

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



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For newsletter submissions, email: office@sfcf.org.

SFCP PRESIDENT'S REPORT

Maria Longuemare, MD, PhD
SFCP President

The celebrations continue as the 2022-23 academic year draws to a close, starting with our 17 graduates from the Psychoanalytic Psychotherapy Training Programs who were honored at the recent PPED Graduation. We congratulate Rachel Gordon, LCSW, Rula Razek Klee, PsyD, Stacy Dever Levy, LMFT, Sarah Rosenbaum, MD, MPH, and Christine Tam, LCSW, who graduated the Child and Adolescent Psychoanalytic Psychotherapy Training Program (CAPPTP); Megan Goodwin, PsyD, Cindy May, PsyD, and Swapnil Sanjay Mehta, MD, who graduated from the the Palo Alto Psychoanalytic Psychotherapy Training Program (PAPPTP), and John Connor Barnhart, MD, Zoe Barnow, PsyD, Kimberly Benton, MD, John Michael de Vera Cruz, MD, Cynthia He, MD, PhD, Fei A. Hu, LMFT, Alison Hwong, MD, PhD, Ying C. Li, MD, PhD, and Blair McElroy, LCSW, MSW, who graduated from the the San Francisco-based Psychoanalytic Psychotherapy Training program (SF-PPTP). The SFCP community honors the dedication and accomplishments of all of our PPED graduates, and we welcome your continued involvement in the organization!

SFCP President's Report cont.

On behalf of the SFCP Management Team, I am delighted to announce that the following individuals will be honored this year with awards for their distinguished service:

2023 SFCP Distinguished Service Awards (DSA):

Nancy G. Beckman, PhD
Phyllis Cath, MD
Jan Chess, PhD, MFT
James Dimon, MD
Debora Fletcher, PhD
Elizabeth Kita, PhD, LCSW
Christina A. Lapides, LCSW
Catherine Mallouh, MD
Michael Pastor, PhD, LMFT
Marsha Silverstein, PhD
Paul Sorbo, LCSW
Lara Weyland, PhD
Daniel D. Yu, LCSW

We are very grateful for their dedicated work on behalf of SFCP, and we thank all of you who submitted these nominations!

In addition to congratulating the 2023 DSA recipients, I would like to especially recognize 2022 DSA recipient Mary Ewert, who recently stepped down from her role as the Chair of the Continuing Education Committee after decades of exemplary service. The work of Continuing Education Committee (and Mary's work in particular) is absolutely essential to SFCP's ongoing operations due to the importance of the CE/CME credit membership benefit, as well as the fact that SFCP is only authorized to offer training programs and events by the State of California Bureau for Private and Post-Secondary Education (BPPE) because of our Continuing Education Provider exemption status. We cannot thank Mary enough for her many years of extraordinary dedication and careful attention to this vital service. I will be serving as Interim Chair of the Continuing Education Committee until a replacement can be found. Any SFCP member is eligible to serve as Chair and on the committee, so if you are interested, please contact me to learn more about the role, and the \$5000 in consultation fees recently approved by the Board for those willing to take this on.

SFCP President's Report cont.

I am also excited to share the news of this Summer Bion Book Launch with our British and American colleagues, Robert Hinshelwood, Joseph Aguayo, and Nicola Abel-Hirsch. This no-fee event will include a discussion amongst the three authors of one another's work centered on Bion's legacy from different vertices. Click on the blue link to view the flyer and click on the RSVP button which initiates an email to Joseph Aguayo. Just let him know you want to attend and he will send you a Zoom link closer to the event. It is sure to be a lively and enjoyable gathering.

A more comprehensive overview of the status of the SFCP organization will be reported at the Annual Business meeting along with the presentation of the Distinguished Service Awards. We encourage all to attend! Please check your email for an invitation and RSVP:

SFCP Annual Business Meeting
Saturday, June 24, 2023
10:00 - 12:00 (followed by lunch)
Hybrid - SFCP (in person) and via Zoom

Finally, in news from the American Psychoanalytic Association (APSA), I encourage everyone to review two important communications from APSA leaders linked below, and to reflect on the impact of these issues within our SFCP community and wider society:

1. A communication from Holmes Commission Chair Dorothy Holmes which includes the APSA Holmes Commission on Racial Equality in American Psychoanalysis - Cover Letter & Executive Summary.
1. A communication from the co-chairs of the APSA Committee on Gender & Sexuality (COGS) regarding the recently published APSA Position Statement Opposing Anti-Trans Legislation.

In addition, APSA President Dan Prezant announced the results of the June 8, 2023 APSA Board meeting in which Jeffrey Taxman was elected interim President-Elect (through June 2024) and Beverly Stoute was elected to be an Executive Committee Director.

Receiving CE/ CME at SFCP

The **SFCP CE/CME Committee** is urgently seeking new committee members in order for SFCP to continue to offer continuing education credits for our programs. Any SFCP member can serve in the role of Chair and on the committee!

- **Up to \$5000 consultation fees available**

Please contact marialonguemaremd@gmail.com if you are interested in learning more.

News from the Strategic Plan Implementation Team

Mission Statement **SAVE THE DATE** All Strategic Directions Teams are Launched

You have the opportunity to shape a new mission statement for SFCP on Sunday, October 22nd. Please put that date on your calendar! More details to follow.

We are pleased to let you know that three Strategic Directions Teams are launched!

On Wednesday, May 3rd, the “Promoting an Inclusive, Reflective Organization” Team received background information regarding how the Strategic Directions Implementation Team can support them and were provided resources for next steps. That Team has met once already and will meet again on Sunday, June 11th from 5:30 - 7:30 pm. Current members of the Team are: Jennie Merovick, Ari Bachrach, and Cindy May.

Saturday, May 17th, the “Energizing the Membership” Team met for a similar orientation. They will be meeting again on Saturday, June 17th from 10am - 12 noon. Current members of that Team are: Carla Jensen, Meryl Botkin, Mary McMillan, Neil Brast, and Susan Hamlin.

“Developing & Supporting Leaders” has been meeting for a few months. That next meeting is Tuesday, June 20th from 7 - 8:30 pm. Current members of the Team are: Brett Penfil, Ania Wertz, Paul Sorbo, Laura Coleman, and Deb Fletcher.

The Organizational Structure team is waiting to determine what SFCP’s needs will be as implementation of the strategic plan proceeds.

If you’re interested in learning more and joining any of these teams, please contact Marcia Hodges at marcia.hodges@sfc.org. All meetings are via Zoom.

Implementation Team

Ari Bachrach

Meryl Botkin

Cheryl Goodrich

Marcia Hodges

Maria Longuemare

Brett Penfil

Paul Sorbo

Cathy Witzling

Report from the Chair of the Psychoanalytic Education Division

Dear SFCP Community-

We have just completed the 2022/2023 academic year with the last day of classes on May 26 and our last PED Committee meeting on May 30!

I am extremely grateful to the efforts of all of the many people whose hard work and dedication makes the psychoanalytic training program work and thrive. This has been a very challenging year, and while the pain of what we have been through and the loss of those who stepped back can never be fully resolved, I know that the organization and we on the PED will continue to reflect and learn from these experiences. In addition, The PED is now in a position to focus attention on developing the training program to better serve the needs of everyone involved.

I want to extend a huge thank you to the SFCP teaching faculty and the Training and Supervising Analysts, as well as the Mentors & Advisors, who make candidate training possible. I also want to acknowledge the many hours of volunteer time by the PED Committee Chairs and committee members. The PED Committee is saying goodbye to Candidate Association Co-Chair Juliette Kelly, who has served her term and is stepping down, while Doug Slakey, the remaining Candidate Association Co-Chair, is actively recruiting a new Co-Chair to join him. We are also extremely pleased to announce that Dena Sorbo and Maureen Ruffell have moved from being Interim Admissions Co-Chairs to officially taking on the roles.

We are ending the year with the Psychoanalytic Training Program in a strong position. We will have approximately 30 candidates in seminars next year! We also have an outstanding group of faculty committed to teach next year. Last but not least, we have an incoming first year class of 8 candidates. We are looking forward to them joining our community! Please join me in welcoming:

Thomas Adams, MD
Lucas Broster, MD, PhD
Maria Renu Cappelli, MA, PhD
Lauren Cardillo-Geller, LCSW, PhD
Megan Goodwin Germano, PsyD
Garrett Howard, LMFT
Cindy May, PsyD
Tua Mulligan, MD

Report from the Chair of the Psychoanalytic Education Division cont.

The May 13 graduation ceremony and dinner celebration were deeply meaningful and a sorely needed opportunity to be together and celebrate all the hard work of our graduating candidates. Over 110 people attended the ceremony as well as the dinner celebration. (I am told that the last time we had this many people at a graduation dinner was 2005!)

I am providing links to Steve Purcell's speech, *Becoming and Being a Psychoanalyst*, along with the other introductions that were part of the graduation ceremony. Below is also a video of the ceremony and some pictures of the party.

- [Paul Sorbo \(Outgoing Board Chair\) and Brett Penfil \(Incoming Board Chair\) Introductions](#)
- [Maria Longuemare \(President\) Introduction](#)
- [Beth Steinberg \(PED Chair\) Introduction and Introduction of Steve Purcell](#)
- [Steve Purcell \(Graduation Speaker\) *Becoming and Being a Psychoanalyst*](#)
- [Beth Steinberg Introduction of the Graduates](#)
- [Video of the Ceremony](#)
- [Pictures from the Party](#)

This month, the PED also conducted a [Survey on Cohort Size in Analytic Training](#), which 128 analyst and candidate members participated in. Based on the results of the survey, the PED passed a motion to increase class size for incoming Year 1 class to 9 candidates. (See [email of 5/30/23](#).)

I hope you all have a relaxing summer!

Please feel free to contact me (besteinberg@comcast.net) if you have any questions.

SATURDAY | MAY 13, 2023

THANK YOU FOR
CELEBRATING AND
ATTENDING SFCP'S

P&L
Graduation
Ceremony

CLASS OF
2023





MARY EWERT, DMH
CME/CE COMMITTEE CHAIR
MARCIA HODGES
ADMINISTRATIVE DIRECTOR

The CME/CE Committee needs new members NOW!

SFCP needs **two new members** of the CME/CE Committee to help oversee fulfilling the requirements of the two agencies (APsaA and APA) that accredit our programs. The CME/CE Committee provides a vital function for SFCP by educating members about accreditation requirements – not a glamorous job, but a very necessary one. Hours vary depending on the number of courses requesting CME/CE approval.

SFCP is one of the few organizations in Northern California that provides continuing education credit for psychoanalytically oriented programs. This is an important benefit for our members and for other mental health clinicians in the community.

Who we need:

- 1) The American Psychoanalytic Association now welcomes any SFCP mental health clinician member (Analyst, Associate Member or Community Member) to be the local clinician facilitating the functioning of SFCP's CME program. The liaison person needs to be familiar with good psychoanalytic programming and CME requirements.
- 2) The American Psychological Association prefers a psychologist to oversee SFCP's CE program that provides continuing education credits to psychologists and masters level clinicians.

Some financial compensation is available for consultation fees and travel expenses to attend APsaA's annual Winter Meeting.

Mary Ewert, DMH has now resigned as Chair of the SFCP CME/CE Committee. If interested in these positions, please contact Marcia Hodges (marcia.hodges@sfc.org) for a more complete job description. We would like these positions filled ASAP.. Mentoring available immediately.

Report from the Chair of the Child and Adolescent Psychoanalytic Psychotherapy Training Program (CAPPTP)

Five students graduated from CAPPTP in June's PPED graduation ceremony, and our program is now accepting applications for the 2 year Fall 2023-Spring 2025 cohort.

CAPPTP is in need of child analysts and analytic child psychotherapists to serve in multiple roles on our steering committee, which meets on the third Monday of each month. Please reach out to Benjamin Fife, PsyD (drfife@drbenjaminfife.com), CAPPTP steering committee chair, if you are interested in joining the steering committee.

Report from the Chair of the San Francisco Psychoanalytic Psychotherapy Training Program (SF-PPTP)

As the 2022-23 academic year winds down, the **San Francisco Psychoanalytic Psychotherapy Training Program (SF-PPTP)** has much to celebrate. This year, 44 psychotherapy trainees were enrolled in our Tuesday evening-curriculum, taught by 35 dedicated instructors, and this month we celebrated nine new graduates: **John Connor Barnhart, MD; Zoe Barnow, PsyD; Kimberly Benton, MD; John Cruz, MD; Cynthia He, MD, PhD; Fei Hu, LMFT; Alison Hwong, MD, PhD; Ying Li, MD, PhD; and Blair McElroy, LCSW, MSW.**

This group of graduates was honored — alongside graduates from the Child and Adolescent PPTP (CAPPTP) and Palo Alto PPTP (PAPPTP) — at the June 3 graduation ceremony for SFCP's Psychoanalytic Psychotherapy Education Division. Special thanks go to **Louis Roussel**, whose talk, *The Humble Arts of Psychotherapy and Psychoanalysis*, served as an inspirational and touching marker of the occasion. Each graduate also had a chance to speak personally, and their collective comments emphasized the significant meaning and community students find in SFCP's psychotherapy training programs.

The SF-PPTP leadership is proud of the program's contribution to the Bay Area psychoanalytic community and to SFCP. Many of our trainees have gone on to practice, teach, and supervise psychoanalytic psychotherapy around the Bay Area. Many have remained engaged members of SFCP, including a significant number who have chosen to enter SFCP's Psychoanalytic Training Program. Currently, for example, 20 of SFCP's 49 current candidates, including three members of our incoming class, are former SF-PPTP trainees.

As SF-PPTP heads into its thirteenth academic year, it continues to evolve in important ways. **Lara Weyland**, program chair from 2021-23, led us in charting a three-year transition from the remote learning necessitated by the pandemic back to in-person learning. In Fall 2022, new equipment allowed us to re-open 444 Natoma on Tuesday nights for all who wished to attend classes in person, while others continued to attend remotely. It has been a particular pleasure to witness several cohorts with strong in-person attendance. Starting in Fall 2023, classes will be fully in person for Year 1 trainees, with all classes fully in person by Fall 2024.

I also am pleased to report that, beginning this coming year, our Curriculum Committee, under the able leadership of Chair **Ruth Simon**, is introducing new first-year coursework focused on the fundamental elements of psychoanalytic stance, on the history of psychoanalytic ideas, and on psychoanalytic understanding of sociocultural processes and their roles in the practice of psychoanalytic psychotherapy.

Report from the Chair of the San Francisco Psychoanalytic Psychotherapy Training Program (SF-PPTP) cont.

Interest in our program remains strong among early-career professionals. Applicants for Fall 2023 include twelve psychiatrists (including residents from California Pacific Medical Center, San Mateo Medical Center, Stanford, UC Davis, and UC San Francisco), five marriage and family therapists, three psychologists, three psychiatric nurse practitioners, and one palliative care physician. With this many applications to review, the work of the SF-PPTP Admissions Committee has been formidable. The program is fortunate that this effort has been ably led by our Admissions Chair, **Lucas Broster**, himself an SF-PPTP graduate and incoming candidate! Acceptance emails went out last week and we are looking forward to our thirteenth consecutive year of full SF-PPTP classes.

As this academic year concludes, I would like to offer special recognition to **Maria Longuemare**, who is stepping off of the SF-PPTP guidance committee to tend to her other crucial roles at SFCP. Maria was one of the founders of the program in 2011. She served as Feedback and Evaluation Chair from 2011-2015; as Program Chair from 2015-2022; and as Supervision Chair from 2021-23. Her leadership, vision, and creativity have been central in making SF-PPTP the program it is today, and we are delighted that she will continue to teach our second-year trainees this coming academic year.

I also would like to recognize **Katherine Fraser**, another SF-PPTP founder who has served both as the program's Student Advisor and as Sacramento-Davis Liaison. Katherine has been instrumental in building our ties to the Sacramento / Davis community and we are touched and honored that many students have journeyed to San Francisco each Tuesday night for two years to participate in our program!

So many others deserve recognition for the hard work and passion they have dedicated to keeping SF-PPTP vibrant. **Lara Weyland** continues to work tirelessly for the program, serving as Associate Chair and as Supervision Chair as she also continues to teach and supervise. As our current Student Advisor, **Jessica Ferranti** continues to mentor many of our students as they navigate our program and their (often early) careers.

Though space does not allow us to name them all here, we are deeply indebted to the 35 instructors who taught Tuesday evening courses this year and to the [142 members of our community](#) who serve as SF-PPTP supervisors. And our program could not function were it not for the robust and dedicated support we receive from Educational Program Coordinator **Tina Phu**; Communications Manager **Aaron Chow**; Membership and Administrative Services Manager **Nicole Lee**; Facility Assistant **Dimitri Jenkins**; librarian **Rashmita Sriram**; and Administrative Director **Marcia Hodges**.

Running a large program like the SF-PPTP truly is a community effort. We wish to encourage all Analyst Members, Associate Members, and Community Members who might be interested in joining our leadership team to let us know! Those interested in leadership should contact Program Chair [Adam Goldyne](#); those interested in teaching courses should contact Curriculum Chair [Ruth Simon](#); and those interested in supervising should contact [Lara Weyland](#).

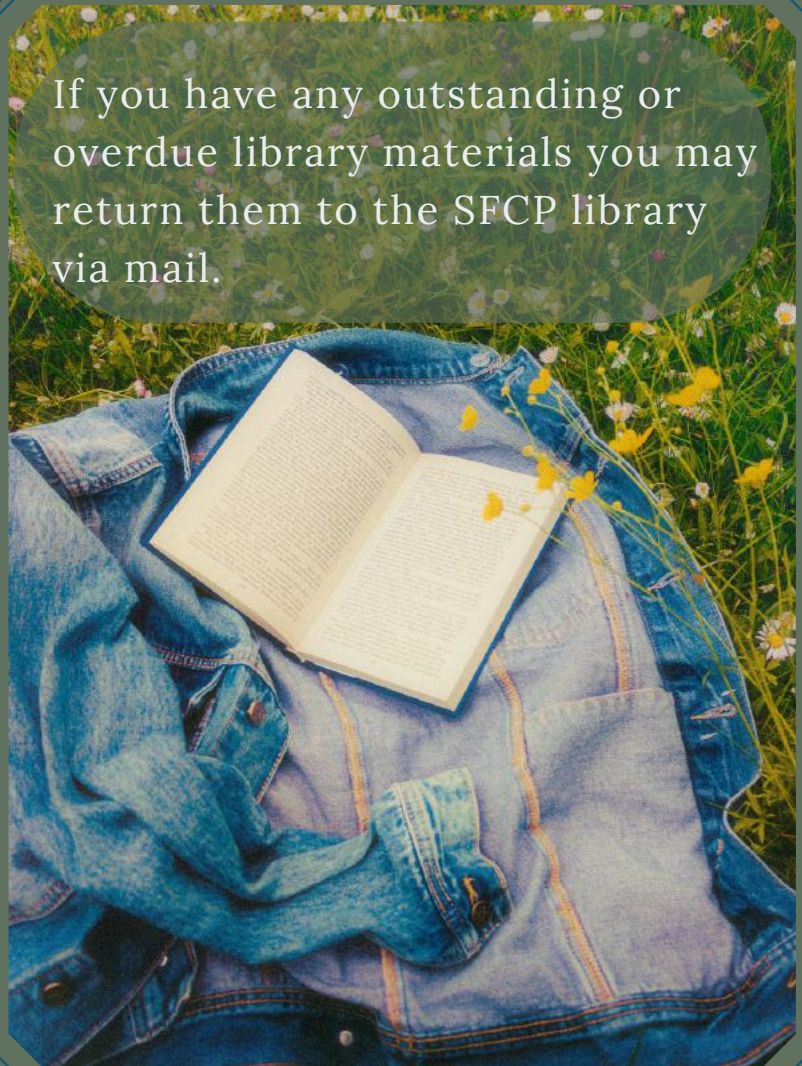
SFCP LIBRARY ANNOUNCEMENT

Congratulations to all our graduates!

Summer is here and the SFCP library remains open and accessible to our members. Please send an email to our librarian, Rashmita.Sriram@sfcpl.org with your research requests.



If you have any outstanding or overdue library materials you may return them to the SFCP library via mail.



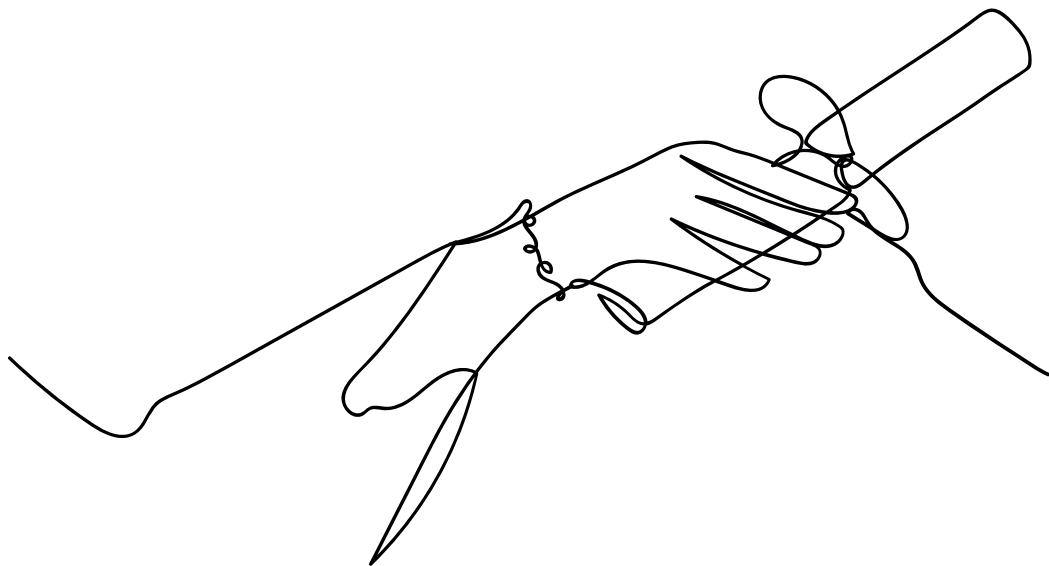
In observance of Pride Month, the SFCP library stands in solidarity with the LGBTQIA2S+ community.

[CLICK HERE](#) TO ACCESS THE LIBRARY'S HOME PAGE.





CONGRATULATIONS TO OUR
GRADUATING
2022-2023
CAPPTP TRAINEES



RACHEL GORDON, LCSW



It has been an absolute pleasure to grow and learn with my CAPPTP cohort over these past two years! I began my journey as a therapist at Smith School for Social Work and since graduating in 2014 have worked consistently with children and teens. I spent five and a half years at West Coast Children's Clinic working in the community and serving primarily foster youth. From that experience I learned how much I love working with teens and their families. I began my private practice in 2018 where I see kiddos 12 years and older as well as young adults. I also oversee the Mental Health Program at Albany Middle and High Schools. This course has been invaluable to deepening my development as a clinician and supervisor. Thank you to all our teachers for their wisdom and to my cohort-mates for all of their insights!

RULA RAZEK KLEE, PSYD

Rula Razek Klee, Psy.D. is a clinical psychologist in private practice in Oakland, where she provides psychotherapy and psychological assessments for children, adolescents, and adults. Dr. Klee earned her doctorate at the Wright Institute and completed her internship training at WestCoast Children's Clinic. She holds bachelor's and master's degrees in Modern Thought and Literature from Stanford University.



STACY DEVER LEVY, LMFT



I am so grateful for the immensely rewarding and meaningful experiences I've had in the CAPPTP program. Thanks to everyone involved in creating this opportunity, including the instructors, my supervisors Catherine and Tina, and my colleagues. The carefully curated readings, discussions, and consultations have not only enriched my growth as a therapist but also deepened my love for this profession. I would also like to thank

my husband and family for their support and understanding of my dedication to ongoing personal and professional development. <3

I have a private practice in Los Gatos where I offer individual therapy for adults and children, parent/child dyadic work, and couples therapy. I was drawn to working with children and parents because of the challenges and healing potential that can emerge when parents want to provide their children with different parenting experiences than they had growing up. I didn't anticipate how much these experiences with children and their parents would positively impact my work with adults and couples. The CAPPTP program has helped make these connections more clear. I am excited to continue learning and hope to remain connected to those I've met within this community.

SARAH ROSENBAUM, MD, MPH

Sarah Rosenbaum MD, MPH is a child, adolescent and adult psychiatrist. She is on clinical faculty at Stanford in the division of Child and Adolescent Psychiatry. She works in the ADHD and Disruptive Behavior Disorders Clinic and the Pediatric Anxiety and Traumatic Stress Clinic. She is a member of the Stanford Parenting Center and has conducted research on the physical and mental health impacts of family caregiving.



CHRISTINE TAM, LCSW



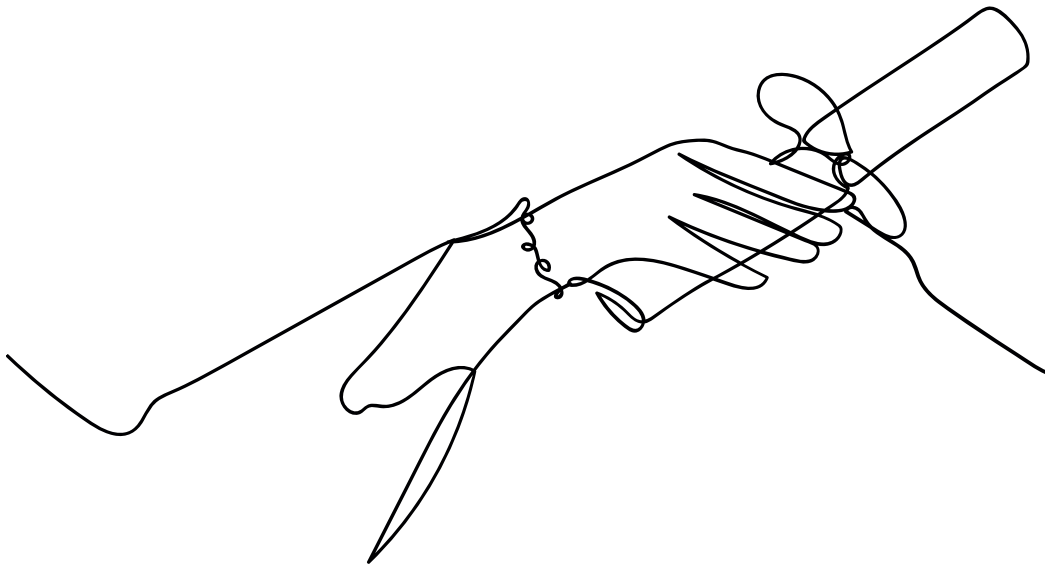
I have been practicing as a mental health clinician since 2007 in the San Francisco Bay Area. I started my professional journey at RAMS, Inc. in San Francisco where I was first immersed in psychoanalytic thinking. Under the mentorship of many great psychoanalytically oriented therapists and analysts, my interest in this approach to helping others grew over time. I am grateful for the learnings that I have gained from all my mentors.

I want to especially thank Clara Kwan, LCSW, who sparked my interest in analytic thinking as my first psychoanalytically oriented supervisor, and Catherine Phillips, LCSW, who had encouraged me to be a part of CAPPTP and SFCP. Both of them have also provided me countless hours of guidance, containment, and grounding, as I muddle through, and continue to muddle through, this complex, multifaceted, challenging, and rewarding business of helping others.

My professional experiences have included working with individuals in all phases of development, in the roles of a therapist, clinical supervisor, and program administrator. Throughout these experiences, I do find myself, time and again, returning to adolescents and young adults. Currently, I maintain a private-practice in Burlingame, CA where I primarily work with adolescents and young adults.



CONGRATULATIONS TO OUR
GRADUATING
2022-2023
PAPPTP TRAINEES



MEGAN GOODWIN, PSYD



I have been practicing as a psychologist since 2011 but was only introduced to the world of psychoanalytic therapy a few years ago, through my own analysis. I wanted to learn to work with my patients in this deeper, more transformative way and decided to enroll in PAPPTP. Through PAPPTP I have been able to begin laying the foundation of theory while being guided in my clinical work in consultation. I have loved my experience over the past two years with my PAPPTP community. I have been fortunate to have a thoughtful and kind class, nurturing and intelligent consultants, and an array of instructors who brought their extensive experience, perspectives and personalities to their teaching. I began with a limited understanding of psychoanalytic theory and practice and now have a bit more, with an increased conviction in the value of working in a deep and interpersonal way. I look forward to beginning analytic training at SFCP in September and continuing on this journey.

Special thank you to Dena Sorbo, Tina St Lorant, and Kristin Callahan for all of your support in consultation and advising!

I have a private practice in San Carlos, where I work with adults.

CINDY MAY, PSYD



I am extremely grateful to the SFCP faculty and members who continue to make PAPPTP a viable program. To lend us their minds and to have contained our thinking while we learned is the most generous of endeavors. The program has changed me personally and professionally in ways that I could not have imagined. Thank you to the faculty and thank you to my fellow cohort members.

SWAPNIL SANJAY MEHTA, MD, MS

I would like to take this opportunity to express my deepest gratitude to my supervisors, Drs. Jana Kahn and Roger Karlsson, for their patience, wisdom, and guidance throughout my two years at PAPPTP. I have learned a great deal about psychoanalytic thinking under your consultation and see you as embodying some of my highest analytic ideals (holding, containing, a deeply felt concern for the other).



I would like to take this opportunity to express my deepest gratitude to my supervisors, Drs. Jana Kahn and Roger Karlsson, for their patience, wisdom, and guidance throughout my two years at PAPPTP. I have learned a great deal about psychoanalytic thinking under your consultation and see you as embodying some of my highest analytic ideals (holding, containing, a deeply felt concern for the other).

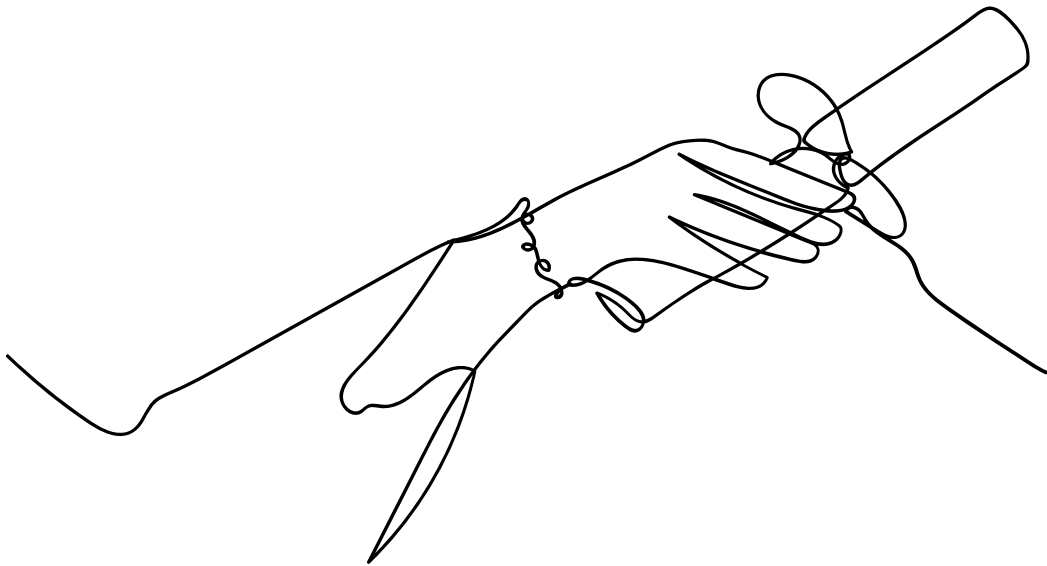
To my classmates, thank you for the many enlivening discussions and thoughtful reflections that were generated during our didactics (and beyond), for sharing your unique perspectives on life and the hard-won clinical wisdom you have acquired. I am looking forward to further deepening our relationships.

Lastly, to the instructors and administrators of PAPPTP, thank you for all of your time and the care you showed in fostering our psychoanalytic development. I very much appreciate the amount of thought and reflection that went into preparing our class discussions/lectures and want to recognize that much of this work was done as a volunteer.

Following my graduation from psychiatric residency in June of 2023, I plan to work part-time at a county mental health clinic, while opening a small private practice that strives to thoughtfully integrate psychoanalytically-oriented therapy with medication management.



CONGRATULATIONS TO OUR
GRADUATING
2022-2023
SFPPTP TRAINEES



JOHN CONNOR BARNHART, MD



As the conclusion of both PPTP and my UCSF psychiatry residency coincide this June, I look ahead with bittersweet anticipation. These learning experiences are coming to an end, yet I know represent only the beginning of a lifelong journey. I am grateful to have met such thoughtful and passionate fellow travelers among the cohorts of PPTP. I'm particularly indebted to my clinical supervisors and mentors

-- Rachel Goldstone, Mardi Horowitz, Lawrence Lurie, Catherine Mallouh, and Stephen Seligman -- for the wisdom of experience and clinical insights that each has gifted to me along the way.

I plan to remain in San Francisco, launching a private practice near West Portal later this summer offering both psychiatric medication consultation and psychodynamic psychotherapy for adults.

ZOE BARNOW, PSYD

Zoe Barnow has a psychoanalytic telehealth private practice, where she specializes in working with queer and transgender/gender-expansive adolescents, couples and adults. She supervises associates in her practice, as well as volunteer supervises a staff therapist at The Psychotherapy Institute. She is a volunteer mentor with the Bay Area Asylum Mental Health Project, where she helps support and train clinicians learning to do asylum and refugee evaluations and reports. Her two-year training at SFCP's PPTP was foundational in her formation and deepening as a psychoanalytic therapist. She now lives in Guerneville, CA where she is supported and nourished by the majestic redwoods and the sparkling Russian River.



KIMBERLY BENTON, MD



I completed my medical training at Drexel University before moving to San Francisco to complete psychiatry residency at CPMC in 2022. I'm very grateful for my time at SFCP and have learned so much from my teachers and peers in the PPTP program. I especially want to thank my cohort for learning and laughing with me, and my supervisors, Drs. Bob Eskuchen, Katherine Fraser, and Betsy Mayer. Thank you all for your wisdom, mentorship, and encouragement. I look forward to continuing my education in psychoanalytic work and am currently transitioning into private practice in San Francisco, treating adult patients with both psychotherapy and medication management.

JOHN MICHAEL DE VERA CRUZ, MD

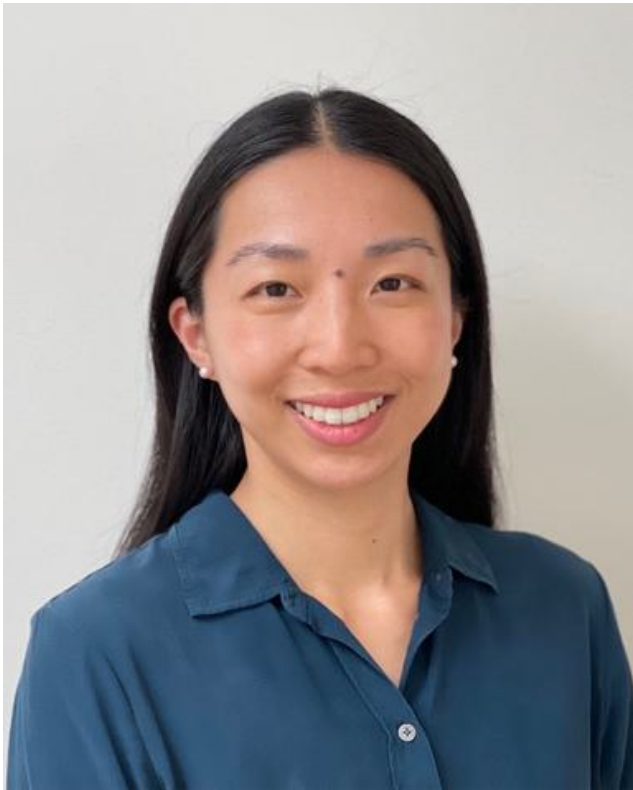
John M. Cruz, M.D. is an outpatient psychiatrist who works for Bay Psychiatric Associates where he does a variety of psychotherapy techniques including psychodynamic psychotherapy, cognitive behavioral therapy, mindfulness-based psychotherapy in treating children, adolescents, and adults. Before moving to the Bay Area, he completed his



General Psychiatry residency and Child and Adolescent Psychiatry fellowship at The Johns Hopkins Hospital in Baltimore, M.D. where he served as chief resident.

John would like to thank his PPTP Cohort Group - Kimberly Benton, M.D., Andrea Gonzalez, M.A., LMFT, Fei Hu, M.A., LMFT, Tomoki Kimura, M.D., and Blair McElroy, M.S.W. for their friendship and discussions that have greatly improved his knowledge of psychodynamic psychotherapy. He would also like to thank his case supervisors Robert Eskuchen, Jr., M.D., and Steven Richmond, Psy.D, M.D. for their suggestions on how to deepen psychodynamic material with his patients. He would also like to thank Beth Steinberg, Ph.D., and Adam Goldyne, M.D., for their teaching in his first year of PPTP which catalyzed and strengthened John's interest in psychodynamic psychotherapy even more. Finally, he would like to thank his husband, Steve Smith, for being so supportive during John's two-year psychoanalytic training.

CYNTHIA HE, MD, PHD



In June 2023 I am completing my adult psychiatry residency at UCSF, where I will also be pursuing forensic psychiatry fellowship during 2023-24. My interests also include women's mental health, residency education, and narrative medicine. It is a privilege to have learned with and from my PPTP instructors and classmates, and to have thought deeply and grown immensely with this insightful and open-hearted cohort. I am also

grateful to Dr. Adam Goldyne and Dr. Stephen Seligman for introducing me to psychoanalytic ideas early in residency, and for supporting me in pursuing PPTP; to my supervisors Dr. Rachel Goldstone, Dr. Katherine Straznickas, and Dr. Bruce Scotton for their mentorship and teaching; to my patients, for their trust in me and faith in our work; and to my own therapist for her wisdom and kindness.

FEI A. HU, LMFT

I am a LMFT in Private Practice in Berkeley who specializes in working with 1st and 2nd generation Asian-American young adults with complex PTSD. I graduated from the California Institute of Integral Studies with a concentration in Expressive Arts Therapy in 2010, and since then I've immersed myself in many rich psychodynamic learning opportunities. I am



grateful to have deepened my understanding of psychoanalytic theory and practice, and to have had the opportunity to continue to refine my therapeutic voice through PPTP. One of my biggest takeaways from the program is an increased capacity to sit with the unknown, to "be with" and listen to patients in a deeper way, and realizing that doing less can often be more. I appreciate the opportunity to have learned from a variety of analysts, each with their unique perspectives, and alongside my cohort-mates who made the learning experience fun and rich.

ALISON HWONG, MD, PHD



I am a general adult psychiatrist currently practicing at the San Francisco VA and Lifestance SF. I provide medication management and psychodynamic psychotherapy, along with other therapy modalities. My clinical interests include women's mental health, geriatric mental health, and serious mental illness. Thank you in particular

to my supervisors, Mark Swoislin, Tamara Greenberg, and Alex Lee, as well as Adam Goldyne and Beth Steinberg for your leadership and teaching in PPTP. Participating in PPTP and Integrations has been a rich and invaluable addition to my psychiatry training, and I look forward to continue learning in this community.

YING C. LI, MD, PHD

I completed psychiatry residency last year and am continuing at UCSF as a research fellow, dividing my time between basic neuroscience research and clinical practice. I have appreciated my time in PPTP to think about fundamental questions in our field and I have learned so much from my fellow classmates and the PPTP instructors. I am also very grateful to my supervisors throughout this process: Alexis Armenakis, Maria Longuemare, Kyra Minninger, and Beth Steinberg. They have provided me with invaluable clinical and professional guidance which has allowed me to grow as a therapist.



BLAIR MCELROY, LCSW, MSW



Participating in PPTP these past two years has been an enriching and growth promoting experience both personally and professionally, and I'm grateful to have had the experience. Thank you to both of my supervisors, Bob Eskuchen and Daphne de Marneffe, all of the instructors and case conference leaders, and my cohort – John, Fei, Tomoki, Kim, and Andrea – for being such great humans and helping me grow and develop a psychodynamic/psychoanalytic approach to my work within a supportive environment.

Blair McElroy has a private practice in Marin County where she meets with adults individually.



THANK YOU

for celebrating and attending SFCP's

PPED Graduation!

June 3, 2023









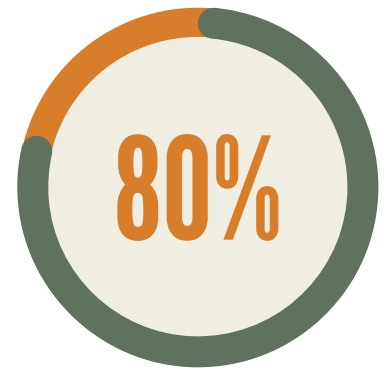
Annual Giving Campaign Update!

Our 2022-2023 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF PARTICIPANTS FOR OUR IN-PERSON FUNDRAISING EVENTS

June Update

WE ARE SO CLOSE TO REACHING OUR GOAL! WE HAVE RAISED **\$104,409!** THAT IS OVER 80% OF OUR GOAL.



WE ALSO HAVE JUST OVER **18.4%** OF OUR MEMBERS' PARTICIPATION SINCE OUR LAUNCH IN NOVEMBER!

PLEASE CONSIDER DONATING! WWW.SFCP.ORG/S/DONATION





AGC: Second Wine & Cheese Event of 2022-2023

In May, Suzanne Klein graciously opened her home in San Francisco to host a wine and cheese party in support of the Annual Giving Campaign! Thank you to our host, Suzanne and to everyone who came!

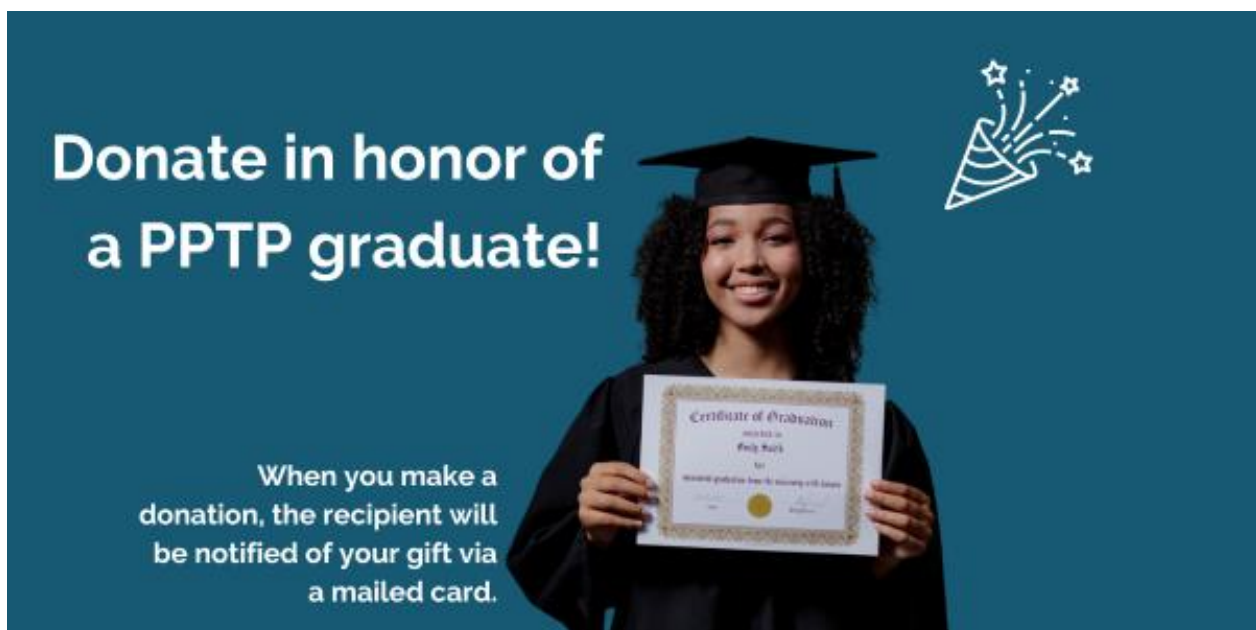


Please consider donating in honor of someone!

What better way to honor your mentor/mentee, supervisor/supervisee, or instructor/student, than to donate to SFCP with a note honoring that person who has helped you throughout training or has finally graduated from training?

It's that time of year when many part ways. As a graduate, you may want to thank someone for their support or guidance throughout your years of training. As a mentor, you may want to congratulate someone on their big accomplishment!

Psychoanalytic Psychotherapy Training is coming to an end in June and we have several trainees graduating on June 3rd! You can donate to SFCP in honor of these graduates on their achievement.





THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

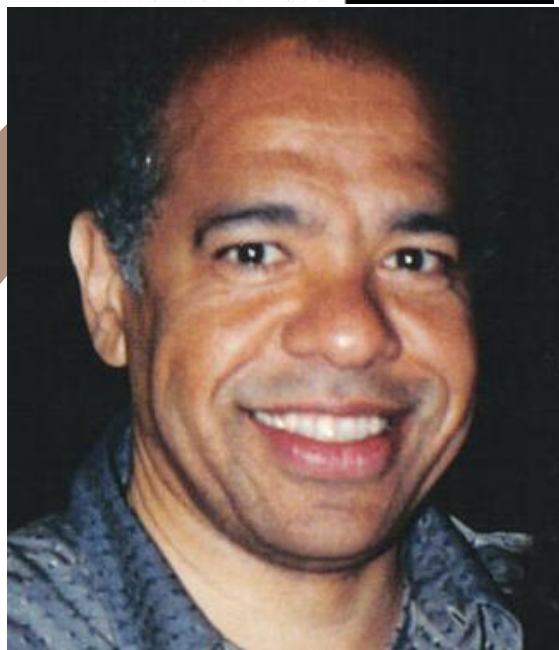
2023-2024 Tuition Credits

In order to further enrich the learning community of the San Francisco Center for Psychoanalysis (SFCP), we are offering a tuition credit program for any of SFCP's tuition-based programs to therapists who self-identify as a Person of Color.

This funding is donated to SFCP in memory of SFCP member, Enrico E. Jones, PhD, an African American psychologist and Professor of Psychology at University of California, Berkeley.

Tuition credits available in 2023-2024:

- Analytic candidates, at \$5000 per applicant.
- Child Analytic candidates, at \$1200 per participant.
- Adult Analytic AND Child Analytic candidates, at \$5500 per participant.
- SF-PPTP and PAPPTP trainees, at \$2250 per participant.
- SF-PPTP Integrations trainees, at \$1125 per participant.
- CAPPTP trainees, at \$1600 per participant.
- CCSW students, at \$300 per participant.



THE IMPACT

"It is not an overstatement to say that the EJ fund has had a tremendous effect on my training year. Because of the fund, I was able to take on a second low fee case and treat someone who is not able to afford a regular fee psychoanalysis."

- SFCP Candidate

TO DONATE

ONLINE:

<https://www.sfcpsf.org/s/enrico-jones-fund>

BY MAIL:

444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

Please consider donating!

Please join us by making your contribution now online, by mail or by phone. Our members' participation in this effort has been excellent, but we need a continuing effort to aid our organization to achieve the diversity of members which we desire. All contributions help!



Please join us!

SFCP's Annual Meeting 2022-2023



A 2 Hour
Meeting

Open to
all Members

In Person
&
Via Zoom



Saturday
June 24

10am - 12pm - Meeting

12pm - 1pm - Lunch

SFCP

444 Natoma Street

San Francisco, CA 94103

Lunch is
included!
12-1pm



Please RSVP by June 20th www.tfaforms.com/5061260



Member Announcements!

Recently Retired? Big Anniversary?
Special Announcements? Milestones?

A Member's Passing?

We want to acknowledge our members' milestones, achievements, and other announcements! Please email nicole.lee@sfcpc.org if you want to share your news so that we can post it in the newsletter!





**CONGRATULATIONS TO ONE OF OUR
ANALYST MEMBERS, MARY BRADY, PHD!**

PUBLICATIONS

BRADY, M.T. (2023). UNJOINED PERSONS: PSYCHIC ISOLATION AND PHYSICAL SYMPTOMS IN ADOLESCENCE. IN. V. TSOLAS & C. ANZIEU-PREMMEREUR (EDS.) A PSYCHOANALYTIC EXPLORATION OF THE CONTEMPORARY SEARCH FOR PLEASURE: THE TURNING OF THE SCREW. CHAPTER 14, (144-158) ROUTLEDGE.

BRADY, M.T. (2023). BRAVING THE EROTIC FIELD IN THE TREATMENT OF ADOLESCENTS. IN S. FLECHNER & R. CASSORLA (EDS.) THE ASTONISHING ADOLESCENT UPHEAVAL. (PP.) ROUTLEDGE.

BRADY, M.T. (2023). DISCUSSION: PARENTS, ILLUSIONS AND DISILLUSIONS. PSYCHOANALYSIS IN EUROPE.

PRESENTATIONS

MARCH 24, 2023


EUROPEAN PSYCHOANALYTIC FEDERATION, CANNES FRANCE.
DISCUSSANT: FORUM ON PSYCHOANALYSIS OF CHILDREN AND ADOLESCENTS: PARENTS, ILLUSIONS AND DISILLUSIONS.

OCTOBER 15, 2022

WEAVING AND UNWEAVING THE WEBS OF GENDER: KIDS TALK WITH THEIR ANALYSTS, ANALYSTS TALK WITH EACH OTHER, IPA CONFERENCE
CO-CHAIR AND PRESENTER

SEPTEMBER 8, 2022

HOUSTON PSYCHOANALYTIC SOCIETY - ZOOM MEETING
PRESENTER: SUBSTANCE ABUSE IN AN ADOLESCENT BOY: WAKING THE OBJECT



Congratulations to one of our analyst members, Era Loewenstein, PhD!



Era A. Loewenstein, Ph.D. received an Inter-Regional Visiting Scholar Grant from IPA (CAPSA) for an invitation to address on May 13 and 14, 2023 The Vienna Psychoanalytic Society (VPS was established by Freud). Era gave a Friday lecture *The Allure of Fascism and the Appointment in Samarra*. On Saturday she led a seminar *In Dark Times: Psychoanalytic Praxis as a Form of Resistance to Fascist Propaganda*.

This visit followed the publication of a *Psychoanalytic Inquiry* Issue: *Perspectives on Populist and Fascistic States of Mind* (Volume 43 Issue 2) that she edited and contributed to: <https://www.tandfonline.com/toc/hpsi20/43/2>

Era was also a contributor to Jack Novick and Kerry Kelly Novick *Adolescent Casebook* that was published last year.

BION BOOK LAUNCH AN ONLINE CONVERSATION

JULY 9TH | 9-12 NOON PST
(5-8PM BST)
FREE EVENT
[RSVP HERE](#)

Join

Robert Hinshelwood, Joseph Aguayo, and Nicola Abel-Hirsch

**in an open discussion of each of their new books
on W. R. Bion**

Each author will give an overview of their own book, which will be followed by a discussion with the other two authors. This small panel conversation precedes a larger integrative group interaction.

Nicola Abel-Hirsch, *Bion: An Introduction*, (Phoenix Books, 2023). Nicola Abel-Hirsch is a Training and Supervising Analyst at the British Psychoanalytical Society, London, UK. She is a contributor to the *International Journal of Psychoanalysis*, (IJP) and has published on Bion's work: *her Bion, 365 Quotes* appeared on Routledge, (2019).

Robert Hinshelwood, *Bion as Clinician: Steering between Concept and Practice*, (Routledge Books, 2023). A member of the British Psychoanalytic Society and Professor Emeritus in Psychoanalytic Studies, University of Essex, Robert Hinshelwood is an international authority on the work of both Bion and Melanie Klein. Other recent publications: with Jan Abram, *The Clinical Paradigms of Melanie Klein and Donald Winnicott*, (2017); and forthcoming, *The Clinical Paradigms of Donald Winnicott and Wilfred Bion*, (2023). Also, *Bion's Sources*, (with Nino Torres), 2013.

Joseph Aguayo, *Introducing the Clinical Work of Wilfred Bion*, (Routledge Bion Book Series, 2023). A training and Supervising Analyst, Psychoanalytic Center of California and Guest Member, British Psychoanalytical Society, Joseph Aguayo holds Ph.Ds in both Clinical Psychology and Modern European History from UCLA. He has published widely on the work of Bion and Klein in the *IJP* and *Psychoanalytic Quarterly*. He has co-edited two of Bion's works: *Bion in Los Angeles*, (2013) and *Bion in Buenos Aires*, (2018).

Questions? Email Joseph Aguayo joseph.aguayo@gmail.com

Items for sale, patient chair, pine desk, and analytic Couch

Prices are negotiable

Desk \$125

Desk chair \$40

Patient chair \$150

Analytic couch \$350

Please contact Abbot Bronstein at 415-567-5333 for details.



Ken Roberson Office Space

Lovely, spacious office for rent in professional building at 1700 Pierce Street SF, with SFCP members and psychoanalytically oriented therapists. Available with or without furnishings. Office has soundproofing, signal light, closet, large window with privacy film, and access to kitchen/staff room.

Contact: Ken Roberson

Phone or text: 415-641-8359

Email: dr.roberson@kennethrobersonphd.com



JOB ANNOUNCEMENT FOR EXECUTIVE DIRECTOR AT THE PSYCHOTHERAPY INSTITUTE (TPI)

TPI is seeking a new Executive Director (ED). A non-profit mental health organization that recently celebrated its fiftieth anniversary, TPI has three training programs and a community clinic providing depth psychotherapy. The Institute hosts continuing education events and provides opportunities for psychotherapists to network. We are looking for an individual with fundraising experience who has managed small to medium non-profits. The ideal candidate will be an experienced leader with excellent interpersonal skills and an understanding of mental health services and psychodynamic psychotherapy. The ED must be able to steward TPI's cultural growth and possess a demonstrated commitment to diversity, equity, and inclusion (DEI). To learn more about TPI and its mission, click [here](#).

The position is 30 hours per week; in-person or hybrid; at least two days on site in Berkeley, California, with occasional evening and weekend hours. Private office, salary \$134K FTE; 401(k) contribution; paid vacation and sick leave; medical insurance contribution.

For the full Job Announcement and Description please contact: drlisatracy@gmail.com

How to Apply

Send resume and cover letter to TPI Executive Director Search. Email to: execdirectorsearch@tpi-berkeley.org.

In your cover letter, please address the following:

- Experience managing non-profits including your duties, budget size, personnel managed, etc.
- Types of fundraising programs you have led or participated in, including percentage of earned income to fundraised income and other important metrics
- Experience with and understanding of mental health services and psychodynamic therapy
- Experience related to DEI work
- What draws you to apply for this position
- Special skills and abilities you bring

Applications will be accepted until the position is filled.