

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



WHAT'S IN THIS ISSUE

Click the links below to get to the desired page.

- [Newsletter Editor Report - 1](#)
- [Board of Trustees Report - 2](#)
- [President's Report - 3](#)
- [News from the Strategic Planning Team - 5](#)
- [Report from PED Chair - 6](#)
- [Report from CAPPTP Chair - 8](#)
- [Report from PAPPTP Chair - 9](#)
- [Message from Committee on Groups - 10](#)
- [Community Member Mentoring Program - 12](#)
- [Library Announcement - 13](#)
- [Annual Giving Campaign Update - 14](#)
- [Enrico Jones Tuition Fund - 15](#)
- [James Grotstein Memorial Lecture - 16](#)
- [SA Discussion Group - 18](#)
- [Wine and Cheese Party - 19](#)
- [Child Colloquia - 20](#)
- [A Day With... - 21](#)
- [Scientific Meeting - 23](#)
- [CCSW Clinical Evening - 25](#)
- [Member Announcements - 26](#)
- [Ads and Other Events - 30](#)

PLEASE COMPLETE THIS 5 MINUTE SURVEY!

www.surveymonkey.com/r/WP8FVPV

MESSAGE FROM THE SFCP NEWSLETTER EDITOR

Richard Almond, MD
SFCP Newsletter Editor

Thank you for taking 5' to fill out this survey. The Newsletter would like to include more content from and about individual members, their unique activities and interests. We think that can contribute to our knowing each other better, and recognizing the wide range that accompanies clinical activity. We hope this can lead to profiles, essays, creative arts coverage, and so on. Anything you submit will only be used in the Newsletter with your consent and collaboration.

SFCP Board Chair Report

As I mentioned in [my first report as Board Chair](#) in September last year, the Board of Trustees is responsible for the overall health of the organization. An important element of the Board's work is the development and maintenance of the vision, mission, and strategy of SFCP. In the Fall of 2022, over 60 SFCP members participated in the development of a five-year strategic plan for SFCP. On April 28th, we will continue this process by creating a revised organizational vision and mission. All members are encouraged to join this process, which will be held on Zoom. Please mark your calendars now and look out for emails regarding this important event.

Key points and votes from the December Board meeting:

- The Board of Trustees Annual Meeting will occur on September 21st and will serve as a welcome back gathering for SFCP members.
- Walt Beckman is working with Marcia Hodges, Nicole Lee and Tina Phu to renew SFCP's exemption from the Bureau for Private and Post-Secondary Education (the BPPE), which will allow SFCP to continue offering CEUs for programs over 32 hours.
- The Finance Committee shared that SFCP's financials continue to be on target. Please note that SFCP's annual operating budget (the money we need to sustain SFCP for the 2023-24 fiscal year) requires that SFCP meets the \$130,000 annual giving campaign goal.
- The Ombudsperson role at SFCP reports to the Board Chair, and the Nominating and Governance Committee of the Board will use feedback from the Strategic Planning process to revise the role to make it more accessible and inclusive of all SFCP members.
- Neil Brast provided a report from the Re-energizing the Membership Strategic Direction Team (one of the four Strategic Directions developed in the Fall of 2022). The team is creating a welcome packet for new members and a database for volunteer opportunities at the Center. Both efforts are aimed at creating a more inviting and transparent experience for SFCP members and potential members. Stay tuned for more information.
- I provided an update on the Leadership Development Strategic Direction Team (a second of the four strategic directions). After this team interviewed the current Management Team (MT) about their leadership challenges and needs, we decided to offer a one-hour Zoom meeting with the MT to discuss and offer best practices about recruitment and succession planning. This event will be held in March.
- Chuck Fisher provided an update from the Equity and Inclusion Steering Committee. Stay tuned for more information on their developments as well.

Thank you to everyone for contributing so much of your time, energy, mind, and heart to the continued work of SFCP!

If you have any questions or comments, please contact me at: brett@brettpenfil.com

SFCP President's Report

As we head into 2024, the time is ripe for reflection regarding our goals for SFCP in the upcoming year and beyond. We are fortunate to have so many fantastic programs now up and running again nearly every weekend at SFCP, and I am very grateful to our program planners on the Faculty Committee, the Dialogues Committee, the Emmanuel Windholz Committee, and the Scientific Meeting Committee, as well as all of our presenters for their creative efforts. Many of these recent programs have focused implicitly or explicitly on our psychoanalytic community – the ways in which we value and depend on one another, as well as the ways in which embedded systems, practices, and dynamics unconsciously exert divisive and disruptive forces which threaten our capacity to exist as a collective. The following is a brief summary of recent programs on this topic:

- A December pop-up event organized by the **Faculty Committee** posed the question “**Is There Such a Thing as Psychoanalysis Without a Psychoanalytic Community?**” and featured Genie Dvorak moderating a thought-provoking discussion amongst Mary Margaret McClure, Ruth Simon, Ari Bachrach, and Deborah Weisinger regarding the challenges of existing as a community with shared goals and values that also supports learning and differences. They shared their personal experiences of participating in the group life of SFCP, including both the deeply-felt value in their developing relationships with psychoanalytic colleagues, as well as the ‘price of belonging’ which is higher for some than others based on one’s sociocultural location and standing in the organization. Parts of this discussion focused on the impact of the systemic hierarchies which structure our organizational practices and consequently shape our relational experiences of one another – highlighting the importance of rethinking and tending to these aspects of our organizational life.
- Two recent **Dialogues in Contemporary Psychoanalysis** programs focused more broadly on the unconscious power dynamics that influence groups and society at large. **The Allure of Fascism** by Era Loewenstein and Michael Diamond posited the disturbing thesis that fascistic states are embedded in the human psyche and will thus inevitably challenge our capacity to self-govern as a democratic society, as reflected in the current rise of fascist political movements nationally and throughout the world. Similarly, **Everybody: A Dialogue about Freedom** by Olivia Laing and Daniel Butler - highlighted the tension between the pursuit of individual freedoms and the resulting impingement on the freedom of others in the wider collective. How to hold this paradox?

SFCP President's Report cont.

- A January **PED Curriculum Retreat** for the teaching faculty in the psychoanalytic training program focused on the question of **teaching sociocultural context in psychoanalytic training**. So many of the concepts that we value in psychoanalytic education are derived from historical writings, with all of their embedded biases based on prevailing sociocultural norms at the time. How do we deal with this, and think about the legacy of these embedded biases in our current theories? And how do we create a psychoanalytic learning framework for working across differences within our learning groups? These are obviously complex and ongoing conversations; however, as a beginning step the following summary and preliminary list of recommendations was prepared based on a recent review of candidate feedback from the 2022-23 and 2023-24 curriculum: [Recommendations for Teaching Sociocultural Perspectives/Summary of SFCP Candidate Comments](#). In addition, I would like to share a very useful link to the [BPSI Resources on Race, Equity, Diversity, and Otherness](#) which contains recommended reading lists for expanding and integrating our theoretical frameworks to include the social unconscious and its impact on group life (compiled by the Boston Psychoanalytic Society & Institute).

Taken together, all of these discussions generate a sobering call to reflect on the ways in which these power dynamics operate to undermine our best efforts toward creating a sustainable psychoanalytic organization that supports and values our differences. I look forward to continuing to work with all of you to enhance our understanding of these processes, and to make changes in our organizational practices that will ultimately strengthen our field and our relationships within our community.

*** All SFCP members are invited to participate in a Center-wide meeting to develop the next **SFCP Vision & Mission statements on Sunday, April 28, 2024**, to shape our future direction as a Center. Please save the date.

*** All SFCP members are invited to join the **SFCP listserv** which is used for referrals and for program announcements of interest to our membership and administered by Dr. German Cheung. If you're interested to join the listserv, please [submit your request here](#).

News from the Strategic Plan Implementation Team

Mission Statement **SAVE THE DATE**

You have the opportunity to shape a new mission statement for SFCP.

This important meeting will occur on **Sunday, April 28, 2024 from 9am - 2pm**. This meeting will be held on Zoom and there will be scheduled breaks.

Please put that date on your calendar! More details to follow.

Report from the Chair of the Psychoanalytic Education Division

Dear SFCP Community-

At this start of the New Year, I wanted to send a summary of the very impactful changes the PED made to the Adult Psychoanalytic Training Program this fall, and let you know about some additional initiatives the PED is working on.

1. The PED Committee approved a new procedure regarding candidates' inclusion in their annual PGC Reviews. **Beginning January 2024, candidates will be invited to attend the last 15 minutes of their Progressions (PGC) review after the PGC and supervisors have finished their discussion.** We are planning to review the process with the help of feedback from the community in the summer. [Please see the new policy in the Candidate Handbook under [Candidate Progression](#).]
2. **The PED has removed the policy that first year candidates are not permitted to begin a control case until they have been reviewed by the PGC in February in order to receive "First Case Permission."** Candidates are now encouraged to begin cases whenever they have a patient in 3-5x/week treatment and a supervisor and feel ready to do so. [Please see the new policy in the Candidate Handbook under [Supervised Psychoanalytic Work](#).]
3. In addition, in December **the PED removed the requirement that candidates receive approval from their first supervisor to begin additional cases.** Candidates are free to begin additional cases as soon as they have additional patients in analysis 3-5x/week and a SFCP supervising analyst for the case. [Please see the new policy in the Candidate Handbook under [Supervised Psychoanalytic Work](#).]
4. The PED has also revised the policy about **Diversity of Cases** to say that candidates are strongly encouraged to treat patients with diverse identities and social locations, for example, with respect to race, gender identification, sexual orientation, age, religion, ethnicity, culture, disability and socioeconomic status. In addition, candidates are encouraged to treat patients with varying levels of functioning and organization in order to get experience working with both neurotic level as well as traumatized and/or borderline level patients. [Please see the new policy in the Candidate Handbook under [Supervised Psychoanalytic Work](#) and under [Candidate Progression](#).]

Report from the Chair of the Psychoanalytic Education Division cont.

5. The PED has also revised the language of the [Truth Speaker Policy](#) and has included it in the Candidate Handbook as well as on the Analytic Training Program page. The Truth Speaker system is meant to assist the community if a concern arises about the functioning of an SFCP Training or Supervising Analyst. *If a candidate or analyst has concerns about a Training or Supervising Analyst, they may contact the Training Analyst Chair Michael Donner (mbds@sbcglobal.net), the Supervising Analyst Committee Chair Holly Gordon (hollygordon4@gmail.com) and/or the PED Chair Beth Steinberg (besteinberg@comcast.net) who will ask the Truth Speaker to contact the analyst concerned. In addition, anyone with a concern may informally consult the Ethics and Impairment Committee.*

6. The [Candidate Concerns and Frequently Asked Questions section of the Candidate Handbook](#) has been updated and expanded.

7. Given all of the changes we have been making to policies and procedures as well as the ethos within the PED around candidate training, this fall we also developed a **document for SFCP Supervising Analysts containing the most current policies and procedures** impacting SA's. [If you are interested in seeing this document, you may [click here](#).]

8. Lastly, we are extremely pleased that SFCP is now ready to implement the **Candidate Training Grant Program for Equity & Diversity** to help cover costs of analytic training for BIPOC candidates and candidates with financial need. In accordance with the January 2023 ratification vote by all analyst and candidate members (based on majority-supported initiatives in the *All-Member Survey on Diversity & Accessibility in Analytic Training - Fall 2022*), the majority-supported proposal to [Establish Candidate Training Grants](#) – which had been referred to the Board of Trustees since it required legal and financial review per non-profit law – has now been formally approved by the Board.

Please stay tuned for more information about this initiative and about ways to donate. For more information, please see [Maria Longuemare's President's Report in the December SFCP Newsletter](#).

In the meantime, I am forming a Candidate Training Grant Committee. Anyone interested in volunteering to participate (including candidates!) should contact me at besteinberg@comcast.net.

Report from the Chair of the Child and Adolescent Psychoanalytic Psychotherapy Training Program (CAPPTP)

CAPPTP is looking for volunteers. If you are interested in teaching on Wednesday nights, supervising one or more students, and/or joining our steering committee, please let us know!

Email Tina Phu at tina.phu@sfcp.org and she will connect you to the steering committee to discuss potential roles in this dynamic child psychotherapy education program.

NEIL BRAST, MD, CATHERINE PHILLIPS, LCSW, AND TINA ST. LORANT, LMFT
CHAIR, PALO ALTO PSYCHOANALYTIC PSYCHOTHERAPY TRAINING PROGRAM

Report from the Chair of the Palo Alto Psychoanalytic Psychotherapy Training Program (PAPPTP)

The informational Open House will be held on March 21st from 7-9pm at a private home in Palo Alto.
Please contact Catherine Phillips for more details.

catherinehphillips@gmail.com

Message from the Committee on Groups:

SFCP ANNUAL GROUP RELATIONS WEEKEND MARCH 23 & 24, 2024

The Committee on Groups (COG) is hosting the annual SFCP Annual Group Relations Weekend on March 23 & 24th, 2024, and would like to invite you to participate.

What is “Group Relations?”

Group Relations utilizes a methodology to understand authority, leadership, power, and the dynamics within groups, organizations, and systems. The group relations conference will engage participants in an experiential learning process – a blend of “here-and-now” events and reflective sessions. In “here-and-now” events, participants examine the current moment, focusing on unconscious dynamics playing out in the group-as-a-whole, rather than focusing only on intrapersonal or interpersonal dynamics. Reflective events encourage participants to think and reflect upon their experiences. It is not uncommon for the learning process to be transformative, influencing how participants perceive themselves, their roles, and the groups and organizations to which they belong.

Given that all aspects of life manifest within groups, including when working in dyads, this group relations retreat seeks to deepen participants' understanding of their roles, citizenship, leadership, and authority. Additionally, it aims to foster the development of personal agency and creativity within the dynamics of the group. We hope to generate meaningful conversations that explore a deeper understanding of ourselves and others within a group setting. The opportunity to share one’s thoughts openly and spontaneously within the group, guided by experienced facilitators, can be invaluable for comprehending group life, organizational dynamics, and the complexities of working in groups.

Facilitators:

Leonard Levis, PhD, and Janice K. Wagner, LCSW

Location & Registration:

We will meet on Saturday and Sunday, March 23 and 24, 2024, at SFCP from 9 am to 5 pm. These two days will include working in both large and small groups.

All are welcome. We have room for 24 participants; 10 spots will be filled by COG members, and 14 openings remain. We aim to be inclusive and will work to create a group that represents diversity of membership on many levels. We welcome new participants to the group process experience and encourage those who have participated before to join us again.

Message from the Committee on Groups cont.

SFCP ANNUAL GROUP RELATIONS WEEKEND MARCH 23 & 24, 2024

The fee for the weekend is \$550. This includes two days of paid facilitation, coffee, breakfast, lunch, and snacks. A registration link will be sent to all confirmed participants. Financial assistance is available, and for those who are able and willing to contribute more to support our commitment to accessibility, there is an option to pay an additional amount during the registration process. To inquire about financial assistance, please write to Sydney Tan at sydneytanpsyd@gmail.com.

If you wish to register for the event, please contact Sydney Tan at sydneytanpsyd@gmail.com. We will respond to your inquiry by January 31 and provide confirmation regarding the availability of space in the group.

Questions:

Please contact any member of the committee if you have questions or wish to learn more.

Committee on Groups Members:

Ari Bachrach, NP
Debora Fletcher, PhD
Ben Goldstone, MFT
Fei Hu, MFT
Brett Penfil, MFT
Jane Reingold, MFT
Mary Diaso Rudy, LCSW
Sydney Tan, Psy.D.
Lara Weyland, PhD

SFCP Community Members - Mentoring Program!

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is the link to become a Community Member: [update](#)

And here is the link to the Mentoring Program: [update](#)

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise."

Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon, DMH

hollygordon4@gmail.com

COST: FREE to SFCP Community Members.

LINK TO APPLICATION: [update](#)

QUESTIONS: If you have questions about the program, please contact:

Holly Gordon, DMH hollygordon4@gmail.com

Welcome to
2024!



SFCP LIBRARY ANNOUNCEMENT



The SFCP Library services are available on Fridays 10am-2pm.

*Please stop by with any questions related to library services & archives OR contact the librarian, Rashmita Sriram at:
rashmita.sriram@sfcg.org.*

The SFCP library is an environment where all are welcome.

CLICK [HERE](#) TO ACCESS THE LIBRARY'S HOME PAGE.



Annual Giving Campaign Update!

Our 2023-2024 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF PARTICIPANTS FOR OUR IN-PERSON FUNDRAISING EVENTS

January Update



WE HAVE ALREADY RAISED
\$50,046! THAT IS 38.50% OF OUR
GOAL.

WE ALSO HAVE 16% OF OUR
MEMBERS' PARTICIPATION SINCE
OUR LAUNCH 2 MONTHS AGO!



THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

70 people of color received
tuition credits since 2021

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 30 students estimated to receive tuition credits through June 2024

Join Us!

Please join us by making your contribution now online, by mail or by phone. Our members' participation in this effort has been excellent, but we need a continuing effort to aid our organization to achieve the diversity of members which we desire. All contributions help!

WAYS TO DONATE

ONLINE:

<https://www.sfcps.org/s/enrico-jones-fund>

BY MAIL:

444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Contributions

- FY2021: 12 donors, \$28,200
- FY2022: 42 donors, \$40,600
- FY2023: 36 donors, \$46,600

Total number of donors: 67

**Please note that repeating donors were counted once.*



The Regional Bion Symposium in conjunction with SFCP presents:

The James Grotstein Memorial Lectures in Comparative Psychoanalysis

On Thomas Ogden's Interpretative Reading of Winnicott and Bion in his Synthesis of British Object Relations Theory and Practice

Saturday, January 20, 2024 | February 24, 2024 | March 9, 2024

Online via Zoom

Recording available to program registrants for a two-week period following each lecture

In honor of Grotstein's work in comparative psychoanalytic theory, and his longstanding friendship and collaboration with Thomas Ogden, there will be a series of 3 virtual meetings featuring Ogden's unique interpretive readings of seminal papers by D.W. Winnicott and W.R. Bion, focusing on the clinical implications of his approach.



Part 1: January 20, 2024

9AM -11AM Pacific Time

2 CME/CE Credits Available

On Thomas Ogden's Interpretative Reading of the Theoretical and Clinical Work of D.W. Winnicott

Presenter: Peter Goldberg

Part 2: February 24, 2024

9AM -11AM Pacific Time

2 CME/CE Credits Available

On Thomas Ogden's Interpretative Reading of the Theoretical and Clinical Work of W.R. Bion

Presenter: Joseph Aguayo



Part 3: March 9, 2024

9AM -12PM Pacific Time

3 CME/CE Credits Available

Panel Presentation on Four Iconic Papers by Thomas Ogden

Panelists: Joseph Aguayo, Maxine Anderson, Peter Goldberg, & Bruce Reis

Participants are encouraged to register for the full 3-part series for maximum immersion; however single lecture tickets are also available.

Pre-registration is required.

	General Admission	SFCP Members	Candidates & Students
Full Series:	\$250	\$200	Free
Single Program Ticket:	\$125	\$100	Free

TO REGISTER AND LEARN MORE, VISIT:



sfcp.org/james-grotstein-memorial-lectures



Accreditation Statement for CME/CE Sponsorship and Disclosure Statement



IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

—Updated July 2021—

Educational Objectives for “On Thomas’s Interpretative Reading of the Theoretical and Clinical Work of D.W. Winnicott”:

Upon completion of this activity, the learners will be able to:

- explicate how Ogden deploys Winnicott’s ideas about primitive emotional development in his understanding of early object relations and how they organize the way he listens to and understands its development in the analytic situation.
- explicate how Ogden uses Winnicott’s notion of direct and indirect communication in the way he listens in silence as well as when he makes analytic interventions.
- explicate how Ogden deploys Winnicott’s notion of subjective and objective object usage in the way he understands and interprets his patient’s psychological communications.

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and San Francisco Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Educational Objectives for “On Thomas’s Interpretative Reading of the Theoretical and Clinical Work of W.R. Bion”:

Upon completion of this activity, the learners will be able to:

- explicate how Ogden deploys Bion’s ideas about how the abandonment of memory and desire clears the analytic field for the operation of clinical intuition.
- explicate how Ogden deploys Bion’s notion of countertransference as originating in a disturbance of feeling in terms of evaluating the emotional aliveness or deadness in analytic session work.
- explicate how Ogden depicts Bion’s style of clinical inquiry in his clinical and supervisory work.

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and San Francisco Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Educational Objectives for “Panel Presentation on Four Iconic Papers by Thomas Ogden”:

Upon completion of this activity, the learners will be able to:

- explicate how the analyst can approach and articulate sensory disorders in analytic work.
- explicate how the analyst exists in an intersubjective field with his/her patients.
- explicate the difference in how Bion and Winnicott deploy their distinctive concepts, such as container/contained and holding in the analytic situation.
- explicate some of the differences between Bion and Winnicott’s ideas about the analyst and patient’s experience of the analytic ‘here and now’ moment.

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and San Francisco Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: The San Francisco Center for Psychoanalysis is approved by the American Psychological Association to sponsor continuing education for psychologists. The San Francisco Center for Psychoanalysis maintains responsibility for this program and its content.

Psychologists attending SFCP events approved for CE credits may report *AMA PRA Category 1 Credit(s)*[™] toward their CE requirements. Psychologists self-certify the number of hours they have completed on their renewal form (whether online or paper).

LCSWs/MFTs: The San Francisco Center for Psychoanalysis is a continuing education provider that has been approved by the American Psychological Association, a California Board of Behavioral Sciences recognized approval agency

Psychologists, Social Workers, and Marriage and Family Therapists will be awarded *AMA PRA Category 1 Credit(s)*[™] on an hour for hour basis; see the program description for the maximum of credits awarded for each program.

Commercial Support: None

Join us for an

SA DISCUSSION GROUP

Join us for an SA Discussion Group where we will consider the tension in supervision between authority/role asymmetry/candidate evaluation and promoting analytic growth for both parties.

We hope to build a reflective and engaged community of SA's who are exploring the supervision process together.

SUNDAY, JANUARY 21, 2024

10am - 11:30am

RSVP HERE!



**SFCP
444 Natoma Street
San Francisco, CA 94103**

Discussant: Kirsten Beuthin, LMFT



**Refreshments
will be served!**

You're Invited to SFCP's

wine, cheese, & chocolate party

in support of The Annual Giving Campaign

HOSTED BY AMY WALLERSTEIN FRIEDMAN, MICHAEL DONNER,
AND ROBIN DEUTSCH AT AMY'S HOME IN PIEDMONT
(ADDRESS WILL BE PROVIDED UPON RSVP)

Sunday, January 21, 2024
3-5pm

PLEASE RSVP HERE
IF YOU PLAN TO ATTEND



IF YOU HAVE ALREADY DONATED, OR
PLAN TO DONATE, PLEASE JOIN US!
ANY AMOUNT IS GREATLY APPRECIATED.



CHILD COLLOQUIA SERIES

January 27, 2024

PARTS IN PLAY: TREATING CHILDREN AND ADOLESCENTS WITH COMPLEX TRAUMA AND DISSOCIATION



Case Presenters

Eva Teirstein Young, MPS, ATR-BC, LCAT
Kylie Svenson, LCSW



Moderator

David Frankel, PhD



In this didactic and experiential presentation, Eva Young will introduce fundamental concepts on the treatment of trauma and dissociation with children and adolescents. The role of the therapist as an “organizing, enhancing and engaged play partner” (Slade, 1994) will be emphasized as well as Winnicott’s understanding that one’s capacity for play and creativity relates directly to one’s capacity to enter a life of healthy vitality. General treatment principles recommended by the International Society for the Study of Trauma and Dissociation will highlight the significance of the therapist’s authentic presence and playfulness, regardless of technique, modality or clinical orientation.

MORE INFO



SFCP, 444 Natoma Street
10am - 12pm



In Person Only



Free Event!



www.sfcps.org/2024-01-27-child-colloquia





THE EMANUEL WINDHOLZ MEMORIAL LECTURE

A Day With Adam Phillips



Saturday, February 3, 2024

10:00am - 2:30pm

SFCP 444 Natoma Street, San Francisco, CA 94103 (in-person only)

Program and 3.5 CME/CE credits available free of charge

We are pleased to invite all SFCP members to a conference featuring the psychoanalyst and author, Adam Phillips. Mr. Phillips will present two papers: “Psychoanalysis for Beginners” and “On Not Believing in Anything; or Why Freud?” followed by questions and discussion. We look forward to seeing SFCP members in-person and to discussing Adam Phillips’s thoughts as a community.

Special thanks to the Emmanuel Windholz Fund for funding this program.

10:00AM - 10:10AM	Introduction of the Emmanuel Windholz Fund by Michael Windholz, MD
10:10AM - 10:20AM	Introduction of Adam Phillips by Julie Ruskin, PhD
10:20AM - 12:00PM	“Psychoanalysis for Beginners”
12:00PM - 1:00PM	Lunch provided
1:00PM - 2:30PM	“On Not Believing in Anything; or Why Freud?”

About Adam Phillips, MA

Adam Phillips, MA is a psychoanalyst, essayist and literary critic, known for his intellectual contributions to contemporary psychoanalytic theory and practice. He studied English at Oxford and later trained as a child psychotherapist.

He has published twenty-five books, including *Winnicott, On Kissing, Tickling, and Being Bored, Darwin’s Worms, Going Sane and On Getting Better* reflecting his diverse interests and distinctive approach to questioning traditional psychoanalytic dogmas. Phillips is a regular contributor to the *London Review of Books* and the general editor of the new translations of Freud published by Penguin Press.

Phillips’s lectures and writings challenge us to consider the implications of psychoanalytic ideas in contemporary life, and his teachings continue to inform the dialogue among mental health professionals.

*** This program is free and exclusively available to SFCP members.**

Pre-registration is mandatory with a limit of the first 100 participants.

For more information and to register, please visit: sfcpsf.org/day-with-adam-phillips



THE EMANUAL WINDHOLZ MEMORIAL LECTURE

A Day With Adam Phillips

Accreditation Statement for CME/CE Sponsorship and Disclosure Statement



Educational Objectives:

Upon completion of this activity, the learners will be able to:

1. describe how psychoanalysis is both a prescribed and found object
2. describe the qualities of a psychoanalytic beginner
3. describe the significance of psychoanalysis as the outgrowth of cultural disillusionment.
4. explain the role of curiosity, and what Phillips means by belief without curiosity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

—Updated July 2021—

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and San Francisco Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: The San Francisco Center for Psychoanalysis is approved by the American Psychological Association to sponsor continuing education for psychologists. The San Francisco Center for Psychoanalysis maintains responsibility for this program and its content.

Psychologists attending SFCP events approved for CE credits may report *AMA PRA Category 1 Credit(s)*[™] toward their CE requirements. Psychologists self-certify the number of hours they have completed on their renewal form (whether online or paper).

LCSWs/MFTs: The San Francisco Center for Psychoanalysis is a continuing education provider that has been approved by the American Psychological Association, a California Board of Behavioral Sciences recognized approval agency

Psychologists, Social Workers, and Marriage and Family Therapists will be awarded *AMA PRA Category 1 Credit(s)*[™] on an hour for hour basis; see the program description for the maximum of credits awarded for each program.

Commercial Support: None



SCIENTIFIC MEETING

A Psychoanalytic Study of Lives Across Time (Part 1): Paths to Emotional Health and Emotional Illness from Birth to 30 in 76 People

Henry Massie, MD is an adult, child and adolescent psychiatrist, and longtime member of the San Francisco Center for Psychoanalysis. He was formerly Training Director in the Child Psychiatry Residency Program at St. Mary's Hospital, San Francisco, and formerly Clinical Associate Professor of Psychiatry at the University of California School of Medicine. He has published extensively on child development and its disturbances in the International Journal of Psychoanalysis, and with Nathan Szajnberg authored *Lives Across Time: Paths to Emotional Health and Illness From Birth to 30 in 76 people*. He has also developed, with B. Kay Campbell, the Massie-Campbell Scale of Attachment During Stress Scale which is a screening tool for troubled parent-infant interaction which is in use world wide. Dr. Massie is based in Berkeley, CA.

Nathan Moses Szajnberg, MD completed psychoanalytic training at the St. Louis Institute. He is the retired Freud Professor of Psychoanalysis at the Hebrew University. He has received two NIMH awards in Adolescence and Infant Psychiatry and worked with Dan Stern, Bruno Bettelheim, Peter Blos and Bob Wallerstein. He was the Wallerstein Research Fellow in Psychoanalysis 2005-16. He received the Ticho Award in 2012. He has written several books on development in Ethiopian children, Israeli soldiers and co-authored *Lives Across Time* with Henry Massie.

**Monday,
February 5, 2024**

7:30pm - 9pm



In Person at

**San Francisco Center for
Psychoanalysis
444 Natoma Street
San Francisco, CA 94103**

Remote option available

Join us for the first part of the LIVE ACROSS TIME program series, where Dr. Henry Massie, MD, and Dr. Nathan Szajnberg, MD, present the groundbreaking 30-year prospective longitudinal study on emotional development, spanning from birth to age 30. In this session, we delve into the overarching findings of this extensive project, offering a comprehensive understanding of the emotional journeys of our participants, and a preview of the 60-year followup findings.

1.5 CME/CE Credits available

*This program is free
of charge!*

FOR CME AND PROGRAM INFO:

www.sfcp.org/2024-02-05-scientific-meeting/



SCIENTIFIC MEETING

A Psychoanalytic Study of Lives Across Time (Part 1): Paths to Emotional Health and Emotional Illness from Birth to 30 in 76 People

Educational Objectives:

Upon completion of this activity, the learners will be able to:

- describe components of a psychoanalytically informed study of emotional growth from infancy to adulthood.
- describe patterns of early mother-child attachment and the extent to which they are predictive of subsequent emotional health.
- discuss sources of resiliency in children with impaired early attachment who are doing well as adults.
- consider interventions in families to prevent subsequent mental health problems in adults

Accreditation Statement for CME/CE Sponsorship and Disclosure Statement



IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

–Updated July 2021–

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and San Francisco Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: The San Francisco Center for Psychoanalysis is approved by the American Psychological Association to sponsor continuing education for psychologists. The San Francisco Center for Psychoanalysis maintains responsibility for this program and its content.

Psychologists attending SFCP events approved for CE credits may report AMA PRA Category 1 Credit(s)[™] toward their CE requirements. Psychologists self-certify the number of hours they have completed on their renewal form (whether online or paper).

LCSWs/MFTs: The San Francisco Center for Psychoanalysis is a continuing education provider that has been approved by the American Psychological Association, a California Board of Behavioral Sciences recognized approval agency.

Psychologists, Social Workers, and Marriage and Family Therapists will be awarded AMA PRA Category 1 Credit(s)[™] on an hour for hour basis; see the program description for the maximum of credits awarded for each program.

Commercial Support: None



Til Your Mom Gets Home: Working with Incarcerated Parents and Their Kids

Wednesday, February 7, 2024

6:45pm - Greetings and Socializing

7:00pm – 09:00pm - Program

Presenters:

JNorma Cumpian

Director Women's Department
Anti-Recidivism Coalition (ARC)

Dilpreet Sidhu

MSW Therapist Intern
Anti-Recidivism Coalition (ARC)

Discussant:

Sandra Gaspar, LMFT

Clinical Supervisor
Private Practice, Oakland
Clinical Spanish Consultant

Moderator:

Elizabeth (Beth) Kita, PhD, LCSW

Public/Private Practice
Co-Chair, CCSW

Location:

Remote via Zoom Conferencing

Program Fee:

Free

To Register:

Click to register for the event
www.sfcpc.org/2023-12-06-ccsw/

Questions?

Clara Kwun, LCSW
claraandjon@comcast.net

Daniel Yu, LCSW
d.yu.lcsw@gmail.com



Member Announcements!

Recently Retired? Big Anniversary?
Special Announcements? Milestones?

A Member's Passing?

We want to acknowledge our members' milestones, achievements, and other announcements! Please email nicole.lee@sfcpc.org if you want to share your news so that we can post it in the newsletter!





CONGRATULATIONS TO ONE OF OUR ANALYST MEMBERS, **MARY BRADY, PHD!**

PUBLICATIONS

Brady, M.T. (2024). Braving the erotic field in the treatment of adolescents. In R. Cassorla (ed.) *The Astonishing Adolescent Upheaval*. Chapter 7, (pp.) Routledge.

Brady, M.T. (2023) *RÈGIMS TOTALITARIS I UNA MENT INFANTIL: CRIA CUERVOS*. Revista Catalana de Psiconalisis.

Brady, M.T. (2023). Unjoined persons: Psychic isolation and physical symptoms in adolescence. In. V. Tsolas & C. Anzieu-Premmereur (eds.) *A Psychoanalytic Exploration of the Contemporary Search for Pleasure: The Turning of the Screw*. Chapter 14, (144-158) Routledge.

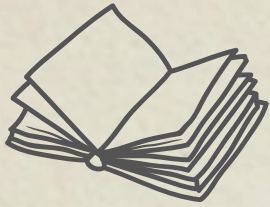
PRESENTATIONS

Dec. 2 & 9, 2023 Institute for Psychoanalytic Treatment and Research (IPTAR)
The Erotic Field

November 5, 2023 Contemporary Freudian Track
NYU Postdoctoral Program in Psychotherapy and Psychoanalysis
Braving the Erotic Field in the Treatment of Adolescents

Sep. 22, 2023 Master Speaker Series, International Psychotherapy Institute
Braving the Erotic Field in the Treatment of Adolescents

Sep. 20, 2023 Northwestern Psychoanalytic Society and Institute
Braving the Erotic Field in the Treatment of Adolescents



CONGRATULATIONS TO ONE OF
OUR ANALYST MEMBERS,
MALI MANN, MD, FABP, FIPA!

PUBLICATIONS

Mann, M. "Children and Truth" Chapter 2, of a book called "Truth," an edited book by Salman Akhtar published by Phoenix Publishing House, 2023 www.Firingthemind.com.

Mann, M. IGOJ, integrative Gynecological & Obstetrical Journal, Vol 1, Issue 2
On Research Open; "Psychoanalytic Understanding of repeated In-Vitro fertilization trials,
Failures, and Repetition Compulsion"



CONGRATULATIONS TO TWO OF
OUR ANALYST MEMBERS,
EILEEN KELLER, PHD AND
AMY FRIEDMAN, LCSW
FOR RECEIVING THIS AWARD!

**NCSPP is proud to
announce our 2023
CSA recipient !**

NCSPP

NORTHERN
CALIFORNIA
SOCIETY FOR
PSYCHOANALYTIC
PSYCHOLOGY

2023
COMMUNITY SERVICE
AWARD

A HOME WITHIN

Thank you, A Home Within, for your dedication to improving the lives of current and former foster youth through long-term, pro-bono psychotherapy to this underserved community. In addition, we want to honor your consistent provision of psychoanalytically-informed case consultation to your volunteer psychotherapists, which helps them to establish enduring, healing relationships with their clients. This award is a tribute to Eileen Keller, Ph.D., Amy Friedman, LCSW and Diane Ehrensaft, Ph.D. who have demonstrated decades of dedication and service to AHW, and have played critical roles as case consultation leaders.

Candice Turner, Psy.D.

President Elect, NCSPP

Willow Banks, Psy.D.

President, NCSPP

OFFICES FOR LEASE IN PALO ALTO

Three offices available in a beautiful, unique, six-office suite. Great location with convenient parking. All offices are soundproofed and have individual temperature controls and plentiful natural light. Large waiting room with call system, kitchen/break room, shared WiFi, fax, printer, shredder, and two bathrooms inside the suite.

Offices measure 109, 165, and 199 square feet and rent for \$1600, \$2400, and \$2900 per month. Flexible lease terms.

For more information please contact Michael Smith at (650) 814-9595 or mksmith.phd@gmail.com.





NEW CENTER *for*
PSYCHOANALYSIS
— los angeles —

The New Center for Psychoanalysis and TFP New York
present a two-day training in
Transference-Focused Psychotherapy

January 26 & 27, 2024

8:30am – 5pm Pacific | In-person and via Zoom

NCP, in association with TFP New York, presents the two-day training "TFP for Borderline Conditions and Pathological Narcissism" with Master TFP Clinicians Diana Diamond, PhD and Frank Yeomans, MD.

In this special two-day follow up to last year's training, Day One will focus on working with patients with personality disorders organized at the borderline level with special emphasis on TFP tactics: the Structural interview, Contract Setting, and identifying Dominant Object Relations. Day Two will focus on TFP for Narcissistic Personality Disorder with an emphasis on the Grandiose Self that separates NPD from other personality disorders and makes it especially challenging to work with.

Transference-Focused Psychotherapy (TFP) is a manualized, evidence-based psychoanalytic therapy for patients with borderline personality disorder (BPD) that has recently been adapted for patients with narcissistic personality disorder (NPD) and pathological narcissism (PN).

TFP is based on a contemporary object relations model of psychological functioning that incorporates findings from attachment and neurocognitive research. The treatment focuses on internalized representations of self and other that organize the patient's interpersonal experience.

**Early Bird Registration now open with 20 spots available
\$1,000 for Two Full Days, 13 CE/CME Credits**

Early-Bird Registration is \$800 - only through Dec 31!

Register on www.n-c-p.org – see Events Calendar for details and full program schedule.

About the Presenters



Diana Diamond, PhD, is a clinical psychologist and psychoanalyst who specializes in theory, research, and treatment of borderline and narcissistic personality disorders. She is Professor Emerita in the Doctoral Program in Clinical Psychology at the City University of New York and Senior Fellow at the Personality Disorders Institute at Weill Cornell Medical College. She is also a professor in the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, and is on the faculty of the New York

Psychoanalytic Society and Institute. She is the recipient of several awards, including most recently the Aaron Stern distinguished visiting professor award from Weill Cornell Medical College for her contributions to understanding the etiology and treatment of narcissistic pathology. She is an honorary member of the American Psychoanalytic Association and heads their research committee for the Department of Psychoanalytic Education. Dr. Diamond currently teaches, lectures, and supervises TFP nationally and internationally, and is in private practice of psychoanalytic psychotherapy and psychoanalysis in New York City and Sag Harbor, NY.



Frank Yeomans, MD, PhD is Clinical Associate Professor of Psychiatry at the Weill Cornell Medical College, Director of Training at the Personality Disorders Institute of Weill-Cornell, and Adjunct Associate Clinical Professor of Psychiatry at the Columbia University Vagelos College of Physicians & Surgeons. He is president of the International Society for Transference-Focused Psychotherapy, an Honorary Member of the American Psychoanalytic Association, and past Chair of the Group for the Advancement

of Psychiatry Committee on Psychotherapy. Dr. Yeomans' primary interests are the development, investigation, teaching, and practice of psychotherapy for personality disorders. He headed the specialized unit for patients with Borderline Personality Disorder at Weill Cornell Medical Center for ten years and has subsequently focused on the practice and teaching of TFP nationally and internationally.

In addition to their individual published works, Dr. Diamond and Dr Yeomans have co-authored *Treating Narcissistic Pathology with Transference-Focused Psychotherapy* with Barry Stern and Otto Kernberg.

Program Coordinator: Joshua C. Richmond, MPW

The New Center for Psychoanalysis is located at
2014 Sawtelle Blvd., Los Angeles, CA 90025

In person attendance is limited to 70 participants.

CE/CME Credit will be offered for each program date. The New Center for Psychoanalysis has planned and implemented this activity in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership with the American Psychoanalytic Association. The New Center for Psychoanalysis is approved by the American Psychological Association to sponsor continuing education for psychologists. NCP maintains responsibility for this program and its content.

For full CE/CME details and policy, please refer to www.n-c-p.org/policies_about.