

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



WHAT'S IN THIS ISSUE

Click the links below to get to the desired page.

- Board of Trustees' Report - 1
- President's Report - 4
- Strategic Plan News - 6
- Report from PED Chair- 8
- CAPPTP Announcement - 10
- CME Committee Needs Members - 11
- Psychoanalytic Research Update - 12
- Mary Main - Attachment Theory - 13
- Paul Williams - Trauma and Psychosis - 15
- Annual Giving Campaign Update - 16
- Wine and Cheese Event - 18
- Community Members Mentoring Program - 19
- Child Colloquium Event - 20
- Scientific Meeting - 21
- Child Colloquium Events - 22
- Save the Date: PED Graduation - 24
- Scientific Meeting / Haskell Norman - 25
- Save the Date: PPED Graduation - 26
- Please Share Your News! - 27
- Library Announcement - 28
- PCPG Event - 29

For newsletter submissions, email: office@sfcfp.org.

SFCP BOARD MEETING HIGHLIGHTS FEBRUARY 27, 2023

Paul Sorbo, LCSW

Chair, Board of Trustees

Our February Board Meeting was rather unique in that we had requests from 20 SFCP members to attend this meeting with 12 members who wished to be on the agenda. As such, we restructured our meeting to accommodate our guests. Our first order of business was the nomination of Brett Penfil, MFT, MPH as a Community Trustee returning to the Board. The Board was unanimous in its vote to welcome back Brett!

Maria Longuemare, MD, PhD, provided us with some very interesting demographic data regarding SFCP membership and its impact on our faculty numbers amongst other concerns in her President's Report. This demographic data bears further review.

SFCP Board Meeting Highlights February 27, 2023 cont.

In the next hour of the Board meeting 12 SFCP members who asked to speak touched on a number of topics. These included diverse perspectives on recent events in the PED, the recent resignations from the PED Committee and the PED Admissions Committee. The Board crafted the following response to those who attended and spoke at our meeting:

We, the Board, want to thank all of you who attended the Monday, February 27th meeting of the SFCP Board. You came to inform us of your individual points of view and to listen. We appreciate your dedication, expertise, and concern for the well-being of our members, the PED, and the Center.

We have been very concerned about recent events in the PED that leave many individuals on all sides with painful feelings: hurt, anger, frustration, depreciation, demoralization, and profound worry about the future of SFCP. Members have resigned from the PED Committee and the PED Admissions Committee. We see this as a symptom of interpersonal and organizational dysfunction that reached such a high pitch that some felt they could no longer continue in their roles and that they could see no path forward but to resign. That requires serious attention by all of us.

Historically, the Board has delegated program decisions to the Divisions, and we are not reviewing the policy decisions made in the PED. But we must be interested in processes that can negatively impact the Center. The agenda of the January and February Board meetings were suspended so as to create space for members to inform us of their views and hear the views of others. We are concerned about the impact on all members – those who have felt the need to resign, as well as those who have stayed on, and those who have stepped up. We do not want to lose anyone, and we value the contributions of all of our dedicated members.

It was because of these kinds of problems, as well as others, that the Board authorized and led the Strategic Planning Process. We want you to know that during the strategic planning sessions, members expressed dissatisfaction with organizational processes and the quality of relating at SFCP—including that there are no approaches for addressing conflict and no established processes for healing of rifts. Some felt that colleagues didn't treat each other with sufficient respect. This led to the articulation of several of the final four Strategic Directions. We discussed multiple remedies, such as:

SFCP Board Meeting Highlights February 27, 2023 cont.

1. Attention to group process in the organization to increase our capacity to listen to one another across differences;
2. More clearly articulated governance processes;
3. Leadership training and developing ways to support leaders (few of us have trained in organizational leadership);
4. Developing expertise in identifying unconscious group processes;
5. Creating agreements within groups for constructive communication among group members, even when passions are high;
6. Strengthening the ombudsperson process by establishing a standing committee to field members' serious concerns on an expedited basis (such as those presented to the Board at this most recent meeting), modeled after the Ethics and Impairment Committee and aided by expertise from the Committee on Groups.

We hope you will consider helping us learn from these painful experiences and use your passion to create a better SFCP. As we are in the middle of the strategic planning process, we urge you to join in the focused efforts the Strategic Directions Implementation Team is currently organizing. If interested in learning more about this, feel free to reach out to Marcia Hodges, our Administrative Director.

We also want to acknowledge the steps already being taken by the President, the Management Team, the PED, and the Strategic Directions teams to make progress on these issues.

If you'd like to discuss this further with me, the Board Chair, I'd like to talk with you, as well.

SFCP President's Report - Growth and Looking Ahead – at home and abroad

There is good news to report on multiple fronts this month, with several new initiatives set to launch within SFCP:

- 1. SFCP Referral List (online):** The Management Team, in conjunction with the SFCP Referral Service, is developing an online SFCP Referral List – posted to the Members section of the SFCP website – for all members wishing to receive referrals from other SFCP members. The SFCP Referral List will be accessible by any SFCP member seeking to make a referral as well as the **SFCP Referral Service** whose members are fielding calls from the general public through the SFCP Referral Service line (Note: the SFCP Referral List will not be accessible to the general public). Please stay tuned for more info coming soon, including the form which will allow interested members to post detailed information about themselves and their practice in order to facilitate the referral process.
- 2. SFCP Referral Service:** The SFCP Referral Service is fielding calls from the general public and offering psychoanalytic consultation and referrals within SFCP for anyone seeking psychoanalytic psychotherapy and psychoanalysis for adult and child patients. For more information and/or to explore becoming involved in this consultation/referral process, please contact **Emily Brewer, MD** at light.rain@earthlink.net
- 3. Scientific Meetings:** we are very happy to report that we will soon be relaunching the Scientific Meetings series for members under new leadership (and perhaps with a new name!) Details will be forthcoming in the April newsletter, but in the meantime please be aware of the upcoming Scientific Meeting on **Monday 3/20/23 from 5:30-7:30** via Zoom in which **Celeste Schneider** and her research partner **Ana Calderon** from Chile will report on *Psychotherapy Process Research: Q-Methodology*, moderated by **Cheryl Goodrich**.
- 4. Strategic Plan Direction Teams:** The Strategic Plan Implementation Team has been working diligently to plan orientation and coordination between the groups who volunteered to work on Strategic Plan initiatives and the existing SFCP committees already working on these issues. This process is now complete and the groups are ready to move forward. Please see the *Strategic Plan article* in this newsletter for more info, and please consider joining these efforts aimed at engaging the membership, improving DEI and our organizational group processes, developing and supporting leadership, and re-evaluating the SFCP structure in ways that better support all of the above!
- 5. Psychoanalytic Psychotherapy Training Programs:** all programs (CAPPTP, PAPPTP, and SF-PPTP) have launched their application season for Fall 2023. If you are interested in participating in one of these programs – or if you supervise/teach a student whom you think might be interested in exploring this training – please visit the [SFCP website → Training Programs & Extension Education tab](#) for more information and to download an application. (Application deadlines approaching very soon for some programs.)

SFCP President's Report - Growth and Looking Ahead – at home and abroad cont.

On a final note, on 3/12/23, I attended my first **International Psychoanalytic Association - President's Meeting Process** (IPA-PMP) representing SFCP. The group included psychoanalytic institution presidents across North & South America as well as Europe (Boston, Michigan, DC/New York, Buenos Aires, Lima, London, & Madrid). Topics discussed included many issues overlapping with SFCP's present concerns:

- The financial sustainability of psychoanalytic institutions and the long-term viability of the field of psychoanalysis
- The impact of the pandemic on psychoanalytic clinical work and training programs (including the issue of remote vs. in-person training)
- How to increase the diversity and accessibility of our organizations and programs
- Training requirements for psychoanalytic programs
- How to bring psychoanalytically oriented clinical work and thought into the community to address social trauma and the impact of climate change (this is an especially active effort in Peru and Argentina given the current political, economic, and environmental crises in those regions)

All of these concrete issues point to the much broader questions of *what constitutes the field of psychoanalysis? What do we consider its unique and essential elements to be? How do we endeavor to preserve and develop what we value?* I appreciate the contributions being made by all SFCP members to this ongoing conversation.

Opportunities to become more involved at SFCP:

Please be aware of opportunities to become more involved at SFCP, including work on: the **CE/CME Committee** which allows SFCP programs to offer CE/CME credits to members; the **Scientific Meetings** which provide ongoing dialogue with local and visiting scholars; and the **Membership Division Chair** which coordinates these activities. In addition, the **Committee on Groups (COG)**, the **SFCP Referral Service**, and the **Strategic Directions Teams** are actively seeking new members. All of these positions are vital to SFCP growth and sustainability, and we would love to have you involved! Please contact me marialonguemaremd@gmail.com and/or Marcia Hodges marcia.hodges@sfc.org for more information.

News from the Strategic Plan Implementation Team

Everything you ever wanted to know about the Strategic Plan, but were afraid to ask...

The seeds that were sown in the Strategic Plan meetings are beginning to take root and grow. The Implementation Team has been cultivating the earth and weeding. Weeds include the duplication of work, as well as questions about who is in charge. Now that these issues are being addressed, it's time for the Strategic Directions teams to continue the work that was started in October.

Just to jog your memory, these are the priorities that members decided are critical for SFCP to work on over the next five years:

1. Energizing the Membership to Co-Create the Life of the Organization
 - Design a Comprehensive Framework to Support & Enliven Engaged Membership
 - Design a Comprehensive Framework to Support Volunteerism
2. Promoting an Inclusive & Reflective Organization
 - Prioritize Organization & Group Process
 - Create Processes for Conflict Resolution & Promote Civility
 - Prioritize, Educate & Empower DEI Task Force to Investigate & Hire DEI Consultant
3. Re-Envisioning & Building a Sustainable Organizational Structure to Support Prioritized Programming
 - Evaluate Viability of Programs
 - Evaluate Organizational Structure
4. Developing and Supporting Leaders
 - Support & Train Leaders

The first two teams— “Energizing the Membership” and “Promoting an Inclusive & Reflective Organization”— are ready to meet now. We are actively recruiting members to join these teams, in addition to the people who have already expressed interest. The issues are stated in broad terms, but the outcomes, and the kind of work done, is directed by those who get involved. This is a chance to be influential in the growth of SFCP!

We are inviting anyone who is interested to join in the work, whether you've attended any previous strategic plan events or not.

The teams will determine their own frequency and duration. The Implementation Team will orient new teams, and help with recruitment, and support coordination with existing work groups/committees, as needed.

News from the Strategic Plan Implementation Team cont.

There was not any duplication of current work in progress for the last two Strategic Directions. Therefore, the “Leadership” Team has already started to meet. The “Organizational” Team is waiting to determine what SFCP’s needs will be, as implementation of the strategic plan proceeds.

The Strategic Plan is an attempt to create an organization that can be a professional home. We have a history of schisms and resentments that has seemed intractable—recent events are shining a light on what is an all too familiar pattern. We are hopeful that this process can help change that. We hope you will join the process.

If you are interested in joining a team or have questions, please reach out to Marcia Hodges, our Administrative Director at marcia.hodges@sfcg.org.

Implementation Team

Ari Bachrach

Meryl Botkin

Cheryl Goodrich

Marcia Hodges

Maria Longuemare

Brett Penfil

Paul Sorbo

Cathy Witzling

Report from the Chair of the Psychoanalytic Education Division

Dear SFCP Community-

This has been another eventful month in the PED!

I want to reiterate where we are now as a result of the ratification vote that we had in January. The following changes are currently in effect:

- *The minimum required frequency for candidates' personal training analysis is now 3 times per week.*
- *The minimum required frequency for supervised control cases is now 3 times per week.*

Proposals involving Candidate Training Grants ([Ultra-Low Fee Training Analysis](#), [Ultra-Low Fee Supervision](#), and [Changes in Supervision Fee Policy](#); also [Establish Candidate Training Grants](#) and [Fund Candidate Training Grants by Increasing Membership Dues](#)) will be implemented pending the outcome of the Board of Trustees Task Force review, since these require legal and financial review (per non-profit law).

For background on this vote, see my December 15, 2022 [communication to the SFCP community](#) and my January 7, 2023 [communication to Analyst and Candidate Members](#).

I also wanted to let people know that I am actively trying to re-invigorate our Visiting Professor program. It has been dormant since Covid, and many people have expressed to me that this highly valuable program is sorely missed. I am seeking an analyst member to Chair this committee, and I am interested in re-imagining its structure so as to make the work of this committee not only generative but also manageable and fun. If you are interested in participating in this, please contact me (besteinberg@comcast.net) and we can re-imagine it together!

Lastly, please save the date for the PED Graduation Ceremony and Dinner Celebration which will be on Saturday May 13. This will be our first in-person ceremony and dinner celebration since 2019 and honors graduates from 2020, 2021, 2022 and early 2023!

The Graduation Ceremony will take place at the Center from 4:00 - 6:00 pm, and we are thrilled that **Steve Purcell, MD** will be returning to the Bay Area to be our graduation speaker. After the ceremony and champagne toasts, we will walk over to the Intercontinental Hotel and continue the celebration, at 6:15 pm, on their outdoor tented terrace. Once at The Intercontinental, we start with appetizers, wine and a no-host bar accompanied by "The 300 Club" (member Maureen Katz's husband's jazz band)! Seated dinner to follow at 7:15 with more live jazz after dinner!

BETH STEINBERG, PHD
CHAIR, PSYCHOANALYTIC EDUCATION DIVISION

Report from the Chair of the Psychoanalytic Education Division cont.

The costs of the dinner are as follows (**please note that the prices are lower than listed in the email that was sent out**):

\$125 for Analyst Members

\$100 for Analysts' guests, Associate Members and Community Members

\$75 for Candidates, their guests, and Graduates' guests,

Graduates from 2020, 2021, 2022 and 2023 attend for free!

We are also seeking donations of wine and flowers for the celebration. There are several ways to contribute – by donating money towards a wine and flowers fund, or by donating half or full cases of wine or sparkling wine.

Look out for a Paperless Post invitation where you can RSVP for the ceremony and purchase tickets for dinner, indicate your intention to donate and find directions about indicating table sharing preferences for tables of 8. Once you buy your tickets we will follow up with you to choose entrees (choice of chicken, fish or vegan!).

Please feel free to contact either Suzanne Klein (sklein999@gmail.com) or me (besteinberg@comcast.net) if you have any questions.

We hope you will join us to celebrate our recent graduates!

CAPPTP Announcement

The Child and Adolescent Psychoanalytic Psychotherapy Training Program (CAPPTP) is approaching the end of our 2021-2023 training program and is beginning to accept applications for the 2023-2025 training cohort. Seven trainees, all licensed mental health professionals, will be graduating from CAPPTP at the June 3, 2023 PPEd graduation. We are very excited that renowned child analyst, Dr. Louis Roussel will be the speaker at this year's PPEd graduation.

CAPPTP is looking for volunteers from among the clinicians within our community who work with children. We are trying to develop a more diverse pipeline of psychoanalytic teachers and are especially interested in supporting analysts and analytic therapists who are new to teaching, or have not yet taught at SFCP, who would like to partner with a seasoned clinician to teach in our program. If you are interested in volunteering with CAPPTP, or if you are interested in learning more about applying to the program, please reach out to the CAPPTP steering committee chair Benjamin Fife, PsyD at drfife@drbenjaminfife.com.

MARY EWERT, DMH
CME/CE COMMITTEE CHAIR
MARCIA HODGES
ADMINISTRATIVE DIRECTOR

The CME/CE Committee needs new members!

SFCP needs two new members of the CME/CE Committee to help oversee fulfilling the requirements of the two agencies (APsaA and APA) that accredit our programs. The CME/CE Committee provides a vital function for SFCP by educating members about accreditation requirements – not a glamorous job, but a very necessary one. Hours vary depending on the number of courses requesting CME/CE approval.

SFCP is one of the few organizations in Northern California that provides continuing education credit for psychoanalytically oriented programs. This is an important benefit for our members and for other mental health clinicians in the community.

Who we need:

- 1)The American Psychoanalytic Association requires a graduate analyst to be the local clinician facilitating the functioning of SFCP's CME program.
- 2)The American Psychological Association prefers a psychologist/analyst to oversee SFCP's CE program that provides continuing education credits to psychologists and masters level clinicians.

Some financial compensation is available for consultation fees and travel expenses to attend APsaA's annual Winter Meeting.

Mary Ewert, DMH will be resigning as chair of the CME/CE Committee as of 5/31/23. If interested, please contact her (mjedmh@comcast.net) or Marcia Hodges (marcia.hodges@sfcps.org) for a more complete job description. We would like these positions filled ASAP.. Mentoring available immediately.

Psychoanalytic Research Update

In the February 2023 SFCP Board of Trustees meeting with 20 visiting members, there was some discussion of what psychoanalytic research offers for our discussions about treatment meeting frequency. The MODE study was cited and as I'm a member of that research team, I wanted to follow up on the interest expressed in the meeting.

MODE, Multi-Level Outcome Study of Psychoanalyses of Chronically Depressed Patients with Early Trauma is a study funded by The Wallerstein Fellowship of SFCP, APsaA, and the IPA. Designed by a team led by Mark Solms, Marianne Leuzinger-Bohleber, Bradley Peterson and Richard Lane, the major aim of the study is to empirically investigate the effects of weekly session frequency on the outcomes of psychoanalyses. Treatment outcomes will include depressive symptom severity and MRI-based brain measures. Since there have not been any studies comparing the effects of frequency of psychoanalysis, the team felt the first study should be of high and low frequency, that is once a week compared to 3 or more times per week. The study is in the data collection phase until approximately June 2023.

A video of the SFCP Scientific Meeting held in February 2022 is available for you to watch using the link below. It includes introductions by Mark Solms and Harriet Wolfe as well as extended discussions by the Principal Investigators, Bradley Peterson and Marianne Leuzinger-Bohleber, as well as discussion by Morris Eagle. A clinical example has been deleted out of consideration for the patient's confidentiality.

<https://vimeo.com/674672835/9a13751abc>

The next formal update of MODE will be given at the IPA Congress in Cartagena, July 27 at 10:45 am:

HIGH FREQUENCY PSYCHOANALYSIS IN THE LINE OF FIRE: THE MODE-STUDY

Chair: Cheryl Yund Goodrich

Presenters: Bradley Peterson, Marianne Leuzinger-Bohleber, Cheryl Yund Goodrich, Klaus Poppensieker, Barton Blinder, Charles Fischer, Lea Scholz

This panel will present the international, multicentric study and report on the status of the investigation. In the meantime, more than 70 psychoanalyses are ongoing, most of them in Germany (Frankfurt a.M., Cologne, Giessen and Leipzig), some in Switzerland and some in the US (Los Angeles/San Francisco). There will be discussion of the clinical and technical challenges to bringing patients into such a study, as well as clinical observations based on a MODE patient, namely that in this patient the psychic transformations can be observed and investigated in his dream diary.

Mary Main, PhD (1943-2023), Attachment Theory and Psychoanalysis

Mary Main, Professor of Psychology at UC Berkeley and foremost attachment researcher died January 6 after a long illness. Main's research has provided an empirical basis of support for Freud's contention that people establish enduring patterns for living their erotic (in 2023, read "attachment") lives in early childhood. Her findings and additions to attachment theory have informed modern analytic thinking about both psychic life and therapeutic action. One of Mary's most important contributions, the Adult Attachment Interview (developed in collaboration with her husband Erik) is now used widely in developmental and personality research.

Bob Wallerstein, who brought innovation and interdisciplinary enrichment to the Center and to UCSF, included Mary in a study group of analysts and academics who share scholarly work in progress. She and her husband and collaborator, Erik Hesse, became active participants. Their grounding in empirical research and child observation provided a useful foil for discussions of psychoanalytic theory or the subjectivity of clinical description. Mary's style was charming; she presented profound ideas in simple, straightforward language. During the late 1990's and early 2000's Mary published several papers in psychoanalytic journals, bringing attachment concepts into our realm. Those of us fortunate to overlap with Mary's years in the group cherished her presence and missed her sweetness when illness forced her to withdraw.

Attachment Theory was developed by John Bowlby in the mid-20th century. Bowlby had psychoanalytic training, but his early clinical experiences drew him to look at the actual relation of babies, children, and adults to their social surround. His formulations of the vital role of attachment, separation, and loss in development used concepts from ethology, particularly the work of Konrad Lorenz on imprinting. Bowlby's collaborator, Mary Ainsworth used Bowlby's ideas in a series of observational studies of early attachment. The best known is the Strange Situation Experiment in which a toddler-age child is separated from a parent briefly in a lab situation. From these, Ainsworth developed the attachment categories of secure, anxious, and avoidant attachment.

Mary Main was an early student of Ainsworth; for her PhD dissertation she reproduced the Strange Situation findings. She joined the faculty at Berkeley in the mid-1970s. Mary contributed to Attachment Theory a new category, "Disorganized Attachment." This pattern of frozen or scattered behavior occurs in the context of relation to a parent who is loved and feared at the same time. Disorganized Attachment can be related to trauma, abuse, and in later life masochistic and borderline personality patterns. The research on this condition is fine-grained in its thoroughness, and Main's theoretical proposals about it draw on her familiarity with evolutionary theory and ethology as well as psychoanalytic developmental theory. Her legacy is the ever widening circle of students and collaborators she influenced and the impact of her ideas on psychoanalytic thinking as it incorporates understanding of the dyad and early development.

Mary Main, PhD (1943-2023), Attachment Theory and Psychoanalysis cont.

Two of Mary Main's contributions to the psychoanalytic literature:

Main, M. (1993) Discourse, Prediction, And Recent Studies In Attachment: Implications For Psychoanalysis. *Journal of the American Psychoanalytic Association* 41:209-244

Hesse, E. & Main, M. (2000) Disorganized Infant, Child, and Adult Attachment: Collapse in Behavioral and Attentional Strategies. *Journal of the American Psychoanalytic Association* 48:1097-1127

MERYL BOTKIN, PHD

Paul Williams - Trauma and Psychosis Discussion

Psychoanalyst and writer Paul Williams will be discussing trauma and psychosis with Nobel prize winning author J.M. Coetzee ('Disgrace', 'Waiting for the Barbarians', 'Elizabeth Costello', 'Life & Times of Michael K', 'The Childhood of Jesus', 'The Schooldays of Jesus', 'The Death of Jesus') at the Adelaide Festival Writers Week in March 2023.

Paul Williams trained at the British Psychoanalytical Society and was, with Dr Glen Gabbard, Joint Editor-in-Chief of The International Journal of Psychoanalysis between 2001 and 2007. He has written widely on severe disturbance: recently he completed an experimental trilogy on the experiences of the psychotic mind and failing self – 'The Fifth Principle', 'Scum' and 'The Authority of Tenderness'.

The event will be accessible via a podcast on Apple and Spotify. Information at <https://www.adelaidefestival.com.au/>



Annual Giving Campaign Update!

Our 2022-2023 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF PARTICIPANTS FOR OUR IN-PERSON FUNDRAISING EVENTS

February Update

TO DATE, WE HAVE RAISED **\$81,717**, AS WE HAVE MET OUR MATCHING GIFT! THAT IS 62% OF OUR GOAL.

WE ALSO HAVE JUST OVER **14%** OF OUR MEMBERS' PARTICIPATION SINCE OUR LAUNCH IN NOVEMBER!

PLEASE CONSIDER DONATING! WWW.SFCP.ORG/S/DONATION





Our 2022 Improvements

SOUND PROOFED the Board Room

Outdoor ROOF DECK furniture

Owl Camera Equipment for HYBRID LEARNING

New HVAC system for better air quality

New WATER HEATER

New WINDOWS

**New Staff Benefit: RETIREMENT CONTRIBUTIONS
and STAFF RAISES after 3 years**

**STRATEGIC PLANNING which led to lively
conversations about how to improve the Center**



Even though we have made many improvements thus far, we still have a long way to go! So far this year, we have had surprise repairs due to plumbing issues. Our future facility plans include more HVAC upgrades, preventive plumbing repairs, and possible audio/visual upgrades. We also just discovered that our roof may need replacing after we found leaks during those huge storms in December and January.

All these repairs, upgrades, and staff raises are made possible by you, our members! Please consider donating to our 2022-2023 Annual Campaign so we reach our goal this year. One goal is for 100% participation of our members. Any amount is greatly appreciated.

PLEASE CONSIDER DONATING! WWW.SFCP.ORG/S/DONATION

You're Invited to SFCP's

wine & cheese party

in support of The Annual Giving Campaign

HOSTED BY AMY WALLERSTEIN FRIEDMAN, MICHAEL DONNER,
AND ROBIN DEUTSCH AT AMY'S HOME IN PIEDMONT
(ADDRESS WILL BE PROVIDED UPON RSVP)

Sunday, March 26, 2023
2-4pm

PLEASE RSVP HERE
IF YOU PLAN TO ATTEND



IF YOU HAVE ALREADY DONATED, OR
PLAN TO DONATE, PLEASE JOIN US!
ANY AMOUNT IS GREATLY APPRECIATED.



SFCP Community Members Mentoring Program

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is the link to become a Community Member: <https://www.sfcps.org/s/community-membership>

And here is the link to the Mentoring Program: <https://www.sfcps.org/s/mentoring-program>

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise." Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon, DMH
hollygordon4@gmail.com



CHILD COLLOQUIUM SERIES

AFRAID OF THINGS THAT ARE IN FLIGHT: BIRDS, AND SOMETIMES FAMILIES

How does immigration affect the mental health of children whose parents have moved to another country? A desire to offer their children better lives is often a main motivating factor for many immigrant parents. Children can come to symbolize parents' wishes for this promising future, a bit like stars in the night sky shining out of the darkness. Yet sometimes, parents bring with them remnants of their past that linger within a family as secrets and untold stories, such as of traumatic events before or during their migration. Intergenerational transmission of traumatic incidents can be a characteristic of immigrant children's experiences when parents have fled their home countries because of persecution and discrimination. A case example of a nine-year-old girl will highlight some of the complex dynamics of unconscious repetitions that can overwhelm a developing psyche with fears and fragmentation. Attendees will be encouraged to engage in discussion about their perspectives on the psychological effects of immigration.

PRESENTER: ROBERT TYMINSKI, PHD

SATURDAY, MARCH 18, 2023

10:00AM - 12:00PM

IN-PERSON AT SFCP

**FREE
EVENT!**

RSVP HERE

<https://tinyurl.com/mpcmswhp>

MORE INFO

www.sfcps.org/s/cc-2023-03-18



Scientific Meeting

Psychotherapy Process Research: Q-Methodology

*with Ana Calderon, PhD and Celeste Schneider, PhD
Moderated by Cheryl Goodrich, PhD*

At this Scientific Meeting Ana Calderon PhD, who resides in Chile and is Faculty at Universidad San Sebastian, and Celeste Schneider, PhD, Supervising and Training Analyst at SFCP and Faculty at PINC, will describe and discuss through clinical application their psychotherapy process research using the Psychotherapy Process Q-Methodology. This method of describing psychotherapy makes it possible to study change processes in psychotherapy while preserving the clinical richness of the work. It allows the empirical study of change within a treatment and across different treatments. This method was developed by Enrico Jones in 1985 at the University of California, Berkeley where Drs. Goodrich and Schneider were members of the Berkeley Psychotherapy Research Group. Drs. Schneider and Calderon developed two offspring of the Psychotherapy Q-Set (PQS): the Child Psychotherapy Q-Set (CPQ, Schneider and Jones, 2004), and the Adolescent Psychotherapy Q-Set APQ (Calderon, et.al, 2014). These research instruments have been translated into various languages and have been used by psychotherapy researchers to study psychotherapy process within and across treatments of various forms cross-culturally.

This research has been generously supported by grants from the Donnelly-Reid Estate and the Emmanuel Windholz Funds for psychoanalytic research.

March 20, 2023
5:30-7:00pm PT
Online via ZOOM

This program is free, but registration is required to receive the ZOOM link.
1.5 CME/CE Credits available for \$18 for non-SFCP members or free

To register:

<https://url.sfcp.org/b>





Child Colloquium Series
Fall Film Night

C'MON C'MON

April 1, 2023

5.00pm

Free Event

Register at

<https://tinyurl.com/594uzh56>

In Person Only

SFCP

444 Natoma Street

San Francisco, CA 94103

C'mon C'mon (2021) written and directed by Mike Mills. How does a 9-year old process a family falling apart and coming together? C'mon C'mon is a film that focuses on the complexities of relationships between family members. Magnificently acted, the film examines issues of loss, hope, and connection. Ostensibly based on the developing relationship between a 9-year old boy and his uncle, the film examines past hurts and misunderstandings, confusion, mental illness, and love. Mostly the film is about listening and through that process learning to make intimate contact in a new way. Please join us for a film screening and discussion of this relevant and powerful film with Reyna Cowan PsyD, LCSW."

Reyna Cowan, PsyD, LCSW, is a psychoanalyst and a child therapist. She is a Personal and Supervising Analyst at PINC, and is faculty at both PINC and at SFCP. She teaches extensively on child and adolescent issues, primitive states, and Winnicott, as well as courses on film and film criticism. She runs a free monthly salon series for PINC linking psychoanalysis to the arts and culture called "Second Fridays." She has a private practice in Oakland where she works with adults, couples, adolescents, and children.

JOAQUIN PHOENIX WOODY NORMAN



WRITTEN AND DIRECTED BY MIKE MILLS



CHILD COLLOQUIUM SERIES

❧ PARENT WORK ❧

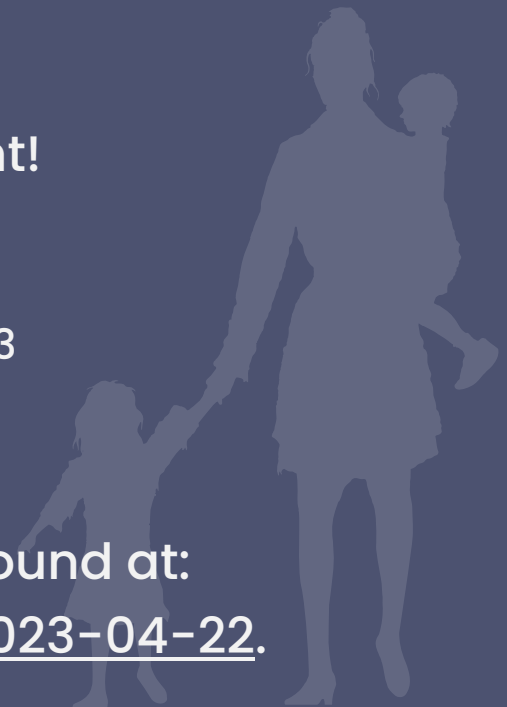
PRESENTERS: JACK NOVICK AND
KERRY KELLY NOVICK

In this interactive workshop, Kerry and Jack Novick, internationally renowned experts in dynamic, concurrent work with the parents of child and adolescent patients, will describe why and how this therapeutic component can make a critical difference to treatment outcomes and family life. They will speak to some of the major questions and issues, with examples, and invite participants to bring their experiences and concerns to the discussion. Drawing from their extensive experience in work with schools and daycares, they will also address the importance of creating a circle of caring, a partnership among home, school, and mental health professionals, to support children's optimal development.

April 22, 2023
10am - 12pm
FREE IN-PERSON Event!
SFCP
444 Natoma Street
San Francisco, CA 94103



More information can be found at:
<https://www.sfcps.org/s/cc-2023-04-22>.



SFCP
PSYCHOANALYTIC EDUCATION
DIVISION

SAVE THE DATE!

GRADUATION 2023

STEPHEN PURCELL, MD
GRADUATION SPEAKER



Saturday, May 13, 2023

4:00 - 6:00pm

Reception to follow at
the Intercontinental Hotel.
Stay tuned for details!





Scientific Meeting

THE HASKELL NORMAN PRIZE FOR EXCELLENCE IN PSYCHOANALYSIS



The Haskell Norman Prize Committee of the San Francisco Center for Psychoanalysis is pleased to announce that the 2022-2023 Haskell Norman Prize for Excellence in Psychoanalysis will be presented to Jack Drescher, MD. in honor of his distinguished work.

The Haskell Norman Prize honors analysts who have made major contributions to psychoanalytic theory, clinical achievement, psychoanalytic education or applied psychoanalysis.

Can the Psychoanalysis of the Future Bring Anything to Sex and Gender Studies?

.....

Jack Drescher, MD

Dr. Drescher is a 2022 Winner of the Sigourney Award for his pioneering work in the areas of gender and sexuality. He is Clinical Professor of Psychiatry at Columbia University, Vagelos College of Physicians and Surgeons and a Training and Supervising Analyst at the William Alanson White Institute.



Thursday, May 25, 2023
7:30pm - 9:30pm

Registration link coming soon.

San Francisco Center for Psychoanalysis
Psychoanalytic Psychotherapy
Education Division
SFPPTP, PAPPTP, AND CAPPTP

GRADUATION 2023

Graduation Speaker:
Louis Roussel, PhD

SATURDAY, JUNE 3RD
4:00PM - 6:00PM

444 NATOMA STREET
SAN FRANCISCO, CA 94103

Please share your news!

Recently Retired? Big Anniversary?

Special Announcements? Milestones?

A Member's Passing?

We want to acknowledge our members' milestones, achievements, and other announcements! Please email nicole.lee@sfcpc.org if you want to share your news so that we can post it in the newsletter!



**SOCIAL WORK
BREAKS BARRIERS**

SFCP LIBRARY ANNOUNCEMENT



The SFCP Library, in observance of National Social Work Month, celebrates social workers and their continuous contributions to our community. The theme for Social Work Month 2023 is Social Work Breaks Barriers. During this month let us recognize and applaud all the social workers in our community.

The SFCP library is an environment where all are welcome!



PLEASE STOP BY OR CONTACT THE LIBRARIAN,
RASHMITA JANI SRIRAM AT RASHMITA.SRIRAM@SFCP.ORG,
IF YOU HAVE ANY QUESTIONS, SUGGESTIONS, OR RESEARCH REQUESTS.

CLICK [HERE](#) TO ACCESS THE LIBRARY'S HOME PAGE.



Psychoanalytic Couple Psychotherapy Group Intensive Study Program
Accepting Applications for Fall 2023 Program from January 15, 2023 until March 31, 2023!

The ISP is intended to be a local in-person program. We are currently operating with a hybrid model in which there is an option for participants to join virtually when Covid conditions necessitate it.

PCPG is excited to offer our Intensive Study Program in Psychoanalytic Psychotherapy in the Fall of 2023. We offer a unique, theoretically grounded immersion in psychoanalytic thinking about couple relationships and couple psychotherapy, in a warm, collaborative community. PCPG's program is designed to help clinicians build ballast by increasing their understanding of the pressures and dynamics that affect couple relationships through the study of contemporary psychoanalytic theory. PCPG is committed to increasing access to its Intensive Study Program, and has funds available for tuition credit to support its mission of diversity, equity and inclusivity.

PCPG's program explores foundational ideas that have been developed over the last 50 years at Tavistock Relationships in London, including the thinking of Bion, Klein, Britton, Winnicott, Bollas, and other British Object Relations theorists, toward understanding the ways unconscious dynamics impact couple relationships. We also include additional contemporary psychoanalytic thinking, such as relational psychoanalysis, self-psychology, attachment theory, link theory, and field theory as they illuminate our understanding of couple life. Our theoretically based program offers a strong grounding for work with couples grappling with a variety of issues at any point in their lives.

Through paired didactic and case discussion meetings, we explore a wide range of topics, including the implications of Oedipal development on couple functioning, unconscious object choice and shared unconscious anxieties, the role of projection in structuring couple relationships, sexualities, technical application of theory, transference and countertransference in work with couples, as well as special topics such as divorce and separation, affairs, high-conflict couples, narcissism, parenthood, aging, and other topics. Woven into our courses are attention to race, gender, sexuality, privilege, and culture.

We are dedicated to building a warm, rigorous, and creative community of psychoanalytic couple psychotherapists, and you will be a part of the PCPG community upon completion of the 3rd year of study. PCPG offers ongoing, enriching educational events for its members.

We are actively seeking out a broader and more diverse range of applicants to apply to the PCPG Intensive Study Program. In an effort to encourage PCPG's engagement with a more diverse community, the PCPG Board has established a tuition assistance fund for licensed therapists who identify as a person of color. These participants may be granted a tuition credit of up to a maximum of \$500 per year to be determined by fund availability. For more information *specific to tuition reduction funds*, please contact Larry Miller at larrym@protonmail.com.

Please visit our website, www.pcpgbayarea.com for more detailed information about our program and about application procedures.