

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



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For newsletter submissions, email: office@sfcps.org.

PLEASE COMPLETE THIS 5 MINUTE SURVEY!

www.surveymonkey.com/r/WP8FVPV

MESSAGE FROM THE SFCP NEWSLETTER EDITOR

Richard Almond, MD
SFCP Newsletter Editor

Thank you for taking 5' to fill out this survey. The Newsletter would like to include more content from and about individual members, their unique activities and interests. We think that can contribute to our knowing each other better, and recognizing the wide range that accompanies clinical activity. We hope this can lead to profiles, essays, creative arts coverage, and so on. Anything you submit will only be used in the Newsletter with your consent and collaboration.

SFCP Board Chair Report

As I mentioned [in my first report](#) as Board Chair in September last year, the Board of Trustees is responsible for the overall health of the organization. An important element of the Board's work is the development and maintenance of the vision, mission, and strategy of SFCP. In the Fall of 2022, over 60 SFCP members participated in the development of a five-year strategic plan for SFCP. On April 28th, we will continue this process by creating a revised organizational vision and mission. All members are encouraged to join this process, which will be held on Zoom. Please mark your calendars now and look out for emails regarding this important event.

Key points and votes from the January Board meeting:

- Like many SFCP groups and committees have started to do in the past year, the Board created and abides by a set of group agreements. Because the Board reconstitutes itself as Trustees end their terms and other Trustees begin theirs, the Board began to revise these agreements based on the ideas of the current Trustees.
- Walt Beckman continues to work with Marcia Hodges to renew SFCP's exemption from the Bureau for Private and Post-Secondary Education (the BPPE), which will allow SFCP to continue offering CEUs for programs over 32 hours.
- The Finance Committee shared that SFCP's financials continue to be on target. Please note that SFCP's annual operating budget (the money we need to sustain SFCP for the 2023-24 fiscal year) requires that SFCP meets the \$130,000 annual giving campaign goal.
- Neil Brast provided an update on the Annual Giving Campaign, which is currently on track with last year's campaign.
- Lovina Chahal provided an update from the Diversity, Equity, and Inclusion Steering Committee. Please see this Committee's update [here](#). [link to that page]

Thank you to everyone for contributing so much of your time, energy, mind, and heart to the continued work of SFCP!

If you have any questions or comments, please contact me at: brett@brettpenfil.com

SFCP President's Report

This year has gotten off to a very productive start at SFCP! Continuing the trend of strengthening our community, we have been fortunate to have several wonderful Center-wide programs offered this past month and many more to come! I am very grateful to **Michael Windholz, Julie Ruskin, and the Emmanuel Windholz Fund** for offering a thought-provoking **Day With Adam Phillips** which gave us an opportunity to connect with good friends and new colleagues, and filled the SFCP building up to the mezzanine level. In his remarks, Adam Phillips encouraged us to reflect on how we each came to 'find' psychoanalysis as an evolving and enlivening pursuit, and also to reflect on the various ways that this sense of aliveness and generativity can become reified over time (particularly under the influence of 'prescriptive' and repressive institutional practices). We are fortunate to have so many members creatively engaged in the process of rejuvenating our existing training programs and developing new educational programs to support our 'finding and re-finding' of psychoanalysis in an ongoing way.

Please be on the lookout for these upcoming exciting programs:

- **The James Grotstein Memorial Lectures on Comparative Psychoanalysis: On Thomas Ogden's Interpretive Reading of Winnicott and Bion in his Synthesis of British Object Relations (Saturday January 20, February 24, March 9).** In January, **Peter Goldberg** gave the first part of this widely attended 3-part collaboration with the Regional Bion Symposium with a focus on Winnicott. Parts 2 & 3 will consist of a discussion by **Joseph Aguayo** on Ogden's interpretation of Bion on Saturday, February 24, and a panel discussion amongst **Joseph Aguayo, Maxine Anderson, Peter Goldberg, and Bruce Reis** on Saturday March 9th. Recordings of each program will be available to registrants for a 2-week period following the event. You are welcome to sign up for the two remaining programs individually, or consider registering for the full series which will give you access to the recording of Part 1, even if you missed it. Please see this link for further details and registration information: [James Grotstein Memorial Lectures registration link](#).
- **Psychoanalysis as a Subversive Phenomenon: Social Change, Virtue Ethics, and Psychoanalytic Theory (Monday, March 4)** - In this Scientific Meeting, Amber Trotter will discuss the central premises of her recent book by this title. Her presentation will examine processes of subversive social change, highlighting the role of ethics, and illuminating ways in which analytic theory and practice might function disruptively within contemporary American culture.
- **The SFCP Annual Group Relations Weekend (Saturday/Sunday, March 23 & 24):** I am grateful to the **SFCP Committee on Groups** for organizing this conference which offers an opportunity for experiential learning about group dynamics - a historically unthought/untaught dimension of psychoanalytic theory. I am looking forward to participating in this important event which will support community-building within our organization, and I encourage all SFCP members to consider registering. Please see this link for further details and registration information: [SFCP Annual Group Relations registration information](#).

SFCP President's Report cont.

- **SFCP Visiting Professor Weekend with Darian Leader (Saturday/Sunday, April 13 & 14)**: Many thanks to **Patricia Marra** and others on the **Faculty Committee** for restoring this vital SFCP program which has been waylaid by the pandemic in recent years. Visiting Professor Darian Leader is a Lacanian psychoanalyst and founding member of the Center for Freudian Analysis and Research (CFAR) in London. In all of his writings and talks, Darian Leader inspires others to keep questioning psychoanalysis. Please stay tuned for more program details and registration information coming soon.

Finally, we hope you received the email launching the fundraising efforts for the **Candidate Training Grants for Equity and Diversity** which will help to cover costs of analytic training for candidates who identify as a person of color (POC) and candidates with financial need! All funds will be collected via voluntary contributions from SFCP Members (further details described in this [Candidate Training Grant introductory letter](#)).

Please consider donating to this important fund by clicking on the following link:

[Candidate Training Grants for Equity and Diversity - Donation link.](#)

*** All SFCP members are invited to participate in a Center-wide meeting to develop the next **SFCP Vision & Mission statements on Sunday, April 28, 2024**, to shape our future direction as a Center. Please save the date.

*** All SFCP members are invited to join the **SFCP listserv** which is used for referrals and for program announcements of interest to our membership. Please complete [this form](#) if you are interested in being added to the group.

SFCP: Candidate Training Grants for Equity & Diversity Program

Dear SFCP colleagues,

We are delighted to announce that SFCP is establishing a new **Candidate Training Grants for Equity & Diversity Program** to help cover costs of analytic training for candidates who identify as a person of color (POC) and candidates with financial need! All funds will be collected via voluntary contributions from SFCP Members (further details below). Please consider donating to this important fund.

[DONATE NOW](#) 

A **Candidate Training Grant Committee** is in the process of being formed to develop fundraising efforts and procedures to implement the selection and distribution of Candidate Training Grants as soon as possible. Anyone interested in volunteering to participate in the Candidate Training Grant Committee (including candidates!) should contact besteinberg@comcast.net.

Aims & Eligibility: The goal of the Candidate Training Grant program is to make psychoanalytic training more affordable and accessible to individuals affected by systemic inequities which have previously served as barriers to pursuing psychoanalytic training (e.g. race-based or class-based inequities). Any candidate who self-identifies as POC and/or who self-identifies as having financial need is eligible if they are enrolled in the SFCP Psychoanalytic Training Program, or have accepted an offer of admission for the upcoming year.

Background: The Candidate Training Grants for Equity & Diversity Program is being established in accordance with a January 2023 ratification vote by all analyst and candidate members (based on majority-supported initiatives in the *All-Member Survey on Diversity & Accessibility in Analytic Training* - Fall 2022). The program was developed over this past year by a Task Force chaired by former Board Chair Paul Sorbo, and was approved by the Board of Trustees in November 2023.

Candidate Training Grant Distribution: To take full advantage of *tax-free methods of fund distribution*, the first priority will be to use all donated funds to offer *tax-free tuition & fees credits for psychoanalytic training* to all eligible candidates – up to the full amount that can be covered by the amount of donations received that year (full tuition and fees = \$6740 per candidate in 2024-25). If donated funds in a given year are insufficient to cover the full tuition and fees amount, all collected funds will be distributed evenly amongst eligible candidates. If donated funds in a given year exceed the maximum amount that can be offered as a tax-free tuition credit, any additional donated funds will be distributed in the form of Candidate Training Grants paid directly to the candidate, to help offset additional costs of training such as required supervision, etc. (Note: Any training grant amounts paid to candidates in excess of the tax-free tuition credit is considered taxable income by the IRS.) The Candidate Training Grant program will be closely coordinated with the Enrico Jones Fund for Equality and Excellence to ensure maximal

SFCP: Candidate Training Grants for Equity & Diversity Program cont.

support of SFCP trainees across all programs (analytic training, psychotherapy training, and CCSW). A fuller description of the program can be found at this link: [Candidate Training Grants for Equity and Diversity-FAQ](#).

Because this initiative is brand new, there is no way to estimate how much money will be available through donations, and how soon any training grants can be offered to candidates, but every effort will be made to implement the program as soon as possible. Please consider getting involved!

Sincerely,

The SFCP Leadership Team

Marcia Hodges, SFCP Administrative Director

Maria Longuemare, SFCP President

Brett Penfil, Chair of the SFCP Board of Trustees

Important - Vision and Mission of SFCP - Your Voice is Crucial

You are invited to attend a virtual working session to re-imagine **SFCP's Vision and Mission Statements on Sunday, April 28, 2024 from 9:00 am - 2:00 pm.**

Your voice is critical even if you are not able to attend the session.

You will be able to contribute even if you cannot attend on April 28th. **You can register [here](#). The registration deadline is Monday, April 15th.**

The vision and mission statements will build on the strategic planning process and the four strategic directions:

1. Energizing the Membership to Co-Create the Life of the Organization
2. Promoting an Inclusive & Reflective Organization
3. Re-Envisioning & Building a Sustainable Organizational Structure to Support Prioritized Programming
4. Developing & Supporting Leaders

The vision and mission are essential policies and guides for the organization.

What is a vision statement?

A vision statement focuses on the imagined future world the Center wants to create. It's aspirational. The vision statement promotes growth, both internally and externally. A strong vision helps people focus on what matters the most for the Center. It also invites innovation in how we evolve to meet the vision.

A vision statement answers questions such as:

- What is the arena or arenas of our work?
- What problem/issue are we working to solve, or what shift are we hoping to create?
- Who and what are we inspiring to change?

What is a mission statement?

A mission statement focuses on what the Center does now to achieve the vision. The mission statement drives the Center. It is what we do, the core of our work, and what our contribution is to making the vision a reality. It also shapes the Center's culture.

A mission statement answers questions such as:

- What do we do?
- Whom do we serve?
- How do we serve them?

Important - Vision and Mission of SFCP - Your Voice is Crucial cont.

Ways to participate:

- A survey will be sent to all members the week of March 7th. Please contribute your thoughts on some questions related to SFCP's vision and mission prior to the working session on April 28th. The combined input will be distributed to the entire membership prior to April 28th so that these thoughts can be brought forward into the mission and vision planning activities on April 28th. Your responses will be anonymous.
- Attend on April 28th. You can register [here](#). The registration deadline is Monday, April 15th.

We hope you will complete the survey and attend the April 28th session. If you have any questions, please feel free to contact Marcia Hodges at marcia.hodges@sfc.org.

Strategic Plan Operations Team

Brett Penfil, Board Chair
Maria Longuemare, President
Ari Bachrach
Deb Fletcher
Meryl Botkin
Marcia Hodges

Attend on Sunday, April 28th!
The registration deadline is **Monday, April 15th.**

[CLICK HERE TO REGISTER](#)

Report from the Chair of the Child and Adolescent Psychoanalytic Psychotherapy Training Program (CAPPTP)

CAPPTP is looking for volunteers. If you are interested in teaching on Wednesday nights, supervising one or more students, and/or joining our steering committee, please let us know!

Email Tina Phu at tina.phu@sfcp.org and she will connect you to the steering committee to discuss potential roles in this dynamic child psychotherapy education program.

NEIL BRAST, MD, CATHERINE PHILLIPS, LCSW, AND TINA ST. LORANT, LMFT
CHAIR, PALO ALTO PSYCHOANALYTIC PSYCHOTHERAPY TRAINING PROGRAM

Report from the Chair of the Palo Alto Psychoanalytic Psychotherapy Training Program (PAPPTP)

The Palo Alto Psychoanalytic Psychotherapy Training Program invites all interested people to our Open House on Thursday evening, March 21st from 7-9pm in Palo Alto. We'll have a case presentation and discussion as well as some yummy food and information about the clinical training programs available.

Please contact Catherine Phillips for more details.

catherinephillips@gmail.com

SFCP DIVERSITY, EQUITY & INCLUSION (DEI) STEERING COMMITTEE COMMUNICATION

What was previously titled as “Equity and Inclusion Steering Committee” is renamed to “Diversity, Equity, & Inclusion Steering Committee” in order to better capture the intent of the priorities we were tasked with by the Board of Trustees.

In the months since the last communication, the DEI Steering committee is invigorated and optimistic about enthusiasm shared by several parts of the Center on including expanded sociocultural and inclusion/exclusion thinking into psychoanalytic education.

Members of the committee have attended events at SFCP and other psychoanalytic organizations (BPSI and PINC) that are seeking to address these topics in order to get a broad-based perspective on how institutes engage and serve these goals.

The committee will be offering consultation to the Strategic Plan Operations team at their next meeting to support re-envisioning the mission statement to include these aims. Additionally, the committee will be consulting to the Board in their review of the by-laws.

Committee members are also liaising with and offering consultation around the Center, including: the Center-wide curriculum subcommittee, the leadership team, and all of the strategic directions teams. Committee members are also reaching out to other parts of the organization to offer support, discussion or consultation.

The committee will be assisting with forming a task-force aimed at revamping the SFCP resource page so that members, faculty, and students will have easy access to psychoanalytic literature and thought leaders facilitating goals of rounding out curriculum to be inclusive and diverse.

We invite SFCP members and beyond to share thoughts, reactions, and ideas by emailing us at SFCPDEI@gmail.com.

Diversity, Equity, & Inclusion Steering Committee

Chuck Fisher
Debora Fletcher
Karim Dajani
Jennie Merovick
Clara Kwun
Beth Steinberg
Lovina Chahal
Marcia Hodges
David Luna, Consultant

Message from the Committee on Groups:

SFCP ANNUAL GROUP RELATIONS WEEKEND MARCH 23 & 24, 2024

The Committee on Groups (COG) is hosting the annual SFCP Annual Group Relations Weekend on March 23 & 24th, 2024, and would like to invite you to participate.

What is “Group Relations?”

Group Relations utilizes a methodology to understand authority, leadership, power, and the dynamics within groups, organizations, and systems. The group relations conference will engage participants in an experiential learning process – a blend of “here-and-now” events and reflective sessions. In “here-and-now” events, participants examine the current moment, focusing on unconscious dynamics playing out in the group-as-a-whole, rather than focusing only on intrapersonal or interpersonal dynamics. Reflective events encourage participants to think and reflect upon their experiences. It is not uncommon for the learning process to be transformative, influencing how participants perceive themselves, their roles, and the groups and organizations to which they belong.

Given that all aspects of life manifest within groups, including when working in dyads, this group relations retreat seeks to deepen participants' understanding of their roles, citizenship, leadership, and authority. Additionally, it aims to foster the development of personal agency and creativity within the dynamics of the group. We hope to generate meaningful conversations that explore a deeper understanding of ourselves and others within a group setting. The opportunity to share one’s thoughts openly and spontaneously within the group, guided by experienced facilitators, can be invaluable for comprehending group life, organizational dynamics, and the complexities of working in groups.

Facilitators:

Leonard Levis, PhD, and Janice K. Wagner, LCSW

Location & Registration:

We will meet on Saturday and Sunday, March 23 and 24, 2024, at SFCP from 9 am to 5 pm. These two days will include working in both large and small groups.

All are welcome. We have room for 24 participants; 10 spots will be filled by COG members, and 14 openings remain. We aim to be inclusive and will work to create a group that represents diversity of membership on many levels. We welcome new participants to the group process experience and encourage those who have participated before to join us again.

Message from the Committee on Groups cont.

SFCP ANNUAL GROUP RELATIONS WEEKEND MARCH 23 & 24, 2024

The fee for the weekend is \$550. This includes two days of paid facilitation, coffee, breakfast, lunch, and snacks. A registration link will be sent to all confirmed participants. Financial assistance is available, and for those who are able and willing to contribute more to support our commitment to accessibility, there is an option to pay an additional amount during the registration process. To inquire about financial assistance, please write to Sydney Tan at sydneytanpsyd@gmail.com.

If you wish to register for the event, please contact Sydney Tan at sydneytanpsyd@gmail.com. We will respond to your inquiry by January 31 and provide confirmation regarding the availability of space in the group.

Questions:

Please contact any member of the committee if you have questions or wish to learn more.

Committee on Groups Members:

Ari Bachrach, NP
Debora Fletcher, PhD
Ben Goldstone, MFT
Fei Hu, MFT
Brett Penfil, MFT
Jane Reingold, MFT
Mary Diaso Rudy, LCSW
Sydney Tan, Psy.D.
Lara Weyland, PhD

CONVERSATIONS WITH CLINICIANS

Darian Leader

In Conversation with Patricia Marra, MFT

Darian Leader will be SFCP's Visiting Professor the weekend of April 13-14. More information is coming soon. The conversation that follows occurred by email between Darian Leader and Patricia Marra, from their respective cities of London and San Francisco, over several weeks from April through June 2023. The interview was originally published in *fort da*, Fall 2023, 29(2), pp. 30-42.



[CLICK TO READ THE INTERVIEW!](#)

“THE ROLE OF THE ANALYST”

SATURDAY, APRIL 13, 2024
9:30AM - 11:30AM



Presenter:
Darian Leader



Discussant:
Jeanne Wolff-Bernstein

SFCP Community Members - Mentoring Program!

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is the link to become a Community Member: [update](#)

And here is the link to the Mentoring Program: [update](#)

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise."

Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon, DMH

hollygordon4@gmail.com

COST: FREE to SFCP Community Members.

LINK TO APPLICATION: [update](#)

QUESTIONS: If you have questions about the program, please contact:

Holly Gordon, DMH hollygordon4@gmail.com



THANK YOU FOR ATTENDING!

THE EMANUEL WINDHOLZ MEMORIAL LECTURE
A Day With Adam Phillips



SFCP LIBRARY ANNOUNCEMENT

*In observance of Black History Month,
the SFCP Library encourages
members to make literacy an
important part of
Black History Month.*

*The SFCP library is an
environment where all
are welcome!*



*The SFCP Library services are
available on Fridays 10am-2pm.*

*Please stop by the library
reference desk with any questions
related to library services &
archives OR contact the librarian,
Rashmita Sriram at:
rashmita.sriram@sfc.org.*



**CLICK [HERE](#) TO ACCESS THE
LIBRARY'S HOME PAGE.**



AGC: First Wine and Cheese Event of 2023-2024

In January, Amy Wallerstein Friedman graciously opened her home to host a wine, cheese, and chocolate party for community building, sponsored by the Annual Giving Campaign. Thank you to our hosts Amy Wallerstein Friedman, Michael Donner, and Robin Deutsch, and to everyone who came! We had a great turn out. Please consider coming to AGC's next event in March.





Annual Giving Campaign Update!

Our 2023-2024 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF PARTICIPANTS FOR OUR IN-PERSON FUNDRAISING EVENTS

February Update

WE HAVE ALREADY RAISED
\$54,578! THAT IS 42% OF OUR
GOAL.

WE ALSO HAVE 19.25% OF OUR
MEMBERS' PARTICIPATION SINCE
OUR LAUNCH 3 MONTHS AGO!





THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

70 people of color received
tuition credits since 2021

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 30 students estimated to receive tuition credits through June 2024

Join Us!

Please join us by making your contribution now online, by mail or by phone. Our members' participation in this effort has been excellent, but we need a continuing effort to aid our organization to achieve the diversity of members which we desire. All contributions help!

WAYS TO DONATE

ONLINE:

<https://www.sfcp.org/s/enrico-jones-fund>

BY MAIL:

444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Contributions

- FY2021: 12 donors, \$28,200
- FY2022: 42 donors, \$40,600
- FY2023: 36 donors, \$46,600

Total number of donors: 67

**Please note that repeating donors were counted once.*



The Regional Bion Symposium in conjunction with SFCP presents:

The James Grotstein Memorial Lectures in Comparative Psychoanalysis

On Thomas Ogden's Interpretative Reading of Winnicott and Bion in his Synthesis of British Object Relations Theory and Practice

Saturday, January 20, 2024 | February 24, 2024 | March 9, 2024

Online via Zoom

Recording available to program registrants for a two-week period following each lecture

In honor of Grotstein's work in comparative psychoanalytic theory, and his longstanding friendship and collaboration with Thomas Ogden, there will be a series of 3 virtual meetings featuring Ogden's unique interpretive readings of seminal papers by D.W. Winnicott and W.R. Bion, focusing on the clinical implications of his approach.



Part 1: January 20, 2024

9AM -11AM Pacific Time

2 CME/CE Credits Available

On Thomas Ogden's Interpretative Reading of the Theoretical and Clinical Work of D.W. Winnicott

Presenter: Peter Goldberg

Part 2: February 24, 2024

9AM -11AM Pacific Time

2 CME/CE Credits Available

On Thomas Ogden's Interpretative Reading of the Theoretical and Clinical Work of W.R. Bion

Presenter: Joseph Aguayo



Part 3: March 9, 2024

9AM -12PM Pacific Time

3 CME/CE Credits Available

Panel Presentation on Four Iconic Papers by Thomas Ogden

Panelists: Joseph Aguayo, Maxine Anderson, Peter Goldberg, & Bruce Reis

Participants are encouraged to register for the full 3-part series for maximum immersion; however single lecture tickets are also available.

Pre-registration is required.

	General Admission	SFCP Members	Candidates & Students
Full Series:	\$250	\$200	Free
Single Program Ticket:	\$125	\$100	Free

TO REGISTER AND LEARN MORE, VISIT:



sfcp.org/james-grotstein-memorial-lectures



Accreditation Statement for CME/CE Sponsorship and Disclosure Statement



IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

—Updated July 2021—

Educational Objectives for “On Thomas’s Interpretative Reading of the Theoretical and Clinical Work of D.W. Winnicott”:

Upon completion of this activity, the learners will be able to:

- explicate how Ogden deploys Winnicott’s ideas about primitive emotional development in his understanding of early object relations and how they organize the way he listens to and understands its development in the analytic situation.
- explicate how Ogden uses Winnicott’s notion of direct and indirect communication in the way he listens in silence as well as when he makes analytic interventions.
- explicate how Ogden deploys Winnicott’s notion of subjective and objective object usage in the way he understands and interprets his patient’s psychological communications.

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and San Francisco Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Educational Objectives for “On Thomas’s Interpretative Reading of the Theoretical and Clinical Work of W.R. Bion”:

Upon completion of this activity, the learners will be able to:

- explicate how Ogden deploys Bion’s ideas about how the abandonment of memory and desire clears the analytic field for the operation of clinical intuition.
- explicate how Ogden deploys Bion’s notion of countertransference as originating in a disturbance of feeling in terms of evaluating the emotional aliveness or deadness in analytic session work.
- explicate how Ogden depicts Bion’s style of clinical inquiry in his clinical and supervisory work.

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and San Francisco Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Educational Objectives for “Panel Presentation on Four Iconic Papers by Thomas Ogden”:

Upon completion of this activity, the learners will be able to:

- explicate how the analyst can approach and articulate sensory disorders in analytic work.
- explicate how the analyst exists in an intersubjective field with his/her patients.
- explicate the difference in how Bion and Winnicott deploy their distinctive concepts, such as container/contained and holding in the analytic situation.
- explicate some of the differences between Bion and Winnicott’s ideas about the analyst and patient’s experience of the analytic ‘here and now’ moment.

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and San Francisco Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: The San Francisco Center for Psychoanalysis is approved by the American Psychological Association to sponsor continuing education for psychologists. The San Francisco Center for Psychoanalysis maintains responsibility for this program and its content.

Psychologists attending SFCP events approved for CE credits may report *AMA PRA Category 1 Credit(s)*[™] toward their CE requirements. Psychologists self-certify the number of hours they have completed on their renewal form (whether online or paper).

LCSWs/MFTs: The San Francisco Center for Psychoanalysis is a continuing education provider that has been approved by the American Psychological Association, a California Board of Behavioral Sciences recognized approval agency

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Commercial Support: None



Child Colloquium Series

THE OBLIVIOUS OBJECT



In this presentation we will consider the nature of unconscious object relations in puzzling clinical material from children who have an underlying sense of their object as 'oblivious.' Anne Alvarez observed this unconscious object relation in children of drug addicts, alcoholics or in cases of maternal depression. Mary Brady will examine this related concept of an 'oblivious object' in a thirteen-year-old girl and a late adolescent boy.

Presenter:

MARY BRADY, PHD

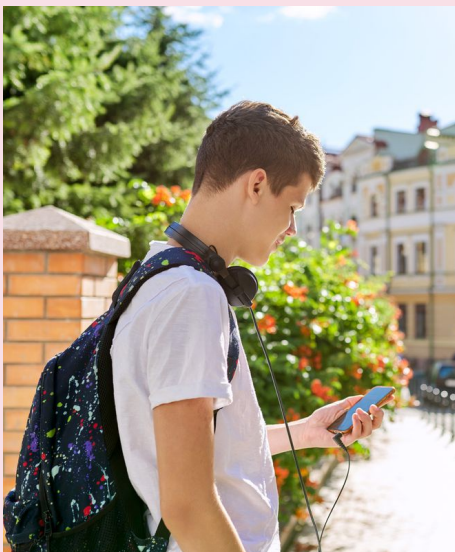
Discussant:

**ANNE ALVAREZ, PHD,
MACP**

(WILL JOIN VIA ZOOM FROM LONDON)

Moderator:

SHARON TYSON, PHD



SATURDAY, MARCH 2, 2024

10AM - 12PM



SFCP - 444 NATOMA STREET

FREE EVENT!

FOR MORE INFORMATION:
WWW.SFCP.ORG/2024-03-02-CHILD-COLLOQUIA/





SCIENTIFIC MEETING

Psychoanalysis as a Subversive Phenomenon: Social Change, Virtue Ethics and Analytic Theory

Amber Trotter, PsyD, will describe the central premises of her book, *Psychoanalysis as a Subversive Phenomenon: Social Change, Virtue Ethics, and Analytic Theory*. The presentation examines processes of subversive social change, highlighting the role of ethics, and illuminating ways in which analytic theory and practice might function disruptively within contemporary American culture. Psychoanalysis has a liminal position, set both within and in opposition to hegemonic Western culture. Its critical engagement with subjectivity and truth, its insistence on honesty, freedom, and privacy, its exposition of unconscious processes, and insights into the relationship between individuals, families, and societies suggests potential to operate subversively. Yet psychoanalysis' subversive potential often remains just that. This gap between potential and meaningful action is explored, including an inquiry into what psychoanalysis is and isn't and what that might mean for current efforts to align psychoanalysis with broader projects of social and political justice.

Amber Trotter, Psy.D., studied sociology and political activism at Middlebury College. She received her doctorate in clinical psychology from the California Institute of Integral Studies.

She thinks and writes about the nexus of psychoanalysis and contemporary society, including ethics, freedom, social change, and digital technology. She is the author of *Psychoanalysis as a Subversive Phenomenon* (2020), and is a founding editor at *Damage Magazine*. She teaches at SFCP and Access Institute. She is in private practice in San Francisco.

1.5 CME/CE Credits available

*This program is free
of charge!*

**Monday,
March 4, 2024**

7:30pm - 9pm



In Person at

**San Francisco Center for
Psychoanalysis
444 Natoma Street
San Francisco, CA 94103**

Remote option available

FOR CME AND PROGRAM INFO:

www.sfcpsf.org/2024-03-04-scientific-meeting/





SCIENTIFIC MEETING

Psychoanalysis as a Subversive Phenomenon: Social Change, Virtue Ethics and Analytic Theory

Educational Objectives:

Upon completion of this activity, the learners will be able to:

- describe how practice of analysis might disrupt status quos along multiple pathways, i.e. by deconstructing processes of internalization and reification of hegemonic norms and values thereby undermining the modern political and economic project of psychological manipulation, commodified subjectivity, and manufactured desire, cultivating a more discerning subjectivity instead.
- describe components of psychoanalysis and their relevance to potential social change, i.e. attending to subjective experience, honesty, growth through bearing what had been overwhelming, care, mutuality, regard for the unknowable, creativity, freedom and paradox.

Accreditation Statement for CME/CE Sponsorship and Disclosure Statement



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–Updated July 2021–

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PSYCHOLOGISTS: The San Francisco Center for Psychoanalysis is approved by the American Psychological Association to sponsor continuing education for psychologists. The San Francisco Center for Psychoanalysis maintains responsibility for this program and its content.

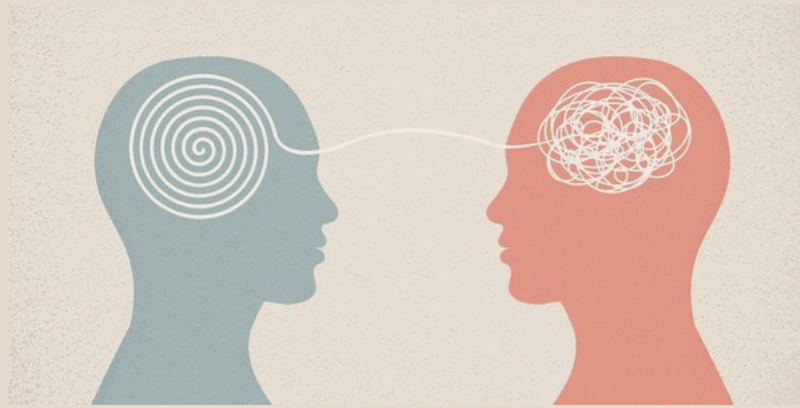
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Commercial Support: None

SAN FRANCISCO PSYCHOANALYTIC
PSYCHOTHERAPY TRAINING PROGRAM
(SFPPTP)



INFORMATIONAL
OPEN
HOUSE

- RIGOROUS CLASSROOM INSTRUCTION
- EXPERT SUPERVISION
- WARM COMMUNITY OF COLLEAGUES
- MENTORSHIP

THURSDAY, MARCH 7, 2024

🕒 7:30PM - 9:30PM

📍 444 NATOMA ST. SAN FRANCISCO, CA 94103

👥 IN-PERSON EVENT

🍴 DINNER AND DRINKS WILL BE SERVED!



[CLICK HERE TO RSVP:](#)



For more information on the SFPPTP Program, please visit www.sfcp.org/sfpptp/.

CONTACT OUR OFFICE FOR MORE DETAILS:

📞 415-563-5815 X106

✉️ TINA.PHU@SFCP.ORG

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



YOU'RE INVITED TO SFCP'S

WINE & CHEESE

party

AN OPEN HOUSE FOR COMMUNITY BUILDING,
SPONSORED BY THE ANNUAL GIVING CAMPAIGN

SUNDAY, MARCH 10, 2024
3PM - 6PM

**BID ON
VINTAGE
WINES AT THE
SILENT
AUCTION!**

HOSTED BY
PAUL AND DENA SORBO
AT THEIR HOME IN MOUNTAIN VIEW
(ADDRESS PROVIDED UPON RSVP)

[PLEASE RSVP HERE!](#)



CHILD COLLOQUIA SERIES

Consultee-Centered Consultation as Used with Daycare, Preschool and Child Life Programs

Presented by: Thomas F. Barrett, PhD
and Denia Barrett, MSW



In the proposed presentation Tom and Denia Barrett will describe the model of Consultee-Centered Consultation (CCC) with early childhood care and education programs. Both the process of this model and research in support of its utilization will be articulated. There will be focus on the CCC stages of “approach,” “free-neutral,” and “moving-on” as well as on the occurrence of “turnings” as evidence of individual and system change.

Case Presenter: Shahla Chehrazi, MD
Moderator: Paul Brinich, PhD

FREE EVENT!



Saturday, March 16
10am - 12pm



SFCP - 444 NATOMA STREET
SAN FRANCISCO, CA 94103

FOR MORE INFORMATION:

www.sfcpsf.org/2024-03-16-child-colloquia/



PALO ALTO PSYCHOANALYTIC
PSYCHOTHERAPY TRAINING PROGRAM
(PAPPTP)

Informational
OPEN HOUSE

THURSDAY, MARCH 21, 2024

7:00 - 9:00PM

IN-PERSON EVENT!

PLEASE JOIN US FOR APPETIZERS, A CLINICAL CASE DISCUSSION
AND PROGRAM INFORMATION!

PAPPTP STUDENTS AND FACULTY WILL BE ON HAND TO TALK
WITH YOU ABOUT THE TWO-YEAR PROGRAM AND THE
FELLOWSHIP YEAR.

TO RSVP, CONTACT CATHERINE PHILLIPS, LCSW



catherinehphillips@gmail.com



(650) 213-2949



A PRIVATE HOME IN PALO ALTO. ADDRESS PROVIDED UPON RSVP.

FOR MORE INFORMATION ON THE PAPPTP PROGRAM, PLEASE VISIT [SFCF.ORG/PAPPTP/](https://sfcf.org/papptp/)



VISITING PROFESSOR WEEKEND

Featuring Darian Leader,
British Lacanian psychoanalyst

“THE ROLE OF THE ANALYST”

SATURDAY, APRIL 13, 2024
9:30AM - 11:30AM
ONLINE EVENT

\$ 95 — General Admission
\$ 80 — SFCP Members
Free — SFCP and non-SFCP Candidates, SFCP PPTP
Trainees, and University Level Students

Presenter: Darian Leader
Discussant: Jeanne Wolff-Bernstein, PhD
Moderator: Patricia Marra, MFT

2 CME/CE credits available for free (for SFCP
members) or \$ 30 (for non-members)

PROFESSOR'S CHOICE WITH DARIAN LEADER ON “CONSTRUCTIONS IN ANALYSIS”

SUNDAY, APRIL 14, 2024
10AM - 11:30AM
ONLINE EVENT

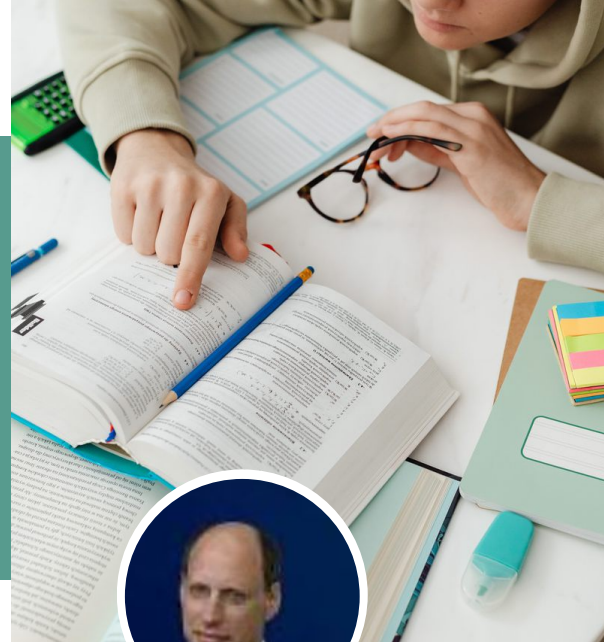
\$ 65 — General Admission
\$ 50 — SFCP Members
Free — SFCP and non-SFCP Candidates, SFCP PPTP
Trainees, and University Level Students

Presenter: Darian Leader
Moderator: Israel Katz, MD

1.5 CME/CE credits available for free (for SFCP
members) or \$ 30 (for non-members)

FOR MORE INFORMATION:

WWW.SFCP.ORG/VISITING-PROFESSOR-WEEKEND/



DARIAN LEADER

Darian Leader is a Lacanian psychoanalyst and founding member of the Center for Freudian Analysis and Research (CFAR) in London. He is a thinker, speaker, and writer whose intelligence and clarity reach a wide international audience — Lacanian and beyond. Among his prolific publications are titles such as: *Jouissance: Sexuality, Suffering, and Satisfaction* (2021); “Rereading Little Hans” (2021); *Why Can't We Sleep?* (2019); *Strictly Bipolar* (2013); and *What Is Madness?* (2011); *Why Do People Get Ill?*. Most recently, in 2023 he published his latest book, *Is It Ever Just Sex?* He also features in several YouTube lectures, including: “Interpretation” (2022); “On Jouissance” (2022); and “What Is Sex?” (2022). In all of his writings and talks, Leader illustrates his belief that psychoanalysis thrives on real questions — on exploring what we don't know — and inspires his readers to question even further.

Conversations with Clinicians

Darian Leader

In Conversation with Patricia Marra, MFT

The conversation that follows occurred by email between Darian Leader and Patricia Marra, from their respective cities of London and San Francisco, over several weeks from April through June 2023. The interview was originally published in *fort da*, Fall 2023, 29(2), pp. 30–42.

[Click here to read the interview!](#)

VISITING PROFESSOR WEEKEND

Featuring Darian Leader,
British Lacanian psychoanalyst



SATURDAY, APRIL 13, 2024

Educational Objectives:

Upon completion of this activity, the learners will be able to:

- ascertain the role of the analyst from more than one theoretical and technical perspective.
- describe the role of the analyst and its relation to the responsibility of the analysand.

Accreditation Statement for CME/CE Sponsorship and Disclosure Statement



IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

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—Updated July 2021—

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The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: The San Francisco Center for Psychoanalysis is approved by the American Psychological Association to sponsor continuing education for psychologists. The San Francisco Center for Psychoanalysis maintains responsibility for this program and its content.

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LCSWs/MFTs: The San Francisco Center for Psychoanalysis is a continuing education provider that has been approved by the American Psychological Association, a California Board of Behavioral Sciences recognized approval agency.

Psychologists, Social Workers, and Marriage and Family Therapists will be awarded AMA PRA Category 1 Credit(s)[™] on an hour for hour basis; see the program description for the maximum of credits awarded for each program.

Commercial Support: None

SUNDAY, APRIL 14, 2024

Educational Objectives:

Upon completion of this activity, the learners will be able to:

- describe constructions and how they differ from interpretations.
- discuss the usefulness of constructions in the clinical situation.
- discuss the concepts of madness and dream, conviction and belief, along with Freud's idea, in "Constructions of Analysis", that humankind as a whole has developed "delusions which are inaccessible to logical criticism and which contradict reality" (SE, vol. XXIII, p 269).

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Commercial Support: None

SFCP
PSYCHOANALYTIC EDUCATION
DIVISION

SAVE THE DATE!

GRADUATION 2024

JIM DIMON, MD
GRADUATION SPEAKER



Saturday, May 11, 2024

3:00 - 5:00pm

*Please note the time change.

Reception will be at SFCP
Stay tuned for details!



Member Announcements!

Recently Retired? Big Anniversary?
Special Announcements? Milestones?

A Member's Passing?

We want to acknowledge our members' milestones, achievements, and other announcements! Please email nicole.lee@sfcpc.org if you want to share your news so that we can post it in the newsletter!



Dear SFCP Members,

The University of California, San Francisco Department of Psychiatry and Behavioral Sciences will host their 2024 The Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy on Wednesday, March 20, 2024 from 1:00–3:00 p.m. PDT. [Visit their website for program details](#), or [click here to register for the lecture](#).

UCSF Weill Institute for Neurosciences

Department of Psychiatry
and Behavioral Sciences

The Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy

You are invited to join us for

The 2024 Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy

**“My Journey as a Psychodynamic Psychotherapy
Researcher: The Process of Studying Outcome and
the Outcome of Studying Processes”**

Presented by

Jacques P. Barber, PhD, ABPP

Professor and Former Dean • Gordon F. Derner School of Psychology • Adelphi University Professor •
Psychology Graduate Group • Department of Psychiatry • University of Pennsylvania Perelman School of
Medicine Adjunct Professor • Department of Psychiatry • NYU Grossman School of Medicine



In discussion with



Xiaochen Luo, PhD

Assistant Professor • School of Education and
Counseling Psychology • Santa Clara University



George Silberschatz, PhD

Volunteer Clinical Professor • Department of
Psychiatry and Behavioral Sciences • UCSF Weill
Institute for Neurosciences

Wednesday, March 20, 2024

1:00–3:00 p.m. PDT

UCSF Nancy Friend Pritzker Psychiatry Building
675 18th St. • San Francisco, CA

Also available on Zoom

[CLICK HERE TO REGISTER NOW](#)

CME/CE credit

CME/CE credit is expected to be available, but cannot be confirmed at this time. For more information, contact gina.martinez@ucsf.edu.

About this year's honoree

[Jacques P. Barber, PhD, ABPP](#), is internationally known for his research on the efficacy of psychotherapy in treating depression, panic disorders, personality disorders, cocaine dependence and interpersonal problems. He is a professor and former dean of the Gordon F. Derner School of Psychology at Adelphi University, as well as an adjunct professor of psychiatry at New York University and professor emeritus in the Department of Psychiatry and in the Graduate Psychology Group at the University of Pennsylvania.

Dr. Barber has published more than 290 papers, chapters and books, including *Psychodynamic Therapy: A Guide to Evidence-Based Practice*, which he coauthored with Richard F. Summers, MD, of the University of Pennsylvania Perelman School of Medicine, and *Practicing Psychodynamic Therapy: A Casebook*, co-edited with Dr. Summers. He and his Adelphi colleague J. Christopher Muran, PhD, collaborated on a revised psychodynamic therapy research chapter in *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change (7th Edition)*, considered “the bible of psychotherapy.”

He has won numerous awards for his scholarship. In addition to the Distinguished Career Research Award from the Society for Psychoanalysis and Psychoanalytic Psychology, Division 39 of the American Psychological Association (APA), Dr. Barbr has received two honors from the Society for the Advancement of Psychotherapy, Division 29 of the APA: the Distinguished Contributions to Teaching and Mentorship Award as well as the Distinguished Psychologist Award for Contributions to Psychology and Psychotherapy. He is a past president of the international Society for Psychotherapy Research and was a recipient of its early career award in 1996 and its Distinguished Research Career Award in 2014.

About this lecture series

The [Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy](#) is given annually in honor and remembrance of the late Professor Robert S. Wallerstein, MD, who served as chair of the UCSF Department of Psychiatry from 1975–1985. The series is focused on showcasing psychoanalytic knowledge and clinical expertise that influence psychiatry, psychotherapy, and psychoanalysis.

Dr. Wallerstein was a distinguished psychiatrist, psychotherapy researcher, and psychoanalytic leader who left a legacy of a widened scope of theory and technique in the psychological sectors of psychiatry. He was an administrator who advocated for cooperation between psychiatrists, psychologists, and social workers in achieving academic excellence and sought to develop a new profession, the Doctor of Mental Health. He also developed a departmental structure that worked across professional lines, leading to new ideas on research centers, educational plans, and high quality service delivery.



2023-2024 Wallerstein Lectureship Committee

Joseph Zamaria, PsyD, ABPP, *chair*
Kathryn DeWitt, PhD
Amy Wallerstein Friedman, LCSW
Adam Goldyne, MD
Mary Susan Hansen, MD
Mardi Horowitz, MD

Marc Jacobs, MD
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William Wolfe, MD