways members
can participate
in programs
and events





Please join us for

VISITING PROFESSOR WEEKEND

Featuring Nicola Abel-Hirsch, FIPA
*meeting with us from London via Zoom for the
following programs:*

“A MORNING WITH NICOLA ABEL-HIRSCH: BION’S TECHNIQUE”

SATURDAY, MAY 3, 2025
10:00AM - 12:00PM
ONLINE ONLY

\$ 65 — General Admission

\$ 50 — SFCP Members

Free — SFCP and non-SFCP Candidates, SFCP PPTP
Trainees, and University Level Students

Dr. Abel-Hirsch will present her ideas on Bion's
technique, followed by a discussion with the audience.

*2 CME/CE credits available for free (for SFCP members)
or \$ 30 (for non-members)*

“PROFESSOR’S CHOICE”

Professor's choice with Nicola Abel-Hirsch discussing
Bion's paper "**Container/contained transformed**"

*available on PEP-web.

SUNDAY, MAY 4, 2025
10:00AM - 11:30AM
ONLINE ONLY

\$ 50 — General Admission

\$ 40 — SFCP Members

Free — SFCP and non-SFCP Candidates, SFCP PPTP
Trainees, and University Level Students

*1.5 CME/CE credits available for free (for SFCP members)
or \$ 30 (for non-members)*

FOR MORE INFORMATION:

[WWW.SFCP.ORG/VISITING-
PROFESSOR-WEEKEND-2025/](http://WWW.SFCP.ORG/VISITING-PROFESSOR-WEEKEND-2025/)



NICOLA ABEL-HIRSCH

Nicola Abel-Hirsch, FIPA, is a training and supervising analyst of the British Psychoanalytical Society. She works in full-time psychoanalytic practice. Known internationally as an insightful thinker, writer, and speaker, she has presented papers on Bion's work in the UK, Taiwan, Europe, the US and Mexico. Among her publications are *Bion: An Introduction* (2023) and *Bion: 365 Quotes* (2019), in addition to multiple papers available on PEP-web. She was the editor of Hanna Segal's last book, *Yesterday, Today and Tomorrow* (2007). Under the auspices of Understanding Primitive Mental States NYC, she chairs an ongoing series of seminars on Bion's later work.

Abel-Hirsch: 10 Quotes

In order to get a sense of Dr. Abel-Hirsch's analytic attitude, here are 10 quotes from a recent event to launch her new book,
Bion in the Consulting Room...

[Click here to learn more!](#)



Unwound and Unwound-ing: A Poetic Psychoanalytic Exploration of Whiteness

Wednesday, May 7, 2025

6:45pm - Greetings and Socializing

7:00pm – 09:00pm - Program

Location:

In-person at

San Francisco Center for Psychoanalysis

444 Natoma Street

San Francisco, CA 94103

Panelists:

Hazel White

Poet and Writer

Jyoti Rao, MFT

Private Practice

Member and Faculty, SFCP

Forrest Hamer, PhD

Poet

Member and Faculty, SFCP

Moderator:

Clara Kwun, LCSW

Member and Faculty, SFCP

Program Fee:

This program is free

To Register:

<https://www.sfcps.org/2025-05-07-ccsw/>

Questions?

Daniel Yu, LCSW

d.yu.lcsw@gmail.com



SFCP'S INVITES YOU TO ATTEND

PSYCHOANALYTIC EDUCATION DIVISION

GRADUATION 2025

Saturday, May 10, 2025

Ceremony: 3:00pm - 4:30pm

Reception: 4:30pm - 6:15pm

CHARLES FISHER, MD
GRADUATION SPEAKER



San Francisco Center for Psychoanalysis
444 Natoma Street
San Francisco, CA 94103

Please [click here to RSVP.](#)



San Francisco Center for Psychoanalysis
Psychoanalytic Psychotherapy
Education Division
SFPPTP, PAPPTP, AND CAPPTP

GRADUATION 2025

Graduation Speaker:
Gary Grossman, PhD

SUNDAY, JUNE 1ST
2:00PM - 5:00PM

444 NATOMA STREET
SAN FRANCISCO, CA 94103

RSVP HERE:

<https://www.sfcpc.org/pped-graduation/>



Dialogues In Contemporary Psychoanalysis presents

Listening Into Being: An Actor's Invitation

Saturday, June 14
10:00am-12:00pm PT

What do therapists and actors have in common? Both are always listening for something to emerge — a character coming to life, a story taking shape, a feeling taking form. What happens when we direct this form of listening toward one another? Following the recent publication of her essay, "Listening Into Being" (in *Psychoanalytic Inquiry*, 2023), Emmy-nominated film and television actress **Robin Weigert** (*Deadwood*, *Big Little Lies*) will join us at SFCP to discuss profound resonances between the actor's and the analyst's practices of listening. Showcasing moments from some of her most compelling performances, we will form a dialogue between our kindred disciplines about the deeply responsive art of *listening into being* — listening to one another, and finding out who we become.

Educational Objectives Upon completion of this activity the learners will be able to:

1. Describe parallels between an actor's character work and a psychoanalyst's listening stance.
2. Identify how co-creation in acting informs psychoanalytic views of identity.
3. Analyze receptive, immersive listening in acting and clinical practice.
4. Apply an actor's approach to presence to clinical technique.

Special Guest

Robin Weigert

in Dialogue with

Kristin Fiorella, Psy.D.

Hosted by

Adam Blum, Psy.D.

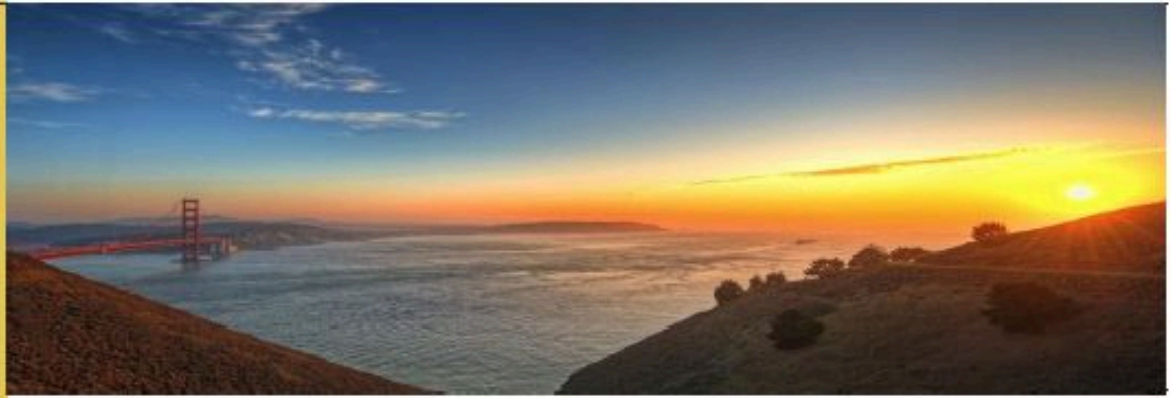
in person & on zoom

\$40 General Admission
\$20 SFCP Members
Free for Students
2 CME/CE credits

Register at [sfcpsf.org](https://www.sfcpsf.org)

NCSPP

NORTHERN
CALIFORNIA
SOCIETY FOR
PSYCHOANALYTIC
PSYCHOLOGY



WE ARE A DYNAMIC COMMUNITY OF INDIVIDUALS DEVOTED TO THE STUDY AND PRACTICE OF PSYCHOANALYTIC PSYCHOLOGY.

NCSPP has an enduring reputation of providing varied and enriching educational opportunities for its members, and is open to mental health professionals of all disciplines interested in Psychoanalysis. Our upcoming semester is no exception and will be filled with a variety of creative programming. Our educational programs include continuing education credit for Psychologists, Marriage and Family Therapists, and Licensed Clinical Social Workers.

Becoming a member is easy. Visit the [Membership Page](#) on our website to choose your membership level and create an account. Just like that, you become a part of our diverse and supportive group of mental health professionals. Membership dues are: \$120 for Full Members, \$90 for Community Mental Health Members, \$60 for Associate Members, and \$30 for Student Members, and remain active for one year from the time you join. In May 2025, we will be running a membership drive where new members can sign up with a 20% discount by using code **SPRING2025** at checkout.

All members have access to the following benefits (and more!):

- Discounted tuition for all NCSPP lectures, courses, and workshops.
- The biannual editions of our highly regarded psychoanalytic journal, *fort da*.
- A subscription to our email newsletter, *Impulse*.
- Discounted subscription rates to *International Journal of Psychoanalysis*, as well as *Psychoanalytic Dialogues*.

Interested in getting involved? Check out our [Committees Page](#) to see all the different ways we strive to serve our membership.

We encourage you to take full advantage of all NCSPP has to offer, and look forward to your participation in our vibrant community!

VISIT OUR
WEBSITE

WWW.NCSPP.ORG

QUESTIONS:

CONTACT US [VIA OUR WEBSITE](#) OR BY EMAIL AT INFO@NCSPP.ORG.



THINKING TOGETHER ABOUT PSYCHOANALYTIC TEACHING

CO-PRESENTERS: GENIE DVORAK, PSY.D. AND
CELESTE SCHNEIDER, PH.D.

Teaching as an art and professional endeavor routinely generates excitement and anxiety for both instructors and students. In teaching psychoanalysis, how might we facilitate not just an understanding of the material of a course, but also a psychoanalytic sensibility—to not just learn about psychoanalysis, but to teach and learn psychoanalysis psychoanalytically. In this meeting we seek to explore Freud's declaration of education—along with government and psychoanalysis—as one of the three “impossible” professions. This complex terrain can stir deep existential questions and concerns in us when teaching and learning. These take up residence in the experience of a course or a consultation, no matter the inquiry, topic, or theoretical orientation. We can find ourselves continuously confronted with the possibility of crisis as well as creativity and engagement, both within ourselves and in every new educational encounter—a process of lifelong learning. What of ourselves do we bring to this endeavor as educators and how do we listen to our students? Can our clinical capacities assist us in navigating the dynamics of teaching? What are the challenges and the pleasures of teaching given these engagements?

GENIE DVORAK, PSYD, is a psychologist and psychoanalyst practicing in San Francisco. She provides clinical and teaching consultation and teaches on a variety of subjects including the clinical process, the dynamics of trauma, and developmental perspectives. She has been recognized locally and nationally for her teaching and her writing on the repetition compulsion.

CELESTE SCHNEIDER, PHD, is an adult supervising and training analyst and child psychoanalyst practicing in San Francisco. Prior to becoming a psychoanalyst, she was a professor of education at Saint Mary's College with an emphasis on how teachers develop constructivist pedagogy to facilitate learning for understanding and development. She currently teaches courses on analytic listening, infancy, Winnicott, and the Independents.

In-person only event

**Sunday May 18,
10:00 AM – 12:00 PM**

**General admission: \$35
PINC Members: \$25
Candidates and Students: \$10**

CE Credits available

db.pincsf.org/events

db.pincsf.org/events | 530 Bush Street, Suite 703, SF CA | (415) 288-4050