

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



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SEEKING AN SFCP NEWSLETTER EDITOR!

We are very grateful to **Ric Almond** for his service as SFCP Newsletter editor these past 2 years. Ric has let us know that he needs to step back from this position due to his 'bi-coastal lifestyle' and multiple other commitments, and we are now seeking a new Editor for the SFCP Newsletter. This position involves working with the SFCP office to review the content of the SFCP Newsletter each month (September - June), as well as any other creative innovations you would like to bring! If interested, please contact marialonguemaremd@gmail.com for more information.



Welcome
Back

WE ARE SO GLAD
YOU'RE HERE!



SFCP President's Report

Welcome to the start of 2024-25 at SFCP! As we launch the new academic year, it is astonishing to reflect on how far we have come post-pandemic in restoring a sense of SFCP as an embodied, vibrant community dedicated to psychoanalytic education and growth. Last year, we saw an enormous increase in volunteer participation and renewed program offerings, including the return of the *Scientific Meetings*, the *Visiting Professor* events, and the *Day With Adam Phillips* (courtesy of the Emmanuel Windholz Fund), alongside the continued thriving of existing programs. We look forward to building and strengthening this foundation in the upcoming year, with multiple new offerings planned for our members and the wider community.

Regarding our educational programs, it is also inspiring to see the renewed interest in psychoanalysis amongst both early career and established clinicians in our wider community – as evidenced by our full training programs in psychoanalysis, psychoanalytic psychotherapy, and the multiple offerings through the CCSW and Extension Divisions. As exposure to psychoanalysis has dwindled within clinical licensing programs and other mental health organizations across the country, SFCP has come to play an increasingly important role in keeping the field of psychoanalysis alive in the Bay Area and beyond. SFCP is now one of the largest and most active psychoanalytic institutions in the country by nearly all metrics, including number of members, variety of program offerings, and the vitality of our psychoanalytic training program, with twice as many candidates in seminars relative to several years ago, full classes enrolled for 2024-25, and the 2025-26 class already half-filled. This past year, graduates from the SFCP analytic training program constituted half of all graduating candidates from APsA-affiliated psychoanalytic training programs in the United States! Our psychoanalytic psychotherapy training programs, CCSW, and Extension Divisions offer multiple points of access for students of all backgrounds and levels of experience to explore and deepen their clinical work.

Much of the enduring appeal and resilience of psychoanalysis derives from its core commitment to exploring and expanding our understanding of ourselves, our collectives, and the ever-evolving ways we relate to each other within our intersecting communities. As a psychoanalytic Center, we have a responsibility within our own organization to embody this commitment to exploration and evolution. Many efforts toward this goal are now underway, including the work of the Strategic Directions teams focused on various aspects of our group life – how we welcome and support our existing members, how we resolve our conflicts, and how we develop and foster sustainable and responsive leadership. Our DEI Steering Committee led by organizational consultant David Luna has been reflecting on our systemic practices and offering important insights regarding the ways in which systemic racism and other built-in unconscious biases may be limiting the full creative and educational potential of both our organization and our field. Our Vision & Mission Writing Team is thoughtfully integrating the drafts and ideas generated in our all-members meeting (and pre-meeting survey) to craft a new SFCP Vision & Mission statement which articulates SFCP's commitment to the lifelong study, practice, and evolution of psychoanalysis. Drafts of the Vision & Mission statements will be ready for review and comment by the full SFCP membership this fall.

SFCP President's Report cont.

We are so grateful to each of our hard-working SFCP staff members and dedicated volunteer members for all of the ways in which you have stepped up to contribute to this process of renewal and growth. We look forward to continuing this work in the upcoming year!

Please join us at the upcoming annual meeting for a more detailed review of SFCP's current status and future plans!

SFCP Annual Meeting & Reception
Saturday, September 21, 2024
2:00-4:00pm followed by reception.

With best wishes for the upcoming year,

Maria Longuemare, SFCP President

*** All SFCP members are invited to join the **SFCP listserv** which is used for referrals and for program announcements of interest to our membership. Please complete [this form](#) if you are interested in being added to the group.

Psychoanalytic Education Division Report

Dear SFCP Community-

Welcome Back!

It is hard to believe that September is already here and that we are starting a new academic year at SFCP!

On behalf of the PED, I want to welcome our new first year candidates: Kyle Bickel, Stephanie Chiao, Rebecca Hammond; Fei Hu; Kyle McMahan; Christopher Nemes & Shervin Dina Wang-Kraus. I also want to welcome back our continuing candidates!

We are beginning the year with the Psychoanalytic Training Program in a strong position, with approximately 35 candidates in seminars and an outstanding group of faculty teaching. This also promises to be an exciting year as classes for the incoming cohort in 2024-25 and beyond will be held almost entirely in-person for candidates, and instructors will also be encouraged to participate in person to the greatest extent possible.

I am also extremely pleased to announce our current roster of Chairs on the PED Committee: Chair: Beth Steinberg; Vice-Chair: Bill Glover; Dean: Leora Benioff; Secretary: Catherine Mallouh; Admissions Co-Chairs: Maureen Ruffell & Dena Sorbo; Child/Adolescent Analytic Program Co-Chair: Marsha Silverstein; Curriculum Committee: Maria Longuemare, Chair & Adam Goldyne, Associate Chair; Training & Supervising Analyst Committee: Holly Gordon; Advisor/Mentorship Committee: Suzanne Klein; Candidate Representatives: Megan Goodwin & Tua Mulligan; Committee on Psychoanalysis Across Disciplines (CPAD): Naomi Janowitz; & Outreach Committee: Adam Goldyne. In the last several months the PED announced several important policy and procedure changes, as well as some important new initiatives.

- **Candidate Training Grants** are now available for any candidate who self-identifies as a person of color and/or as having financial need. Applications are now being accepted (until September 15)!

Candidate Training Grant Application Form

A fuller description of the program can be found at this link: [Candidate Training Grants for Equity and Diversity-FAQ](#).

- The PED's **New Post-Covid Requirements for Supervision, Control Cases and Personal Analysis** are now active as of September 2024. The new requirements emphasize respect for ongoing medical concerns while re-emphasizing the importance of in-person experience during analytic training where possible. Please see the [Candidate Handbook](#) for these new Policies and Procedures, as well as the new policies and procedure about requesting Exceptions.

Psychoanalytic Education Division Report cont.

- This past spring the PED initiated a **Survey about analysts' and candidates' experiences with the Progressions & Graduation Committee**, which **136** analyst and candidate members in total participated in. Stay tuned this fall for the PED to release the full results of this and a chance to give more feedback!
- This spring the PED also initiated a new process around **Candidate Feedback to Supervising Analysts**. See the [Candidate Handbook](#) for details.
- The PED also changed the **policies around first and second case permission**. Candidates may now begin cases as soon as they have a patient in 3-5x/week analysis and a supervisor for the case.
- We also announced a new **Candidate Course Evaluation Form** for instructors to fill out at course completion and a new policy the PGC requesting that if instructors have significant concerns or areas of development about a candidate that they may want to note in the end-of-course candidate feedback, that they first discuss the issue with the candidate *while the course is still in progress* so that there is an opportunity for the concern to be addressed.

Thank you and I look forward to a great year together!

Beth Steinberg
besteinberg@comcast.net
PED Chair

Report from the Acting Chair of the San Francisco Psychoanalytic Psychotherapy Training Program

The **San Francisco Psychoanalytic Psychotherapy Program (SF-PPTP) & Foundations Program** is excited to kick off the academic year with a full program of 42 enrolled students, now returned to in-person classes at SFCP on Tuesday evenings, 6:15 - 9:30pm! We are grateful to the SF-PPTP Steering Committee for their tremendous work in cultivating this program – **Adam Goldyne (Program Chair, currently on leave); Lara Weyland (Associate Chair & Clinical Consultation Chair); Ruth Simon (Curriculum Chair); Luke Broster (Admissions Chair); Jessica Ferranti (Student Advisor)** – as well as all of the teaching faculty, supervisors, Admissions & Curriculum committee members, Work Group facilitators, and mentors involved.

This year, SF-PPTP has also launched the **Ongoing Psychoanalytic Case Conference (OPPC)** – a new educational program which offers students who have already completed the SF-PPTP 2-year program an ongoing opportunity to continue to deepen their clinical skills, to study the contemporary literature, and to build community with other psychoanalytically-oriented clinicians.

If you are interested in learning more about the SF-PPTP & Foundations program, the OPPC program, or if you know of potential students who might be interested, please visit our website: <https://www.sfcp.org/sfpptp/>. Admission information for the 2025-26 academic year will be available in January 2025.

We would also like to introduce the incoming SF-PPTP students to the SFCP community! Please see photos and bios of the 2024-25 SF-PPTP & Foundations Year 1 class below:

Art Committee: Call for Donations

To Members of SFCP,

Under the auspices of the leadership of SFCP we have formed an ad hoc art committee. Our task is to review, re-arrange, and expand the art that is shown in our building.

We hope that through this process SFCP will feel more welcoming and inclusive and will enrich the historical and cultural experiences of our shared physical space.

We are currently looking into the history and providence of the pieces that are currently on display. We have space for a few more pieces of two-dimensional and three-dimensional art, and we are putting out a call for donations. We can only accept art that is ready to hang or display. We encourage our SFCP members who are also artists to contribute their work. We do need to point out that our space is limited and thus we will only be able to accept a few pieces, but we are excited to have the opportunity to introduce a variety of artworks to our Center.

Any member who would like to donate a piece of art to be permanently housed at SFCP, please send a photo of the art work including a title, description, the dimensions and the year it was done to Nicole.lee@sfcg.org by November 1, 2024.

Thank you,

Milton Schaefer
Renu Cappelli
Tua Mulligan
Jane Dulay
Amy Wallerstein Friedman

SFCP Community Members - Mentoring Program!

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is the link to become a Community Member: [update](#)

And here is the link to the Mentoring Program: [update](#)

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise."

Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon, DMH
hollygordon4@gmail.com

COST: FREE to SFCP Community Members.

LINK TO APPLICATION: [update](#)

QUESTIONS: If you have questions about the program, please contact:

Holly Gordon, DMH hollygordon4@gmail.com



SFCP Library

For any inquiries, you can also contact the librarian, Rashmita Sriram, at rashmita.sriram@sfcg.org. She will be happy to assist you with any questions.

CLICK [HERE](#) TO ACCESS THE LIBRARY'S HOME PAGE.

The SFCP library is excited to welcome you to the new academic year!

Our librarian will be available to assist you every Friday from 9 AM to 1 PM. Whether you need help with research, finding the right materials, or just a quiet place to study, we're here to support your learning journey.

Looking forward to a fantastic year together at the SFCP library!



LOST AND FOUND

Please claim your lost items!



If any of these items are yours, or anyone's you recognize, please email us. If these aren't claimed by the end of the December 2024, we will donate them. Thank you.

nicole.lee@sfcg.org

PLEASE WELCOME OUR
INCOMING
2024-2025
PED CANDIDATES

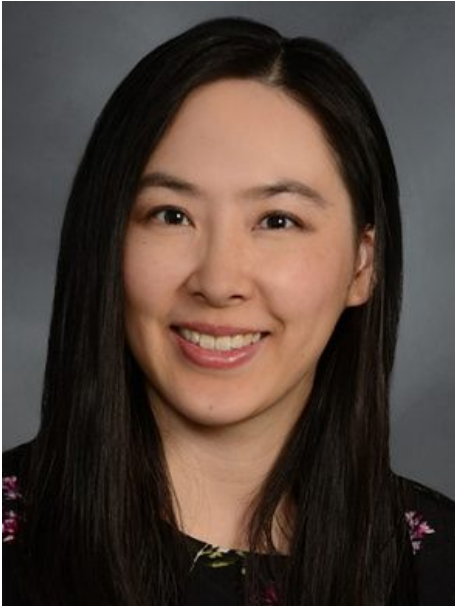


Kyle Bickel, MD (he/him)

I am originally from Los Angeles, but made my way to Virginia for medical school and Sacramento for residency. I have been at UC Davis ever since and now serve as a psychiatry attending in the main adult outpatient clinic. I am closely involved in the psychoanalytic curriculum which includes supervision, seminars, case conferences, psychiatry movie night, and various electives such as bedside psychotherapy. My other main focus in the department is the well-being of our psychiatry residents, which is of particular importance to me.

My gravitation towards psychoanalysis represents a convergence of life trajectories which started with growing up in a bicultural home around a large, extended immigrant family. On some level, those early years instilled an enduring appreciation for the sociocultural surround, identity, the effects of othering, and participant-observer dynamics. This awareness was the background of my teenage years, which were spent focused on narratives and creative expression through music and visual media. I later attended art school where I studied photography with an emphasis on portraiture, night scenes, and still life. During that time, I worked on and off in the film and TV industry, which further deepened my predilection for collaborative projects. However, things took a sharp turn for me after witnessing, up close, both the ravaging of psyche by life and its renewal through a meaningful psychotherapeutic dialogue and relationship. Looking to merge my early artistic and sociocultural experiences with my burgeoning interest in the mind, I changed tracks to study psychology, neuroscience, and East Asian languages and cultures, which is how I eventually ended up in psychiatry.

My interest in practicing psychoanalysis was completely solidified in my last year of residency when I started my training at SFPPTP. It was an incredibly nourishing and transformative experience for me to be mentored by my three supervisors and to be steeped in a community of similarly invested colleagues. I am looking forward to having that experience with everyone again.



Stephanie Chiao, MD (she/her)

Stephanie Chiao was born in the bay area to two Taiwanese immigrants. She spent most of her childhood in the south bay aside from a year in Singapore during middle school. She attended UC Berkeley for college and UCSF for medical school, where she met her husband. After psychiatry residency and addiction fellowship in New York, she is happy to be back in the bay with her husband and two young kids.

Fei Hu, LMFT (she/her)

I'm an MFT in private practice in Berkeley specializing in supporting young adults from immigrant family backgrounds to heal from childhood trauma and complex PTSD. My graduate studies at the California Institute of Integral Studies with an emphasis in Expressive Arts Therapy sparked a deep interest in the intersections between the arts, the body and the unconscious, and the multiple channels of communication through symbols, metaphors, dreams, sound and images. I am excited to dive deeper into psychoanalytic study at SFCP - and aim to help make psychoanalysis more accessible to marginalized communities. In my free time, I enjoy exploring the outdoors, discovering new swimming holes, practicing qi-gong and mindfulness, wordplaying at the bay area pun-off, writing silly & sappy songs, playing blues piano, partner dancing, and spending quality time with loved ones.



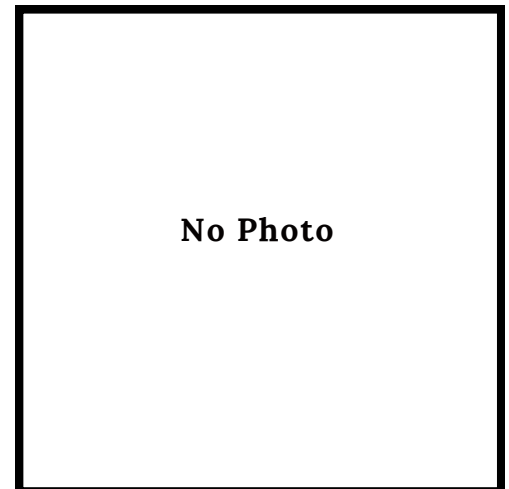


Karen Kyle McMahan, PhD(c), MFT (they/them)

Kyle McMahan is a psychotherapist with over 14 years of experience in private practice in San Francisco. Kyle provides psychoanalytic psychotherapy for adults both couples and individuals who are dealing with loss, grief, trauma, and relationship issues. Kyle supervises pre-licensed associates and PsyD students in a training program at San Francisco Marriage and Couples Center. Kyle lives Marin, CA with their partner, teenage daughter and golden retriever. and enjoys SF's vibrant art and music scene.

Christopher Nemes, MD (he/him)

No bio.





S. Dina Wang-Kraus, MD (she/her)

I am a Board-Certified Adult Psychiatrist. I trained at Johns Hopkins and Stanford University in General Adult Psychiatry. I specialize in the treatment of relationship struggles, grief, trauma, life transitions, and have unique training in women's reproductive mental health and breastfeeding medicine. As a native of California, I have been practicing in the Bay Area since 2016.

I am a Psychotherapist with extensive training in multiple types of psychotherapies, including psychodynamic psychotherapy and cognitive behavioral psychotherapy. I am currently a pre-seminar candidate at the San Francisco Center for Psychoanalysis.

As a cultural psychiatrist, I am fluent in Mandarin Chinese. I am also a practicing Couples and Family Therapist, undergoing my training at Stanford and with The Gottman Institute.

I am a former Stanford University Clinical Assistant Professor, and one of the physicians and perinatal-perimenopausal reproductive psychiatrists in the Women's Wellness Clinic. Currently, I continue to support and mentor the Stanford Psychiatry Residents, Fellows, and Medical Students, and bridge outreach for various community partners.

When I am not in the clinic or the classroom, I love hiking with my family, painting landscapes, baking in the kitchen (macarons are my specialty), training in martial arts, and watching stand-up comedy.

Rebecca Hammond, MD (she/her)

No bio.

No Photo

PLEASE WELCOME OUR
INCOMING
2024-2025
SFPPTP TRAINEES

Year 1 Section 1



Kalpa Bhattacharjee, PsyD (she/her)

I was born and raised in the San Francisco Bay Area to parents who immigrated to the United States from West Bengal, India. I grew up speaking Bengali at home and gradually developing a bilingual, bicultural frame of relating to the world. Passionate about music, the humanities, and the mind from early on, I double majored in English Literature and Psychobiology at UCLA while studying classical voice. I pursued graduate studies in vocal performance at San Francisco Conservatory of Music. Later, I decided to become a clinician after a stint in academic research psychology, including

earning a Master's Degree in Experimental Psychology at Wake Forest University. I discovered and fell in love with psychoanalytic theory while on practicum at RAMS in San Francisco, where I completed an advanced practicum and my pre-doctoral internship, while I was a doctoral student at the PGSP-Stanford PsyD Consortium. In particular, I am most drawn to the intersection between the arts and psychoanalysis as well as culture and psychoanalysis. I continue to actively perform as a singer and also write creatively. I am excited to be a part of the SFCP community and undertake further training in psychoanalytic psychotherapy.

Gabrielle Dressler, MD (she/her)

Gaby Dressler is a rising PGY-3 psychiatry resident at UCSF interested in the intersection of psychotherapy, consultation-liaison psychiatry, and addiction. She received her MD at Brown University and a Masters of Bioethics at Harvard before moving to the Bay Area for training. Gaby originally grew up in Wilmington, Delaware, and studied English and Slavic Literature at Columbia University before working in the film industry in New York. In her free time, she still loves reading, watching movies, and hiking, and feels grateful to live in a place as beautiful as San Francisco where she can go camping year-round.



Linna Duan, MD (she/her)

I grew up in Longmeadow, Massachusetts and spent most of my life on the East Coast. I graduated from Yale College with degrees in History of Science and Medicine and Molecular, Cellular, Developmental Biology. After graduating from college, I worked at a human rights NGO in Beijing, China for several years before returning to the U.S. to complete an M.A. in History of Science at Harvard University and M.D. at Yale School of Medicine. I moved to California for residency and am currently training at Kaiser Permanente San Jose. My academic interests are in Child and Adolescent Psychiatry, trauma, and advocacy. I am excited to expand my training in psychoanalysis and psychotherapy, working to treat patients holistically and on a deeper level.



Alan Elbaum, MD, MS (he/him)

I grew up in Ann Arbor, Michigan, in an Orthodox Jewish community and moved to the Bay Area for medical school 10 years ago, after which I resolved never to return to the land of freezing winters and mediocre stone fruit. Now halfway through psychiatry residency, I'm looking forward to putting the DSM and psychopharmacology to the side and learning richer approaches to understanding the life experiences of my patients. I've taken several extra years and detours over the course of medical training, including a year of disability advocacy in the Palestinian community of Nazareth , a summer

of hospital chaplaincy in Oakland, and research on incorporating the values of minoritized groups, especially African Americans, into end-of-life ethics. I also maintain a side career as a medieval historian, focusing on the history of medicine and illness based on a treasure trove of Arabic and Hebrew manuscripts known as the Cairo Geniza. I am still uncertain about my professional goals but have long been drawn toward palliative care and am interested in psychoanalytic approaches to serious illness, dying, and grief. While not at work, I enjoy studying languages, exploring farmer's markets, cooking and baking, knitting, running, and bingeing audiobooks.



James Finora, MD (he/him)

I grew up in a rural community on Long Island, New York. After college, I held several jobs including working as an oyster farmer and teaching English in Mallorca, Spain. I attended medical school at Dartmouth University and am currently a 4th year resident in psychiatry at California Pacific Medical Center. My clinical interests include working with those who have experienced trauma. I speak Spanish and hope to expand the reach of psychotherapy to the Spanish-speaking community of San Francisco. I enjoy reading and have started rock climbing since moving to the Bay Area. I'm looking forward to joining and learning from the SFCP community!

Austin Hilt, MD (he/him)

I was born and raised in central Ohio. After completing my undergraduate degree in Combined Science Chemistry, I studied public health at Youngstown State University, focusing my thesis work on community development and nutrition environments. I completed medical school at Northeast Ohio Medical University during which I studied medical ethics and humanities with a focus on clinical ethics. During medical school, I had the opportunity to participate in a clinical elective in psychodynamic psychiatry at the Austen Riggs Center. It was this experience that really solidified my interest in psychoanalysis. After medical school, I moved to Sacramento for residency training in Family Medicine and Psychiatry and am now in the final year of my training program. I am very excited to be joining the SF-PPTP program and all the learning ahead.





Rachael Perlman, PsyD (she/hher)

Hello, I'm excited to meet you all. I go by Rae, and I'm from Davis, California. I'm currently doing my postdoc at California Pacific Medical Center, where I work mostly in Spanish doing perinatal work and palliative care work.

I got my bachelor's in Cultural Anthropology, with a minor in German, from Bates College in Maine. When it came time to choose my major, I had been in the midst of taking both Psychology 101 and an Anthropology of Sex class, and was ironically drawn

toward Anthropology due to reading Freud in that class. Years later, I had a very meaningful psychodynamic treatment, which kickstarted my interest in becoming a therapist. In addition to this positive therapy experience, I believe that my interest in language, in continuous self-examination, and in the particularities of human subjectivity predisposed me toward wanting to work psychodynamically.

I got my PsyD at the Wright Institute, and my dissertation was on how to incorporate the realities of climate change into psychoanalytic case conceptualization and treatment. My dissertation taught me so much about how systems relate to the work we do, and about the beautiful flexibility of psychoanalytic thinking to best rise to the times. I'm on the editorial board of *Critica*, PINC's bi-yearly publication, and have very much enjoyed watching others combine psychoanalysis with social justice. I look forward to using my training at PPTP to become more nuanced in my ability to understand social topics psychoanalytically, as well as, of course, using it in my own work as a therapist.

Tim Sasaki , LCSW, MPH (he/him)

I am a queer, biracial, and bilingual social worker with a background in public health. I work for the San Francisco Department of Public Health as a therapist, case manager, and clinical supervisor at a large community mental health clinic in the Mission. I also have a private practice in San Francisco. I grew up in Wisconsin and made the leap to the Bay Area after I finished my undergraduate degree at UW Madison. I completed a dual masters in Social Work and Public Health at UC Berkeley and sought psychoanalytic training (but found much more) through the Coalition for Clinical Social Work. In 2021 I was a fellow with the American Psychoanalytic Association Teachers Academy and I'm a faculty member with the CCSW Extension Division, which provides psychodynamic training and community building for early career social workers. I love playing piano, running in Golden Gate Park, and listening to jazz.



Ariel Schonfeld, MD (she/her)

I am originally from Washington DC and have been in the Bay Area since 2017. I have a private practice in San Francisco where I see children, teenagers, and adults. I am also volunteer faculty at UCSF and on the medical staff at CPMC. My educational trajectory has been: BS in Engineering from Washington University in St. Louis; MD from University of Maryland; residency in Psychiatry at University of Maryland and Sheppard Pratt; fellowship in Child & Adolescent Psychiatry at Stanford; fellowship in Forensic Psychiatry at UCSF. I am passionate about psychiatry and psychotherapy and am eager to deepen my understanding of psychodynamic psychotherapy through PPTP.

Marlene Torres, MD, MPH (she/her)

Marlene is a fourth-year psychiatry resident at UCSF. She was born and raised in Los Angeles and has greatly enjoyed exploring the Bay area during her free time in residency. She completed her undergraduate and medical education at UC Irvine and earned an MPH from Harvard. Marlene is grateful to be in the field of psychiatry, where she can weave together all her interests, including trauma, immigrant mental health, reproductive psychiatry, integrated care, and system-level interventions. She is the chief resident of the UCSF Consultation-Liaison Psychiatry service. She is eager to join the Foundations program and further her psychoanalytic training to become a more effective healer.



Lauren Tronick, MD (she/her)

Lauren is a second year psychiatry resident at Stanford. Originally from Los Angeles, she graduated from Yale University with a B.A. in Anthropology. After graduation, she spent several years working as a touring musician, playing violin/viola and singing folk-Americana music around the country. She then began work answering crisis calls at the National Domestic Violence Hotline, a job that continues to inform her interests within psychiatry. She completed medical school at UC San Diego School of Medicine where she pursued projects related to Child and Adolescent Psychiatry and early psychosis. When she's not working, you can find her hiking with her dog, playing music, and exploring this beautiful state as much as possible!

Mimi Yen Li, MD (she/her)

Mimi Yen Li is a third year psychiatry resident at UCSF. She grew up in New York City, and completed an MD at Harvard Medical School before moving to the West Coast for residency. Mimi's interests are in addiction psychiatry, caring for people with histories of incarceration, and labor organizing. Prior to medical school, she spent a year living in Berlin, learning more about the German prison system and mental health care system. In her free time, she enjoys running, reading, cooking with friends, yoga, lifting, and listening to podcasts.



PLEASE WELCOME OUR
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SFPPTP TRAINEES

Year 1 Section 2



Charles Bay, MD, MPH (he/him)

Originally from Atlanta, GA, Charles Bay is a third-year psychiatry resident at UC San Francisco. He is a labor and wellness advocate who emphatically believes in carving out a protected space for self among all the competing demands of life. His prior experience in anthropology & public health provides an awareness to the impact internalized cultural and external societal factors have on individuals we work with and their ability to explore and further understand their sense of self. He intends to

question and incorporate principles of psychoanalysis to diminish the impact stigma, fear, & institutional mistrust have on marginalized peoples who often without choice must combat inequitable and unjust spaces. He has particular interest in working with folx at the intersection of mental health, sports, & well-being. He obtained his medical degree from Howard University, and both Masters in Public Health and Bachelor of Arts from Dartmouth College.

Attempting to practice the advice shared with others, he'll set aside time to recharge and remain authentic to self through foodie explorations, video games, fellowship with Black folx, and on as many travel adventures as possible with his wife. The abundance of outdoor space in the Bay Area is ripe for exploring and snowboarding has quickly become a loved way of doing so. He and his wife are attendees of all sonically pleasing events and generally prioritize eating good & feeling good. He has an immense love for great smelling smells (fresh balsam!) and their 12yr old Staffy, Axel Foley.

Elizabeth (Ellie) Beam, MD, PhD (she/her)

Ellie Beam is a resident in psychiatry on the research track at Stanford Health Care. She completed undergraduate studies at Duke with the support of the Angier B. Duke scholarship, earning degrees in English and neuroscience. Over two post-baccalaureate years at Harvard, she investigated alterations in brain network connectivity related to subthreshold depression. She went on to complete



MD/PhD training at Stanford Medical School with funding through the MSTP and an individual NIH fellowship. Her doctoral thesis synthesized texts and data across neuroimaging studies into a framework for domains of human brain function. As a resident, she has been awarded departmental funding to study how speech predicts response to TMS for depression. Over her clinical training, she has found it meaningful to care for young adults through early experiences of serious mental illness. She intends to pursue research and clinical practice in psychiatry that integrates understanding of

Ellie Beam is a resident in psychiatry on the research track at Stanford Health Care. She completed undergraduate studies at Duke with the support of the Angier B. Duke scholarship, earning degrees in English and neuroscience. Over two post-baccalaureate years at Harvard, she investigated alterations in brain network connectivity related to subthreshold depression. She went on to complete MD/PhD training at Stanford Medical School with funding through the MSTP and an individual NIH fellowship. Her doctoral thesis synthesized texts and data across neuroimaging studies into a framework for domains of human brain function. As a resident, she has been awarded departmental funding to study how speech predicts response to TMS for depression. Over her clinical training, she has found it meaningful to care for young adults through early experiences of serious mental illness. She intends to pursue research and clinical practice in psychiatry that integrates understanding of mental illness across the stories that individuals tell, broader cultural narratives, and the neuroscience literature.



Zane Adam Davis, MD (he/him)

Zane is a psychiatry resident with San Mateo County Health, a community-based residency program that focuses on public psychiatry training. Born and raised in Alaska, Zane completed much of his medical education in rural Alaskan communities through the Alaska WWAMI School of Medicine at the University of Washington. Before his career as a physician, he worked as a harm reduction educator at a syringe exchange program in Anchorage. In 2024, Zane will

begin outpatient clinical work at the South County Mental Health Center in Redwood City, where he will provide psychotherapy and medication management for a diverse and underserved patient population.

His interest in psychoanalysis crystallized in medical school when—seeking a counterpoint to medicine's empirical-nosological framework for mental suffering—he spent a month at the Austen Riggs Center in Massachusetts learning about psychoanalytic theory and psychodynamic psychopharmacology. Zane's other professional interests include addiction, forensic psychiatry, queer and transgender well-being, medical education, and rural care. He looks forward to the opportunity to advance psychoanalytic practice in a community mental health setting.

**Jessica Good, M.A in Counseling Psychology
(she/her)**

Hi, I'm Jess! I grew up in a family of therapists and I've always wanted to contribute to improving the world. I initially aimed to do so through documentary film with my BA in Film & Media studies at Whitman College, and then in pursuing a career in the entertainment industry. After co-founding a non-profit and working with high level performers in talent management, I realized I wanted to do so at an individual level and changed my career to

psychology. I completed my Master's degree in Counseling Psychology from The Wright Institute in Berkeley, CA and will be licensed in October 2024.



I have worked in a variety of clinical settings, including San Francisco's Mission High School as a therapist with Richmond Area Multi-Services, and most recently with UCSF Citywide Intensive Case Management. At Citywide I experienced the social work side of psychology and worked with clients experiencing severe mental illnesses, substance use, high risk factors, and criminal justice involvement. I now practice at a sports and performance psychology group practice doing individual and family therapy with athletes.

I look forward to the SFCP foundations program to build community, engage intellectually with others, and improve my clinical skills so that I can serve my clients better!



Dilara Hasdemir, MS (she/her)

I am an Associate Clinical Social Worker currently employed at a group practice. I earned my first master's degree in Clinical Psychology from Middle East Technical University in Turkey, and later moved to the United States to complete a second master's degree in Social Work at the University of Texas at Austin. After a brief tenure in community mental health in San Francisco, I transitioned to a group practice where I continue to provide psychotherapy to adults and adolescents. I work with individuals with diverse mental health needs, including those

from various cultural backgrounds, and I provide psychotherapy in both English and Turkish.

Since graduate school, I have been deeply passionate about the psychoanalytic school for its depth, richness, and profound meaning it offers. I have engaged in various training programs in the psychoanalytic approach, both in the US and Turkey. I aspire to further expand my psychoanalytic knowledge and become an active member of the intellectual community at SFCP.

Vivian Ho, MD (she/her)

No bio.

No Photo



Chimno Nnadi, MD, PhD (she/they)

Hi everyone! My name is Chimno and I was born in Owerri, Nigeria. I immigrated to the United States with my family when I was 5 years old and grew up in northern New Jersey. I graduated with a B.A. in Chemistry at Columbia University and then received my MD and PhD in Chemical Biology from UCSF. While a medical student here, I fell in love with psychiatry and knew it was the perfect speciality for me to interact with patients in such a profound way and to study the human condition. I grew interested

in psychoanalysis and would attend seminars and supervision that involved psychoanalytic and psychodynamic principles in my first two years of residency. For my hobbies, I love to write poetry, go salsa dancing, and go on long bike rides along the beach and through Golden Gate Park. I am excited to begin my training here as a part of PPTP and I cannot wait to meet you all!

Ekaterina Protsenko, MD (she/her)

I am a third-year resident at Stanford's adult general psychiatry program. My family is ethnically Russian, but I was born and lived in Latvia in its early post-Soviet years before moving to the US as a child. I went to undergraduate at Providence College in Rhode Island, and completed my MD and Masters in clinical research methods at UCSF. I found my way to psychiatry slowly, after spending much of high



school imagining I would go to art school, and much of college imagining I would go to grad school. Then as a research technician in a neuroimaging lab studying pain & fibromyalgia, I met my first patients and fell in love with the work! Clinically, I am interested in trauma, functional and somatic symptom disorders, the experience of illness, and the intersections of medicine and mental health.



Chace Shaw, MD (he/him)

Chace Shaw is currently a psychiatry resident in the Stanford Adult Psychiatry Residency Program. Originally from the California Central Valley, Chace completed his undergraduate studies at Harvard University and obtained his medical degree from UCSF School of Medicine. In addition to psychotherapy and pharmacotherapy, Chace's clinical interests include the emerging fields of neuropsychanalysis and religion and spirituality (R/S). Chace's hobbies include hiking, traveling, and exploring the Bay Area with his wife.

Erika Solís, MA (she/her)

My name is Erika Solís and I will be joining the PPTP cohort in the fall of 2024. I grew up between Mexico City and San Antonio, Texas, and have been interested in psychoanalysis for as long as I can remember, in part due to my extensive personal experience in psychoanalytic psychotherapy. After an initial career as a high school teacher of Spanish and French, I was licensed as a marriage and family



therapist in 2014. I have worked in community mental health and school settings as well as in private practice, and have a special interest in working with Latinx families and children. I am a graduate of SFCP's CAPPTP, and currently work in private practice with adolescents and adults. I have been a resident of San Francisco since 2004 and love the proximity to natural spaces that we enjoy in the city. In my free time I enjoy hiking, learning languages, and appreciating a broad range of literature and film



Eve Solomon, MD (she/her)

Eve Solomon is a fourth-year psychiatry resident at the University of California, San Francisco. Eve grew up in Marin County and feels fortunate to call the Bay Area home. She majored in English at Barnard College in New York City and continues to be an avid reader. After college, Eve served as a Peace Corps Volunteer in Costa Rica, where she worked with doctors and the indigenous Ngäbe people, coordinated a local learning center, and taught ballet

classes for young girls. She returned to the United States to complete a post-baccalaureate premedical program at Goucher College in Baltimore, and medical school at the University of California Davis in Sacramento. Her professional interests include medical ethics, women's mental health, addiction psychiatry, and forensic psychiatry. She is the chief resident for education and clinical programs for the UCSF psychiatry residency program. In her free time, she enjoys continuing to explore all that California has to offer through road trips, hikes, bike rides, and cooking and eating delicious local food. She looks forward to learning psychoanalytic theory and advancing her skills as a psychotherapist in order to better serve her patients.

Becky Wu, MSW (she/her)

I'm a psychotherapist at a group private practice based in the Bay Area. I completed my Masters in Social Welfare from UC Berkeley in 2014 and worked as a public child welfare case manager for 7 years before becoming a psychotherapist. I have been licensed as an LCSW in CA since 2020. In my free time, I enjoy reading, hiking, being out in nature, and spending time with my dog.





THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

97 people of color have received
tuition credits since 2021

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 27 students received tuition credits in 2023
- 30 students are estimated to receive tuition credits in 2024

This fund was established in memory of Enrico E. Jones, PhD, an African American Psychologist and Professor of Psychology at UC Berkeley who did his analytic training at SFPI and was a Faculty member of SFPI.

WAYS TO DONATE ONLINE

BY MAIL:

Payee: SFCP
ATTN: Enrico Jones Fund
444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Join Us!

Our members' participation in this effort has been excellent, but we need a continuing effort to achieve the diversity of members which we desire. All contributions help!



CHILD COLLOQUIA SERIES

WORKING WITH THE HARSH ADOLESCENT SUPEREGO

In this talk we'll explore the struggle for the therapist to contain her experiences, the dynamics underlying this enacted relationship, and therapeutic approaches to addressing the flipping cruelty. Process material will be shared in small groups so that participants can "be in the room" with the treatment situation.

Presenter: Holly Gordon, DMH

Discussant: Ann Martini, LCSW

**SATURDAY, SEPTEMBER 14,
2024**

10:00AM - 12:00PM - PRESENTATION

**12:00PM - LIGHT LUNCH, DRINKS,
AND SOCIAL HOUR**

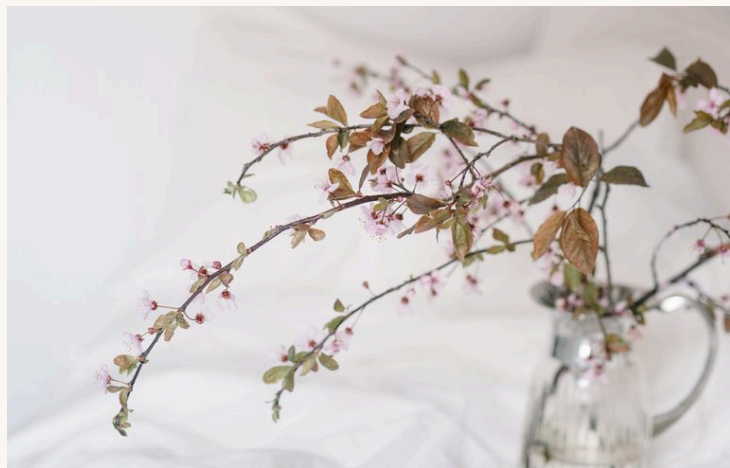
IN-PERSON EVENT ONLY

SFCP

444 NATOMA STREET

SAN FRANCISCO, CA 94103

For more info and to register:





SFCP'S ANNUAL MEETING

SEPT

21st

2024



We have changed the Annual Meeting from June to September to welcome everyone back to the Center as we start the new year. Come hear summaries of last year and learn about the organization's plans for 2024/25. Meet new and long-time friends, plus enjoy a cocktail reception after. Maybe even invite some friends to dinner in the City after? We look forward to seeing you in-person or on Zoom.

444 Natoma Street, San Francisco, CA 94103

2PM - 5PM

Please RSVP to ensure we can accurately plan the food order for the reception.

www.sfcpsf.org/2024-09-21-annual-meeting/





Envisioning PAPPTP for the Next Generation

PAPPTP invites you, our faculty, alumni, and community clinicians, to an in-depth conversation about PAPPTP.

Since 2007 PAPPTP has been a source of training and fulfilling collegiality for clinicians learning and practicing psychodynamic psychotherapy. We plan to gather to reconnect, celebrate, and brainstorm together about PAPPTP's future. As many in our administrative group age, we need to pass the torch to a new generation who can shape a future PAPPTP.

Refreshments provided!

Sunday, September 22nd

2:00pm – 5:00pm

RSVP to Catherine Phillips

catherinehphillips@gmail.com

206-271-0839

- What has PAPPTP achieved and how has it affected you?
- What is worth continuing?
- How can it evolve to continue serving the Peninsula and South Bay psychotherapy community?



Psychological Refusal: A Resistance Tactic for Survival

Wednesday, September 25 , 2024

6:45pm - Greetings and Socializing

7:00pm – 09:00pm - Program

Location:

Online via Zoom

Presenter:

Khadija Salim, MA, LPC

Seton Hall University, AMENA-Psy,

American Psychological Association (APA)

Program Fee:

This program is free

Discussant:

Karim Dajani, PsyD

Member and Faculty, SFCP

Training and Supervising Analyst

Editorial Board of International Journal of Applied

Psychoanalytic Studies

Private Practice

To Register:

<https://www.sfcps.org/2024-09-25-ccsw>

Questions?

Daniel Yu, LCSW

d.yu.lcsw@gmail.com

Moderator:

Daniel Yu, LCSW

Private Practice

CCSW Co-chair, Clinical Evenings and Pedagogy Committees

PINC Race Working Group Member



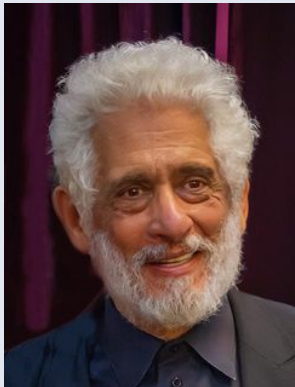


SCIENTIFIC MEETING

Dr. Arnold Richards's Memoir:

Unorthodox: My Life Inside and Outside of Psychoanalysis

This interview program with Arnold Richards, will explore his personal and professional life inside and outside of psychoanalysis. As a writer, publisher, editor, teacher, clinician, artist, and creative spirit for six decades, he has been "orthodox," unorthodox, and revolutionary in an astonishing variety of endeavors. The influence of his Russian Jewish father, an early Bolshevik who emigrated to America in the 1920s, contributed to his efforts for fairness and inclusion in psychoanalytic training. His recent memoir, *Unorthodox: My Life In and Outside Psychoanalysis*, will be a starting point for the interview, but we'll also touch upon innovations in his five volumes of Selected Papers, his work on "thought collectives," and his activities in publishing, Left politics, Yiddish culture, psychoanalysis in China, poetry, and photography. A reception following the program will allow time for further conversation.



Arnold Richards, MD

Featuring:

Arnold Richards, MD

In conversation with:

Charles Fisher, MD

**Saturday,
October 5, 2024**

10:30am - 12:00pm



In Person at

**San Francisco Center for
Psychoanalysis
444 Natoma Street
San Francisco, CA 94103**

Remote option available

*This program is free
of charge!*

FOR CME AND PROGRAM INFO:
[SFCP.ORG/2024-10-05-SCIENTIFIC-MEETING/](https://sfcp.org/2024-10-05-scientific-meeting/)





Enactment: Its Provocation by the Analyst

ROBERT GROSSMARK, PH.D, ABPP is a psychoanalyst in New York City. He works with individuals, groups and couples and conducts psychoanalytic consultation and study groups.

He is on the teaching and supervising faculty at the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, The National Institute for the Psychotherapies Program in Adult Psychoanalysis, The National Training Program in Psychoanalysis, National Faculty Member, the Florida Psychoanalytic Center and lectures at other psychoanalytic institutes and clinical psychology training programs nationally and internationally. He is an Associate Editor for *Psychoanalytic Dialogues*.

He is the author of *The Unobtrusive Relational Analyst: Explorations in Psychoanalytic Companionship* and co-edited *The One and the Many: Relational Approaches to Group Psychotherapy and Heterosexual Masculinities: Contemporary Perspectives from Psychoanalytic Gender Theory*, all published by Routledge.

Saturday, November 9, 2024

9:30AM -12:30PM Pacific Time

SFCP

444 Natoma Street

San Francisco, CA 94103

Remote option available.

Robert Grossmark, PhD, ABPP

Presenter

Julie Ruskin, PhD

Moderator

Program Fee:

\$55 General Admission

\$30 SFCP Members

Free for Students

For more information and
to register:



Member Announcements!

Recently Retired? Big Anniversary?
Special Announcements? Milestones?
A Member's Passing?

We want to acknowledge our members' milestones, achievements, and other announcements! Please email nicole.lee@sfcps.org if you want to share your news so that we can post it in the newsletter!





CONGRATULATIONS TO ONE
OF OUR ANALYST MEMBERS,
REBECCA SCHWARTZ, PHD!

I am especially excited to share with you the publication of my article describing my work with selectively mute children. This article resulted from my SFCP graduation paper and I thank those from our wonderfully innovative community who helped me with this endeavor.

Schwartz, R. (2024). The Beaver and the Bunny: Living in Hiding as a Selectively Mute Child. *Journal of Infant, Child, and Adolescent Psychotherapy*, 23(2), 142–153.

<https://doi.org/10.1080/15289168.2024.2351721>



NEW ENGLAND FOUNDATION
FOR PSYCHOANALYSIS

February 24, 2024

Board of Directors

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www.NEFP.us

11 Gilson Road
Wellesley, MA 02481

Dear Marcia,

We would like to introduce ourselves. The New England Foundation for Psychoanalysis is a 501c3 Public Charity based in Massachusetts. We recently received a generous bequest which enables us to give modest grants. We are contacting you to let you know that we are encouraging you to submit grant requests.

The bequest comes with the stipulation that the grants must be made for interdisciplinary psychoanalytic projects, programs and research. The grants can only be given to non-profit organizations. We hope that these grants will encourage the integration of evolving psychoanalytic principles with the arts, humanities and the sciences.

Please visit our website, www.nefp.us, for more information and for the grant application. The website includes descriptions of the recent grant recipients. Joint programs between Institutes and outside organizations will be given preference. For this year (2024) we will accept grants on a rolling basis.

We realize that this is a new and somewhat novel program, so please contact us directly with any questions you have about these grants or the grant process. We are happy to collaborate with you on your grant application. Email is the best way to reach us: NEFPsychoanalysis@gmail.com

Sincerely,

The NEFP Board