

# SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



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## SFCP BOARD MEETING HIGHLIGHTS JANUARY 23, 2023

*Paul Sorbo, LCSW*

*Chair, Board of Trustees*

Our January Board of Trustees meeting got off to any exciting start as we voted in two new Community Trustees to our Board; Mary McMillan, MFT and Cindy May, PsyD. Both have been involved in various SFCP training programs and became interested in joining the Board after participating in our strategic planning process. In addition, Mark Sexton, PhD, Sheila Fisk, PhD and Georgine Marrott, PhD, attended this month's meeting.

In my Chair report, I offered several potential dates for our next in-person Board meeting. The Board agreed to meet on Sunday, April 30, 2023, from 10am to 12 noon at 444 Natoma Street, SF. There will not be a Board meeting in May 2023.

# SFCP Board Meeting Highlights January 23, 2023 cont.

In her Administrative Director's Report, Marcia Hodges, presented the final version of the Board's Group Agreements. These agreements will be used as a guide for the way we conduct our future Board Meetings:

- Radical Self Care. We take care of ourselves in any way and at any time without causing harm to others.
- Everyone participates! More talkative people - make space for others. Quieter people - we need your contributions. Please raise your hand to speak.
- We will all have an opportunity to hear and to be heard.
- Stay present in body and mind by minimizing disruptions, e.g., cell phone or computer use, etc.
- We are all responsible for clear communication. We all have different voices and ways of understanding. This means that conversations may not be linear. We have a responsibility to ask questions and seek clarification.
- We recognize our interdependence. We trust that everyone has wisdom, that everyone's wisdom is needed for the wisest result and that we have the tools and skills to learn and to do great work together. We will build, join and expand on each other's ideas.
- We are committed to working together toward consensus or compromise in the face of differing opinions. We will accept the majority views, and not share our conflicts outside the Board.
- We will treat each other with mutual respect and be willing to reconsider our views.
- We will speak for ourselves and not for other people.
- We will hold room to engage and discuss unpopular ideas.
- We will commit to respecting dissenting voices. We are here to make decisions for the greater good of SFCP.

# SFCP Board Meeting Highlights January 23, 2023 cont.

The Board was inspired by the group agreements developed during the strategic planning process to adopt the above agreements. We hope other groups and committees within SFCP are equally inspired to create their own agreements to help facilitate effective group process.

Neil Brast updated the Board on our Annual Giving Campaign Committee efforts to date. Board members will begin their outreach phone calls to remind our members of this year's campaign. Dena and Paul Sorbo hosted a well attended Wine and Cheese event in support of this year's Annual Giving Campaign. Amy Wallerstein Friedman, Robin Deutsch and Michael Donner will be hosting an event in the East Bay on March 26, 2023, and Suzanne Klein will be hosting a San Francisco event on May 21, 2023.

In this month's Mission Moment, Forrest Hamer joined Cheryl Goodrich and Amy Wallerstein Friedman to present an update on the Enrico Jones Fund. The Enrico Jones Fellowship was created in 2020 to provide financial assistance to self-identified persons of color applying to and enrolling in three SFCP educational programs - the Psychoanalytic Educational Division, the Psychoanalytic Psychotherapy Training Programs and the Coalition of Clinical Social Workers Extension Program. Each year the amount donated has increased as has the number of donors.

Please contact me at [psorbo@gmail.com](mailto:psorbo@gmail.com) if you have any questions or feedback.

# SFCP President's Report - Hope and Mourning in Times of Change

*The world is before you and you need not take it or leave it as it was when you came in.*

–James Baldwin, “In Search of a Majority”  
(Nobody Knows My Name)

From its inception 130 years ago, psychoanalysis has evolved – as a field and as a practice – incorporating new voices, new perspectives, and new experiences. At every point, this driving force for expansion has existed in tension with a comparably strong force toward preservation, generating a perpetual need to reassess and reaffirm our notion of the core values that define a psychoanalytic identity, while also creating space for discovery and growth. At our present point in history, we are well-positioned to receive the benefits of past controversies in the field, and we appreciate how these conflicts have enriched our current work. Our present moment offers similar opportunities – now and for our future – but in order to realize this potential we must also endure the painful struggles and losses that come with any process of change.

Within society and within the field of psychoanalysis right now, the area perhaps most ripe for growth involves the social unconscious, and the widely under-recognized ways in which psychic development, subjectivity and meaning-making, and all human experience and interactions (including the psychoanalytic encounter) are inevitably shaped by collective social forces operating unconsciously in each of us – dominated by majority norms. Psychoanalytic attention to the majority-dominated collective dimension of human experience requires a paradigm shift, the impact of which is arguably more challenging in scope and magnitude than the integration of interpersonal/intersubjective models into classical intrapsychic models during the early to mid-twentieth century (which resulted in explosive controversies and splits). By definition, psychoanalytic exploration of the social unconscious can only occur in the context of diverse groups, within which there is a commitment to holding space for the socially-constructed differences amongst us, and the hard limits around one’s ability to comprehend and relate to aspects of the lived experience of someone who occupies a different cultural location in society from oneself. Seen from this vantage point, change within our organization that promotes diversity, equity, and accessibility for people from all cultural locations is not only a matter of social justice, it is also necessary for the ongoing growth and vitality of the field.

This month marks the beginning of some far-reaching changes in this direction – both nationally at APsA and locally at SFCP. At the February 2023 APsA Meetings, members voted to pass the [Proposed Bylaws Expanded Membership Amendment](#) to now include psychotherapists, academics, researchers, community members, and trainees as APsA members. This welcome change advances the strength, diversity, and intellectual life of APsA as an organization, and brings new possibilities for psychoanalytic dialogue across disciplines and amongst individuals who are located in different cultural positions within society. More information will be forthcoming as APsA implements this new membership structure.

# SFCP President's Report - Hope and Mourning in Times of Change cont.

Here at SFCP, the Psychoanalytic Education Division (PED) concluded a multi-year process of debate within the SFCP community, culminating in the ratification of several initiatives designed to reduce barriers of cost and time required for analytic training. Ratified initiatives include several changes to the analytic training program requirements as well as Candidate Training Grants (pending Board approval) to help offset the costs of training for candidates who have financial need or who self-identify as POC. [Please see newsletter article by PED Chair Beth Steinberg for more details]. It is hoped that these changes will increase diversity and accessibility within the analytic training program, and that the influx of new voices and perspectives will also provide new opportunities for us to develop a deeper psychoanalytic understanding of the collective unconscious forces that shape our individual psyche and our interactions with one another, inside and outside the clinical encounter.

As most of you are aware, some of these changes have been extremely controversial within the organization, resulting in bitter debates, fractured relationships, and resignations from all sides over the past several years. Many have been frustrated by the multi-year nature of this process (the majority of members have favored these changes since the [ICTF Survey in 2017](#)) while others felt that the process of change was too rushed. The resulting compromise – reached democratically via majority ratification vote amongst analyst and candidate members – was likewise enthusiastically welcomed by some, and strongly opposed by others. Regardless of which way members voted, most have expressed a deep sense of sadness over the losses that come with some of these changes. Many of those who felt torn only voted for change in an attempt to mitigate the greater losses associated with keeping more exclusive barriers in place. And everyone involved in this process has felt varying degrees of pain, upset, and betrayal. All of these losses and hurts – the new and the old – must be mourned collectively by all of us, if we are to navigate these challenging times together, and avoid retrenchment into polarized enactments. If we are open to conducting ourselves psychoanalytically, our theories have much to offer us in our process of mourning and repair, and in our work to realize the full creative potential of the conflicts inherent in this process of change.

Psychoanalytic growth and development is a lifelong endeavor for those who commit to it, and it is recognized that training can only ever be a very small, beginning interlude in this process. One exciting possibility that emerges as we move beyond this decision-making period, is that we can finally rebalance our attention to also focus on our organizational life beyond training! I am very grateful and encouraged by the level of member involvement throughout this recent process, and I am hopeful that our collective efforts can now be redirected into building programs to strengthen our lifelong learning. I look forward to the new opportunities yet to be discovered and created as a result of the changes now being implemented.

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# SFCP President's Report - Hope and Mourning in Times of Change cont.

## Opportunities to become more involved at SFCP:

Please be aware of opportunities to become more involved at SFCP, including work on: the **CE/CME Committee** which allows SFCP programs to offer CE/CME credits to members (please see job description in separate newsletter article); the **Scientific Meetings** which provide ongoing dialogue with local and visiting scholars; and the **Membership Division Chair** which coordinates these activities. In addition, the **Committee on Groups (COG)** and the **SFCP Referral Service** (now chaired by Emily Brewer) is actively seeking new members. All of these positions are vital to SFCP growth and sustainability, and we would love to have you involved! Please contact me [marialonguemaremd@gmail.com](mailto:marialonguemaremd@gmail.com) and/or Marcia Hodges [marcia.hodges@sfc.org](mailto:marcia.hodges@sfc.org) for more information.

# News from the Strategic Plan Implementation Team

Spring is almost here. Time for new growth.

The Strategic Plan Implementation Team continues to work hard to navigate the path of moving SFCP toward the vision that was created last fall. Here are the vision elements:

- A transparent organizational structure & culture of engaged volunteerism
- Self-reflective growth process facilitating DEI values & practices
- Trusted & effective processes for supporting collegial connections & repairing rifts
- Transparent, inclusive & streamlined organizational structure
- Creative, active engagement with service to the community
- Strong financial & reputational foundation
- On-going development of leadership, talents & teamwork
- Creative engagement locally & worldwide through speakers, published work & research

The Strategic Directions are based on these vision elements. Many of us can buy into some elements of this vision, if not all, and be proud of an emerging SFCP.

The innovative, substantial actions of our four Strategic Directions that will guide us toward our vision are:

1. **Energizing the membership to co-create the life of the organization** (e.g., making it easy to volunteer and creating a more welcoming environment).
2. **Promoting an inclusive, reflective organization** (e.g., attention to group process, DEI).
3. **Re-envisioning and building a sustainable organizational structure** to support prioritized programming (e.g., reviewing possible organizational structures).
4. **Developing and supporting leaders** (e.g., training members to occupy leadership positions).

At the meetings last fall, participants were surprised to hear that they were the ones in charge of bringing the Strategic Directions to fruition. There was confusion about who has authority to make change happen, and how to balance new initiatives with ongoing work. It's been taking a while to identify where there is intersection between the work of the four Strategic Directions and current ongoing work at SFCP. We want to honor ongoing efforts and allow the Strategic Directions teams maximum latitude for work. Nevertheless, we expect to have a clear structure for the teams to work within so they can start meeting by the end of March.

## Implementation Team

Ari Bachrach  
Meryl Botkin  
Cheryl Goodrich  
Marcia Hodges  
Maria Longuemare  
Brett Penfil  
Paul Sorbo  
Cathy Witzling

# Report from the Chair of the Psychoanalytic Education Division

Dear SFCP Community-

This has been a very eventful month in the PED!

## Results of Ratification Vote

As I expressed in my [January 30 email to the SFCP community](#), I want to once again thank the entire community for your engagement with and patience through our ongoing process of considering changes to the Psychoanalytic Training Program as part of our pursuit of greater diversity, equity, and inclusion at SFCP.

After our community's multi-year process of Center-wide discussion, I am pleased that we ultimately approached this decision-making process democratically, culminating in the SFCP Board of Trustees hosting a ratification vote amongst Analyst and Candidate Members on the proposed changes to the Psychoanalytic Training Program that received majority support in the recent [PED Survey on Diversity and Accessibility in Analytic Training](#).

Voting opened on Wednesday, January 11 and closed at midnight on Friday, January 27, and participation was quite robust, with 71% of Analyst and Candidate members (186 total) voting. **All of the proposed changes were ratified by majority vote.** For full results, please see the [Report - Ratification Vote on Initiatives to Increase Diversity & Accessibility in Analytic Training](#).

As a result of the ratification vote, the following changes are currently in effect:

- The *minimum required frequency for candidates' personal training analysis* is now 3 times per week.
- The *minimum required frequency for supervised control cases* is now 3 times per week.

Proposals involving Candidate Training Grants ([Ultra-Low Fee Training Analysis](#), [Ultra-Low Fee Supervision](#), and [Changes in Supervision Fee Policy](#); also [Establish Candidate Training Grants](#) and [Fund Candidate Training Grants by Increasing Membership Dues](#)) will be implemented pending the outcome of the Board of Trustees Task Force review, since these require legal and financial review (per non-profit law).

For background on this vote, see my December 15, 2022 communication to the SFCP community and my January 7, 2023 communication to Analyst and Candidate Members.

# Report from the Chair of the Psychoanalytic Education Division cont.

## **Newly Revised Psychoanalytic Training Website**

I am very pleased about our newly updated [Psychoanalytic Training Program Portal](#) (on the SFCP website). It has been updated with our new policies and procedures as well as with our processes for becoming a Training Analyst and a Supervising Analyst. There is also a new page for [scholarships and resources for candidates](#). Take a look!

## **New Interim Admissions Co-Chairs**

I want to extend a very warm welcome to Dena Sorbo and Maureen Ruffell, who have agreed to be Interim Co-Chairs for the Admissions Committee. We very much look forward to working with them!

MARY EWERT, DMH  
CME/CE COMMITTEE CHAIR  
MARCIA HODGES  
ADMINISTRATIVE DIRECTOR

# The CME/CE Committee needs new members!

eSFCP needs two new members of the CME/CE Committee to help oversee fulfilling the requirements of the two agencies (APsaA and APA) that accredit our programs. The CME/CE Committee provides a vital function for SFCP by educating members about accreditation requirements – not a glamorous job, but a very necessary one. Hours vary depending on the number of courses requesting CME/CE approval.

SFCP is one of the few organizations in Northern California that provides continuing education credit for psychoanalytically oriented programs. This is an important benefit for our members and for other mental health clinicians in the community.

Who we need:

- 1)The American Psychoanalytic Association requires a graduate analyst to be the local clinician facilitating the functioning of SFCP's CME program.
- 2)The American Psychological Association prefers a psychologist/analyst to oversee SFCP's CE program that provides continuing education credits to psychologists and masters level clinicians.

Some financial compensation is available for consultation fees and travel expenses to attend APsaA's annual Winter Meeting.

Mary Ewert, DMH will be resigning as chair of the CME/CE Committee as of 5/31/23. If interested, please contact her ([mjedmh@comcast.net](mailto:mjedmh@comcast.net)) or Marcia Hodges ([marcia.hodges@sfcpc.org](mailto:marcia.hodges@sfcpc.org)) for a more complete job description. We would like these positions filled ASAP.. Mentoring available immediately.



# Annual Giving Campaign Update!

## Our 2022-2023 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF PARTICIPANTS FOR OUR IN-PERSON FUNDRAISING EVENTS

## February Update

TO DATE, WE HAVE RAISED  
**\$54,762!** THAT IS 42% OF OUR  
GOAL.

WE ALSO HAVE JUST OVER **12.4%**  
OF OUR MEMBERS' PARTICIPATION  
SINCE OUR LAUNCH IN  
NOVEMBER!

PLEASE CONSIDER DONATING! [WWW.SFCP.ORG/S/DONATION](http://WWW.SFCP.ORG/S/DONATION)





# AGC: First Wine and Cheese Event of 2022-2023

Paul and Dena Sorbo graciously opened their home in January to host a wine and cheese party in support of the Annual Giving Campaign! Thank you to everyone who came! Please consider coming to AGC's next event in March.



*You're Invited to SFCP's*

# wine & cheese party

*in support of The Annual Giving Campaign*

HOSTED BY AMY WALLERSTEIN FRIEDMAN, MICHAEL DONNER,  
AND ROBIN DEUTSCH AT AMY'S HOME IN PIEDMONT  
(ADDRESS WILL BE PROVIDED UPON RSVP)

Sunday, March 26, 2023  
2-4pm

PLEASE RSVP HERE  
IF YOU PLAN TO ATTEND



IF YOU HAVE ALREADY DONATED, OR  
PLAN TO DONATE, PLEASE JOIN US!  
ANY AMOUNT IS GREATLY APPRECIATED.



PALO ALTO PSYCHOANALYTIC  
PSYCHOTHERAPY TRAINING PROGRAM  
(PAPPTP)

*Informational*  
**OPEN HOUSE**

**THURSDAY, MARCH 9, 2023**

**7:00 - 9:00PM**

**IN-PERSON EVENT!**

PLEASE JOIN US FOR APPETIZERS, A CLINICAL CASE DISCUSSION  
AND PROGRAM INFORMATION!

PAPPTP STUDENTS AND FACULTY WILL BE ON HAND TO TALK  
WITH YOU ABOUT THE TWO-YEAR PROGRAM AND THE  
FELLOWSHIP YEAR.

**TO RSVP, CONTACT CATHERINE PHILLIPS, LCSW**



[catherinehphillips@gmail.com](mailto:catherinehphillips@gmail.com)



(650) 213-2949

*ADDRESS PROVIDED UPON RSVP.*

FOR MORE INFORMATION ON THE PAPPTP PROGRAM, PLEASE VISIT [SFCF.ORG/S/PAPPTP](https://sfcf.org/s/papptp)



CHILD COLLOQUIUM SERIES

# AFRAID OF THINGS THAT ARE IN FLIGHT: BIRDS, AND SOMETIMES FAMILIES

How does immigration affect the mental health of children whose parents have moved to another country? A desire to offer their children better lives is often a main motivating factor for many immigrant parents. Children can come to symbolize parents' wishes for this promising future, a bit like stars in the night sky shining out of the darkness. Yet sometimes, parents bring with them remnants of their past that linger within a family as secrets and untold stories, such as of traumatic events before or during their migration. Intergenerational transmission of traumatic incidents can be a characteristic of immigrant children's experiences when parents have fled their home countries because of persecution and discrimination. A case example of a nine-year-old girl will highlight some of the complex dynamics of unconscious repetitions that can overwhelm a developing psyche with fears and fragmentation. Attendees will be encouraged to engage in discussion about their perspectives on the psychological effects of immigration.

*PRESENTER: ROBERT TYMINSKI, PHD*

SATURDAY, MARCH 18, 2023

10:00AM - 12:00PM

IN-PERSON AT SFCP

**FREE  
EVENT!**

*RSVP HERE*

<https://tinyurl.com/mpcmswhp>

*MORE INFO*

[www.sfcp.org/s/cc-2023-03-18](http://www.sfcp.org/s/cc-2023-03-18)



# SCIENTIFIC MEETING

SAN FRANCISCO  
CENTER FOR  
PSYCHOANALYSIS



## Psychotherapy Process Research: Q-Methodology

*with Ana Calderon, PhD and Celeste Schneider, PhD  
Moderated by Cheryl Goodrich, PhD*

At this Scientific Meeting Ana Calderon PhD, who resides in Chile and is Faculty at Universidad San Sebastian, and Celeste Schneider, PhD, Supervising and Training Analyst at SFCP and Faculty at PINC, will describe and discuss through clinical application their psychotherapy process research using the Psychotherapy Process Q-Methodology. This method of describing psychotherapy makes it possible to study change processes in psychotherapy while preserving the clinical richness of the work. It allows the empirical study of change within a treatment and across different treatments.

This research has been generously supported by grants from the Donnelly-Reid Estate and the Emmanuel Windholz Fund for psychoanalytic research.

## March 20, 2023

5:30 - 7:00pm PST  
Online via ZOOM



For more information and to register for this event,  
please visit <https://url.sfcps.org/b>





CHILD COLLOQUIUM SERIES

❧ PARENT WORK ❧

PRESENTERS: JACK NOVICK AND  
KERRY KELLY NOVICK

*In this interactive workshop, Kerry and Jack Novick, internationally renowned experts in dynamic, concurrent work with the parents of child and adolescent patients, will describe why and how this therapeutic component can make a critical difference to treatment outcomes and family life. They will speak to some of the major questions and issues, with examples, and invite participants to bring their experiences and concerns to the discussion. Drawing from their extensive experience in work with schools and daycares, they will also address the importance of creating a circle of caring, a partnership among home, school, and mental health professionals, to support children's optimal development.*

April 22, 2023

10am - 12pm

FREE IN-PERSON Event!

SFCP

444 Natoma Street

San Francisco, CA 94103



More information can be found at:

<https://www.sfcps.org/s/cc-2023-04-22>.



SFCP  
PSYCHOANALYTIC EDUCATION  
DIVISION

SAVE THE DATE!

GRADUATION 2023

STEPHEN PURCELL, MD  
GRADUATION SPEAKER



Saturday, May 13, 2023

4:00 - 6:00pm

Reception to follow at  
the Intercontinental Hotel.  
Stay tuned for details!





*Scientific Meeting*

# THE HASKELL NORMAN PRIZE FOR EXCELLENCE IN PSYCHOANALYSIS



*The Haskell Norman Prize Committee of the San Francisco Center for Psychoanalysis is pleased to announce that the 2022-2023 Haskell Norman Prize for Excellence in Psychoanalysis will be presented to Jack Drescher, MD. in honor of his distinguished work.*

*The Haskell Norman Prize honors analysts who have made major contributions to psychoanalytic theory, clinical achievement, psychoanalytic education or applied psychoanalysis.*

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## Can the Psychoanalysis of the Future Bring Anything to Sex and Gender Studies?

.....

*Jack Drescher, MD*

Dr. Drescher is a 2022 Winner of the Sigourney Award for his pioneering work in the areas of gender and sexuality. He is Clinical Professor of Psychiatry at Columbia University, Vagelos College of Physicians and Surgeons and a Training and Supervising Analyst at the William Alanson White Institute.



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Thursday, May 25, 2023  
7:30pm - 9:30pm

Registration link coming soon.

San Francisco Center for Psychoanalysis

Psychoanalytic Psychotherapy  
Education Division

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# GRADUATION 2023

SAVE THE DATE!

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SATURDAY, JUNE 3RD

4:00PM - 6:00PM

# Please share your news!

Recently Retired?      Big Anniversary?  
Special Announcements?      Milestones?  
A Member's Passing?

We want to acknowledge our members' milestones, achievements, and other announcements! Please email [nicole.lee@sfcpc.org](mailto:nicole.lee@sfcpc.org) if you want to share your news so that we can post it in the newsletter!





# SFCP LIBRARY ANNOUNCEMENT

In observance of Black History Month, the SFCP Library encourages members to make literacy an important part of Black History Month. Hosting an event, sharing a book, or reading together works highlighting African American writers, are some ways to observe the African American Read-In (AARI).

The SFCP library is an environment where all are welcome!



PLEASE STOP BY OR CONTACT THE LIBRARIAN,  
RASHMITA JANI SRIRAM AT [RASHMITA.SRIRAM@SFCP.ORG](mailto:RASHMITA.SRIRAM@SFCP.ORG),  
IF YOU HAVE ANY QUESTIONS, SUGGESTIONS, OR RESEARCH REQUESTS.

CLICK [HERE](#) TO ACCESS THE LIBRARY'S HOME PAGE.



Psychoanalytic Couple Psychotherapy Group Intensive Study Program  
Accepting Applications for Fall 2023 Program from January 15, 2023 until March 31, 2023!

The ISP is intended to be a local in-person program. We are currently operating with a hybrid model in which there is an option for participants to join virtually when Covid conditions necessitate it.

PCPG is excited to offer our Intensive Study Program in Psychoanalytic Psychotherapy in the Fall of 2023. We offer a unique, theoretically grounded immersion in psychoanalytic thinking about couple relationships and couple psychotherapy, in a warm, collaborative community. PCPG's program is designed to help clinicians build ballast by increasing their understanding of the pressures and dynamics that affect couple relationships through the study of contemporary psychoanalytic theory. PCPG is committed to increasing access to its Intensive Study Program, and has funds available for tuition credit to support its mission of diversity, equity and inclusivity.

PCPG's program explores foundational ideas that have been developed over the last 50 years at Tavistock Relationships in London, including the thinking of Bion, Klein, Britton, Winnicott, Bollas, and other British Object Relations theorists, toward understanding the ways unconscious dynamics impact couple relationships. We also include additional contemporary psychoanalytic thinking, such as relational psychoanalysis, self-psychology, attachment theory, link theory, and field theory as they illuminate our understanding of couple life. Our theoretically based program offers a strong grounding for work with couples grappling with a variety of issues at any point in their lives.

Through paired didactic and case discussion meetings, we explore a wide range of topics, including the implications of Oedipal development on couple functioning, unconscious object choice and shared unconscious anxieties, the role of projection in structuring couple relationships, sexualities, technical application of theory, transference and countertransference in work with couples, as well as special topics such as divorce and separation, affairs, high-conflict couples, narcissism, parenthood, aging, and other topics. Woven into our courses are attention to race, gender, sexuality, privilege, and culture.

We are dedicated to building a warm, rigorous, and creative community of psychoanalytic couple psychotherapists, and you will be a part of the PCPG community upon completion of the 3rd year of study. PCPG offers ongoing, enriching educational events for its members.

We are actively seeking out a broader and more diverse range of applicants to apply to the PCPG Intensive Study Program. In an effort to encourage PCPG's engagement with a more diverse community, the PCPG Board has established a tuition assistance fund for licensed therapists who identify as a person of color. These participants may be granted a tuition credit of up to a maximum of \$500 per year to be determined by fund availability. For more information *specific to tuition reduction funds*, please contact Larry Miller at [larrym@protonmail.com](mailto:larrym@protonmail.com).

Please visit our website, [www.pcpgbayarea.com](http://www.pcpgbayarea.com) for more detailed information about our program and about application procedures.

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## PSYCHIC MIMESIS FROM BIBLE AND HOMER TO NOW: INNER LIVES OVER TIME

By **Nathan M. Szajnborg**

“I am impressed not only with the reach of Szajnborg’s project but also with the exquisite sophistication of his language. His goal is to use the “Western” tradition to place psychoanalysis in a much more complex cultural frame than has yet to be undertaken. Using Auerbach as his Vergil, he plumbs a number of texts, from the Bible(s) to his old teacher Saul Bellow. The stops along the way, Dante, Shakespeare, Rousseau, are paralleled to outliers from Ovid to Maimonides to global fairy tales. This makes the reading not only a pleasure but a sort of adventure, as he is able to link all of these moments with their cultural claims as well as their universal approbation. Rather than being disjointed, such an approach serves to anchor his argument in both the Western cultural tradition as well as in the most engaging for of psychoanalytic speculation.”

—Sander L. Gilman, Emory University

“Nathan Szajnborg is a polymath, distinguished psychoanalyst, child development researcher, and accomplished novelist and essayist. His book explores the tension between cultural specificity and the yearning for what is common in humankind. This 2,500-year survey of representations of inner life in Western literature and mind is an awesome undertaking, a tour de force... We are all very fortunate that he shares his knowledge with us.”

—Arnold Richards, Former Editor Journal of American Psychoanalytic Association

### ABOUT THIS BOOK

How did we develop our current views of inner life? *Psychic Mimesis From Bible and Homer to the Present: Inner Lives Over Time* reaches back to Bible and Homer, then sweeps across over two millennia of Western literature to answer this question. We discover that there are discrete contributions from different eras/cultures about inner life—volition, ego ideal, superego, development as a journey, relatedness, even the sense of innerness. Yet, we also discover that there are also at least three trends that have endured from the beginning, *ostinatos* beneath themes and variations of development. These are: 1) Emotions; 2) Secrets concealed and revealed; and 3) Attachment, which is exploring from a secure base. This book escorts us through this journey to arrive at our twenty-first century sense of self and inner life. We follow Auerbach’s text, *Mimesis*, as a guide through literature, but add surprises such as Maimonides’ *Guide of the Perplexed* or Rousseau’s *Confessions* to learn that while there are particularities to eras and cultures, there is also something universal that resonates within us and endures.

### ABOUT THE AUTHOR

**Nathan Moses Szajnborg, M.D.** is the Former Freud Professor at the Hebrew University and Training Analyst at the Israel and International Psychoanalytic Societies.

Hardback:	ISBN 978-1-6669-2255-4	May 2023	Regular price: \$95.00, £73.00	After discount: \$66.50, £51.10
ebook:	ISBN 978-1-6669-2256-1	May 2023	Regular price: \$45.00, £35.00	After discount: \$31.50, £24.50

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**Nathan Szajnberg**

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