SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



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PLEASE COMPLETE THIS 5 MINUTE SURVEY!

<u>www.surveymonkey.com/r/WP8FVPV</u>

MESSAGE FROM THE SFCP NEWSLETTER EDITOR

Richard Almond, MD SFCP Newsletter Editor

Thank you for taking 5' to fill out this survey. The Newsletter would like to include more content from and about individual members, their unique activities and interests. We think that can contribute to our knowing each other better, and recognizing the wide range that accompanies clinical activity. We hope this can lead to profiles, essays, creative arts coverage, and so on. Anything you submit will only be used in the Newsletter with your consent and collaboration.

BRETT PENFIL, MFT, MPH CHAIR, BOARD OF TRUSTEES

SFCP Board Chair Report

Earlier this month – eight months into my three-year term as Board Chair – I recommended that the Nominating and Governance Committee of the Board start recruiting the next Board Chair. I was deeply touched a few weeks later when a committee member called me to ensure I was getting the support I needed in my role. She was concerned that my recommendation to search for my successor meant I was struggling in my role. I assured her that I was fine and thanked her for both her care and for her – possibly unintended – feedback. What was the feedback? Her worry about me let me know that I hadn't provided enough context to explain my recommendation. As I then shared with her, succession planning – the organizational term for the process of recruiting and selecting leaders before the current leader's term ends – is best done early. How early? It's never too early. For example, an incoming Board Chair would be helped if they are first a member of the Board for at least a year. That will help the person learn about the Board's work as well as build relationships with Trustees. Add to that year, time to reach out to a wide group of members to find new and interested people and time to engage and encourage them. That brings the total to approximately two years, right about when I think we will start seeking a successor.

That is my organizational note for this month's newsletter. Now I will share – as I do each month – the highlights from last month's Board of Trustees meeting. A major focus of the February meeting was a training discussion about fundraising. Many of you will receive a friendly call from a Board member in the next month or so asking you to contribute to SFCP's Annual Campaign. There will be no pressure. It is simply a friendly reminder about the campaign. Most of the time, Board members leave voice mails, but every so often, we reach a member live, which is a delight – even if it's a surprise in the moment! Nicole Lee wrote an informative email about the use of Annual Campaign funds. Please see here for that email. [add link] Thank you to all who have already contributed!

Other key points and votes from the February Board meeting:

- The Finance Committee reported that SFCP remains on budget for this academic year. This will remain true if the Annual Campaign reaches its goal of \$130,000.
- The Facilities Committee reported that they continue to look at options to improve the sound in the SFCP main room.
- The Nominating and Governance Committee now led by Marc Wallis reported their continuing efforts to recruit Board Trustees.
- The Board voted to approve a carefully developed set of financial policies. Many thanks for Marcia Hodges and the Finance Committee for this huge accomplishment!

Thank you – as always – to everyone for contributing so much of your time, energy, mind, and heart to the continued work of SFCP!

If you have any questions or comments, please contact me at: <u>brett@brettpenfil.com</u>

BETH STEINBERG, PHD CHAIR, PSYCHOANALYTIC EDUCATION DIVISION

Report from the Chair of the Psychoanalytic Education Division

Dear SFCP Community-

I am very pleased to announce our 2024 PED Graduates!

Graduates from the Adult Psychoanalytic Training Program: Jyoti Rao, LMFT Sydney Tan, PsyD Chandrakala Rai, MFT

Graduates from the Adolescent and Child Psychoanalytic Training Program: Catherine Phillips, LCSW Mary-Stone Bowers, MFT

Please join us for the 2024 PED Graduation Ceremony, which will take place at the Center on Saturday May 11 from 3:00 - 4:30. [Please note time change!] We are very pleased that Jim Dimon, MD has agreed to be our graduation speaker.

Immediately following the ceremony, please also join us for a lively reception with drinks, music and delicious appetizers! We hope you will join us to celebrate our graduates.

CLICK HERE TO RSVP TO THE GRADUATION CEREMONY AND THE RECEPTION

I also wanted to make sure you are aware of the new <u>Candidate Training Grants for Equity and Diversity</u> fund which will help to cover costs of psychoanalytic training at SFCP for candidates who identify as a person of color and/or as having financial need. Please consider donating to this important effort to bring new voices into our community and help to sustain SFCP into the future!

To donate please click here: CANDIDATE TRAINING GRANTS - DONATION FORM

Also, please let me know if you might be willing to join us on the **Candidate Training Grants for Equity and Diversity committee.** We need volunteers to help launch this program which will bring new voices into our community and help to sustain SFCP into the future!

Please email me at <u>besteinberg@comcast.net</u> if you are interested in learning more.

Important - Vision and Mission of SFCP -Your Voice is Crucial

You are invited to attend a virtual working session to re-imagine SFCP's Vision and Mission Statements on Sunday, April 28, 2024 from 9:00 am - 2:00 pm.

Your voice is critical even if you are not able to attend the session.

You will be able to contribute even if you cannot attend on April 28th. You can register <u>here</u>. The registration deadline is Monday, April 15th.

The vision and mission statements will build on the strategic planning process and the four strategic directions:

- 1. Energizing the Membership to Co-Create the Life of the Organization
- 2. Promoting an Inclusive & Reflective Organization
- 3. Re-Envisioning & Building a Sustainable Organizational Structure to Support Prioritized Programming
- 4. Developing & Supporting Leaders

The vision and mission are essential policies and guides for the organization.

What is a vision statement?

A vision statement focuses on the imagined future world the Center wants to create. It's aspirational. The vision statement promotes growth, both internally and externally. A strong vision helps people focus on what matters the most for the Center. It also invites innovation in how we evolve to meet the vision.

A vision statement answers questions such as:

- What is the arena or arenas of our work?
- What problem/issue are we working to solve, or what shift are we hoping to create?
- Who and what are we inspiring to change?

What is a mission statement?

A mission statement focuses on what the Center does now to achieve the vision. The mission statement drives the Center. It is what we do, the core of our work, and what our contribution is to making the vision a reality. It also shapes the Center's culture.

A mission statement answers questions such as:

- What do we do?
- Whom do we serve?
- How do we serve them?

STRATEGIC PLAN OPERATIONS TEAM

Important - Vision and Mission of SFCP -Your Voice is Crucial cont.

Ways to participate:

- A survey will be sent to all members the week of March 7th. Please contribute your thoughts on some questions related to SFCP's vision and mission prior to the working session on April 28th. The combined input will be distributed to the entire membership prior to April 28th so that these thoughts can be brought forward into the mission and vision planning activities on April 28th. Your responses will be anonymous.
- Attend on April 28th. You can register <u>here</u>. The registration deadline is Monday, April 15th.

We hope you will complete the survey and attend the April 28th session. If you have any questions, please feel free to contact Marcia Hodges at <u>marcia.hodges@sfcp.org</u>.

Strategic Plan Operations Team

Brett Penfil, Board Chair Maria Longuemare, President Ari Bachrach Deb Fletcher Meryl Botkin Marcia Hodges

Attend on Sunday, April 28th! The registration deadline is Monday, April 15th.



NEIL BRAST, MD, CATHERINE PHILLIPS, LCSW, AND TINA ST. LORANT, LMFT CHAIR, PALO ALTO PSYCHOANALYTIC PSYCHOTHERAPY TRAINING PROGRAM

Report from the Chair of the Palo Alto Psychoanalytic Psychotherapy Training Program (PAPPTP)

The Palo Alto Psychoanalytic Psychotherapy Training Program invites all interested people to our Open House on Thursday evening, March 21st from 7-9pm in Palo Alto. We'll have a case presentation and discussion as well as some yummy food and information about the clinical training programs available.

Please contact Catherine Phillips for more details. <u>catherinehphillips@gmail.com</u>

An update from the Energizing the Membership Strategic Directions team:

Our Center has grown tremendously in the past twenty years, as measured by the number of programs offered, the number of members, the number of students, the complexity of the organization, and the size of the budget.

That growth has required an increasing amount of human labor, not only from our paid staff but also from an increasingly large, dedicated, energetic, and creative cadre of volunteers, almost all members of our Center. And that cadre has been stretched thin by the increasing work load and difficulties in enlisting new participants in the life of the Center. Also, each participant, who has often accumulated years of knowledge, skills, and institutional experience often leaves their position without an obvious replacement. At times we have had to mothball programs for want of folks to make those programs happen.

Our team wants to make inroads on that problem through several initiatives. Here we shall describe the first of these initiatives, namely, constructing a database of roles and opportunities at the Center. Much of the culture of the Center has been passed on orally, with all the pitfalls of an oral tradition. We want to move toward a written tradition starting with a library (i.e., database) cataloging and describing the roles at the Center. This database will be used to let potential participants know in detail what roles are open, what roles will become open in the near future, and what these roles entail so that, as they take on their new role, participants know what they will be facing and how they will be trained and supported.

We propose to construct this Database of Roles and Opportunities by interviewing current and recent role holders with twenty-one questions {see ADDENDUM below}, the answers to which will become the contents of the database. These questions will touch on the tasks, relationships, time commitments, levels of stress, types of support, and most importantly the gratifications of the role. We anticipate that each interview will last about fifteen minutes.

Aaron Chow has begun working on an online data entry form into which interviewees and interviewers can easily record their answers. During the next month, we will pilot this process with one program at the Center, which has a dozen key participants.

One may think of this project as akin to creating a professional will for one's clinical practice. In recent years several key participants at the Center, including program leaders, have had to suddenly step away from their roles because of personal illness or illness in a family member. Having their roles already described would have helped us find and orient those who have stepped in on an urgent basis.

If you would like to participate in this project as an interviewee, interviewer, or any other way, please contact Neil Brast at <u>nbrast@pacbell.net</u> or 650-493-4900. Any SFCP member, including candidates and community members are welcome.

An update from the Energizing the Membership Strategic Directions team cont.:

If you want to provide feedback to the team, please send your email to Neil Brast, (email above), Susan Hamlin (<u>susanhamlin@mac.com</u>), Mary McMillan (<u>mtmcmillan@mac.com</u>) or Meryl Botkin (mbotkinphd@gmail.com).

ADDENDUM: Twenty-one questions for characterizing roles at SFCP:

1.What is the title of your role?

2. Where are you located within the SFCP organization? (e.g., Division)

3.To whom do you report?

4.Who reports to you?

5. When did you start in this role?

6.Who preceded you in this role?

7.Who oriented you to this role at the start?

8. What are your responsibilities?

9.Are there formal requirements for this role, e.g., membership category, prior experience?

10.What have you hoped to accomplish during your tenure in this role?

11. How many meetings per month do you attend?

12.On average, how many hours per week do you devote to this role?

13.What have been the satisfactions of this role?

14.What have been the frustrations and stresses of this role?

15.Are your responsibilities yours alone, shared, dispersed, rotating?

16.What is the rhythm of your workload? Is it constant, episodic, seasonal? When is it most intense? When is it at a low ebb?

17.Are there emergencies/urgent matters you are on call for and must attend to?

18. Who will stand in for you when you are away, ill, or dealing with a crisis in your personal life?

19.What other roles do you have at the Center and elsewhere? Do your other roles conflict in any way with this role?

20.Does your role have a defined tenure?

21. How are you working to identify and prepare others to assume this role when you transition out of it?

Message from the Committee on Groups:

SFCP ANNUAL GROUP RELATIONS WEEKEND MARCH 23 & 24, 2024

The Committee on Groups (COG) is hosting the annual SFCP Annual Group Relations Weekend on March 23 & 24th, 2024, and would like to invite you to participate.

What is "Group Relations?"

Group Relations utilizes a methodology to understand authority, leadership, power, and the dynamics within groups, organizations, and systems. The group relations conference will engage participants in an experiential learning process — a blend of "here-and-now" events and reflective sessions. In "here-and-now" events, participants examine the current moment, focusing on unconscious dynamics playing out in the group-as-a-whole, rather than focusing only on intrapersonal or interpersonal dynamics. Reflective events encourage participants to think and reflect upon their experiences. It is not uncommon for the learning process to be transformative, influencing how participants perceive themselves, their roles, and the groups and organizations to which they belong.

Given that all aspects of life manifest within groups, including when working in dyads, this group relations retreat seeks to deepen participants' understanding of their roles, citizenship, leadership, and authority. Additionally, it aims to foster the development of personal agency and creativity within the dynamics of the group. We hope to generate meaningful conversations that explore a deeper understanding of ourselves and others within a group setting. The opportunity to share one's thoughts openly and spontaneously within the group, guided by experienced facilitators, can be invaluable for comprehending group life, organizational dynamics, and the complexities of working in groups.

Facilitators:

Leonard Levis, PhD, and Janice K. Wagner, LCSW

Location & Registration:

We will meet on Saturday and Sunday, March 23 and 24, 2024, at SFCP from 9 am to 5 pm. These two days will include working in both large and small groups.

All are welcome. We have room for 24 participants; 10 spots will be filled by COG members, and 14 openings remain. We aim to be inclusive and will work to create a group that represents diversity of membership on many levels. We welcome new participants to the group process experience and encourage those who have participated before to join us again.

Message from the Committee on Groups cont.

SFCP ANNUAL GROUP RELATIONS WEEKEND MARCH 23 & 24, 2024

The fee for the weekend is \$550. This includes two days of paid facilitation, coffee, breakfast, lunch, and snacks. A registration link will be sent to all confirmed participants. Financial assistance is available, and for those who are able and willing to contribute more to support our commitment to accessibility, there is an option to pay an additional amount during the registration process. To inquire about financial assistance, please write to Sydney Tan at sydneytanpsyd@gmail.com.

If you wish to register for the event, please contact Sydney Tan at <u>sydneytanpsyd@gmail.com</u>. We will respond to your inquiry by January 31 and provide confirmation regarding the availability of space in the group.

Questions:

Please contact any member of the committee if you have questions or wish to learn more.

Committee on Groups Members:

Ari Bachrach, NP Debora Fletcher, PhD Ben Goldstone, MFT Fei Hu, MFT Brett Penfil, MFT Jane Reingold, MFT Mary Diaso Rudy, LCSW Sydney Tan, Psy.D. Lara Weyland, PhD

CONVERSATIONS WITH CLINICIANS Darian Leader In Conversation with Patricia Marra, MFT

Darian Leader will be SFCP's Visiting Professor the weekend of April 13– 14. More information is coming soon. The conversation that follows occurred by email between Darian Leader and Patricia Marra, from their respective cities of London and San Francisco, over several weeks from April through June 2023. The interview was originally published in fort da, Fall 2023, 29(2), pp. 30–42.



CLICK TO READ THE INTERVIEW!

"THE ROLE OF THE ANALYST"

SATURDAY, APRIL 13, 2024 9:30AM - 11:30AM



Presenter: Darian Leader



Discussant: Jeanne Wolff-Bernstein

SFCP Community Members - Mentoring Program!

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is the link to become a Community Member: <u>update</u>

And here is the link to the Mentoring Program: update

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise."

Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon, DMH <u>hollygordon4@gmail.com</u>

COST: FREE to SFCP Community Members. LINK TO APPLICATION: <u>update</u> QUESTIONS: If you have questions about the program, please contact: Holly Gordon, DMH <u>hollygordon4@gmail.com</u> Celebrate Women's HERstory Month with the SFCP Library as we honor the extraordinary legacy of women in psychoanalysis.

The SFCP library is dedicated to promoting inclusivity within our community. Whether you have questions about our services or archives, we invite you to visit our reference desk on Fridays from 10am to 2pm.



For any inquiries, you can also contact the librarian, Rashmita Sriram, at <u>rashmita.sriram@sfcp.org</u>.

Let us come together to celebrate and recognize the contributions of women throughout history at SFCP!

CLICK <u>HERE</u> TO ACCESS THE LIBRARY'S HOME PAGE.

AGC's 2nd Community Building Event of 2023-2024



This past weekend, Paul and Dena Sorbo graciously opened their home to host a wine and cheese party for community building, sponsored by the Annual Giving Campaign. Thank you to our hosts and to everyone who came! We had a great turn out!











Annual Giving Campaign Update!

Our 2023-2024 Goals

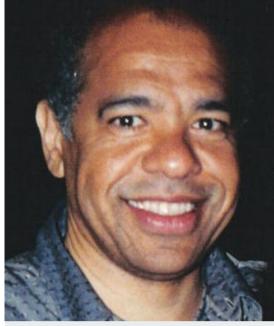
RAISE \$130,000
 EARN THE SUPPORT AND
 PARTICIPATION OF **ALL** SFCP MEMBERS
 INCREASE THE NUMBER OF
 PARTICIPANTS FOR OUR IN-PERSON
 FUNDRAISING EVENTS

March Update

WE HAVE ALREADY RAISED \$60,018! THAT IS 46% OF OUR GOAL.

WE ALSO HAVE 26.4% OF OUR MEMBERS' PARTICIPATION SINCE OUR LAUNCH 4 MONTHS AGO!





Join Us!

Please join us by making your contribution now online, by mail or by phone. Our members' participation in this effort has been excellent, but we need a continuing effort to aid our organization to achieve the diversity of members which we desire. All contributions help!

WAYS TO DONATE

ONLINE:

https://www.sfcp.org/s/enricojones-fund

BY MAIL:

444 Natoma Street San Francisco, CA 94103

BY PHONE:

(415) 563-5815

THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

70 people of color received tuition credits since 2021

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 30 students estimated to receive tuition credits through June 2024

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Contributions

- FY2021: 12 donors, \$28,200
- FY2022: 42 donors, \$40,600
- FY2023: 36 donors, \$46,600

Total number of donors: 67

*Please note that repeating donors were counted once.

PALO ALTO PSYCHOANALYTIC **PSYCHOTHERAPY TRAINING PROGRAM** (PAPPTP)



THURSDAY, MARCH 21, 2024 7:00 - 9:00PM **IN-PERSON EVENT!**

PLEASE JOIN US FOR APPETIZERS, A CLINICAL CASE DISCUSSION AND PROGRAM INFORMATION!

PAPPTP STUDENTS AND FACULTY WILL BE ON HAND TO TALK WITH YOU ABOUT THE TWO-YEAR PROGRAM AND THE FELLOWSHIP YEAR.

TO RSVP, CONTACT CATHERINE PHILLIPS, LCSW



catherinehphillips@gmail.com



(650) 213-2949

A PRIVATE HOME IN PALO ALTO. ADDRESS PROVIDED UPON RSVP.

FOR MORE INFORMATION ON THE PAPPTP PROGRAM, PLEASE VISIT SFCP.ORG/PAPPTP/



VISITING PROFESSOR WEEKEND

Featuring Darian Leader, Lacanian psychoanalyst

"THE ROLE OF THE ANALYST" SATURDAY, APRIL 13, 2024 9:30AM - 11:30AM ONLINE EVENT

\$ 95 — General Admission
\$ 80 — SFCP Members
Free — SFCP and non-SFCP Candidates, SFCP PPTP
Trainees, and University Level Students

Presenter: Darian Leader **Discussant:** Jeanne Wolff-Bernstein, PhD **Moderator:** Patricia Marra, MFT

2 CME/CE credits available for free (for SFCP members) or \$ 30 (for non-members)

PROFESSOR'S CHOICE WITH DARIAN LEADER ON "CONSTRUCTIONS IN ANALYSIS" SUNDAY, APRIL 14, 2024 10AM - 11:30AM ONLINE EVENT

\$ 65 — General Admission \$ 50 — SFCP Members Free — SFCP and non-SFCP Candidates, SFCP PPTP Trainees, and University Level Students

Presenter: Darian Leader Moderator: Israel Katz, MD

1.5 CME/CE credits available for free (for SFCP members) or \$ 30 (for non-members)

FOR MORE INFORMATION:

WWW.SFCP.ORG/VISITING-PROFESSOR-WEEKEND/





DARIAN LEADER

Darian Leader is a Lacanian psychoanalyst and founding member of the Center for Freudian Analysis and Research (CFAR) in London. He is a thinker, speaker, and writer whose intelligence and clarity reach a wide international audience — Lacanian and beyond. Among his prolific publications are titles such as: Jouissance: Sexuality, Suffering, and Satisfaction (2021); "Rereading Little Hans" (2021); Why Can't We Sleep? (2019); Strictly Bipolar (2013); and What Is Madness? (2011); Why Do People Get III?. Most recently, in 2023 he published his latest book, Is It Ever Just Sex? He also features in several YouTube lectures, including: "Interpretation" (2022); "On Jouissance" (2022); and "What Is Sex?" (2022). In all of his writings and talks, Leader illustrates his belief that psychoanalysis thrives on real questions - on exploring what we don't know - and inspires his readers to question even further.

Conversations with Clinicians

Darian Leader In Conversation with Patricia Marra, MFT The conversation that follows occurred by email

between Darian Leader and Patricia Marra, from their respective cities of London and San Francisco, over several weeks from April through June 2023. The interview was originally published in fort da, Fall 2023, 29(2), pp. 30–42.

Click here to read the interview!



Child Colloquia Series

Lives Across Time, Part 2:

The Clinical and Attachment Implications of a Psychoanalytic Longitudinal Study of 76 People from Birth



Presenters: Henry Massie, MD, San Francisco Center for Psychoanalysis Nathan Szajnberg, MD, Psychoanalyst, Palo Alto, CA

Discussant: Bart Blinder, MD, PhD, Clinical Professor, Department of Psychiatry, University of California, Irvine and University of Washington, Seattle; and Senior Faculty (Adult and Child) and Chair, Research Committee, New Center for Psychoanalysis, Los Angeles

Moderator: Courtney Hartman, PsyD, San Francisco Center for Psychoanalysis

Henry Massie, MD and **Nathan Szajnberg, MD** will discuss case studies from a prospective psychoanalytic study of paths to emotional health and illness from birth to age 30 and 60. This study, initiated by Sylvia Brody in 1964, included filmed mother-child interaction, projective psychodiagnostic assessments, and psychoanalytically oriented interviews with parents and children. Drs. Massie and Szajnberg inherited the project for the 30-year followup in 1994, which they conducted from an attachment perspective. Findings highlight the relative importance of early attachment versus later childhood trauma for subsequent emotional health. Some participants lives demonstrate how trauma can remain hidden unconsciously and/or intentionally from interviewers until it emerges years later, which raises implications for treatment. *Mother-infant films of 4 participants with a 60-year followup will be shown.*

Saturday, April 27, 2024

10am - 12pm In person at SFCP 444 Natoma Street San Francisco, CA 94103

FREE EVENT!



For more info, visit: <u>www.sfcp.org/2024-04-27-child-colloquia/</u>

2 CME/CE Credits are available

SAN FRANCISCO CHILD COLLOQUIA SERIES CENTER FOR **PSYCHOANALYSIS** = SCREENING AND DISCUSSION =

A House Made of Splinters (2022) directed by Simon Lereng Wilmont is an intimate and emotionally resonant documentary film about children living in a Ukrainian shelter just prior to the recent Russian invasion. Each child is scarred by trauma: the unbearable loss of their parents due to alcohol, physical punishment, poverty, previous wars, and neglect. From the newly arrived 6-year-old clutching her doll, to the 12-year-old big brother who can't bear being separated from his little sister, the film captures the joy and sorrow of these young lives as they form connections with one another. Thankfully, the film also profiles the most loving and supportive staff, as the filmmaker trains his camera on the shelter, observing the activities and the interventions, without any outside commentary from experts in the field. Ultimately the film tenderly shines a light on the impact of affectionate care, on the children's sense of self and of the future, despite the landscape of an extremely harsh reality. Join Reyna Cowan as we watch and read the film together.

Discussant: Reyna Cowan, PsyD, LCSW

Reyna Cowan, PsyD, LCSW, is a psychoanalyst and a child therapist. She is a Personal and Supervising Analyst at PINC, and is faculty at both PINC and at SFCP. She teaches extensively on child and adolescent issues, primitive states, and Winnicott, as well as courses on film and film criticism. She runs a free monthly salon series for PINC linking psychoanalysis to the arts and culture called "Second Fridays." She has a private practice in Oakland where she works with adults, couples, adolescents, and children.





FOR MORE INFO: sfcp.org/2024-05-04-child-colloquia/

Moderator: Courtney Hartman, PsyD



OSCAR® NOMINATED **BEST FEATURE DOCUMENTARY**

SCIENTIFIC MEETING

Freud in his Psychosocial Generation: Durkheim, Simmel, Weber and Du Bois

Nancy J. Chodorow, PhD is an American sociologist and professor. She began her career as a professor of Women's studies at Wellesley College in 1973, and from 1974 on taught at the University of California, Santa Cruz, until 1986. She then was a professor in the departments of sociology and clinical psychology at the University of California, Berkeley until she resigned in 1986, after which she taught psychiatry at Harvard Medical School/Cambridge Health Alliance. Chodorow is often described as a leader in feminist thought, especially in the realms of psychoanalysis and psychology.

Chodorow has written a number of influential books in contemporary feminist writing, including The Reproduction of Mothering: Psychoanalysis and the Sociology of Gender (1978); Feminism and Psychoanalytic Theory (1989); Femininities, Masculinities, Sexualities: Freud and Beyond (1994); and The Power of Feelings: Personal Meaning in Psychoanalysis, Gender, and Culture (1999). In 1996, The Reproduction of Mothering was chosen by Sociology as one of the top ten most influential books of the past 25 years.

1.5 CME/CE Credits available

This program is free of charge!

Monday, May 6, 2024



In Person at

San Francisco Center for **Psychoanalysis** 444 Natoma Street San Francisco, CA 94103

Remote option available

FOR CME AND PROGRAM INFO: https://www.sfcp.org/2024-05-06-scientific-meeting/





SFCP'S INVITES YOU TO ATTEND

GRADUATION 2024

Saturday, May 11, 2024 Ceremony: 3:00pm - 4:30pm Reception: 4:30pm - 6:15pm

JIM DIMON, MD GRADUATION SPEAKER



San Francisco Center for Psychoanalysis 444 Natoma Street San Francisco, CA 94103

Please click here to RSVP.



Member Announcements! Big Anniversary? **Recently Retired?** Milestones? Special Announcements? A Member's Passing? We want to acknowledge our members' milestones, achievements, and other announcements! Please email nicole.lee@sfcp.org if you want to share your news so that we can post it in the



Interview with our own Dimitri "DuckTape" Jenkins: Musician, Graphic Artist, Fashion Designer, Entrepreneur, Community Activist and much more...

Our dear colleague Dimitri, AKA "DuckTape" Jenkins, is a talented graphic artist with a passion for music, fashion, art, and all concepts creativity.

Dimitri "DuckTape" Jenkins is a multifaceted individual whose creative journey spans across various industries, including: music, graphic art, and fashion design. With a unique blend of talents and experiences, Dimitri has carved out a niche within the graphic art and fashion worlds, leaving a lasting impression with his innovative approach and distinct style showcased most recently in his participation in Art Basel <u>www.artbasel.com</u>. Dimitri, an outstanding artist, has collaborated with international brands such as Supreme <u>www.us.supreme.com</u> as well as local brands such as Dope Era <u>www.dopeera.com</u> in addition to designing for his own line of fashion attire, DuckTape <u>ducktapeclothing.com</u>.

Native of the East Bay, Dimitri was encouraged to pursue his creative endeavors from a young age by his mother. At age six (6) as the youngest member of a drill team, Dimitri developed an unfathomable passion for music. This natural aptitude for music led him to explore opportunities in radio broadcasting. From a small studio in Berkeley, Dimitri honed his skills producing music as a high school student which eventually led him to pursue a career in audio engineering and into the vibrant world of hip-hop music production in the early 2000's.

It was during this time that he also began dabbling in graphic design, teaching himself Adobe Illustrator and Photoshop to aid in bringing his graphic art vision to life. Concurrently, Dimitri's entrepreneurial spirit came to the fore in 2012 when he launched his own clothing line, DuckTape. His stint at Tesla, provided valuable insights into logistics and operations, which he applied to his burgeoning clothing business. Onwards and upwards Dimitri gradually built a brand, incorporating his unique aesthetic and continued to push boundaries and explore new avenues of expression in graphic art and fashion design. A defining characteristic of the DuckTape clothing line is the seamless integration of Dimitri, also known as DuckTape, as a central persona in the brand's imagery and designs. DuckTape is a nickname ascribed to Dimitri by his school teacher and peers, for being an introspective, reserved spirit. As part of his artistic style, he also incorporates his designs into established brands. Expressed clothing designs with the DuckTape logo to bold graphics inspired by his upbringing, each piece tells a story of the urban experience.

In addition to Dimitri's contribution in art and fashion, he maintains a strong presence in the local community as a partner, alongside his older brother, and notable rapper, songwriter, entrepreneur, and community organizer Mistah F.A.B. They conjointly, help organize an annual Thanksgiving turkey & Holiday toys giveaway and various charitable events benefiting cancer patients and victims of domestic violence.

Today, Dimitri "DuckTape" Jenkins stands as a testament to the power of creativity and humility. Through his diverse skill set and labor of love he has not only forged a successful career but also inspires his family and friends to embark on their creative journey. Dimitri continues to push the boundaries of music, art and fashion while serving the SFCP community.





www.instagram.com/ducktapeclothing





February 24, 2024

Board of Directors

Dear Marcia,

We would like to introduce ourselves. The New England Foundation for Psychoanalysis is a 501c3 Public Charity based in Massachusetts. We recently received a generous bequest which enabies us to give modest grants. We are contacting you to let you know that we are encouraging you to submit grant requests.

The bequest comes with the stipulation that the grants must be made for interdisciplinary psychoanalytic projects, programs and research. The grants can only be given to non-profit organizations. We hope that these grants will encourage the integration of evolving psychoanalytic principles with the arts, humanities and the sciences.

Please visit our website, www.nefp.us, for more information and for the grant application. The website includes descriptions of the recent grant recipients. Joint programs between Institutes and outside organizations will be given preference. For this year (2024) we will accept grants on a rolling basis.

We realize that this is a new and somewhat novel program,

so please contact us directly with any questions you have about these grants or the grant process. We are happy to collaborate with you on your grant application. Email is the best way to reach us: NEFPsychoanalysis@gmail.com

Sincerely,

The NEFP Board

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11 Gilson Road Wellesley, MA 02481 Dear SFCP Members,

The University of California, San Francisco Department of Psychiatry and Behavioral Sciences will host their 2024 The Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy on Wednesday, March 20, 2024 from 1:00-3:00 p.m. PDT. <u>Visit</u> <u>their website for program details</u>, or <u>click here to register for the lecture</u>.

UCSF Weill Institute for Neurosciences

Department of Psychiatry and Behavioral Sciences

The Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy

You are invited to join us for

The 2024 Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy

"My Journey as a Psychodynamic Psychotherapy Researcher: The Process of Studying Outcome and the Outcome of Studying Processes"

Jacques P. Barber, PhD, ABPP

Professor and Former Dean • Gordon F. Derner School of Psychology • Adelphi University Professor • Psychology Graduate Group • Department of Psychiatry • University of Pennsylvania Perelman School of Medicine Adjunct Professor • Department of Psychiatry • NYU Grossman School of Medicine



In discussion with



Xiaochen Luo, PhD

Assistant Professor • School of Education and Counseling Psychology • Santa Clara University



George Silberschatz, PhD

Volunteer Clinical Professor • Department of Psychiatry and Behavioral Sciences • UCSF Weill Institute for Neurosciences

Wednesday, March 20, 2024

1:00-3:00 p.m. PDT

UCSF Nancy Friend Pritzker Psychiatry Building 675 18th St. • San Francisco, CA

Also available on Zoom

CLICK HERE TO REGISTER NOW

CME/CE credit

CME/CE credit is expected to be available, but cannot be confirmed at this time. For more information, contact gina.martinez@ucsf.edu.

About this year's honoree

Jacques P. Barber, PhD, ABPP, is internationally known for his research on the efficacy of psychotherapy in treating depression, panic disorders, personality disorders, cocaine dependence and interpersonal problems. He is a professor and former dean of the Gordon F. Derner School of Psychology at Adelphi University, as well as an adjunct professor of psychiatry at New York University and professor emeritus in the Department of Psychiatry and in the Graduate Psychology Group at the University of Pennsylvania.

Dr. Barber has published more than 290 papers, chapters and books, including *Psychodynamic Therapy: A Guide to Evidence-Based Practice*, which he coauthored with Richard F. Summers, MD, of the University of Pennsylvania Perelman School of Medicine, and *Practicing Psychodynamic Therapy: A Casebook*, co-edited with Dr. Summers. He and his Adelphi colleague J. Christopher Muran, PhD, collaborated on a revised psychodynamic therapy research chapter in Bergin and Garfield's Handbook of *Psychotherapy and Behavior Change (7th Edition)*, considered "the bible of psychotherapy."

He has won numerous awards for his scholarship. In addition to the Distinguished Career Research Award from the Society for Psychoanalysis and Psychoanalytic Psychology, Division 39 of the American Psychological Association (APA), Dr. Barbr has received two honors from the Society for the Advancement of Psychotherapy, Division 29 of the APA: the Distinguished Contributions to Teaching and Mentorship Award as well as the Distinguished Psychologist Award for Contributions to Psychology and Psychotherapy. He is a past president of the international Society for Psychotherapy Research and was a recipient of its early career award in 1996 and its Distinguished Research Career Award in 2014.

About this lecture series

The <u>Robert S. Wallerstein Lecture in Psychoanalysis</u> and <u>Psychotherapy</u> is given annually in honor and remembrance of the late Professor Robert S. Wallerstein, MD, who served as chair of the UCSF Department of Psychiatry from 1975–1985. The series is focused on showcasing psychoanalytic knowledge and clinical expertise that influence psychiatry, psychotherapy, and psychoanalysis.

Dr. Wallerstein was a distinguished psychiatrist, psychotherapy researcher, and psychoanalytic leader who left a legacy of a widened scope of theory and technique in the psychological sectors of psychiatry. He was an administrator who advocated for cooperation between psychiatrists, psychologists, and social workers in achieving academic excellence and sought to develop a new profession, the Doctor of Mental Health. He also developed a departmental structure that worked across professional lines, leading to new ideas on research centers, educational plans, and high quality service delivery.



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